

To:	BHS Perinatal Substance Use Disorder (SUD) Service Providers
From:	Behavioral Health Services
Date:	December 5, 2024
Title	2024 Perinatal Practice Guidelines

Background

The Department of Health Care Services (DHCS) outlines Perinatal Practice Guidelines (PPG) that all Perinatal Substance Use Disorder (SUD) treatment programs in the State of California are required to follow. The most current PPG can be found on the [DHCS Perinatal Services webpage](#).

To assist programs in understanding the PPG, the County of San Diego (County) has created a PowerPoint training document, revised for 2024, that can be accessed through the [BHS Technical Resource Library \(TRL\), Section 3.1](#). Changes to the training document include updated language and examples that are aligned with the current array of services available in Perinatal SUD treatment programs in the County. The training document is presented in context with the DMC-ODS Special Terms and Conditions (STCs) and the Substance Use Disorder Provider Operational Handbook (SUDPOH) requirements, using a legend and accompanying text to indicate when the PPG are impacted by superseding requirements.

Provider Staff Training Requirements

The County requires that all BHS Perinatal SUD program staff with client contact review the current PPG within 60 days of hire and on an annual basis, as described in the [DMC-ODS Required Trainings](#). Please be advised that program staff may utilize the [2024 San Diego Perinatal Practice Guidelines Training](#) document available to all programs through the [BHS Technical Resource Library \(TRL\), Section 3.1](#). Programs have discretion on how they train to the current PPG. Please note in the training log when using methods other than the County provided document.

Programs must maintain records of PPG training, to include:

1. Program name
2. Version of Guidelines presented (i.e. 2024 PPG)
3. Method of delivery
4. Sign-in log or signature sheet with staff name and date of the training.

To assist with tracking, the PPG training requirement is listed on the Staffing Status Report (SSR).

For more information:

- Contact your Contracting Officer’s Representative (COR)