



BLS

ALS

- Compression rate 100-120/min
- Ventilation rate (compression-to-ventilation ratio)
 - Neonate: 20-30/min (3:1)
 - Pediatric: 10-12/min (15:2)*
- Use metronome or other real-time audiovisual feedback device
- Rotate compressor at least every 2 min
- Use mechanical compression device, if size-appropriate available
- O2 and/or ventilate with BVM
- Monitor O2 saturation
- Apply AED during CPR and analyze as soon as ready

VAD

- Perform CPR
- Contact BH for additional instructions

TAH

- Contact BH for instructions

- Apply defibrillator pads during CPR. Defibrillate immediately for VF/pulseless VT.
- IV/IO [®]
- Capnography PRN with waveform and value
- NG/OG tube PRN

Team leader priorities

- Monitor CPR quality, rate, depth, full chest recoil, and capnography value and waveform
- Minimize interruption of compressions (<5 sec) during EKG rhythm checks
- Charge monitor prior to rhythm checks. Do not interrupt CPR while charging.

VAD/TAH

- See Adjunct Cardiac Devices section

Capnography

- If EtCO₂ rises rapidly during CPR, pause CPR and check for pulse

Specific protocols (see below)

- Arrhythmias
 - Unstable bradycardia
 - Supraventricular tachycardia
 - Ventricular tachycardia
 - Ventricular fibrillation / pulseless VT
 - Pulseless electrical activity / asystole
- Return of Spontaneous Circulation
- Adjunct Cardiac Devices

*Continuous compressions are an acceptable alternative for pediatric CPR

UNSTABLE‡ BRADYCARDIA

- Obtain 12-lead EKG, when able

Infant/child (<9 years) with HR <60 BPM

OR

Child (9-14 years) with HR <40 BPM

- Ventilate with BVM

If no increase in HR after 30 sec of BVM ventilations

- If unconscious, begin CPR
- Epinephrine 1:10,000 per drug chart IV/IO, MR x2 q3-5 minutes. MR q3-5 minutes BHO
- After 3 doses of epinephrine
 - Atropine per drug chart IV/IO, MR x1 in 5 min
- Consider midazolam per drug chart IV/IO PRN pre-pacing BHO
- Consider cardiac pacing BHO

‡Exhibiting any of the following signs/symptoms of inadequate perfusion, e.g.,

- Altered mental status (decreased LOC, confusion, agitation)
- Pallor, mottling, or cyanosis
- Diaphoresis
- Difference in peripheral vs. central pulses
- Delayed capillary refill
- Hypotension by age
 - <1 month: SBP <60 mmHg
 - 1 month – 1 year: SBP <70 mmHg
 - 1 year – 10 years: SBP <70 mmHg + (2x age in years)
 - ≥10 years: SBP <90 mmHg

SUPRAVENTRICULAR TACHYCARDIA

- Obtain 12-lead EKG

Infant/child (<4 years) with HR \geq 220 BPM

OR

Child (\geq 4 years) with HR \geq 180 BPM

Stable (symptomatic)

- Consider VSM
- Fluid bolus per drug chart IV/IO [Ⓐ]
- Adenosine per drug chart rapid IV/IO, followed with 20 mL NS rapid IV/IO, MR x2

Unstable[‡]

- Consider midazolam per drug chart IV/IO pre-cardioversion
- Synchronized cardioversion per drug chart, MR BHPO

[‡]Exhibiting any of the following signs/symptoms of inadequate perfusion, e.g.,

- Altered mental status (decreased LOC, confusion, agitation)
- Pallor, mottling, or cyanosis
- Diaphoresis
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- Delayed capillary refill
- Hypotension by age
 - <1 month: SBP <60 mmHg
 - 1 month – 1 year: SBP <70 mmHg
 - 1 year – 10 years: SBP <70 mmHg + (2x age in years)
 - \geq 10 years: SBP <90 mmHg

VENTRICULAR TACHYCARDIA

- Obtain 12-lead EKG

Stable

- Fluid boluses per drug chart IV/IO to maintain SBP appropriate for age[Ⓐ]
- Amiodarone per drug chart BHPO

OR

- Lidocaine per drug chart BHPO

Unstable[‡]

- Consider midazolam per drug chart IV/IO pre-cardioversion
- Synchronized cardioversion per drug chart, MR BHPO
- After successful cardioversion
 - Check BP. If hypotensive for age[§] and rales not present, fluid bolus per drug chart IV/IO, MR
 - Obtain 12-lead EKG

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- Altered mental status (decreased LOC, confusion, agitation)
- Pallor, mottling, or cyanosis
- Diaphoresis
- Difference in peripheral vs. central pulses
- Delayed capillary refill
- [§]Hypotension by age
 - <1 month: SBP <60 mmHg
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 - ≥10 years: SBP <90 mmHg

VENTRICULAR FIBRILLATION / PULSELESS VT

- CPR
- Defibrillate per drug chart as soon as monitor available/charged
- Defibrillate per drug chart q2 min while VF/VT persists
- Epinephrine 1:10,000 per drug chart IV/IO q3-5 min

Persistent VF/VT after 3 defibrillation attempts

- Amiodarone per drug chart IV/IO, MR per drug chart x2

OR

- Lidocaine per drug chart IV/IO, MR per drug chart x1 q5 min

PULSELESS ELECTRICAL ACTIVITY / ASYSTOLE

- CPR
- Epinephrine 1:10,000 per drug chart IV/IO q3-5 min

Suspected hyperkalemia

- CaCl₂ per drug chart IV/IO, MR x1 in 5 min for continued EKG findings consistent with hyperkalemia
- NaHCO₃ per drug chart IV/IO
- Continuous albuterol/levalbuterol per drug chart via nebulizer [Ⓐ]

Suspected hypovolemia

- Fluid bolus per drug chart IV/IO, MR x2 [Ⓐ]

Suspected poisoning / OD

- For suspected tricyclic antidepressant, beta blocker, or calcium channel blocker overdoses, consider treatment per Poisoning / Overdose Protocol (S-165)¹

Prolonged asystole / PEA

- After ≥20 min, contact BH physician for direction

¹ Naloxone is not authorized in cardiac arrest.

RETURN OF SPONTANEOUS CIRCULATION

- Ventilate PRN (goal of EtCO₂ = 40 mmHg)
- Obtain BP
 - If hypotensive[§] and rales not present, fluid bolus per drug chart IV/IO, MR [Ⓐ]
 - If unresponsive to fluid boluses, push-dose epinephrine 1:100,000 (0.01 mg/mL) per drug chart IV/IO, MR q3 min, titrate to adequate perfusion
- Obtain 12-lead EKG
- Provide cardiac monitor data to agency QA/QI department
- Monitor blood glucose PRN

Push-dose epinephrine mixing instructions

1. Remove 1 mL normal saline (NS) from the 10 mL NS syringe
 2. Add 1 mL of epinephrine 1:10,000 (0.1 mg/mL) to 9 mL NS syringe
- The mixture now has 10 mL of epinephrine at 0.01 mg/mL (10 mcg/mL) concentration.

[§]Hypotension by age

- <1 month: SBP <60 mmHg
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- ≥10 years: SBP <90 mmHg

ADJUNCT CARDIAC DEVICES

Transport equipment and any knowledgeable family/support persons to ED with patient

VAD

- Contact BH and VAD coordinator
- Follow protocols for CPR and treatment of arrhythmias, including use of cardioversion, pacing, and defibrillation PRN

TAH

- Contact TAH coordinator
- Consult BH Physician for orders for TAH recommended treatments

Wearable defibrillators (vest)

- If vest device is broadcasting specific verbal directions, follow device's prompts
- If device not broadcasting directions and patient requires CPR or cardiac treatment, remove vest and treat

Malfunctioning pacemakers

- Treat per applicable arrhythmia protocol
- Treat pain per Pain Management Protocol (S-173) PRN

Reported/witnessed AICD firing ≥ 2

- Amiodarone per drug chart, MR BHPO

OR

- Lidocaine per drug chart, MR BHPO