



*Advisory Council for Aging & Independence Services*  
**EXECUTIVE & MEMBERSHIP SUBCOMMITTEE**

September 24, 2024 | 9:00 a.m.

5560 Overland Ave, John Gaffaney Conference Room, 3rd Floor

*Virtual Participation*

Call in: 1 (669) 900-9128

Meeting ID: 824 8650 7295

Passcode: 162815

Click to [Join Zoom Meeting](#)

**AGENDA**

\* (attachment)

1. **Call to Order & Attendance:** Susan Mallett, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of Quorum (Quorum = 3)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstance) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of July 23, 2024, Meeting Minutes (Action)\*
4. **Membership Business** (Possible Action)
  - a. Current Status – 8 vacancies
  - b. Resignations
  - c. Applicants
    - i. Application Log\*
    - ii. Application Review
    - iii. Interviews
  - d. Interested Parties
  - e. Vacancy Log\*
  - f. Actions
    - i. Recommendation to seat applicant(s)
    - ii. Actions regarding term expiration(s)
    - iii. Assign seat(s) for proposed member(s)
  - g. Membership
    - i. Attendance: Monitor/Review Attendance Log\*
    - ii. Ethics Training: 1 past due; 1 upcoming; 1 new member pending
5. **Executive Business**
  - a. Monthly Presentations [see Annual Calendar]\* (Possible Action)
  - b. Standing Subcommittee Status and Appointments (Possible Action)
  - c. Ancillary Subcommittee Status and Appointments (Action)



- d. Auxiliary Subcommittee Status and Appointments (Possible Action)
- e. Ad Hoc Subcommittee Status and Appointments (Possible Action)

6. **Annual Goals\***

7. **Other Items**

8. **Build October 14<sup>th</sup> Council Meeting Agenda** (Action)\*

9. **Next Meeting:** TBD

10. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services

**EXECUTIVE & MEMBERSHIP SUBCOMMITTEE**

July 23, 2024 | 9:00 a.m.

Virtual Meeting

Call in: 1 (669) 900-9128

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**MINUTES – DRAFT**

<b>Members</b>		<b>Absent Members</b>	<b>Guests</b>
Attendance:	Stephen Huber Susan Mallett Wanda Smith (left at 9:59 a.m.)	Shirley King John Osborne	Smith Sirisakorn
<b>Staff</b>			
	Jana Jordan Samantha Hasler		
<b>Item</b>	<b>Outcome</b>		
1. Call to Order & Attendance	<b>Stephen Huber, Chair, called the meeting to order at 9:00 a.m.</b> a. Welcome & Guest/Member Introductions b. Confirmation of Quorum (quorum is 3): 3 members present.		
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstance) by a Council Member, if applicable.	None.		
3. Standard Business	a. Public Comments/Announcements: N/A b. Approval of June 25, 2024, Meeting Minutes: <b>[M/S – S. Mallett / W. Smith: Unanimous]</b>		
4. Membership Business	a. Current Status – 8 vacancies. The committee discussed vacancies, recruitment, and seat terms. b. Resignations – N/A c. Applicants i. Application Log* – The subcommittee reviewed this log and discussed recruitment efforts. ii. Application Review – N/A iii. Interviews – N/A d. Interested Parties – Individuals that have submitted an application will be encouraged to continue attending meetings. e. Vacancy Log* • Supervisor-Appointed Seat Vacancies: 4 • Council-Appointed Seat Vacancies: 4 f. Actions i. Recommendations to seat applicant(s): N/A ii. Actions regarding term expiration(s): N/A iii. Assign seat(s) for proposed member(s): N/A g. Membership i. Attendance: Monitor/Review Attendance Log* ii. Ethics Training: 1 past due; 2 upcoming; 3 new members pending		
5. Executive Business	a. Monthly Presentations [see Annual Calendar]* (Possible Action) b. Standing Subcommittee Status and Appointments (Possible Action) c. Ancillary Subcommittee Status and Appointments (Possible Action) d. Auxiliary Subcommittee Status and Appointments (Possible Action)		
6. Annual Planning	a. Annual Calendar b. Annual Goals* c. Annual Report d. Subcommittee Review		

7. Other Items	
8. Build July 8 <sup>th</sup> Council Meeting Agenda	The September 9 <sup>th</sup> agenda was prepared. <b>No action taken to approve due to lack of quorum.</b>
9. Next Meeting	The next meeting will be on September 24, 2024, at 9:00 a.m.
10. Adjournment	Meeting adjourned at 10:15 a.m.



# Vacancy Log <sup>+</sup>

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September 24, 2024

- ❖ **Current Vacancies:** 8
  
- ❖ **Vacancies: Board of Supervisors-appointed Seats:** 4  
*May be filled 14 days after posting if vacant prior to end of Supervisor's term*
  - 1) Seat #1 (1/6/25)
  - 2) Seat #3 (1/6/25)
  - 3) Seat #9 (1/4/27)
  - 4) Seat #10 (1/4/27)
  
- ❖ **Vacancies: Council-appointed Seats:** 4  
*May be filled 14 days after posting if vacant prior to terming out*
  - 1) Seat #11 (10/8/24)
  - 2) Seat #13 (2/13/27)
  - 3) Seat #23 (2/13/27)
  - 4) Seat #29 (4/9/24)
  
- ❖ **Pending Term Expiration:** None
  
- ❖ **Pending Council Action:** None
  
- ❖ **Pending Board of Supervisors/Clerk of the Board Action:** None

\*Occupied by current appointee until a reappointment or replacement is made.

+ Dates in parenthesis are seat term expiration dates

# AIS Advisory Council Attendance

**2024-25**

Name	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	
Bishop, Sabrina	✓												Bishop, S.
Detsky-Weil, Faye	✓												Detsky-Weil, F.
Huber, Stephen	✓												Huber, S.
Kagan, Ted	✓												Kagan, T.
Kerr, Mina	✓												Kerr, M.
King, Shirley*	✓												King, S.
Larkins, Ethel*	✓												Larkins, E.
Lewis, Elaine	✓												Lewis, E.
Mallett, Susan	✓												Mallett, S.
Martinez, Silvia	✓												Martinez, S.
McNamara, Dan	✓												McNamara, D.
Milroy, David	✓												Milroy, D.
Monarrez, Paul	A												Monarrez, P.
Mulvey, Bradlyn	✓												Mulvey, B.
Nocon, Molly*	A												Nocon, M.
Osborne, John*	A												Osborne, J.
Patterson, Taryn	✓												Patterson, T.
Simon, Jacqueline	✓												Simon, J.
Sirisakorn, Smith	✓												Sirisakorn, S.
Smith, Wanda	A												Smith, W.
Spiering, Richard	✓												Spiering, R.
Stensberg, Kristine	A												Stensberg, K.

* Supervisor Appointee	✓	= Present for Advisory Council Meeting
	A	= Absent
	V	= Virtual Participation (AB 2449)

# AIS Advisory Council

## ANNUAL CALENDAR - COUNCIL FY 2024-25

MONTH	GUESTS/ACTIVITIES*	AIS TOPICS*	COUNCIL BUSINESS	
			Date Sensitive	Authority <sup>+</sup>
<b>SEPTEMBER</b> (9/9/24) Fall Prevention World Alzheimer's  <b>ANNUAL MEETING</b> BL 6(E)(4)	HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES	AREA PLAN FOCUS GROUP	❖ SWEAR-IN OFFICERS	IIIa 82.5(b) BL 4(A)(3)
			=> ADOPT ANNUAL CALENDAR	BL 5(C)(1)(a)(v)
			=> ADOPT ANNUAL REPORT	IIIa 82.16
			=> ADOPT ANNUAL SUBCOMMITTEES	BL 5(C)(2)(a)
			=> COUNCIL GOALS: Review Draft	A-74(E)(4)
			=> SUBCOMMITTEE CHAIR ANNUAL TRAINING	BL 5(C)(2)(a)
<b>OCTOBER</b> (10/14/24)	SAN DIEGO REGIONAL CENTER	AGING ROADMAP ANNUAL REPORT	=> ADOPT COUNCIL GOALS	A-74(E)(4)
<b>NOVEMBER</b> (11/18/24) National Family Caregiver		PUBLIC ADMINISTRATOR AND PUBLIC GUARDIAN	• CSL CAUCUS REPORT: Sacramento	WIC 9302
<b>DECEMBER</b> (12/9/24)	LIVE WELL SAN DIEGO ANNUAL RPT/INDICATORS	OMBUDSMAN ANNUAL REPORT		CDA PM 13-04, III (C)
<b>JANUARY</b> (1/8/24)	BROWN ACT TRAINING CA Gov Code 54953-54963  ALZHEIMER'S SAN DIEGO		➤ APPOINT AREA PLAN SUCOMM.	BL 5(C)(3)
<b>FEBRUARY</b> (2/12/24)		IN-HOME SUPPORTIVE SERVICES		
<b>MARCH</b> (3/11/24)		HEALTH & COMMUNITY ENGAGEMENT TEAM	➤ AREA PLAN PUBLIC HEARING (2024-2028 four-year plan) ✓ APPOINT BUDGET SUBCOMM.	
<b>APRIL</b> (4/8/24)	(OFF SITE MEETING)	CONTRACTS CALAIM		IIIa 82.1(a) A-74(C)(8) BL 5(C)(3)
<b>MAY</b> (5/13/24) Older Americans	HHSB BUDGET PRESENTATION per A-74(c)(8)	MSSP	⊕ APPOINT LEGISLATIVE SUBCOMM. APPOINT NOMINATING SUBCOMM.	A-74(C)(12) BL 5(C)(3)
			• CSL VACANCY ELECTION <i>Next CSL Full Term Election: 2026</i>	WIC 9302
<b>JUNE</b> (6/10/24) World Elder Abuse Awareness Alzheimer's & Brain Awareness June 30th -- County FY ends	DR. LINDSEY YOURMAN, CHIEF GERIATRIC OFFICER	ADVISORY COUNCIL STRATEGIC PLANNING	❖ DECLARE OFFICER NOMINATIONS	BL 4(A)(2)(b)
			=> COUNCIL GOALS: Report Status	A-74(E)(4)
			=> COUNCIL STRATEGIC PLANNING	N/A
			=> SUBCOMMITTEE GOALS 24-25	
			Discuss/develop in subcommittee mtgs	IIIa 82.12 BL 3(C)(2)
<b>JULY</b> (7/8/24)  July 1st -- County FY begins		APS, SENIOR TEAM, & SPECIALIZED CASE MGT	⊕ COUNCIL: Leg. Policy Guidelines-- conclude review, forward proposals	BL 5(C)(3)
			❖ ELECT OFFICERS	IIIa 82.5(a) BL 4(A)(3)
			=> EXEC/MEMBERSHIP SUBCOMM.	BL 5(C)(1)(a)
			Officer Transition & Brown Act	N/A
			Draft Annual Calendar	BL 5(C)(1)(a)(v)
			Draft Annual Report	IIIa 82.16 BL 1(B)(6)
			Draft Annual Goals	A-74(E)(4)
			Propose Subcommittees	BL 5(C)(2)(a)
<b>AUGUST</b> (no mtg.)				

\* Bold=confirmed; Italicized=annual  
2/28/2024

\* IIIa=SD County Admin Ord; A-74=Board Policy; BL=Council By-laws;  
CDA PM=CA Dept Aging Prg Memo; OAA=Older Americans Act; WIC=Welf Inst Code




## APPENDIX: AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

**COUNCIL FOCUS:** Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.







**AGING ROADMAP:** County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:








### GOALS 2024 – 2027

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	Advise on the 4-year Area Plan for FY 2024-2028. 	Feb – May 2024	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on 2/12/24 and 3/8/24.</li> <li>Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 3/11/24.</li> <li>Discussion included: Area Plan 2024-2028 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from Advisory Council. Authorization passed with 18 votes on 3/11/24.</li> </ul>	Completed























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<b>1a</b> Advise on Area Plan updates for FY 2024-2025. 	Feb – May 2025	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> <li>• Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion included:</li> </ul>	Not yet started
<b>2</b> Monitor and plan for the expansion of services for older adults to meet the needs of the growing population. 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	<ul style="list-style-type: none"> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion included:</li> </ul>	In progress
<b>3</b> Find engaging speakers for the AIS Advisory Council general meetings. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Speakers</li> </ul>	<ul style="list-style-type: none"> <li>• Speakers' topics included:</li> </ul>	In progress
<b>4</b> Expand participation in appropriate Auxiliary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Auxiliary Subcommittee met on:</li> <li>• Discussion included:</li> <li>• Authorization passed:</li> </ul>	In progress
<b>5</b> Participate in appropriate Ancillary Subcommittees. 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Ancillary Subcommittee met on:</li> <li>• Discussion included:</li> <li>• Authorization passed:</li> </ul>	In progress
<b>6</b> Research and make recommendations for priority areas to support economic security amongst older adults in San Diego. 	2024-25 Council Year	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> <li>• Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>• Topics included:</li> <li>• Recommendations:</li> </ul>	Not yet started





## APPENDIX: AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

<b>7</b>	<p>Research and make recommendations for priority areas of healthcare programs and groups for older adults.</p> 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include, but are not limited to, where the older adult population meets, nutrition, socialization, geography/communities, disabilities, mental health, neurodegenerative diseases of AD, PD, FTD, Dementia, ways to increase awareness and education in hospitals re: geriatric issues.</li> </ul>	In progress
<b>7a</b>	<p>Research the impacts of isolation and explore the “Seniors Who Live Alone” topic.</p> 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>8</b>	<p>Review how older adults who have the greatest economic or social need are made aware of and utilize nutrition services including CalFresh benefits.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include review of nutrition resources and education through the AIS website, printed materials.</li> <li>Examine the barriers to CalFresh benefit enrollment and how enrollment assistance is promoted.</li> </ul>	In progress
<b>9</b>	<p>Review the research and implementation efforts of local and national ‘food as medicine’ initiatives that focus on the integration of food for disease prevention and management.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include, but not limited to enhancing nutritional quality through increased fruit and vegetable consumption and the importance of good nutrition for older adults living with chronic health conditions.</li> </ul>	In progress
<b>10</b>	<p>Increase awareness about good oral health and dental treatment options through public insurance benefits.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>11</b>	<p>Identify disease risk reduction strategies and educational opportunities</p>	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include cardiac health, diabetes, oral health care and nutrition, dementia and neuro-degenerative disorders and Parkinson’s disease.</li> </ul>	In progress

## APPENDIX: AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2024 – 2027

	for diseases and disorders affecting older adults. 					
<b>12</b>	Monitor and advise on AIS programs through presentations and site visits.  	Ongoing	Nutrition Subcommittee Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>12a</b>	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B). Review nutrition education and in-service requirements for congregate sites.   	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>12b</b>	Home-Delivered Meals (Title III C2)  	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>12c</b>	SNAP-Ed (Cal Fresh)  	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<b>12d</b>	Older Adult Health Promotion (Feeling Fit, Fall Prevention, etc.) and Healthy Aging in life-long learning.  	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Awareness and Promotion of local programs in lifelong learning to support Healthy Aging.</li> </ul>	In progress
<b>13</b>	Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.          	Ongoing	Advisory Council and Ad Hoc Legislative Subcommittee	<ul style="list-style-type: none"> <li>Legislation monitored</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> <li>Recommendations:</li> </ul>	In progress
<b>14</b>	Monitor and make	Ongoing	Long Term Care	<ul style="list-style-type: none"> <li>Date(s) of Choose Well</li> </ul>	<ul style="list-style-type: none"> <li>Recommendations for improvement, including assessment</li> </ul>	In progress

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	recommendations for enhancements to Choose Well. 		& Ombudsman Facilities	meeting(s) attended • Quarterly meetings.	of effectiveness or additional resources needed. • Discussion included:	
15	Advise AIS on legislation proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	Long Term Care & Ombudsman Facilities	• Legislation Monitored	• Raise and maintain awareness for the AIS Advisory council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly. • Discussion included:	In progress
16	Monitor and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers as well as advise on areas of concern related to long term care. 	Ongoing	Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• Recommendations for improvement, including assessment of effectiveness or additional resources needed. • Discussion included:	In progress
17	Monitor and advise on success of existing technology programs and promote access to and utilization of technology. 	Ongoing	Advisory Council and All Subcommittees	• Finding(s) • Number and topic of media campaign	• Recommendations may include a media campaign to promote existing programs or identify opportunities for new programs.	Not yet started



## Advisory Council for Aging & Independence Services

October 14, 2024 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

### Virtual Participation

Call in: 1 (669) 900-9128

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### AGENDA – DRAFT

\* (attachment)

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 12)
  
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
  
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of September 9, 2024, Meeting Minutes (Action)\*
  
4. **AIS Director's Items** (Possible action)
  - a. AIS Director's Update
  
5. **Guest Speakers**
  - a. Aging Roadmap Annual Report
  - b. TBD
  
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Susan Mallett, Chair
    - i. Adopt Annual Council Goals (Action)\*
  - b. Membership Report: Smith Sirisakorn, Secretary
  - c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i. District #1: Vargas	[Vacant/Larkins]	8/26/2024
ii. District #2: Anderson	[Vacant/Nocon]	TBD
iii. District #3: Lawson-Remer	[King/Osborne]	1/16/2024
iv. District #4: Montgomery Steppe	[Bishop/Milroy]	TBD
v. District #5: Desmond	[Vacant/Vacant]	



7. **Ancillary Subcommittee Oral Reports** (Possible action)

- a. LTC Ombudsman/Facilities (met XX/XX/XX): Dan McNamara, Chair
- b. Healthy Aging (met XX/XX/XX): Wanda Smith, Chair
- c. Housing (met XX/XX/XX): Smith Sirisakorn, Chair
- d. Nutrition (met XX/XX/XX): Shirley King, Chair

8. **Ad Hoc Subcommittee Oral Reports** (Possible action)

9. **Other Announcements**

10. **Adjournment & Next Meetings:**

Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** November 18, 2024, 12 noon

**Future Subcommittee Meetings:**

- LTC Ombudsman/Facilities:   XX/XX/XX   11:30 a.m.   [3<sup>rd</sup> Mondays]
- Executive & Membership:   XX/XX/XX   9:00 a.m.   [4<sup>th</sup> Tuesdays]
- Nutrition:   XX/XX/XX   1:00 p.m.   [1<sup>st</sup> Wednesdays]
- Healthy Aging:   XX/XX/XX   2:00 p.m.   [2<sup>nd</sup> Mondays]
- Housing:   XX/XX/XX   10:30 a.m.   [2<sup>nd</sup> Mondays]

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

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