

COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES

PEDIATRIC TREATMENT PROTOCOL

Date: 7/1/2024

S-170

BURNS

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BLS

 Move to a safe environment Break contact with causative agent 	Monitor/EKG IV/IO
 Ensure patent airway, O2, and/or ventilate 	Capnography PRN
PRN	Treat pain per Pain Management Protocol (S-173)
 O₂ saturation PRN Treat other life-threatening injuries 	Definite with >10% partial thickness or >5% full thickness
Carboxyhemoglobin monitor PRN, if	Patients with >10% partial-thickness or >5% full-thickness burns
available	• Fluid bolus IV/IO per drug chart then TKO [®]
Thermal burns	Respiratory distress with bronchospasm ¹
 For burns of <10% BSA, stop burning with non-chilled water or saline 	• Albuterol/Levalbuterol per drug chart via nebulizer, MR $^{\scriptscriptstyle(\!\Delta\!)}$
 For burns of >10% BSA, cover with dry 	Respiratory distress with stridor
dressing and keep patient warmDo not allow patient to become hypothermic	 Epinephrine 1:1,000 per drug chart (combined with 3 mL normal saline) via nebulizer, MR x1
Toxic inhalation (e.g., CO exposure, smoke, gas)	No improvement after epinephrine via nebulizer x2 or impending airway compromise
Move patient to safe environment	• Epinephrine 1:1,000 per drug chart IM, MR x2 q5 min [@]
 100% O₂ via mask Consider transport to facility with hyperbaric 	
chamber for suspected CO poisoning,	
particularly in unconscious or pregnant patients	
patients	
Chemical burns	
Brush off dry chemicals	
 Flush with copious amounts of water 	
Tar burns	
 Do not remove tar 	
 Cool with water, then transport 	

Contact UCSD Base Hospital for patients meeting burn center criteria[†] See Base Hospital Contact/Patient Transportation and Report (S-415)

[†]Burn center criteria

Patients with burns involving

- >10% BSA partial thickness or >5% BSA full thickness
- Suspected respiratory involvement or significant smoke inhalation
- Circumferential burn injury or injury to face, hands, feet, or perineum
- Electrical injury due to high voltage (>120 volts)

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ALS

¹ Infection control: If concerned about aerosolized infectious exposure, substitute with MDI, if available