

**Aging & Independence Services Advisory Council**  
**Monday, December 9, 2024 | 12:00 p.m. – 2:00 p.m.**  
**5560 Overland Avenue, 3<sup>rd</sup> Floor, Joaquin Anguera Room, San Diego, CA 92123**

**Call in: 1 (669) 900-9128**  
**Meeting ID (access code): 824 8650 7295 | Passcode: 162815**

**MINUTES**

|   | <b>Members</b>  | <b>Absent Members</b>   | <b>Guests</b>   |   |
|---|---|---|---|---|
| Attendance:   | Sabrina Bishop<br>Faye Detsky-Weil<br>Stephen Huber<br>Ted Kagan<br>Mina Kerr<br>Shirley King<br>Ethel Larkins<br>Elaine Lewis  | Susan Mallett<br>Dan McNamara<br>David Milroy<br>Bradlyn Mulvey<br>Molly Nocon<br>Taryn Patterson<br>Richard Spiering | Silvia Martinez<br>Paul Monarrez<br>Jacqueline Simon<br>Smith Sirisakorn<br>Wanda Smith<br>Kristine Stensberg | Tara Beeston<br>Kimberly Brown (virtual)<br>Connie German-Marquez (virtual)<br>Thomas Johnson (virtual)<br>Dennis Leggett<br>Rose Inocente Rugama (virtual) |
|   | <b>Staff</b>  |   |   |   |
|   | Jennifer Bransford-Koons<br>Kendall Bremner<br>Wendy Garcia<br>Samantha Hasler<br>Jana Jordan   | Lourdes Ramirez<br>Atifa Said<br>Kristen Smith (virtual)<br>Sunita Upchurch<br>Brittney Willis                        |   |   |
|   | <b>Outcome</b>  |   |   |   |
| 1. Call to Order  | Susan Mallett, Chair, 12:00 p.m.<br>a. Welcome & Pledge of Allegiance<br>b. Guest/Member Introductions<br>c. Confirmation of Quorum: <b><i>15 present at this time.</i></b>                   |   |   |   |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable. |   |   |   |   |
| 3. Standard Business  | a. Public Comment/Announcements: Members or non-members<br>b. Approval of November 18, 2024, Meeting Minutes (Action)*<br><b><i>[M/S – E. Larkins / T. Kagan (Passed with 15 votes.)]</i></b> |   |   |   |

|   |   |                        |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
|---|---|------------------------|------------------|---------|---------------------------|----------------|-----|--------------------------------|----------------|---------|------------------------------------|-----------------|----------|-------------------------|-----------------|--|
| <p>4. AIS Director's Items</p>  | <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• Overview of the 2024 Live Well Advance Conference and School Summit. Highlights included: <ul style="list-style-type: none"> <li>• Theme: Ripples of Change: The Power of Partnerships, to keep building on this momentum!</li> <li>• Over 2,000 attendees</li> <li>• AIS participation in the Building Age-Friendly Communities panel and had the opportunity to recognize AARP as a Live Well San Diego partner</li> </ul> </li> <li>• Acknowledgment of the Council's valuable contributions during another busy year. <ul style="list-style-type: none"> <li>• Acknowledgment of the Council's valuable contributions during another busy year.</li> <li>• Appreciation expressed for their continued advocacy on behalf of older adults, community involvement, and dedication to the AIS Advisory Council.</li> <li>• Gratitude for members' volunteer efforts and their active participation in monthly discussions.</li> <li>• A look ahead to the upcoming year for AIS, with a focus on improving efficiency and core services.</li> </ul> </li> </ul>   |                        |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| <p>5. Guest Speakers</p>  | <p>a. <i>Live Well San Diego</i> Annual Report/Indicators<br/> <i>Tara Beeston, Health Planning and Program Specialist, Office of Strategy and Innovation, Live Well San Diego Support Team</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• Annual Report Video: 2024 Annual Report Partnership Video</li> <li>• Annual Report: 2023-24 Live Well San Diego Annual Impact Report</li> </ul> <p>b. Ombudsman Annual Report<br/> <i>Brittney Willis, Long-Term Care Ombudsman Program Supervisor</i></p> <p>Highlights included:</p> <ul style="list-style-type: none"> <li>• <i>Mission</i></li> <li>• <i>Older Americans Act Title VII</i></li> <li>• <i>Receive, Investigate, and Resolve Complaints</i></li> <li>• <i>Witness AHCD and Property Transfers for SNF Residents</i></li> <li>• <i>Care Plan Meetings</i></li> <li>• <i>Ensure a Regular Presence in Long-Term Care Facilities</i></li> <li>• <i>San Diego County LTCOP</i></li> <li>• <i>Important Statistics</i></li> <li>• <i>Consent and Confidentiality</i></li> <li>• <i>Complaints</i></li> <li>• <i>Patterns of Poor Practice</i></li> <li>• <i>Influence Public Policy</i></li> <li>• <i>Assisted Living Waiver (ALW) Program</i></li> <li>• <i>Hear from a Volunteer</i></li> <li>• <i>Summary</i></li> </ul> |                        |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| <p>6. Executive &amp; Membership Subcommittee Report/Other Business</p> | <p>a. Chair's Report: Susan Mallett, Chair</p> <p>b. Membership Report: Smith Sirisakorn, Secretary</p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">i. District #1: Vargas</td> <td style="width: 20%;">[Vacant/Larkins]</td> <td style="width: 30%;">8/26/24</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>TBD</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/16/24</td> </tr> <tr> <td>iv. District #4: Montgomery Steppe</td> <td>[Bishop/Milroy]</td> <td>10/11/24</td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Vacant/Vacant]</td> <td></td> </tr> </table>  | i. District #1: Vargas | [Vacant/Larkins] | 8/26/24 | ii. District #2: Anderson | [Vacant/Nocon] | TBD | iii. District #3: Lawson-Remer | [King/Osborne] | 1/16/24 | iv. District #4: Montgomery Steppe | [Bishop/Milroy] | 10/11/24 | v. District #5: Desmond | [Vacant/Vacant] |  |
| i. District #1: Vargas  | [Vacant/Larkins]  | 8/26/24                |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| ii. District #2: Anderson   | [Vacant/Nocon]  | TBD                    |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| iii. District #3: Lawson-Remer  | [King/Osborne]  | 1/16/24                |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| iv. District #4: Montgomery Steppe                                      | [Bishop/Milroy]   | 10/11/24               |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| v. District #5: Desmond   | [Vacant/Vacant]   |                        |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |
| <p>7. Ancillary Subcommittee Oral Reports</p>                           | <p>a. LTC Ombudsman/Facilities (met 11/18/24): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 11/18/24): Wanda Smith, Chair</p> <p>c. Nutrition (met 12/4/24): Shirley King, Chair</p> <p>d. Affordability in Aging (met 11/18/24): Smith Sirisakorn, Chair</p>   |                        |                  |         |                           |                |     |                                |                |         |                                    |                 |          |                         |                 |  |

|                                |  |
|--------------------------------|--|
| 8. Other Announcements         |  |
| 9. Adjournment & Next Meetings | <p>Meeting adjourned: 1:21 p.m.<br/> Next Council Meeting: January 13, 2024, 12:00 p.m.<br/> 5560 Overland Ave, 3<sup>rd</sup> Floor, Joaquin Anguera Room</p> <p><b>Future Subcommittee Meetings:</b></p> <ul style="list-style-type: none"> <li>➤ Healthy Aging: 1/13/25 2:00 p.m.</li> <li>➤ Executive &amp; Membership: 1/8/25 9:00 a.m.</li> <li>➤ Nutrition: 1/8/25 1:00 p.m.</li> <li>➤ Affordability in Aging: 1/13/25 10:30 a.m.</li> <li>➤ LTC Ombudsman/Facilities: 1/20/25 11:30 a.m.</li> </ul> |

*Minutes respectfully submitted by Kendall Bremner.*