



**BASE STATION PHYSICIANS' COMMITTEE (BSPC) AND PREHOSPITAL AUDIT COMMITTEE
(PAC) MEETINGS
Special COVID-19 Zoom**

Tuesday, January 17, 2023 | 11:00 am

Minutes/Notes

1. CALL TO ORDER AND OPENING REMARKS (Gary Vilke, MD)

Dr. Vilke called the meeting to order at 11:00 am.

2. APPROVAL OF MINUTES

A motion was made with a second to approve the minutes from November 15, 2022. Motion carried.

- Dr. Bernhardt was introduced as the new Base Hospital Medical Director for Scripps Mercy and Dr. Vithalani was introduced as Base Hospital Medical Director for Palomar.

3. OPENING REMARKS (Kristi Koenig, MD)

Dr. Koenig provided information on the following topics:

- a. System stress relief tools.
- b. Mitigation for the Opioid Overdose Epidemic.
- c. Sherriff's Leave Behind Naloxone program – press conference on January 23rd.
- d. Pilot Program for Prehospital Buprenorphine.
- e. Xylazine – horse tranquilizer mixed with opioids.
- f. San Diego Resuscitation Consortium
- g. Bystander CPR Workgroup
- h. Protocol Review updates
- i. Dr Safferman has been appointed as the County of San Diego EMS QA/QI Education Director and will assist with PAC Pearls.
- j. Healthcare System Overview
 - Triple Threat - COVID, Influenza, RSV
 - Ebola outbreak is over, Monkey Pox cases are improving.
- k. Key actions to save lives:
 - Sign up for the Leave Behind Naloxone program.
 - Bivalent Covid boosters and Influenza vaccines are encouraged.
 - Love Your Heart – please consider hosting a screening site.

4. DATA PRESENTATION (Colin King)

Colin King provided a detailed slide presentation of EMS Surveillance Report data.

- A. Primary Metrics

5. COUNTY UPDATES (Christi Robbins, RN)

- Health Services Capacity Plan Level: Plan Level 2 – Escalated Activation; CDC COVID-19 Community Level: Medium; Southern California Fire Preparedness Level: Plan Level 2.
- Blood Shortage: There is a significant blood shortage in San Diego County. Please contact the SD Blood Bank to donate.
- EMSA Policy Update: County Policy will be affected by the end of the Governor's State of Emergency Declaration effective February 28, 2023. Paramedics, AEMTs, and EMTs will no longer be able to:

- Perform their current SOP in hospitals, alternate care sites, shelters, or other static sites.
- Provide vaccinations for COVID, flu, and/or monkeypox, or any other vaccination.
- Paramedics will no longer be authorized to administer or monitor the monoclonal antibody treatments or conduct COVID and Influenza testing.
- Protocols and policies affected by this order include:
 - S-190
 - S-480
 - S-415A
- New Assignments at EMS:
 - Dr. Joshua Smith continues to lead the Epidemiology Team.
 - Cody Rogers continues to lead the Pre-hospital Standards Team.
 - Tyler Meick has been assigned to lead the Community Paramedicine Team.
 - Acting EMS Coordinator Michael Assof is leading the Clinical Team.
- New Faces at EMS: County EMS is interviewing and moving forward with at least two new EMS Specialists. Will also be interviewing for Admin Analyst, Legal Support Specialist, Office Support Specialist and EMS Manager positions.
- Procurements: County staff continues to move forward on previously announced procurements in the County. This is a huge volume of work and we're nearing the finish line.
 - CSA 17 – contract has been signed
 - Base Hospital Review and Trauma Catchment Area Designation Consultant – almost finished.
- EMS Office Strategic Plan is Complete– Thank you for your participation! The San Diego County EMS Strategic Plan has reached the finish line. We appreciate the feedback and input from all of our stakeholder groups. The Plan identifies the goals and objectives for both the EMS office and the EMS system for the next five years.
- Love Your Heart Week February 11 – 19:
 - An annual event to provide free blood pressure screenings to the public on Valentine's Day.
 - Online Love Your Heart Toolkit for more information.

6. COMMUNITY PARAMEDICINE (Tyler Meick)

- AB 1544: Community Paramedicine and Triage to Alternate Destination Act
The EMS Commission met in a special session and approved the Community Paramedicine regulations on October 13th, they went into effect November 1, 2022.
- County is working on policy and protocol development. In process of developing a commission to review protocols.

7. MEDICATION/SUPPLY SHORTAGES (Jessica Gall, RN)

Jessica Gall provided a review of the ongoing medication shortages.

- a. Shortages continue.
- b. Expected arrival dates continue to change.
- c. Important to keep track of expiration dates and hold on to expired medication.
- d. Plan for shortages.

8. OPIOID EPIDEMIC MITIGATION (Christi Robbins, RN)

- a. Leave Behind Naloxone Program
 - Shout out to those participating in this program.
- b. Prehospital Buprenorphine LOSOP
 - Anticipating approval.

9. CARDIAC UPDATES

- a. CARES Update (Dr. Brad Schwartz)
 - Heads-up CPR update
 - Double sequential CPR article
- b. Bystander CPR Workgroup (Dr. Brad Schwartz)
 - Soliciting volunteers for the workgroup.
 - Please contact Dr. Schwartz if interested or for more information.
- c. San Diego Resuscitation Consortium Workgroup (Dr. Saul Levine)
 - Explanation of ECPR and ECMO.
 - Review of system change in treatment for a select group of Cardiac Arrest patients.
 - Includes reps from all area STEMI Centers.
 - Group drafted and reviewed two documents:
 - Draft of Pilot Program proposal – how to apply to be an ECMO/ECPR receiving center.
 - Recommended Protocol changes – designed to bring the right patients to the right center.
 - July 1st target date for Protocol changes, site selection, etc.

10. 2023/2024 EMS PROTOCOL UPDATE (Christi Robbins, RN)

- S-144 – Stroke and Transient Ischemic Attack
- S-132 – Decompression Illness / Diving / Altitude Related Incidents
- TXA (S-139 – Trauma and S-138 – Shock)
- Protocol revisions and timeline. Group provided feedback on the above protocol revisions.

11. ADDITIONAL QUESTIONS/BSPC ADJOURNMENT (Gary Vilke, MD)

The BSPC meeting was adjourned at 12:07 pm. The next BSPC/PAC meeting is scheduled for Tuesday February 21, 2022.
