



# SAN DIEGO SHERIFF'S DEPARTMENT

## UPDATE ON DETENTION FACILITIES

Theresa Adams-Hydar, Assistant Sheriff

March 21, 2023

# WELLNESS CHECKS

- **Wellness checks started at SDCJ as a pilot project in June of 2022. Other facilities followed soon after.**
- **Recurring visits with our higher risk and more vulnerable members of the jail population.**
- **The visits bring a multidisciplinary team of sworn, medical, mental health, classification and reentry services to the incarcerated individual.**
- **Helps staff members determine the collaborative, individualized care needed to treat patients.**
- **Service providers can meet with these patients in their actual living environment.**
- **Allows deputies to conduct hygiene inspections while maintenance staff can address any concerns in the housing units.**

### Wellness Checks by Facility

<b>Event Year/Month</b>	<b>SDCJ</b>	<b>GBDF</b>	<b>SBDF</b>	<b>VDF</b>	<b>LCDRF</b>	<b>Total</b>
<b>2022</b>	18441	1930	1	147	1540	22059
<b>June</b>	3016	195	1	1	112	3325
<b>July</b>	3109	253		3	255	3620
<b>August</b>	3196	384			216	3796
<b>September</b>	3500	256			257	4013
<b>October</b>	2613	425		4	168	3210
<b>November</b>	1805	274		42	260	2381
<b>December</b>	1202	143		97	272	1714
<b>2023*</b>	3904	441		138	527	5010
<b>January</b>	1680	180		44	210	2114
<b>February</b>	1489	143		79	198	1909
<b>March</b>	735	118		15	119	987
<b>Total</b>	22345	2371	1	285	2067	27069
<b>*As of 3/13/23 1100</b>						

# WELLNESS CHECK SUCCESS STORY

- During Wellness Checks at George Bailey Detention Facility, a mental health clinician met an IP with acute mental health and substance use needs who was resistant to assistance.
- Over the course of our weekly contacts they developed a rapport and talked about reentry options.
- Placed a referral to an Assertive Community Team (ACT) program for long-term housing and treatment for mental health and substance use needs. Despite acceptance into a program, the IP refused services on at least 2 instances.
- Despite the refusals the clinician continued their engagement with the IP. Each visit resulted in new opportunities: enrollment in Medi-Cal and provide resources for mental health and SUD
- After a series of a few months, a breakthrough was made. His words: "I'm tired. I want to go that program."
- Jail staff worked with his Probation officer, attorney, and clinicians from the Public Defender and mother for successful placement.
- During my last meeting with this client, he summarized the experience with two words; "Thank you."

# WELLNESS CHECK SUCCESS STORY

- IP was seen in wellness rounds over the course of a few weeks. IP was eating, dressing herself, showering occasionally but was otherwise disengaged from staff and other IPs.
- She refused to take prescribed medications and refused to respond during wellness rounds.
- Over the course of a few weeks, she became more active during rounds, yelling at the sworn, accusing them of following her, flooding her cell.
- The clinicians continued to engage and included our PSU psychiatrist in her rounds to look at option for her.
- She was accepted to PSU where she began participating in group therapy, taking her medications, and interacting appropriately with staff and others.
- At the time of her transfer to State Hospital for restoration of competency, she was in a far better position to tolerate the stress of the transfer and more likely to have a positive outcome.

**SECTION II**

Refer to instructions on the back of this form.

Refiere se a las instrucciones al revez de este formulario.

To The VDF  
From Ag-seg community

**I have a Request for the following:**

(Tengo una petición a lo siguiente):

The Ag-seg community ARE THANKFUL FOR Admin, counselor, medical and MH, that are coming AROUND EVERY Friday, so we can explain the issue we are having, as the Ag-seg community are lock down 23 hours a day. For me and others are able to talk to the heads about operations, process and procedures. Person to person is the most important thing, when you have problem IE medical, MH and the day to day operation of the jail. This must continue, so every inmate will be able to talk about the

Signature: ISSUE WE ARE HAVING, NOTHING IS(Firma) REALLY HELPS, THANK YOUDate and Time: perfect, but this

(Fecha y hora)

# NARCOTIC INTERDICTION PROGRAM SAN DIEGO CENTRAL JAIL

- Developed a customized “secondary process” at Intake/Booking for consistency on all four teams.
- Selection of permanently assigned deputies who become SME on body scanners, investigative techniques related to narcotic smuggling and identification of body smugglers and persons at risk of overdoses.
- Deputies attend Enhanced Drug Identification Training and a Contraband and Concealment Course through the Public Safety Alliance.
- Starting pilot project at Vista Detention Facility in April 2023.

## SECONDARY PROCESS

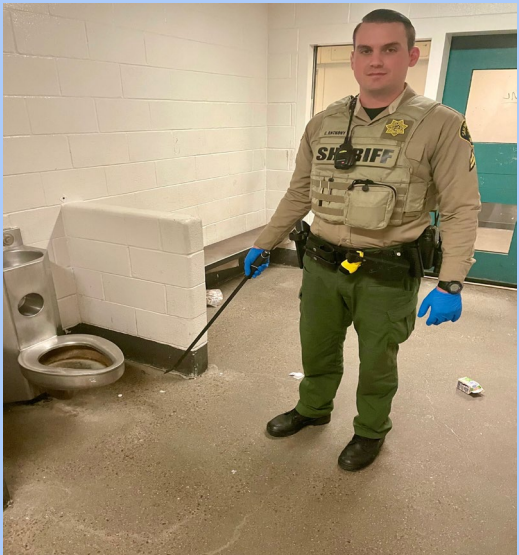
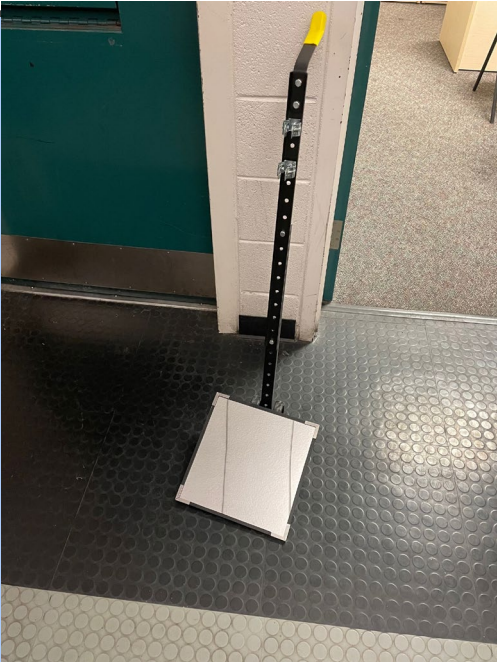
- Initial Body Scan
- Review of current charges, circumstances of arrest, criminal history, and conversations with arresting officers/arrestee became part of secondary process.
- Refusal for abnormality. If not refused but there may be indication of body they're placed in the secondary screening process.
- IP does not enter a cell with regular population and is placed on contraband watch.
- Exchange/Search of clothing, visual body cavity search, supervised bowel movement to clear any obstructions in scan, and pelvic x-ray conducted
- May be a hospital send out or individualized contraband watch. Water, phone calls, food, provided.
- Narcotics have been recovered during all stages of this secondary process.

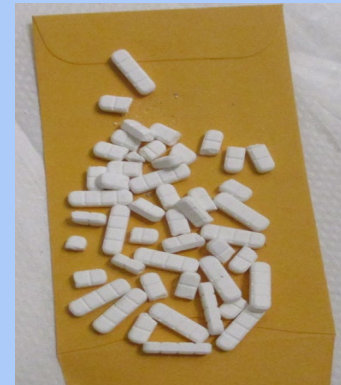
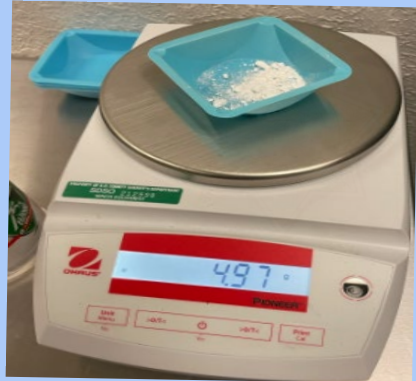
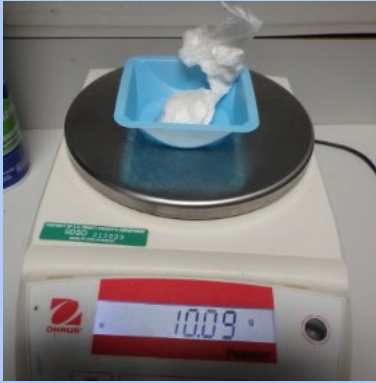


# REGIONAL APPROACH TO JAIL SAFETY

- Using an Intelligence Led Policing (ILP) approach to identify people smuggling narcotics or at risk for overdose.
- Expanded interdiction plan to returning court bodies. Exchange of clothing, scanning etc. Scanners at CSB.
- Identified the need for additional tools. Purchased new commodes, large search mirrors for under benches and tables, tool to clear out under toilet and sink area of cells.
- Accountability of other law enforcement agencies and SDSD. Created awareness and training opportunities for all agencies regarding pat downs, searches and concealment techniques.
- Developing SME's on smuggling trends

# ENHANCED SEARCH TOOLS





# INTERDICTION IMPACT

Noticeable decrease in Naloxone deployments:

09/01/22-12/31/22: **31**.

01/01/23 - present: **16**. (could be multiple deployment per person)

Naloxone ISR's 09/01/22-12/31/22: **18**. Since 01/01/23: **5**.

**92** Drug Related Finds- mostly fentanyl

**29** Weapons/Major Contraband Finds

**50** Minor Contraband Finds

**Compared to 6** drug related finds three months prior.



# MENTAL HEALTH PROGRAM IMPROVEMENTS

## Multidisciplinary Group Meetings

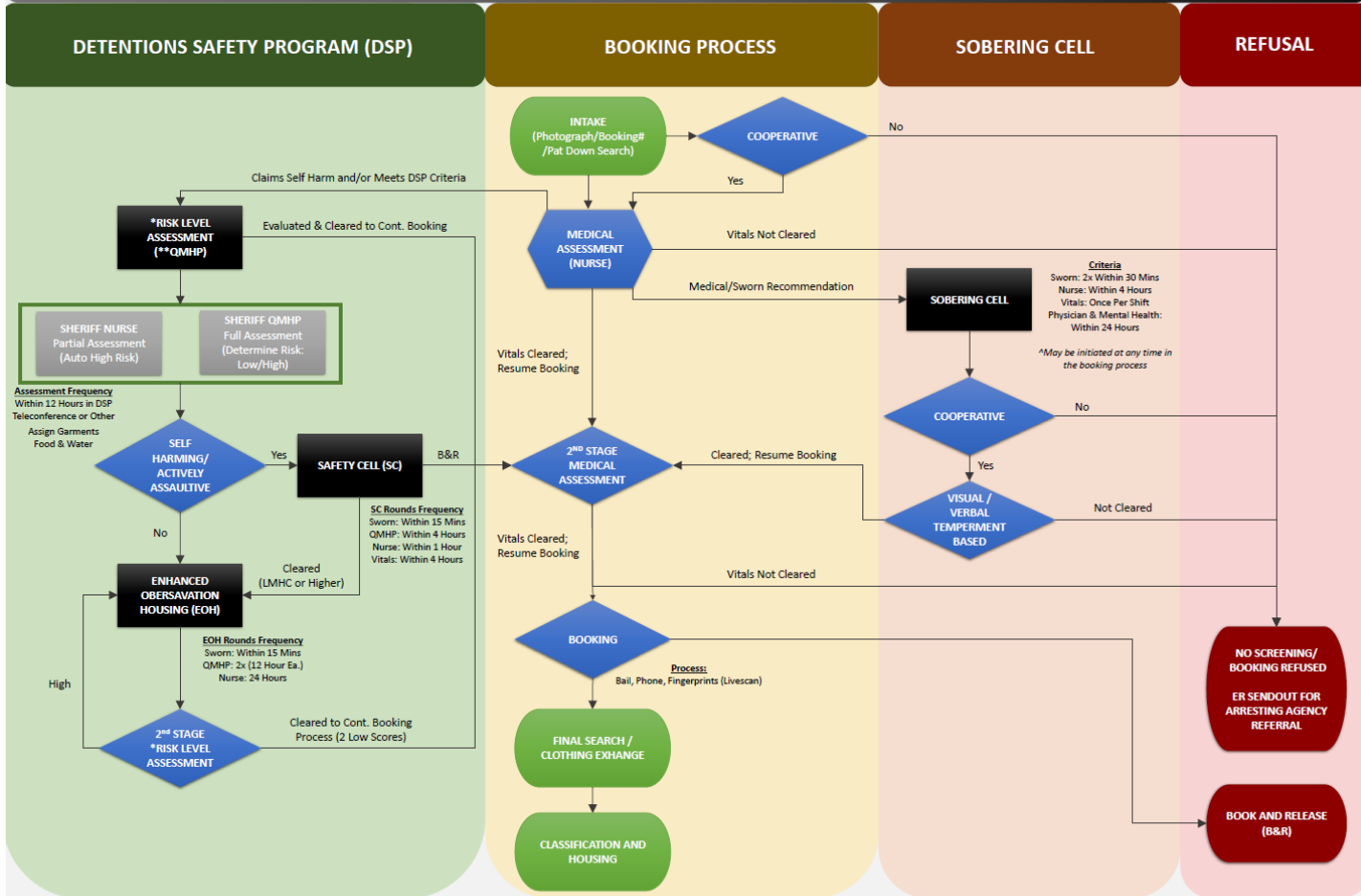
- Each week, a collaborative multi-disciplinary group from each of the facilities meets to discuss individuals in custody who may need additional care and/or may be at risk for harm. Tailored to IP.
- For increased collaboration and continuity of care, the Sheriff's Department has required that outside forensic psychiatrists to provide a briefing to Sheriff Mental Health staff prior to leaving the jail.
- We have established a connection with the County on how to pursue conservatorship for a person in our custody exhibiting the inability to make sound medical decisions or take care of themselves.

# EARLY ACCESS AND STABILIZATION SERVICES (EASS)

- Department of State Hospital (DSH) has contracted with a vendor to start EASS to help restore individuals to competency who are charged with a felony.
- This may be in lieu of being transferred to DSH.
- This is in addition to JBCT program.
- Helps reduce I368/I370 (incompetent to Stand Trial) population who may be most vulnerable and achieve restoration or alternatives.
  
- JBCT- 30 participants
- EASS- Potential for access to 86 individuals under I370



# SHERIFF'S DEPARTMENT INTAKE / BOOKING FLOWCHART



FLOWCHART FOR MENTAL HEALTH ASSESSMENT AT INTAKE

\* Assessments are based on Columbia Suicide Severity Rating Scale (C-SSRS)  
 \*\* QMHP Definition: Psychologist, Psychiatrist, Licensed MH Clinician (LMHC), Psych Nurse Practitioner, or Sheriff Psych RN

## COMPLETED AND CURRENT PROJECTS

- Centralization of Mail Processing Unit for increased efficiency and security.
- Installation of handcuffing ports in cells at Vista Detention Facility.
- Body Worn Camera (BWC) project completed at LCDRF.
- Biometric pilot at SDCJ
- Finalizing construction at Rock Mountain Detention Facility- inclusion of ADA components.



# FUTURE PROJECTS

Start of renovations at GBDF.

Planned removal of triple bunks

Creation of ADA unit comprised of sworn, medical, compliance manager and project manager.

Onboarding of BWC at SDCJ.

Implementation of RFID pilot.

THANK YOU

Theresa Adams-Hydar, Assistant Sheriff

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