

Rural Health Discharge Program (RHDP)





GET TO KNOW OUR
OUR TEAM





Key Players

- CalFire
- County of San Diego HHSA
- Grossmont Healthcare
District





WHAT IS RHDP

- Free, voluntary home visiting program
- Prevent hospital readmission within 30 days and decrease frequency of 911 calls

WHO PROVIDES SERVICES

- One Fire Captain Paramedic
- One Public Health Nurse

CASELOAD

- No maximum caseload
- Duration of services is case-by-case

ELIGIBILITY

- Discharged from Sharp Grossmont Hospital
- Currently reside in target zip codes
- Verbal consent

RURAL HEALTH DISCHARGE PROGRAM (RHDP)

FREE HELP AVAILABLE

DO YOU LIVE IN THESE ZIP CODES?



| | |
|-------------------|---------------------|
| 91905 - Boulevard | 91962 - Pine Valley |
| 91906 - Campo | 91963 - Potrero |
| 91916 - Descanso | 91980 - Tecate |
| 91931 - Guatay | 91987 - Tecate |
| 91934 - Jacumba | |

WHAT IS THE RHDP?



FREE home visits from a Registered Nurse (RN) and Paramedic (Monday - Thursday) after your hospital stay



IF YOU WOULD LIKE A VISIT OR HAVE ANY QUESTIONS SPEAK TO YOUR CASE MANAGER OR SOCIAL WORKER FOR MORE DETAILS



IF SO:

You qualify for the RHDP after your hospital stay



SERVICES PROVIDED BY RN AND MEDIC:

- Health education, care planning, and support to patients and families
- Where to get your medications and how to take them
- Connections to health insurance providers, food, transportation, and medical supplies
- Fall risk and fire hazard survey
- FREE equipment like smoke detectors

PROGRAMA DE ALTA SANITARIA RURAL (PASR)

AYUDA GRATUITA DISPONIBLE

VIVES EN ALGUNO DE ESTOS CODIGOS POSTALES?



| | |
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QUE ES PASR?



Visitas gratuitas a domicilio de una Enfermera Certificada (RN) y paramedico (Lunes - Jueves) despues de su estadia en el hospital.



SI DESEA UNA VISITA O TIENE UNA PREGUNTA HABLE CON SU TRABAJADOR SOCIAL O CON EL ADMINISTRADOR DE SU CASO PARA MAS DETALLES



SI ES ASI:

Usted califica para el program PASR despues de su estadia en el hospital.



SERVICIOS PROPORCIONADOS POR ENFERMERAS Y MEDICOS CERTIFICADOS

- Educacion sanitaria, planificacion de la salud y apoyo para el paciente y su familia.
- Donde obtener sus medicamentos y como tomarlos.
- Conexiones con proveedores de azeguranza para la salud, alimentos, transporte y suministros medicos.
- Estudios de riesgo de caidas y riesgo de incendios.
- Equipo gratuito como detectores de humo.

Descanso
91916

Guatay
91931

Pine Valley
91962

Tecate
91980/91987

Potrero
91963

Campo
91906

Boulevard
91905

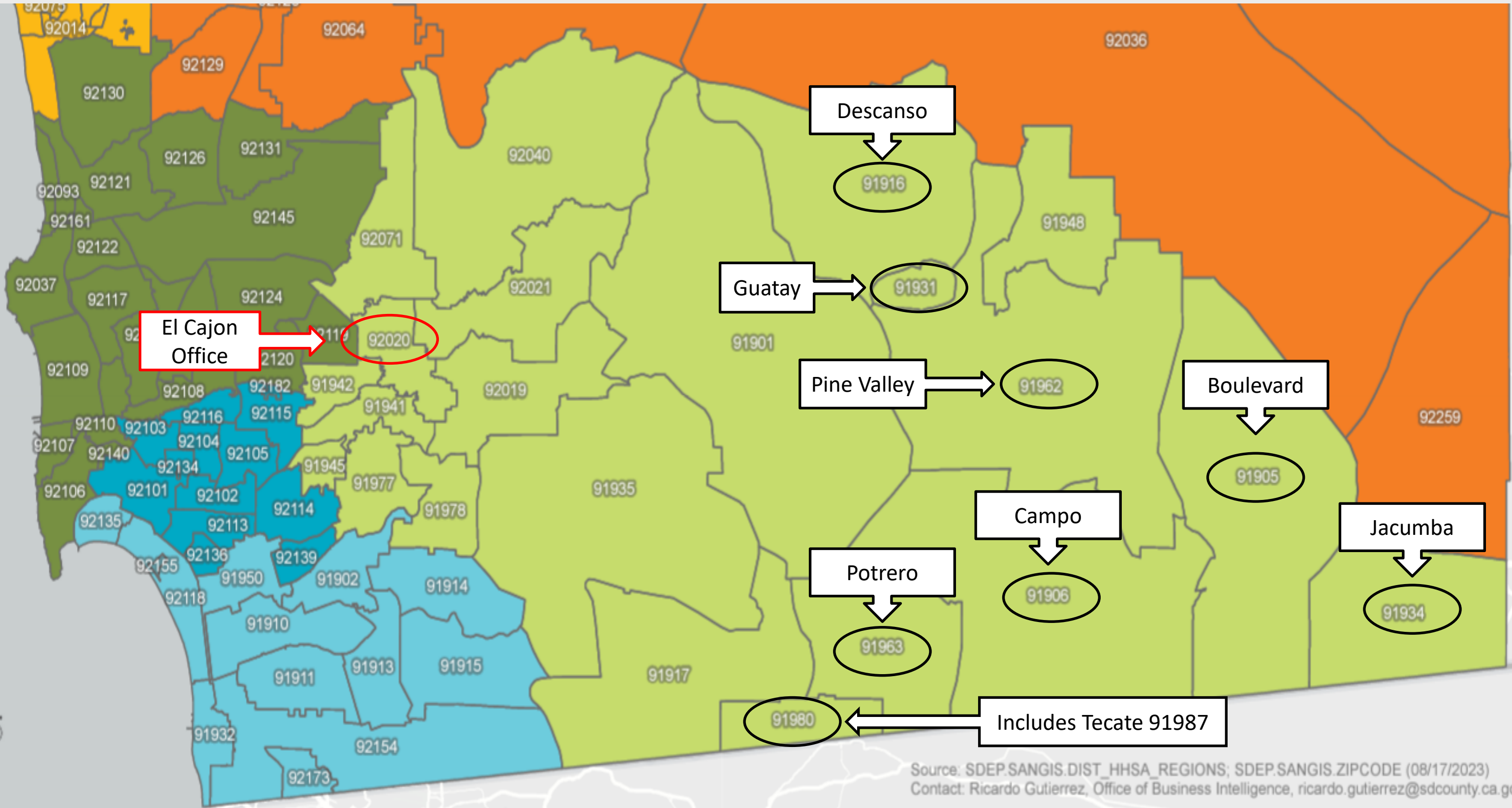
Jacumba
91934

HHSA Regions

- North Coastal
- North Inland
- North Central
- East
- Central
- South
- ZIP Codes



LIVE WELL
SAN DIEGO



Source: SDEP.SANGIS.DIST_HHSA_REGIONS; SDEP.SANGIS.ZIPCODE (08/17/2023)
Contact: Ricardo Gutierrez, Office of Business Intelligence, ricardo.gutierrez@sdcounty.ca.gov



SERVICES PROVIDED

- Medical/social care coordination
- Linkage to resources
- Fire safety/defensible space assessment

CARE KITS







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THANK YOU

