



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

December 9, 2024 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 12)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of November 18, 2024, Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speakers**
 - a. *Live Well San Diego* Annual Report/Indicators
Tara Beeston, Health Planning and Program Specialist, Office of Strategy and Innovation, Live Well San Diego Support Team
 - b. Ombudsman Annual Report
Brittney Willis, Long-Term Care Ombudsman Program Supervisor
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - b. Membership Report: Susan Mallett, Chair
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i. District #1: Vargas	[Vacant/Larkins]	8/26/2024
ii. District #2: Anderson	[Vacant/Nocon]	TBD
iii. District #3: Lawson-Remer	[King/Osborne]	1/16/2024
iv. District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/2024
v. District #5: Desmond	[Vacant/Vacant]	



7. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair
- b. Healthy Aging (met 11/18/24): Wanda Smith, Chair
- c. Affordability in Aging (met 12/9/24): Smith Sirisakorn, Chair
- d. Nutrition (met 12/4/24): Shirley King, Chair

8. Other Announcements

9. Adjournment & Next Meetings:

Meetings are held at 5560 Overland Ave, 1st Floor, Room 171, San Diego, 92123

Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: January 13, 2025, 12 noon

Future Subcommittee Meetings:

- Healthy Aging: 12/9/24 2:00 p.m.
- LTC Ombudsman/Facilities: 12/16/24 11:30 a.m.
- Executive & Membership: 12/17/24 9:00 a.m.
- Nutrition: 1/8/25 1:00 p.m.
- Affordability in Aging: 1/13/25 10:30 a.m.

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, November 18, 2024 | 12:00 p.m. – 2:00 p.m.
5500 Overland Avenue, 1st Floor, Room 120, San Diego, CA 92123

Call in: 1 (669) 900-9128
Meeting ID (access code): 824 8650 7295 | Passcode: 162815

MINUTES - DRAFT

	Members	Absent Members	Guests
Attendance	Sabrina Bishop Faye Detsky-Weil Stephen Huber Ted Kagan Shirley King Ethel Larkins Elaine Lewis Susan Mallett Silvia Martinez (left at 1:38pm) Dan McNamara	David Milroy Paul Monarrez Bradlyn Mulvey Molly Nocon Taryn Patterson Jacqueline Simon (joined at 12:26pm) Smith Sirisakorn (virtual) Wanda Smith Kristine Stensberg	Mina Kerr Richard Spiering Thomas Johnson (virtual) Julie Lawrence (virtual) Dennis Leggett Michael Lochner (virtual - joined at 1:50pm) Rose Rugama (virtual) Roberto Velasquez
	Staff		
	Jennifer Bransford-Koons Kendall Bremner Wendy Garcia Samantha Hasler	Jana Jordan Armida Martinez Jennifer Sovay	
	Outcome		
1. Call to Order	Susan Mallett, Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>19 present at this time.</i>		
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of October 14, 2024, Meeting Minutes (Action)* <i>[M/S – E. Larkins / T. Kagan (Passed with 18 votes, J. Osborne abstained.)]</i>		

<p>4. AIS Director's Items</p>	<p>Highlights included:</p> <ul style="list-style-type: none"> • The Cool Zone 2024 season ended on October 31st. Program highlights included: <ul style="list-style-type: none"> • Over 100 participating sites. • Nearly 700 fans were distributed to eligible recipients at no cost. • Approximately 350 calls about the program were answered. • The County recently released the San Diego County Annual Report for Fiscal Year 2023-2024 (. <ul style="list-style-type: none"> • The report shows how we're moving forward in areas that affect all of us in some way: <ul style="list-style-type: none"> • Affordable housing and Homelessness • Behavioral Health • Public Safety • Environmental Sustainability • Equity • November is recognized as National Family Caregivers Month, as an opportunity to recognize and honor family caregivers across the country. 															
<p>5. Guest Speakers</p>	<p>a. Southern Caregiver Resource Center <i>Roberto Velasquez, President & CEO</i> Highlights included:</p> <ul style="list-style-type: none"> • <i>Background</i> • <i>Caregiver Resource Centers</i> • <i>Who Qualifies</i> • <i>Southern Caregiver Resource Center Programs & Services</i> • <i>RCFEs in San Diego County</i> <p>b. Retired and Senior Volunteer Program (RSVP)/ Senior Volunteers in Action (SVA) <i>Armida Martinez, RSVP/SVA Program Coordinator</i> Highlights included:</p> <ul style="list-style-type: none"> • <i>Senior Volunteer Programs</i> • <i>Strengthening Communities</i> • <i>Who Volunteers</i> • <i>Volunteer Opportunities</i> • <i>RSVP/SVA Benefits</i> • <i>Recruitment</i> • <i>Website</i> • <i>Application Process</i> 															
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Susan Mallett, Chair b. Membership Report: Smith Sirisakorn, Secretary c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 60%;">i. District #1: Vargas</td> <td style="width: 20%;">[Vacant/Larkins]</td> <td style="width: 20%;">8/26/24</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/16/24</td> </tr> <tr> <td>iv. District #4: Montgomery Steppe</td> <td>[Bishop/Milroy]</td> <td>10/11/24</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Vacant/Vacant]</td> <td></td> </tr> </table>	i. District #1: Vargas	[Vacant/Larkins]	8/26/24	ii. District #2: Anderson	[Vacant/Nocon]	TBD	iii. District #3: Lawson-Remer	[King/Osborne]	1/16/24	iv. District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/24	v. District #5: Desmond	[Vacant/Vacant]	
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<p>7. Ancillary Subcommittee Oral Reports</p>	<p>a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair b. Healthy Aging (met 10/14/24): Wanda Smith, Chair c. Nutrition (met 11/6/24): Shirley King, Chair d. Affordability in Aging (met 11/18/24): Smith Sirisakorn, Chair</p>															
<p>8. Other Announcements</p>	<p>a. California Senior Legislature Caucus Report: Susan Mallett, Local Caucus Chair*</p>															

<p>9. Adjournment & Next Meetings</p>	<p>Meeting adjourned: 2:09 p.m. Next Council Meeting: December 9, 2024, 12:00 p.m. 5560 Overland Ave, First Floor, Room 171</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ Healthy Aging: 11/18/24 2:00 p.m. ➤ Executive & Membership: 11/25/24 9:00 a.m. ➤ Nutrition: 12/4/24 1:00 p.m. ➤ Affordability in Aging: 12/9/24 10:30 a.m. ➤ LTC Ombudsman/Facilities: 12/16/24 11:30 a.m.
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Minutes respectfully submitted by Kendall Bremner.