



Advisory Council for Aging & Independence Services

January 13, 2025 | 12:00 p.m.

5560 Overland Ave, 3rd Floor, Joaquin Anguera Room

Virtual Participation

Call in: 1 (619) 343-2539

Meeting ID (access code): 224 849 240 117

Passcode: [eq7c5wR2](#)

Click here to [Join Teams Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Susan Mallett, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 11)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of December 9, 2024, Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speakers**
 - a. Disaster Preparedness Planning: For People Who May Need Assistance
Nick Thomlison, Senior Emergency Services Coordinator, Office of Emergency Services
 - b. Aging & Independence Services Public Health Nurse Team
Laura Carter, Public Health Nurse Manager
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Susan Mallett, Chair
 - b. Membership Report: Susan Mallett, Chair
 - i. Appoint Michael Lochner to full term (Action)
 - Seat #11, effective immediately, to expire 1/12/29
 - ii. Appoint Rose Rugama Inocente to partial term (Action)
 - Seat #13, effective immediately, to expire 2/13/27
 - iii. Appoint Dennis Leggett to partial term (Action)
 - Seat #23, effective immediately, to expire 2/13/27
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vacant [Vacant/Vacant]
 - ii. District #2: Anderson [Phillips/Nocon] TBD



- iii. District #3: Lawson-Remer [King/Vacant] 1/31/2025
- iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024
- v. District #5: Desmond [Vacant/Vacant]

7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair
- b. Healthy Aging (met 11/18/24): Wanda Smith, Chair
- c. Affordability in Aging (met 1/13/25): Smith Sirisakorn, Chair
- d. Nutrition (met 1/8/25): Shirley King, Chair

8. **Other Announcements**

9. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave, 3rd Floor, Joaquin Anguera Room, San Diego, 92123
Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: February 10, 2025, 12 noon

Future Subcommittee Meetings:

- Healthy Aging: 1/13/2025 2:15 p.m.
- LTC Ombudsman/Facilities: 1/20/2025 11:30 a.m.
- Executive & Membership: 1/22/2025 9:00 a.m.
- Nutrition: 2/5/2025 1:00 p.m.
- Affordability in Aging: 2/10/2025 10:30 a.m.

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Ageing & Independence Services Advisory Council
Monday, December 9, 2024 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (669) 900-9128
Meeting ID (access code): 824 8650 7295 | Passcode: 162815

MINUTES - DRAFT

	Members	Absent Members	Guests	
Attendance:	Sabrina Bishop Faye Detsky-Weil Stephen Huber Ted Kagan Mina Kerr Shirley King Ethel Larkins Elaine Lewis	Susan Mallett Dan McNamara David Milroy Bradlyn Mulvey Molly Nocon Taryn Patterson Richard Spiering	Silvia Martinez Paul Monarrez Jacqueline Simon Smith Sirisakorn Wanda Smith Kristine Stensberg	Tara Beeston Kimberly Brown (virtual) Connie German-Marquez (virtual) Thomas Johnson (virtual) Dennis Leggett Rose Inocente Rugama (virtual)
	Staff			
	Jennifer Bransford-Koons Kendall Bremner Wendy Garcia Samantha Hasler Jana Jordan	Lourdes Ramirez Atifa Said Kristen Smith (virtual) Sunita Upchurch Brittney Willis		
	Outcome			
1. Call to Order	Susan Mallett, Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>15 present at this time.</i>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.				
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of November 18, 2024, Meeting Minutes (Action)* <i>[M/S – E. Larkins / T. Kagan (Passed with 15 votes.)]</i>			

<p>4. AIS Director's Items</p>	<p>Highlights included:</p> <ul style="list-style-type: none"> • Overview of the 2024 Live Well Advance Conference and School Summit. Highlights included: <ul style="list-style-type: none"> • Theme: Ripples of Change: The Power of Partnerships, to keep building on this momentum! • Over 2,000 attendees • AIS participation in the Building Age-Friendly Communities panel and had the opportunity to recognize AARP as a Live Well San Diego partner • Acknowledgment of the Council's valuable contributions during another busy year. <ul style="list-style-type: none"> • Acknowledgment of the Council's valuable contributions during another busy year. • Appreciation expressed for their continued advocacy on behalf of older adults, community involvement, and dedication to the AIS Advisory Council. • Gratitude for members' volunteer efforts and their active participation in monthly discussions. • A look ahead to the upcoming year for AIS, with a focus on improving efficiency and core services. 															
<p>5. Guest Speakers</p>	<p>a. <i>Live Well San Diego</i> Annual Report/Indicators <i>Tara Beeston, Health Planning and Program Specialist, Office of Strategy and Innovation, Live Well San Diego Support Team</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> • Annual Report Video: 2024 Annual Report Partnership Video • Annual Report: 2023-24 Live Well San Diego Annual Impact Report <p>b. Ombudsman Annual Report <i>Brittney Willis, Long-Term Care Ombudsman Program Supervisor</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> • <i>Mission</i> • <i>Older Americans Act Title VII</i> • <i>Receive, Investigate, and Resolve Complaints</i> • <i>Witness AHCD and Property Transfers for SNF Residents</i> • <i>Care Plan Meetings</i> • <i>Ensure a Regular Presence in Long-Term Care Facilities</i> • <i>San Diego County LTCOP</i> • <i>Important Statistics</i> • <i>Consent and Confidentiality</i> • <i>Complaints</i> • <i>Patterns of Poor Practice</i> • <i>Influence Public Policy</i> • <i>Assisted Living Waiver (ALW) Program</i> • <i>Hear from a Volunteer</i> • <i>Summary</i> 															
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Susan Mallett, Chair</p> <p>b. Membership Report: Smith Sirisakorn, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">i. District #1: Vargas</td> <td style="width: 20%;">[Vacant/Larkins]</td> <td style="width: 30%;">8/26/24</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/16/24</td> </tr> <tr> <td>iv. District #4: Montgomery Steppe</td> <td>[Bishop/Milroy]</td> <td>10/11/24</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Vacant/Vacant]</td> <td></td> </tr> </table>	i. District #1: Vargas	[Vacant/Larkins]	8/26/24	ii. District #2: Anderson	[Vacant/Nocon]	TBD	iii. District #3: Lawson-Remer	[King/Osborne]	1/16/24	iv. District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/24	v. District #5: Desmond	[Vacant/Vacant]	
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<p>7. Ancillary Subcommittee Oral Reports</p>	<p>a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 11/18/24): Wanda Smith, Chair</p> <p>c. Nutrition (met 12/4/24): Shirley King, Chair</p> <p>d. Affordability in Aging (met 11/18/24): Smith Sirisakorn, Chair</p>															

8. Other Announcements	
9. Adjournment & Next Meetings	<p>Meeting adjourned: 1:21 p.m. Next Council Meeting: January 13, 2024, 12:00 p.m. 5560 Overland Ave, 3rd Floor, Joaquin Anguera Room</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ Healthy Aging: 1/13/25 2:00 p.m. ➤ Executive & Membership: 1/8/25 9:00 a.m. ➤ Nutrition: 1/8/25 1:00 p.m. ➤ Affordability in Aging: 1/13/25 10:30 a.m. ➤ LTC Ombudsman/Facilities: 1/20/25 11:30 a.m.

Minutes respectfully submitted by Kendall Bremner.