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S-138

SHOCK

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BLS ALS

- O₂ saturation
- O₂ and/or ventilate PRN
- Control obvious external bleeding
- Treat associated injuries
- NPO, anticipate vomiting
- Remove transdermal patch
- Keep patient warm

- Monitor/EKG
- IV/IO ^(A)
- Capnography PRN

Non-traumatic, hypovolemic shock*

500 mL fluid bolus IV/IO, MR to maintain SBP ≥90 mmHg

SBP <90 mmHg after second fluid bolus

Push-dose epinephrine 1:100,000 (0.01 mg/mL)
1 mL IV/IO, MR q3 min, titrate to SBP ≥90 mmHg

Distributive shock[†]

• 500 mL fluid bolus IV/IO, MR to maintain SBP \geq 90 mmHg $^{\text{(A)}}$

SBP <90 mmHg after second fluid bolus

Push-dose epinephrine 1:100,000 (0.01 mg/mL)
1 mL IV/IO, MR q3 min, titrate to SBP ≥90 mmHg

Push-dose epinephrine mixing instructions

- Remove 1 mL normal saline (NS) from the 10 mL NS syringe
- 2. Add 1 mL of epinephrine 1:10,000 (0.1 mg/mL) to 9 mL NS syringe

The mixture now has 10 mL of epinephrine at 0.01 mg/mL (10 mcg/mL) concentration.

^{*} If suspected AAA, fluid boluses to maintain SBP ≥80 mmHg. Treat per Abdominal Discomfort / GI / GU (Non-Traumatic) Protocol (S-120).

[†] Distributive shock includes neurogenic; drug and toxin-induced; and endocrine shock.