



## Advisory Council for Aging & Independence Services

February 10, 2025 | 12:00 p.m.

5560 Overland Ave, 3<sup>rd</sup> Floor, Joaquin Anguera Room

### Virtual Participation

Call in: 1 (619) 343-2539

Phone Conference ID: 402 109 836#

Meeting ID (access code): 224 849 240 117

Passcode: [eq7c5wR2](#)

Click here to [Join Teams Meeting](#)

### AGENDA

\* (attachment)

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 12)
  
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
  
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of January 13, 2025, Meeting Minutes (Action)\*
  
4. **AIS Director's Items** (Possible action)
  - a. AIS Director's Update
  
5. **Guest Speakers**
  - a. Home Hazard Removal Program/Dignity at Home Fall Prevention  
*Stefanie Fitterer, Occupational Therapist*
  - b. In-Home Supportive Services Overview  
*Julia Lara, Program Specialist II*
  
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Susan Mallett, Chair
    - i. Subcommittee Appointments and Updates
      - a) Executive & Membership Subcommittee – Appointment of Jacqueline Simon to Secretary (Action)
      - b) Affordability in Aging Subcommittee – Appointment of David Milroy to Chair (Action)
      - c) Healthy Aging Subcommittee – Appoint Maureen Phillips (Action)
      - d) Nutrition Subcommittee – Appoint Maureen Phillips (Action)
      - e) Convene the Area Plan Ad Hoc Subcommittee (Action)
        - Role: Review and provide input into the 2025-26 Area Plan Update



- Term: February 10, 2025, through approval of the 2025-26 Area Plan Update
- Membership: Stephen Huber, Ted Kagan, Elaine Lewis, Mikie Lochner, Susan Mallett, David Milroy, and Taryn Patterson
- ii. California Senior Legislature Special Election\*
  - Senior Senator – Wanda Smith (Action)
- b. Membership Report: Susan Mallet, Chair
  - i. Appoint Kimberly Brown to full term (Action)
    - Seat #29, effective immediately, to expire 2/9/29
  - iii. Waive Declaration of Vacancy Requirement – Wanda Smith (Action)
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 

i. District #1: Vacant	[Vacant/Vacant]	
ii. District #2: Anderson	[Phillips/Nocon]	2/26/2025
iii. District #3: Lawson-Remer	[King/Vacant]	1/31/2025
iv. District #4: Montgomery Steppe	[Bishop/Milroy]	10/11/2024
v. District #5: Desmond	[Vacant/Vacant]	

**7. Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met 1/27/25): Dan McNamara, Chair
- b. Healthy Aging (met 1/13/25): Wanda Smith, Chair
- c. Affordability in Aging (met 2/10/25): Smith Sirisakorn, Chair
- d. Nutrition (met 2/5/25): Shirley King, Chair

**8. Other Announcements**

**9. Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave, 3<sup>rd</sup> Floor, Joaquin Anguera Room, San Diego, 92123  
Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** March 10, 2025, 12 noon

**Future Subcommittee Meetings:**

- Healthy Aging: 2/10/2025 2:15 p.m.
- LTC Ombudsman/Facilities: 2/18/2025 11:30 a.m.
- Executive & Membership: 2/25/2025 9:00 a.m.
- Nutrition: 3/5/2025 1:00 p.m.
- Affordability in Aging: 3/10/2025 10:30 a.m.

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

**Aging & Independence Services Advisory Council**  
**Monday, January 13, 2025 | 12:00 p.m. – 2:00 p.m.**  
**5560 Overland Avenue, 3<sup>rd</sup> Floor, Joaquin Anguera Room, San Diego, CA 92123**

**Call in: 1 (619) 343-2539**  
**Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2**

**MINUTES - DRAFT**

<b>Members</b>		<b>Absent Members</b>		<b>Guests</b>
Attendance:	Faye Detsky-Weil	Paul Monarrez	Sabrina Bishop	Yuliana Briceno
	Stephen Huber	Bradlyn Mulvey	Ted Kagan	Kimberly Brown (virtual)
	Mina Kerr	Molly Nocon	Wanda Smith	Connie German-Marquez (virtual)
	Shirley King	Taryn Patterson		Thomas Johnson (virtual)
	Elaine Lewis	Maureen Phillips		Dennis Leggett
	Susan Mallett	Jacqueline Simon		Michael Lochner
	Silvia Martinez	Smith Sirisakorn		
	Dan McNamara (joined at 12:14pm)	(left at 1:00pm)		
	David Milroy	Richard Spiering		
		Kristine Stensberg		
<b>Staff</b>				
	Jennifer Bransford-Koons	Samantha Hasler		
	Kendall Bremner	Jana Jordan		
	Laura Carter	Kristen Smith		
	Angie Durdiev	Jennifer Sovay		
	Wendy Garcia	Brynn Viale Long		
<b>Outcome</b>				
1. Call to Order	Susan Mallett, Chair, 12:03 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <b><i>17 present at this time.</i></b>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.				
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of December 9, 2024, Meeting Minutes (Action)* <b>[M/S – S. King / B. Mulvey (Passed with 13 votes, 5 abstained.)]</b>			

<p>4. AIS Director's Items</p>	<p>Highlights included:</p> <ul style="list-style-type: none"> <li>• Four-Year Area Plan 2024-28 was approved by the CDA on December 10th, 2024. <ul style="list-style-type: none"> <li>• Thanked council for their efforts in reviewing and providing feedback.</li> <li>• Work has started on the Area Plan 2025-26 Update. <ul style="list-style-type: none"> <li>○ We will be sending out an email soon to gather interest for the Area Plan Ad Hoc Subcommittee, which will be convened at next month's meeting, to review and provide input on the Update.</li> </ul> </li> </ul> </li> <li>• Board of Supervisors Updates: <ul style="list-style-type: none"> <li>• Vice Chair Terra Lawson-Remer from District 3 and Supervisor Joel Anderson from District 2 were sworn into office on Monday, January 6, after winning a second term in the November election.</li> <li>• Chairwoman Nora Vargas also won a second term, but recently announced that she is stepping down as supervisor for District 1. Her first term ended on January 6. <ul style="list-style-type: none"> <li>○ The Board of Supervisors will hold a special meeting tomorrow, January 14, to determine the method to fill the vacancy.</li> </ul> </li> <li>• Acknowledgment of the Council's valuable contributions during another busy</li> </ul> </li> <li>• Other announcements: <ul style="list-style-type: none"> <li>• Shared relevant details on Governor's FY 25-26 budget release on Friday.</li> </ul> </li> </ul>
<p>5. Guest Speakers</p>	<p>a. Disaster Preparedness Planning: For People Who May Need Assistance <i>Yuliana Briceno, Emergency Services Coordinator, Office of Emergency Services</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Steps To Help Prepare</li> <li>• Social Connections</li> <li>• Building a Support Network</li> <li>• Planning with a Support Network</li> <li>• Get Connected</li> <li>• Make a Plan</li> <li>• Vial of Life</li> <li>• Planning for Different Circumstances/Emergencies</li> <li>• Types of Notifications</li> <li>• Gather Supplies – Go/Home Kit</li> <li>• Communication Tools</li> <li>• Stay Informed</li> <li>• Getting Support</li> </ul> <p>b. Aging &amp; Independence Services Public Health Nurse Team <i>Laura Carter, Public Health Nurse Manager</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• AIS Nurse Team</li> <li>• APS Nurse Role</li> <li>• IHSS Nurse Role</li> <li>• MSSP Nurse Role</li> <li>• AIS Nurse Team (ANT)</li> </ul>
<p>6. Executive &amp; Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Susan Mallett, Chair</p> <p>b. Membership Report: Susan Mallett, Chair</p> <ol style="list-style-type: none"> <li>i. Appoint Michael Lochner to full term (Action) <ul style="list-style-type: none"> <li>- Seat #11, effective immediately, to expire 1/12/29</li> <li><b>[M/S – S. King / D. Milroy (Passed with 17 votes.)]</b></li> </ul> </li> <li>ii. Appoint Rose Rugama Inocente to partial term (Action) <ul style="list-style-type: none"> <li>- Seat #13, effective immediately, to expire 2/13/27 <ul style="list-style-type: none"> <li>• Rose Rugama Inocente withdrew her application. No further action was taken.</li> </ul> </li> </ul> </li> <li>iii. Appoint Dennis Leggett to partial term (Action)</li> </ol>

	<p>- Seat #23, effective immediately, to expire 2/13/27  <b>[M/S – S. King / J. Simon (Passed with 17 votes.)]</b></p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> <li>i. District #1: Vacant [Vacant/Vacant]</li> <li>ii. District #2: Anderson [Phillips/Nocon] TBD</li> <li>iii. District #3: Lawson-Remer [King/Vacant] 1/31/25</li> <li>iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/24</li> <li>v. District #5: Desmond [Vacant/Vacant]</li> </ul>
7. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 11/18/24): Wanda Smith, Chair</p> <p>c. Nutrition (met 1/8/25): Shirley King, Chair</p> <p>d. Affordability in Aging (met 1/13/25): Smith Sirisakorn, Chair</p>
8. Other Announcements	
9. Adjournment & Next Meeting	<p>Meeting adjourned: 1:40 p.m.  Next Council Meeting: February 10, 2025, 12:00 p.m.  5560 Overland Ave, 3<sup>rd</sup> Floor, Joaquin Anguera Room</p> <p><b>Future Subcommittee Meetings:</b></p> <ul style="list-style-type: none"> <li>➤ Healthy Aging: 1/13/25 2:15 p.m.</li> <li>➤ LTC Ombudsman/Facilities: 1/27/25 11:30 a.m.</li> <li>➤ Executive &amp; Membership: 1/28/25 9:00 a.m.</li> <li>➤ Nutrition: 2/5/25 1:00 p.m.</li> <li>➤ Affordability in Aging: 2/10/25 10:30 a.m.</li> </ul>

*Minutes respectfully submitted by Kendall Bremner.*



## 2025 CSL Appointment

# Certificate of Eligibility

### PSA 23

The following candidate for Senior Senator has been determined to be eligible for appointment to the California Senior Legislature by the San Diego County Area Agency on Aging Advisory Council. This certificate is valid for the month of February 2025. The CSL member-elect will be completing the remaining year of the current four year term. Elections for the next four year term will be conducted in 2026.

#### **Senior Senator**

- Wanda Smith

*John Pointer*

Senior Senator John Pointer  
Chair, Joint Rules Committee  
California Senior Legislature

Issued on January 20, 2025