

Children, Youth and Families Behavioral Health System of Care Council CYF Council – Meeting Summary



February 12, 2024 | 9 to 10:30 a.m.

ITEM	SUMMARY AND ACTION ITEMS
<p>I. Welcome Council members, alternates, and meeting attendees – Translation available (Celica Garcia-Plascencia)</p> <ul style="list-style-type: none"> Welcome Alicia Castro representing First 5 San Diego (Alternate) Congratulations Stephanie Escobar! Culture Share – Celebrate Black History Month - Handouts - Pages 5-6 <ul style="list-style-type: none"> o Seeking volunteer for March 11, 2024 	<p>Celica Garcia-Plascencia welcomed meeting attendees and made the following announcements:</p> <ul style="list-style-type: none"> o Alicia Castro is the new alternate to First 5 San Diego as Stephanie Escobar transitions from First 5 San Diego to BHS o Acknowledged Black History Month and announced the opportunity to provide the Culture Share at the March 11, 2024 meeting
<p>II. Review of Meeting Summary (Yael Koenig)</p> <ul style="list-style-type: none"> January 8, 2024, Meeting Summary - Handout - Pages 7-10 No action items pending 	<p>Yael Koenig reviewed the meeting summary from January 8, 2024. There were no pending action items</p>
<p>III. Business Items (Yael Koenig)</p>	
<p>Public Comment</p>	<p>None</p>
<p>Board Letters / Board Actions <u>January 9, 2024</u></p> <ul style="list-style-type: none"> County Supervisors Reelect Chairwoman, Nora Vargas for 2024 – Handout – Page 11 County Board of Supervisors selected Sarah Aghassi as Interim Chief Administrative Officer – Handout – Page 12 Item 12: County of San Diego American Rescue Plan Act Framework Update Handouts include presentations – Pages 13-44 Item 14: Fiscal Subcommittee Recommendations for Evergreen Fund Framework: Behavioral Health Services, Homelessness Services, Housing, Climate and Economic Prosperity – Handout – Pages 45-61 <p><u>January 23, 2024</u></p> <ul style="list-style-type: none"> Item 06: Protecting Our Community from Sexually Violent Predators Item 11: Remove Barriers to Health for People Experiencing Homelessness by Creating a Regionwide Street Health Initiative Item 13: Resolution in Support of Governor Gavin Newsom’s Right to Safety Amendment & Call for Constitutional Convention Item 14: Resolution in Support of Proposition 1, Rebuilding California’s Mental Health System – Handout – Pages 62-66 <p><u>January 30, 2024</u></p> <ul style="list-style-type: none"> Item 01: Community Response and Recovery: An Urgency Ordinance of the Board of Supervisors of the County of San Diego Exercising the County’s Police Power to Prohibit Residential Evictions Without Just Cause and to Enact a Delay on Certain Residential Rent Increases; Fee Waivers; Contract Amendments – Handouts include presentations – Pages 67-102 Recovery (alertsandiego.org) <p><u>February 6, 2024</u></p> <ul style="list-style-type: none"> Item 01: Authorize Acceptance of a Grant from the Public Health Institute by the San Diego County Office of Emergency Medical Services to Treat Opioid Use Disorder; Establish Appropriations; Execute Contracts Related to the Grant, and Authorize Competitive Procurements for Grant Implementation Services - Handout - Pages 103-107 Item 11: Sustainable Planning for the Future Long-Term, State and Federally Funded Migrant Transfer Site and Respite Shelters for the San Diego Region to Address Street Releases - Pages 108-112 Item 13: Making County Land Available for Emergency Homeless Shelter Solutions Item 14: Gun Violence Reduction Community Needs Assessment Final Report and Recommendations – Handout - Pages 113-125 Item 15: Annual Report of Gun Violence Handouts include presentation for items 14 and 15 - Pages 126-154 	<p>Yael Koenig provided an overview of the highlighted Board Letters listed on the left</p> <p>Board Letters that may be particularly of interest to the CYF Council are listed on the left column. Due to size, only highlighted Board Letters are included in the meeting packet. However, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website. Meeting Agendas, Board Letters, and access to the BOS meetings: https://www.sandiegocounty.gov/cob/bosa/index.html</p>

Information

- [Children and Youth Behavioral Health Initiative \(CYBHI\)](#)
 - [CYBHI January 2024 Update](#) - Handout - **Page 155**
 - [CYBHI 2023: Implementing the Vision](#) - Handout - **Page 156**
 - [BrightLife Kids](#) and [soluna](#) - Handouts - **Pages 157-165**
- [Live Well San Diego – Love your Heart](#) - February 14-29, 2024 - Handout - **Pages 166-167**
- [Behavioral Health Director’s Report -February 2024](#) - Handout - **Pages 168-172**
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html
- [Fourth Annual Birth of Brilliance Virtual Conference and Cultural Fair](#) (Aisha Pope and Melanie Morones)
Theme: **“Don’t Just Think...Feel!”** – February 29 and March 1, 2024
Handouts - **Pages 173-174**
- [9th Critical Issues in Child and Adolescent Mental Health \(CICAMH\) Conference](#) (Charmi Patel Rao and Carrie Jackson)
Hybrid conference – Breaking Barriers: Innovative Approaches to Youth and Family Well Being-April 26, 2024 - Handout - **Page 175**
- **10th Annual Youth Mental Health Well Being Celebration Planning** (Sten Walker) - Handouts - **Pages 176-177**
[Meeting Registration - Zoom](#)
- Family Sector Committee -Third Thursday of the month from 2:30 to 3:30 p.m. (Sten Walker) [Meeting Registration - Zoom](#) – Flier - **Page 178**
- San Diego State University (SDSU) School of Social Work - Conrad Prebys Clinical Supervision Program (Desiree Lopez) - Flier - **Page 179**
[SDSU Supervision Request Form - LCSW \(google.com\)](#)

- Yael Koenig provided an overview of State and local updates, and informational items
- Aisha Pope and Melanie Morones invited everyone to attend the upcoming Birth of Brilliance conference and Cultural Fair
- Charmi Patel and Carrie Jackson provided an overview of the upcoming CICAMH conference and invited everyone to attend
- Sten Walker provided an update on the upcoming Youth Mental Health Well-Being Celebration and on the reconvening of the Family Sector committee meetings
- Desiree Lopez announced the free supervision opportunity for registered Associate Clinical Social Workers

IV. Hot Topic: Committees and relevant groups mid-year updates/highlights

The highlighted rows represent presentations offered at the January meeting.

The non highlighted rows represent the constituencies scheduled to provide updates at the February 2024 CYF Council meeting. Due to time, the following three constituencies will present at the March 11, 2024 meeting: Managed Care Plans, Behavioral Health Services, and Homeless Solutions and Equitable Communities.

Constituency/Committee/Group	Sector	Presenter	PowerPoint
Juvenile Court	Public	Judge Ana España	x
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	x
CYF Council Training Academy	All Sectors	Edith Mohler	x
Public Health Services	Public	Dr. Tom Coleman	x
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	x
First 5 San Diego	Public	Stephanie Escobar	x
San Diego Regional Center	Private	Zach Guzik	x
Family and Youth Sector	Family	Sten Walker	x
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond	x
Mental Health Contractors Association (MHCA)	Private	Golby Rahimi Saylor	x
Public Safety Group	Public	Delona King	x
Managed Care Plans	Private	James Trout	180-184
Child and Family Well Being (CFWB)	Public	Laura Krzywicki	185-189
Education Committee	Education	Heather Nemour	190-206
Outcomes	All Sectors	Eileen Quinn-O’Malley and Emily Velazquez Trask	207-212
CYF CADRE	Private	Julie McPherson and Marisa Varond	213-219
Early Childhood	All Sectors	Stephanie Gioia-Beckman and Jennifer Kennedy	220-232
Transitional Age Youth Council	All Sectors	Victor Esquivel	233-237
Medical Care Services	Public	Heather Summers	238-251
Behavioral Health Services Advisory Board (BHAB)	Public	Bill Stewart	
Behavioral Health Services	Public	Dr. Laura Vleugels	252-258
Homeless Solutions and Equitable Communities	Public	Katie Gordon	

Discussion/Questions/Action Items	Action Due/Status										
<ul style="list-style-type: none"> • From the Education Sector presentation: Can the SDCOE Suicide Prevention Efforts/Policy to Practice Suicide Intervention Toolkit be incorporated into the It's Up to Us campaign? • From the Outcomes Committee presentation: "Group Therapy is great, but under CalAIM Payment Reform, groups have to be more than 5 people to not lose money on groups" • From the Early Childhood Committee presentation: Explore a Neurofeedback presentation from Dr. Divya Kakaiya • Questions regarding School Threats Resources 	<ul style="list-style-type: none"> • Completed – Yael Koenig provided suggestion and the Policy to Practice Suicide Intervention Toolkit link to the BHS Communication and Engagement leadership to explore Policy to Practice Toolkit final.pdf (finalsite.net) • Completed – The following information was provided during the meeting chat: The Department of Health Care Services (DHCS) designed groups at 4.5 participants; the fiscal benefit materializes when there are 5 and over participants • Completed - Opportunity presented to the CYF Council Executive Committee and placed in queue for potential future areas of discussion • Completed. School Threat Protocol provided at the meeting via the Chat feature: https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/FINAL-%20Master%20School%20Threat%20Protocol%20revised%20November-2-2021.pdf 										
<p>V. Announcements (Stephanie Escobar)</p> <ul style="list-style-type: none"> • Poll Question • NAMI San Diego Community Advocacy – Reimagining Crisis Response Trainings via Zoom - Flier - Page 259 February 16 and 29, 2024 from 2 to 3:30 p.m. • Jewish Family Service - Free Citizenship Courses - Weekly from February 20 to April 24, 2024 - Fliers - Pages 260-261 • 44th Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference - May 15-17, 2024 – Handout - Page 262 <p>Announcements provided via Chat during the meeting:</p> <ul style="list-style-type: none"> • San Diego County Office of Education and Rady’s Children’s Hospital – Supporting Our Youth - Free Mental Health Webinar series for parents and caregivers in English and Spanish 	<ul style="list-style-type: none"> • Announcements included on the agenda are listed on the left column • Announcements can be sent in advance to Edith Mohler at: Edith.Mohler@sdcounty.ca.gov <p>CYF Council Poll Question</p> <p>Poll ended 1 question 70 of 89 (78%) participated</p> <p>1. On a scale of 1-5 (1 the lowest and 5 the highest), How would you rate the relevance and your interest with today's Council meeting? (Single Choice)</p> <p>70/70 (100%) answered</p> <table border="0"> <tr> <td>1 - Low Relevance</td> <td>(0/70) 0%</td> </tr> <tr> <td>2</td> <td>(0/70) 0%</td> </tr> <tr> <td>3 - Some Relevance</td> <td>(8/70) 11%</td> </tr> <tr> <td>4</td> <td>(23/70) 33%</td> </tr> <tr> <td>5 - High Relevance</td> <td>(39/70) 56%</td> </tr> </table>	1 - Low Relevance	(0/70) 0%	2	(0/70) 0%	3 - Some Relevance	(8/70) 11%	4	(23/70) 33%	5 - High Relevance	(39/70) 56%
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5 - High Relevance	(39/70) 56%										

Next Executive Committee Meeting:

Date: February 21, 2024 -Time: 10 to 10:30 a.m..

Next Meeting:

Date: Monday, March 11, 2024 - Time: 9 to 10:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSCouncil.html

+=Member in Attendance O=Absent E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	O	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	O
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	O	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Katie Gordon	+	Rosa Gracian	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	E	Heather Summers	+
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	O	Stephanie Escobar/Alicia Castro	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	O
11	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss	O
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	O	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	+	Vanessa Arteaga	+
18	MHCA	Laura Beadles	+	Golby Rahimi	O
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	O
20	Managed Care Health Plans	Vacant		James Trout	E
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
FAMILY AND YOUTH SECTOR					
22	Consumer Advocacy/Family Education Services	Khalif Kelly	O	Sten Walker	+
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn “Kari” Perry	O
24	Youth served by the Public Health System (Up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (Up to age 26)	Caitlynn Hauw	O		
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Stephanie Escobar/Celica Garcia-Plascencia	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	O		
-	CYF CADRE	Julie McPherson/Marisa Varond	+/+		
-	Early Childhood	Stephanie Gioia-Beckman/Jennifer Kennedy	+/+		
-	Education	Heather Nemour	+		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O/+		
-	Training	Edith Mohler Jennifer Rusit	+/O		

Total Attendees: 112

Aisha Pope	Dina Ali	Karen Giannini	Pradeep Gidwani
Alexis Anderson	Divya Kakaiya	Katie Gordon	Rafael-Ortiz Gomez
Alicia Castro	Donna Moore	Kelly Bordman	Reigel Javinal
Alicia O'Neill	Edith Mohler	Kelly Dougherty	Rhonda Crowder
Amanda Lance-Sexton	Eileen Quinn-O'Malley	Kenia Urrutia	Roberto Suarez
Angela Rowe	Elizabeth Daus	Kimberley Saelens	Sade Carswell
Angelina Puffelis	Emily Gaines	Kristin Garrett	Sarah Baldwin
Aprille Peña	Eric Camerino	Larry Edmonds	Shane Padamada
Azmin Granados	Erick Mora	Laura Beadles	Shannon Jackson
Babbi Winegarden	Ericka Hernandez	Laura Krzywicki	Shaun Goff
Barbara Ryan	Erin Murphy	Laura Vleugels	Sherry Casper
Beth Brown	Evan Hodges	Leslie LaMay	Shewa Legesse
Brady Gunther	Fran Cooper	Leslie Manriquez	Stacey Musso
Bridget Lambert	Francisco Medrano	Linda Puebla	Sten Walker
Carmen Pat	Ginger Bial-Cox	Lori Sorenson	Stephanie Escobar
Carrie Jackson	Grisel Ortega-Vaca	Mareeh Marquez	Stephanie Gioia-Beckman
Caryl Montillano	Hannah Zimmerman	Maria Norris	Susana Antonio
Celica Garcia-Plascencia	Heather Nemour	Maria Ventura	Tanya Mercado
Charmi Patel Rao	Heather Summers	Marie Hommel	Terri Kang
Cheryl Rode	Jamie Pellegrino	Marisa Varond	Tom Coleman
Christina Grice	Janet Cacho	Mayra Gonzalez-Munoz	Vanessa Arteaga
Christine A. Davies	Janette Magsanoc	Melanie Morones	Victor Esquivel
Christine Maggio	Jennifer Busico	Melissa Penaflor	Yael Koenig
Danyte Mockus-Valenzuela	Jennifer Fuentesilla	Melizza Welton	Yuka Sakamoto
Darwin Espejo	Jennifer Kennedy	Michael Miller	Yvette Leyva
David Taylor	Jody Erickson	Michelle Houle	Zayra Rios
Debra Schade	Julie McPherson	Nay Htoo	Unknown Caller
Desiree Lopez	Kacie Rodvill	Pamela Hansen	Unknown Caller

Committees/Sectors/Workgroups Meetings Information:

Most of the committees' meetings are occurring virtually

Please reach out to the sector lead or Executive committee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of the month alternating start times of 11:30 a.m. and 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m. to noon

Education Advisory Ad Hoc: Meets as needed

TAY Council: Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF Council Training Academy: Meets quarterly. Next meeting will be on May 2024.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Private Sector: Ad Hoc/Meets as needed

Children and Youth Mental Health Well Being Celebration Planning: Meets the Third Thursday of the month from 1 to 2 p.m.

Family Sector: Meets the third Thursday of the month from 2:30 to 3:30 p.m.

Peer Council: Every third Tuesday of each month at 2 p.m. via Zoom