

CARE ACT PROGRAM



LIVE WELL
SAN DIEGO



Community Assistance, Recovery and Empowerment Act (CARE Act)

Through a new State law, the CARE Act creates a new pathway to connect people struggling with mental health conditions to voluntary treatment through a civil court process.

HOW DOES IT WORK?



- To start the process, a referral must be submitted by a family member, clinician, first responder, or others.
- A judge will decide if the person meets criteria and is eligible for treatment.
- If so, County Behavioral Health Services will partner with the person to develop a CARE Plan.
- A CARE Plan may include mental health or substance use treatment, medication, housing, and other supports.

WHO IS ELIGIBLE?



The CARE Act Program is for people who are:

- 18 years of age or older
- Diagnosed with schizophrenia or other psychotic disorders
- Not currently in treatment
- Unlikely to survive in the community safely without supervision

QUESTIONS?

Call the Access & Crisis Line at 1-888-724-7240, 9-8-8, or the Legal Aid Society of San Diego at 1-877-734-3258 (Option 6 for CARE Act inquiries). Detailed information is also available at [SanDiegoCounty.gov/CAREAct](https://www.sandiegocounty.gov/CAREAct).

