



FALL PREVENTION & BALANCE SCREENING EVENT

Tuesday, September 24, 2024 • 9 am – 12:30 pm

Grossmont Healthcare District • 9001 Wakarusa St • La Mesa, CA 91942

FREE EVENT INCLUDES

Fall prevention education • Health fair • Wellness assessments
Resources for Seniors • Advance care planning • Door Prizes

Presentations on **Balance and Fall Prevention**

Location: Auditorium Times: 9:15am, 10:15am, 11:15am

Nina McCorkle, PT, DPT and **Jennifer Hites, MSN, RN**, Trauma Program Manager



To register, scan the QR code or call **1-800-82-SHARP**



Sharp Grossmont Senior Resource Center
Sharp Memorial Hospital Trauma Services
Sharp Grossmont Rehabilitation Services

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