

BASE STATION PHYSICIANS' COMMITTEE (BSPC) MEETING Special COVID-19 WebEx

Tuesday, July 21, 2020 | 11:00 am

AGENDA – SPECIAL MEETING TO BE CHAIRED BY DR. KOENIG

1. CALL TO ORDER AND OPENING REMARKS (Kristi Koenig, MD)

- No introductions were made due to time constraints.
- Continue with the 3-pronged strategy to manage COVID-19:
 - Flattening the curve using NPIs, specifically the 3Ws: Wash your hands, Wear your mask, Walk away.
 - Increasing our healthcare system capacity via the 3S surge system Stuff, Staff, Structure.
 - Managing the event through an incident command system.
- Cases increasing across the US and in California. Seeing come flattening of the curve over the last few days.
- San Diego County doing better than our neighbors.
- Friday had the highest number of cases data ever, still creeping up to 80% ICU capacity.
- Imperial County is doing a bit better; we are getting a lot of fewer transfers than in prior weeks.
- There are not enough case investigators. We currently have 123. On Friday, getting 97 more; hiring 212.
- Shared several slides:
 - Percentage of Positive COVID-19 Cases Among tests by Date Reported
 - Community Setting Outbreaks
 - o COVID-19 Daily Hospital Bed Census
 - ICU Bed Occupancy and Capacity
 - o COVID-19 Confirmed Hospital Census
 - o Triggers Dashboard the County is monitoring 13 triggers. 3 have been hit.

2. SURROUNDED BY COVID-19 (Josh Smith, PhD)

- Josh Smith shared the Los Angeles Times Dashboard data which shows all of the data in California.
 - All of the counties have seen a recent secondary spike. Most counties are showing some degree of potential flattening in the last few days/weeks. The difference between counties are often subtle.
 - o In mid-June, San Diego saw a good spike in hospital census. There is some potential that the spike was highly influenced by Imperial County.
- The CalCAT website was shared which shows the R-effective. Anything above 1 is growing, anything below 1 is decreasing. We are currently at 1.08.

3. CHANGES TO THE PARAMEDIC EDUCATION PROCESS DUE TO COVID-19 (Jason Hums)

All three paramedic programs returned to face to face labs, and most lectures are held online via ZOOM. Finishing up the group from the Spring. Most every hospital system stopped allowing students to finish their clinicals, nationwide issue. National Registry, COAmp?, the State and San Diego County has allowed the programs to do high fidelity simulations in place of hospital clinical programs. Hoping to get students out to do their field internship in September. AMR has agreed to allow interns back September 1. Education has changed but will continue and will be able to get full licenses.

4. PREHOSPITAL METRICS & TRENDS (Barbara Stepanski)

The following slides and data were shared:

- Prehospital Provider Numbers by Day dipped down but have since recovered. Back in range (low end).
- Total Number of BHRs by Month
- Chest Pain and STEMI Provider Impressions STEMI stayed consistent. Dipped down, but back in range (low end).
- Cardiac Arrest Provider Impressions holding steady.

- Stroke/CVA/TIA Provider Impressions staying within range.
- Traumatic Injury Provider Impressions within low end range.
- Acuity a little bit lower in general.

5. HEALTH CONNECT (Mark Branning)

Discussed the SAFR Grant Status

- Understand the impact of COVID-19.
- Grant is \$1.6 million new dollars.
- EMS Chula Vista by August 6, Mercy by October, AMR Meds by October.
- Working on hospitals' commitment.
- Need to get everyone up and running by June 2021.
- Asking for your support and help.
- Can have a discussion offline.

6. DISASTER COUNCIL (Linda Rosenberg, RN)

- Met on July 15 and discussed the HPP grant. Applications have been submitted and expect a 2-3-week timeline for response from the State.
- The outlines for the deliverables for the hospitals will be coming out from County EMS.
- The grant money amounts have dropped and divided into three categories.
- New tool for calculating hazard vulnerability analysis. Will automatically calculate percentage of risk based on alerts and activations by your hospital.
- Dr. Sayone Thihalolipavan talked about early detection phase. Goal with a vaccine by 2021 for the public. Could take 2-3 days before you have symptoms. Asymptomatic patients and young children are less likely to transmit the virus. Asymptomatic population was less infectious. Discouraging use of masks with valves. The valves will spread when you exhale.

Dr. Koenig – Reminder that the science and recommendations are changing by the second. CDC is putting out new guidance constantly and CDPH on the state level is trying to keep up with them. The CDC changed the guidance on quarantine for healthcare workers on Friday.

7. BHNC REPORT (Christine Wells, RN, MICN)

- A reminder to the crews to come in wearing PPE. If have a high-risk treatment in progress, wait in the ambulance bay until staff come to escort them in. If have questions, can use the base hospital as a resource.
- If intubating, will ask the crews to leave for their own safety.

8. WRAP UP & NEXT MEETING (TENTATIVE August 18, 2020)/ADJOURNMENT

- The August meeting is on the calendar for now but may cancel it.
- Continuing with the 3-pronged strategy: The 3Ws combined with aggressive contact tracing to contain the hot spot flares.
- Model behavior that will protect our community.
- Meeting adjourned at 11:49 am.

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