

Date: September 3, 2019

CYF Memo: # 10 - 19/20

To: CYF Mental Health Treatment Providers

From: Yael Koenig, CYF Deputy Director

Re: **Utilization Management (UM) Request Form Revision
Pediatric Symptom Checklist (PSC) – Adding Subscale Score**

The UM Request Form has been updated from exclusively reporting the total PSC impairment score to now incorporating the three PSC subscale scores. This revision allows programs to highlight impairment at the subscale levels even when the total score does not reflect impairment. The subscale scores provide additional information to highlight client's impairment and the need for ongoing services which assists with UM justification. Subscales and total scale scores are entered for the Parent PSC and Youth PSC in the designated space on the revised UM Request Form (Section F).

The subscale scores can be found on the PSC Assessment Summary Report which is generated after the data is entered in CYF mHOMS. The subscale scores consist of the following:

- Attention Problems Subscale (*At-Risk if score is 7 or higher*)
- Internalizing Problems Subscale (*At-Risk if score is 5 or higher*)
- Externalizing Problems Subscale (*At-Risk if score is 7 or higher*)

Please discard the UM Request Form dated 4/19/19 and replace with the 9/1/19 version. The form can be found at the Optum website: <https://www.optumsandiego.com/>

Please contact your Contracting Officer Representative (COR) with any questions.

Attachments: UM Request Form dated 9/1/19
UM Request Explanation Sheet dated 9/1/19

CC: Optum Health
Child and Adolescent Services Research Center (CASRC)
Health Services Research Center (HSRC)
County of San Diego Performance Improvement Team (PIT)
County of San Diego Quality Management (QM)