Welcome to the Children, Youth and Families Council Meeting



MAY IS MENTAL HEALTH MATTERS MONTH

How do you Self-care?

Please scan using your phone camera:



THE MEETING WILL BEGIN SHORTLY -A FEW REMINDERS...

- KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING
- PLEASE RAISE YOUR HAND OR USE THE CHAT BOX TO REQUEST TO SPEAK
- THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST





ADRIENNE YANCEY PUBLIC HEALTH SERVICES







Adrienne Yancey Alternate Public Health Services

CHRYSTAL SWEET PROBATION DEPARTMENT





Chrystal Sweet Alternate Public Safety Group

RHONDA FREEMAN PUBLIC HEALTH SERVICES





Rhonda Freeman Alternate Public Health Services

TABATHA WILBURN PROBATION DEPARTMENT





Tabatha Wilburn Public Safety Group Seat







Delona King Alternate Public Safety Group

DR. PATRICIA CARDENAS-WALLENFELT CYF SUPERVISING PSYCHIATRIST





Dr. Patricia Cardenas-Wallenfelt Council Alternate Representing BHS

DIRECTING CHANGE

Directing Change Program and Film Contest







San Diego County

Directing Change is an evaluated suicide prevention and mental health program with the mission to educate young people about critical health topics through art and promote social justice and health by changing conversations in schools and communities.

Monthly Art and Film Contest Annual Film Contest News and Awards

CYF COUNCIL MEETING POLL QUESTION 1

Are you aware of Directing Change and what they do? (Single Choice)*

- Yes
- No



CYF COUNCIL MEETING POLL QUESTION 2

Have you seen a Directing Change video before today? (Single Choice)*

- Yes
- No





Welcome

Jana Sczersputowski, MPH Founder and Executive Director Directing Change Program



CYF COUNCIL MEETING POLL QUESTION 3

How will you support Directing Change? (Multiple Choice)*

- Help get the word out about Directing Change
- Encourage youth to participate
- View the videos when released
- Share videos on social media and in other ways
- Apply to be a judge of video submissions
- Other ways not outlined



MENTAL HEALTH SERVICES ACT (MHSA) UPDATES





Mental Health Services Act (MHSA) Update

Danyte Mockus-Valenzuela

May is Mental Health Matters Month - Send your events to <u>Dawn.Hull@sdcounty.ca.gov</u> Children's Mental Health Week: Moving Awareness to Acceptance from May 1-7, 2022 Youth Mental Health Well Being Virtual Celebration and Resource Fair on May 6, 2022

MEETING SUMMARY REVIEW

DOES ANY COUNCIL MEMBER HAVE INPUT ON THE MEETING SUMMARY AT THIS TIME?

CYF COUNCIL MEMBERS MAY...

- 1. Verbally provide input at this time, or
- 2. Enter input in the chat, or
- 3. Email input to Darwin.Espejo@sdcounty.ca.gov by COB today



AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH SCREENING TO CARE INITIATIVE CONTRACTS





COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

NATHAN FLETCHER Fourth District

> JIM DESMOND Fifth District

DATE: April 5, 2022

TO: Board of Supervisors

SUBJECT

AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)

OVERVIEW

On June 8, 2021 (3), San Diego County Board of Supervisors (Board) approved a final American Rescue Plan Act (ARPA) funding framework to support the residents of San Diego County. The approved funding framework included the use of ARPA funding to address the behavioral health services needs of children, youth and families which were identified as high priority.

05

AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY





COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

NATHAN FLETCHER Fourth District

> JIM DESMOND Fifth District

> > 12

DATE: April 26, 2022

TO: Board of Supervisors

SUBJECT

AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)

OVERVIEW

San Pasqual Academy (the Academy) opened in 2001 and is a first-in-the-nation residential education campus designed to meet the unique needs of adolescent youth in the foster care system and to prepare them for self-sufficiency upon exiting care. Over the last five years, federal and State legislation has significantly shifted the statutory requirements for keeping children safely with families, resulting in sweeping legislative changes that identify home-based settings with resource families as the best placement option for youth and reduce the reliance on and use of congregate care. Given these changes, the San Diego County Board of Supervisors (Board) has undertaken significant consideration of the future of the Academy in the last year. In response to actions taken by the Superior Court of California and the California Department of Social Services, on January 25, 2022 (19), the Board approved continued operations at the Academy, as needed, to support the transition to a continuum of care multipurpose campus to serve youth in foster care and directed the CAO to continue to explore options for a mixed-use campus for a combination of youth populations including youth in foster care, youth at risk of entering foster care, unaccompanied minors, and youth interacting with the juvenile justice system.

COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42: ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER





COUNTY OF SAN DIEGO

COSD CLERK OF THE BOARD 2022 APR 22 AMB:31

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

38

DATE: April 26, 2022

TO: Board of Supervisors

SUBJECT

COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42: ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER (DISTRICTS: ALL)

OVERVIEW

Over the past four years, the U.S.-Mexico border has seen an increase in migrants seeking asylum from humanitarian crises around the globe. Federal law allows people from other countries to seek asylum in the United States if they fear persecution at home. They must be present in the U.S. and prove that they have a fear of persecution on one of five grounds: race, religion, nationality, political opinion, or membership in a particular social class. However, in March 2020, the U.S. Centers for Disease Control and Prevention (CDC) put into effect Title 42, a law that prevented those seeking asylum from entering the U.S. Title 42 was a mitigation effort meant to control the spread of COVID-19. As a result of Title 42, the U.S. stopped processing asylum seekers who arrived at the U.S.-Mexico border asking for humanitarian protection.

MCRT PROGRAM QUARTERLY UPDATE





County of San Diego

Update on Mobile Crisis Response Team Program

March 30, 2022

BACKGROUND

Each year law enforcement receives tens of thousands of mental health related calls. While all calls require a timely response, many do not necessitate law enforcement intervention. In many instances, deployment of behavioral health professionals would have been a more person-centered approach to respond to non-violent behavioral health situations. The San Diego County Board of Supervisors (Board) has taken several actions to enhance crisis response efforts, as follows:

- On June 25, 2019 (1), the Board approved a recommendation to enhance the crisis intervention
 options available to the community by establishing a non-law enforcement Mobile Crisis
 Response Teams (MCRT) pilot program, in coordination with County of San Diego (County), Health
 and Human Services Agency, Behavioral Health Services (BHS), the San Diego County Sheriff's
 Department, and the San Diego County District Attorney, with initial efforts focused in the North
 Coastal Region.
- On June 23, 2020 (26), the Board further expanded MCRT by approving an expedited rollout of MCRTs countywide.
- Subsequent to the January 2021 MCRT pilot rollout in North Coastal Region, the Board further affirmed their commitment to strengthen MCRT services in an action brought forward by on April 6, 2021 (9), which included recommendations to conduct a public awareness campaign, add staff to work with public safety partners, and outreach to key stakeholders for continued engagement.

The information below represents the third update to the Board on overall MCRT program progress; and is responsive to the report back requirements in the April 6, 2021 (9) minute order.

PROGRAM IMPACT



JANUARY 1, 2021 - APRIL 3, 2022 DATA

 MCRT has responded to 925 calls referred through the Access and Crisis Line and Law Enforcement

850 REFERRED FROM THE ACCESS AND CRISIS LINE
 75 REFERRED FROM NATIONAL CITY/CHULA VISTA PD

- More than half of individuals received services in the field and were able to remain in the community.
- 139 individuals were newly connected to behavioral health treatment services

NEXT PHASE OF MCRT



PHASE 2 STRATEGY

Expanded MCRT Services

- Rollout of overnight response on April 17th
- 988 is expected to launch in July 2022

Expanded Community Engagement

- Research approach to tailored messaging
- Community-based outreach
- Place-based posters and flyers (May 2022)



EXAMPLE COMMUNITY PLACE-BASED POSTER/FLYER

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – APRIL 2022





County of San Diego

NICK MACCHIONE, FACHE AGENCY DIRECTOR HEALTH AND HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH SERVICES 3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531 SAN DIEGO, CA 92108-3806 (619) 563-2700 • FAX (619) 563-2705 LUKE BERGMANN, Ph.D. DIRECTOR, BEHAVIORAL HEALTH SERVICES

March 30, 2022

- TO: Behavioral Health Advisory Board (BHAB)
- FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT - April 2022

BHS CONTINUUM OF CARE: HOUSING UPDATES

Background on BHS Housing Work

The BHS housing program provides an array of short-term, transitional, and permanent supportive housing for persons with behavioral health conditions who are experiencing homelessness or housing instability. The goal of these programs is to provide, safe, clean, affordable housing options to BHS clients in order to promote client dignity and support them in their recovery.

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – MAY 2022





NICK MACCHIONE, FACHE AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH SERVICES 3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531 SAN DIEGO, CA 92108-3806 (619) 563-2700 • FAX (619) 563-2705 LUKE BERGMANN, Ph.D. DIRECTOR, BEHAVIORAL HEALTH SERVICES

April 28, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT - MAY 2022

UPDATES FROM EDGEMOOR DISTINCT PART SKILLED NURSING FACILITY

Accomplishments

Edgemoor remains an overall five-star facility on the Centers for Medicare & Medicaid Services (CMS) Five-Star Quality Rating System; achieving five out of five stars in all four rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing, and Registered Nurse Staffing).

Edgemoor has been recognized by Newsweek Magazine as one the "Best Nursing Homes" for 2022, ranking number one in the County of San Diego and third in California. Edgemoor was rated as "The Best" nursing home for 2020 and 2021.

FY22-23 CAO RECOMMENDED BUDGET AND BUDGET EXECUTIVE SUMMARY



DOWNLOAD THE PRINTABLE RECOMMENDED BUDGET EXECUTIVE SUMMARY PDF OR VIEW THE DOCUMENT ONLINE AND SELECT YOUR PREFERRED LANGUAGE.



2022-23 CAO Recommended Budget Executive Summary

English | Español | Filipino | 中文 | Tiếng Việt | معلومات باللغة العربية



2022-23 CAO Recommended Budget Press Release

معلومات باللغة العربية | English | Español | Filipino | 中文 | Tiếng Việt

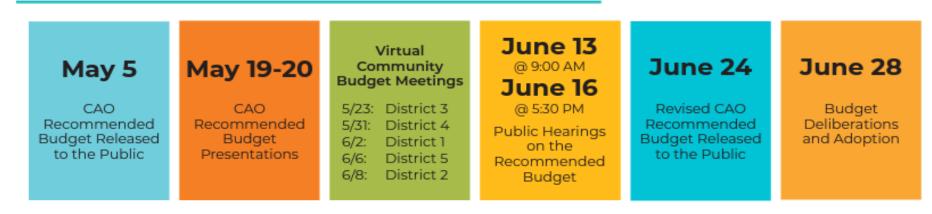
FY22-23 CAO Recommended Budget:

https://www.sandiegocounty.gov/content/sdc/openbudget/en/home.html

FY22-23 CAO Recommended Budget Executive Summary:

www.sandiegocounty.gov/content/dam/sdc/openbudget/openbudget2022-23/2022-23 caoExecSummary_ENG.pdf

Key Budget Dates



How To Get Involved

Participate in budget presentations, hearings, deliberations and adoption at upcoming Board of Supervisors meetings.

Watch: Cable TV, County NewsCenter, County website, Vimeo Livestream, YouTube, Facebook, Twitter

Listen by phone: (619) 531-4716





Provide a comment:

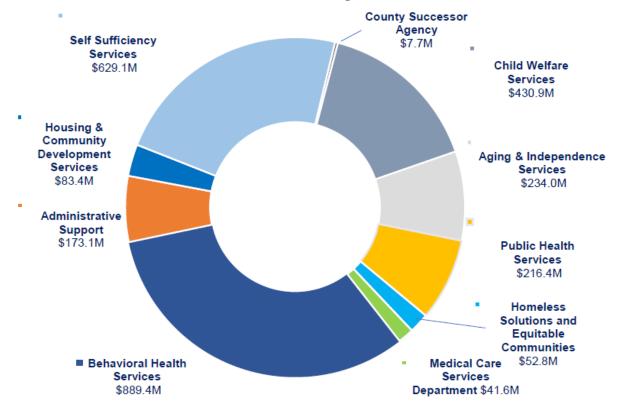
- www.sandiegocounty.gov/cob/bosa/
- By phone or in person at a budget hearing

- Online through June 22
- Request interpretation at (619) 531-5434 or PublicComment@sdcounty.ca.gov

BHAB MAY MEETING FY22-23 CAO RECOMMENDED BUDGET



FY 2022-23 CAO RECOMMENDED BUDGET HHSA BUDGET BY PROGRAM: \$2.76 BILLION



BHAB MAY MEETING FY22-23 CAO RECOMMENDED BUDGET



BEHAVIORAL HEALTH SERVICES FY 22-23





Budget Highlights

- 115 new positions (prior to transfers)
- Advance the Continuum of Care
 - Increased treatment investments for adults, children, youth and families
 - Long-term care → 30 new beds
 - Countywide Mobile Crisis Response Teams (MCRT) and crisis stabilization services
 - School-based screening under the ARPA Framework

BHAB MAY MEETING BHS BUDGET PRESENTATION



FY2022-23 CAO RECOMMENDED BUDGET



BHS Recommended Budget (\$ in millions)

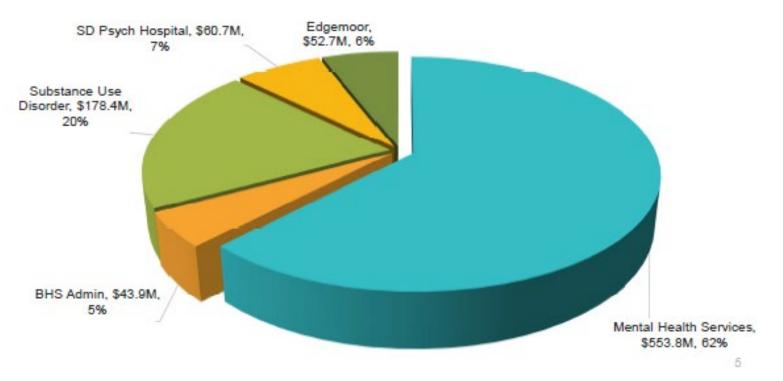


BHAB MAY MEETING BHS BUDGET PRESENTATION



FY2022-23 CAO BHS RECOMMENDED BUDGET 6 INTE WELL

TOTAL BHS Recommended Budget: \$889.4 MILLION



SAN DIEGO EXTERNAL QUALITY REVIEW APRIL 26-28, 2022



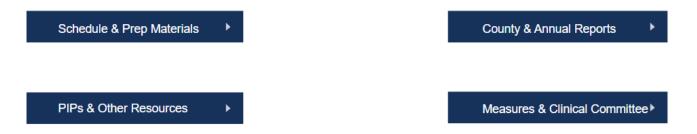


Back to DMC-ODS webpage

DMC-ODS External Quality Review

The External Quality Review (EQR) Annual Process is a federal requirement for Medi-Cal Managed Care Plans. Counties participating in the Drug Medi-Cal Organized Delivery System (DMC-ODS) are considered Prepaid Inpatient Health Plans (PIHP) and therefore subject to applicable Medi-Cal Managed Care laws and regulations. Behavioral Health Concepts (BHC) is the organization providing the EQR service under contract with DHCS. The focus for the EQR process is to ensure beneficiary timely access to care, quality of care, and improved health outcomes. These goals are met with four core federal protocols reflected in the materials and resources below:

**Each button below will link directly to the California EQRO.



Final Reports will be posted in the EQR website:

https://www.dhcs.ca.gov/provgovpart/Pages/Quality-EQR.aspx

SAN DIEGO DISTRICT ATTORNEY'S OFFICE **FENTANYL ALERT FLYERS**



officials from county are public about deaths to the highly often deadly drug, fentanyl.



More than 700 people died last year in San Diego County.





ONE PILL CAN KILL.

Pills aren't made in pharmacies, There's NO breathing. Then you die.

SAN DIEGO ACCESS & CRISIS LINE: 1-888-724-7240 FREE ASSISTANCE 24/7

11(1)



en cualquier pastilla que compres

Pastillas Falsas Oxy/Per

contienen Fentanilo y son LETALES

UNA PASTILLA PUEDE MATAR.

Las pastillas no son de farmacias

NO hay control de calidad; dejas

público de todo el condado advierten sobredosis potente y mortal.



Más de 700 personas

murieron el año pasado en el Condado de San Diego.

LÍNEA DE ACCESO Y CRISIS EN SAN DIEGO 1-888-724-7240 AYUDA GRATUITA 24/7



pagtaas sa ikinamamatay na



Mahigit sa 700 katao ang namatay noong nakaraang taon sa County ng San Diego.

IKAMATAY mo kaagad



Ing pekeng Oxy/Perc na pilduras NAKAMAMATAY ISANG PILDURAS AY NAKAMAMATAY



Ang mga pilduras ay hindi ntrol sa kalidad; ikaw ay titigi na hihinga. At ikaw ay mamamtav

LINYA NG ACCESS & CRISIS NG SAN DIEGO: 1-888-724-7240 LIBRENG TULONG 24/7



YOUTH SERVICES COMMUNITY GRANT APPLICATIONS DUE BY 6.3.22



San Diego County Offers K-12 Youth Services Community Grant Program



By Chuck Westerheide, County of San Diego Communications Office May 2, 2022 | 3:55 PM

The County announced today grant awards of up to \$250,000 are available to help community and non-profit organizations support, promote, and improve educational options for San Diego County children. County leaders want to help organizations identify and implement new and innovative methods to support educational equity and acceleration of learning, support behavioral health needs, address housing, food stability, and poverty, and provide mentorship opportunities for kindergarten through 12th grade (K-12) youth and their families.

This opportunity is made possible by fines imposed by the court related to the District Attorney's successful prosecution of one of the nation's largest fraud schemes targeting state dollars intended for K-12 education.

"It is truly rewarding for our team at the District Attorney's Office to see millions of dollars that were recovered in restitution as part of our massive public corruption prosecution be used to care for our children by reducing inequities and improving opportunities for students across San Diego County." said San Diego County District Attorney Summer Stephan. This past fall, a workgroup was convened to help identify areas of need that could positively impact K-12 youth in our community. Representatives from the Office of the District Attorney, the Office of Equity and Racial Justice, Health and Human Services Agency, Behavioral Health Services and Child Welfare Services, Live Well San Diego Youth Sector and the County Office of Education participated in this important effort.

"It's critical to provide students with the tools necessary not just to survive but thrive in life," said San Diego County Superintendent of Schools Dr. Paul Gothold. "But schools can't do that alone. This grant program will help support students, families, and communities with high-impact partnerships, wraparound services, and deeper learning. By working with our partners, we can fully prepare students for the world as it is today so they can forge the tomorrow they want and we all need."

The County is using these funds to provide an opportunity for smaller communitybased organizations to begin promising new programs or to expand existing programs to improve educational outcomes and reduce inequities and disparities in our communities.

Proposals for the K-12 Youth Services Community Grant must focus on one or more of the following focus areas:

- Educational Equity/Acceleration of Learning
- Behavioral Health Needs
- · Housing, Food Stability, Poverty
- Mentorship

Organizations interested in applying for a K-12 Youth Services Community Grant must apply by 5 p.m., Friday, June 3. Grants are expected to range from \$50,000 to \$250,000 to be utilized for up to a twelve-month period.

For more information or to apply, visit sandiegocounty.gov.

Link:

https://www.sandiegocounty.gov/content/sdc/public_safety/k12community-grant-program.html

MENTAL HEALTH RESOURCES CARE OF EDUCATION SECTOR





San Diego County Office of Education (SDCOE): <u>https://www.sdcoe.net/students/health-well-being/mental-health-supports</u> SDCOE - Mind Out Loud: <u>https://www.mindoutloud.org/</u> California Mental Health Services Authority (CalMHSA): <u>https://takeaction4mh.com/may-is-mental-health-month/</u> Mental Health America – Mental Health Month Toolkit: <u>https://mhanational.org/mental-health-month</u>





Brain XP Tik Tok Video:

https://www.tiktok.com/@brainxpproject/video/7078384247693675822?is_copy_url=1&is_from_webapp=v1

Happy Brain XP Day 2022!

Link: https://www.youtube.com/watch?v=Kza1tTzpcPM



ANNUAL COUNCIL MEMBERSHIP ASSESSMENT



Council Co-Chair Rotation

Education Sector will continue for second year Family and Youth Sector concludes two-year rotation Public Sector will rotate into a Co-Chair for a two-year term

The Children Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council) is a four-sector partnership which includes representatives of the public, private, family/youth, and education sectors. They may represent more than one sector.

<u>Public:</u> This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHSA): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHSA regions, and Public Health Services. It also includes the County's Public Safety Group- Juvenile Probation Department, Juvenile Court; First 5 San Diego.

<u>Private:</u> Includes the Children's System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, Fee-For-Service Network, Healthcare/ Pediatricians, Managed Care Health Plans and The San Diego Regional Center.

Family: Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth Liaison.

Education: Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education, and the San Diego County Office of Education (SDCOE).

CYF COUNCIL MEETING POLL QUESTION 4

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)*

- **1**
- **2**
- 3
- 4
- 5



THE JUNE 13, 2022 MEETING IS DEDICATED FOR MEMBER ORIENTATION



Council Member Orientation Virtual Event

Monday, June 13, 2022 9 – 10:30 a.m. "All are welcome to attend this informative special session"

The Annual Orientation serves as the June Council meeting

ENGAGING AND SUPPORTING REFUGEE COMMUNITIES TRAINING MAY 18, 2022





In this interactive, virtual training, participants will gain an understanding of the refugee resettlement process, the associated trauma, various traditional wellness practices and best practices for serving San Diego's diverse refugee communities. Participants will be exposed to the many community organizations and programs in San Diego supporting our refugee populations. This training includes several case studies and interviews with refugees, ensuring participants have an in-depth understanding of the impact, culture, and beliefs of San Diego's refugee community. This training allows participants to engage in critical discussion and interactive activities, ensuring all knowledge is useful in practice. This training is designed for behavioral health services professionals to gain a better understanding of the cultural diversity of San Diego refugees and the best practices to ensure culturally informed quality services.

Learning Objectives

- Describe the legal differences between refugees, asylum seekers and humanitarian paroles.
- Discuss how immigration status affects access to public benefits.
- List the multiple refugee populations and ethnic community-based organizations within San Diego.
- Discuss the complexity of the multiple traumatic experiences faced by refugees.
- Describe the spiritual and traditional treatments and beliefs trusted by different communities.
- Describe the perceptions and stigmas several refugee communities have regarding behavioral and mental health and recognize that they are rooted in history and culture.
- Identify strategies to increase the accessibility of information, support, and services for the refugee communities of San Diego.

Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by <u>clicking here</u>. Email <u>RIHS@sdsu.edu</u> if you have any questions. This training is FREE of charge to BHS County employees and contractors.

VIRTUAL EVENT

Date: May 18, 2022 Time: 9:30 a.m. – 3:30 p.m.

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.



REGISTRATION

<u>Click here</u> to log into the Learning Management System (LMS) and Register.

Course Code: BH0216

BHS therapists, counselors, peer support partners, case managers, and other direct service providers working with children, youth and their families.



Claire Enemark is the Program Director for San Diego Refugee Communities Coalition's, Crisis Counseling Program. Ruth Tadesse currently serves as a Community Health Project Specialist at UCSD.

Learn more about Claire and Ruth





RIHS training Link:

Engaging and Supporting Refugee Communities

CYFSOC CONFERENCE 2022 6 IVE WELL





PEERS_{IN} **CHILDREN, YOUTH & FAMILIES SERVICES**

A Virtual Conference

Registration opens in March Questions? Contact rihs@sdsu.edu #CYFSOCCON2022

SAVE THE DATE:

MAY 26 2022













MEETING REMINDERS





Next Council Meeting (Council Orientation) Date: Monday, June 13, 2022 Time: 9 to 10:30 a.m.

"Conversation with the BHS Director" Date: Monday, July 11, 2022 Time: 9 to 10:30 a.m.