

Welcome to the Children, Youth and Families Council Meeting August 12, 2024

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

**THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT**



**LIVE WELL
SAN DIEGO**

WELCOME

The word "WELCOME" is rendered in a bold, white, 3D sans-serif font with a slight drop shadow. It is centered on a teal background. The text is decorated with several colorful geometric shapes: a red teardrop shape above the 'W', a blue circle above the 'C', a red teardrop shape below the 'M', a green circle to the right of the 'E', a green circle to the left of the 'W', and an orange teardrop shape below the 'L'. At the bottom of the image, there are stylized white clouds with soft shadows, suggesting a sky or horizon.



**Seeking Volunteer(s)
for future Cultural
Share!**

Children, Youth and Families Culture Share

WHAT IS CULTURE SHARE?

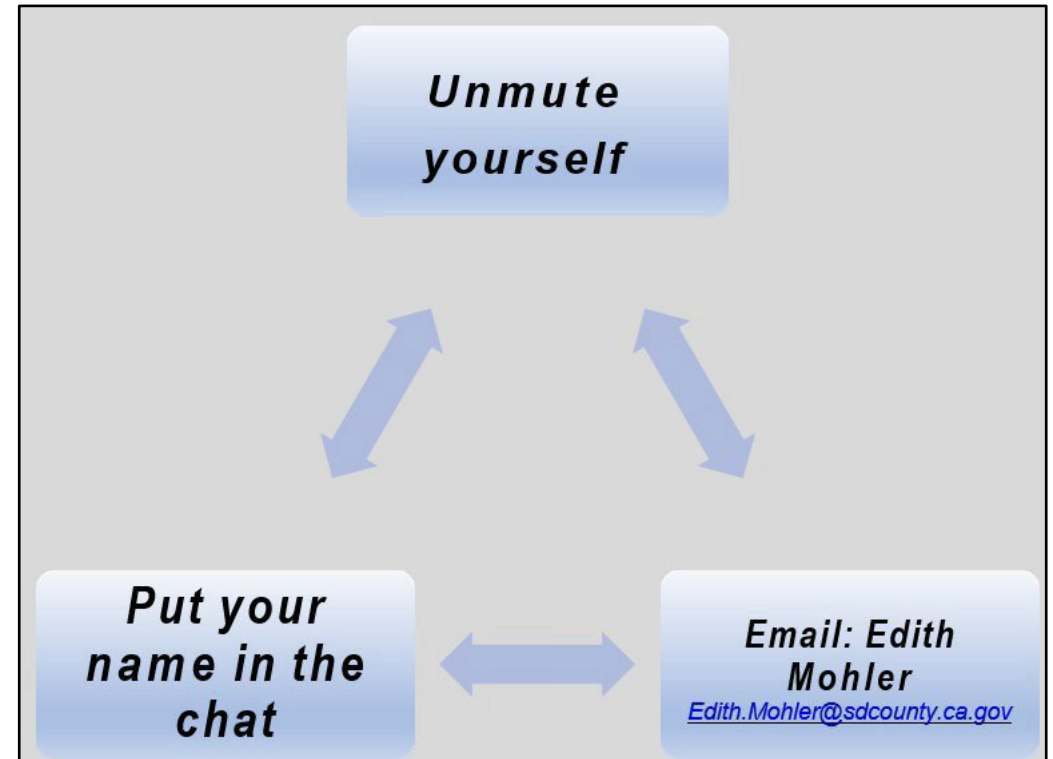
Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. Through this sharing we can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and bias awareness. Ultimately, it is an opportunity for self-reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

(Supports the Governance, Leadership, and Workforce National Standard for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care).

3 STEPS:

1. Maximum of a 3 Minute Presentation:
 - Use any medium - slide, poem, music, verbal, etc.
2. Share your experience from a cultural lens
3. Describe how this experience influences your work

Facilitator: Open it up for any group reflection chat or verbal comments



BUSINESS ITEMS

July 8, 2024 - Meeting Summary Handout

Strategic Planning Item
Community Engagement
#5 Youth Voice on Service Spaces

Action Items:

- *January 14-17, 2025 [California Behavioral Health Planning Council](#) Quarterly meeting (Bill Stewart) - place to offer youth perspective*
- *Revised Bylaws*
- *Strategic Planning Summary*

INPUT ON MEETING SUMMARY

1. *Verbally provide input, or*
2. *Enter input in the chat, or*
3. *Email input to Edith.Mohler@sdcounty.ca.gov by COB today*

Council Bylaws Updates: APPROVED

The bylaws were updated to align with the current nomenclature and to simplify language including:

Title Name

- **From:** Children, Youth and Families Behavioral Health System of Care Council Bylaws to:
- **To:** Behavioral Health Services | Children, Youth and Families Council – Bylaws

Article One: Name

- **From:** The name of this organization shall be the Children, Youth and Families Behavioral Health System of Care Council (also known as CYF Council or the Council)
- **To:** The Children, Youth and Families Council is also known as the CYF Council or the Council.

Article Two: Purpose and Duties

- **From:** Provide advice and feedback related to the progress and future expansion of the CYF System of Care to:
- **To:** Provide advice and feedback related to the progress and future expansion of the System of Care as it pertains to Children, Youth and Families

Article 3: Membership - Name shift

- Public Sector: From CFWB Department – Office of Child and Family Strengthening – First 5 San Diego
To: First 5 Commission of San Diego – CFWB Department – Office of Child and Family Strengthening – HHS
[Approved on 7.19.24 via email Council member/alternate vote](#)
- Private Sector: From Managed Care Health Plans (MCP) To: Managed Care Plans (MCP)
- Family Sector: From Consumer Advocacy/Family Education Services To: Family Youth Advocacy/Liaison

Article 3: - Removal of last paragraph

Council members from the Youth served by the public health system constituency, who complete an application for the annual California Mental Health Advocates for Children and Youth (CMHACY) conference scholarship, shall be given priority status for scholarship award.

Strategic Planning Summary

Strategic Planning Item

Icon will be utilized to highlight connection between items and strategic planning recommendations as well as items adjacent to 10 priority recommendations as CYF Related

Children, Youth and Families (CYF) Council Fiscal Year 2024-25 Strategic Planning Meeting

Dear Dr. Bergmann,

The Children, Youth and Families (CYF) Council convened its annual strategic planning meeting on July 8, 2024. Near 100 individuals attended the annual strategic planning session, including Council members, alternates, and stakeholders. The Strategic Planning Meeting focused on considering the needs of children and youth in the context of State initiatives inclusive of the Behavioral Health Transformation. Four topics were identified for discussion in virtual breakout rooms: **Knowledge Exchange, Community Engagement, Prevention and Early Intervention, and Service and Funding Priorities.** Meeting attendees were invited to join a breakout room of their choice to identify the Fiscal Year 2024-25 Council areas of focus, recommendations, and actions to advance the identified priorities. Below is the summary of the overall recommendations from the breakout rooms. On behalf of the Council, please accept these areas of focus and recommendations as the County works to advance the care for children, youth, and families in San Diego.

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Knowledge Exchange	
Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none">There is a need for more clarity on available resources, including eligibility criteria.Need more information/timely updates on BHS efforts that address Behavioral Health Worker shortages.Despite the complexity of funding streams, CYF Council needs more opportunities to provide recommendations regarding funding/budget.	<ul style="list-style-type: none">#1 Council Member involvement in the design of the Children, Youth and Families directory to ensure that the "End user" has all relevant information readily available.#2 Provide clear updates to CYF Council stakeholders on the Workforce Development achievements.#3 Recognition of the CYF Council as formalized council for discussing and developing budget so that members can pivot according to system/client needs.
Community Engagement	
Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none">Need to expand opportunities to engage and have dialogue. Participants should include general public and system beneficiaries.Face to face events tend to achieve higher participation from youth, especially when there is an intentional outreach.	<ul style="list-style-type: none">#4 Create a community engagement plan that includes regular forums for children, youth, and family input at critical decision-making and priority-setting junctures and dialogue open to a broad range of stakeholders.#5 Ensure child, youth, and family constituents who are accessing services have an opportunity to participate in spaces that are accessible and comfortable for them and consider their needs and preferences.
Prevention and Early Intervention	
Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none">There is concern about the shifting of Prevention efforts to the State.Prevention and Early Intervention is critical for children and youth, including children ages birth to 5 years old.	<ul style="list-style-type: none">#6 Dedicate funding for workforce development and service provision focused on youth and families for children ages birth to 5 to address Infant and Early Child Mental Health to promote and maintain healthy relationships, responsive caregiving and thriving families.#7 Funding and services to encourage early access to caregivers in the community to assist them in developing their skills.

Strategic Planning Summary

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Key Discussion Items/Context	Recommendation/Actionable Items
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Community Engagement	
Key Discussion Items/Context	Recommendation/Actionable Items
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Prevention and Early Intervention

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Please provide any suggested edits to Edith.Mohler@sdcountry.ca.gov by COB 8.12.24

See meeting packet for notes from breakout rooms

Service and Funding Priorities

Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none"> • Learning how things will look, while engaging all LEAs throughout the County. Building capacity to bill outside of Medi-Cal, and who can bill in school settings. • Gaps in the continuum of care should be addressed with additional funding. Expand continuum to provide more focus on early childhood care. • Analyzing the continuum and being intentional of where dollars are going. • Strengths, Weaknesses, Opportunities, Threats (SWOT) analysis for strategic planning. • Access to care- specifically addressing access times. • Behavioral Health Workforce shortage impacts the whole system; need competitive pay and flexibility in disciplines. • Intentionality in analyzing current resources and services, utilizing community input, leveraging resources and partnerships, forging collaboration with community partners. • What is working well in other counties? Leverage successes. 	<p>#8 Look across the region and state at school and community-based programs to see what is working well- scale up evidence-based programs based on positive outcomes.</p> <p>#9 Focus on Workforce Development strategies, including incentives for providers.</p> <p>#10 Fund services to individuals prior to obtaining Medi-Cal.</p>

PUBLIC COMMENTS

Opportunity to raise awareness and provide input to promote positive changes by contributing your insight



Strategic Planning Item
Community Engagement
#4 Input Opportunity

**Inviting all to unmute or
place a comment in the chat**

Receive and Accept the Preliminary Report Increasing Medi-Cal Reimbursement Rates to Improve Healthcare for Nearly 1 Million San Diegans



COUNTY OF SAN DIEGO

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

DATE: July 16, 2024

15

TO: Board of Supervisors

SUBJECT

RECEIVE AND ACCEPT THE PRELIMINARY REPORT INCREASING MEDI-CAL REIMBURSEMENT RATES TO IMPROVE HEALTHCARE FOR NEARLY 1 MILLION SAN DIEGANS (DISTRICTS: ALL)

OVERVIEW

Medicaid, known as Medi-Cal in California, is a vital government program that provides healthcare coverage to low-income individuals and families throughout the state. It is jointly funded by the federal and state governments and plays a crucial role in ensuring access to healthcare services for nearly a million people in San Diego County. Medi-Cal offers a wide range of health and social services, including doctor visits, hospital care, prescription drugs, and preventive care, making it a cornerstone of the state's healthcare system.

BOS to accept 120-day update on Medicaid Landscape Analysis from Ad Hoc Subcommittee

Amend contracts and/or issue competitive solicitation to support the Medical Landscape Analysis

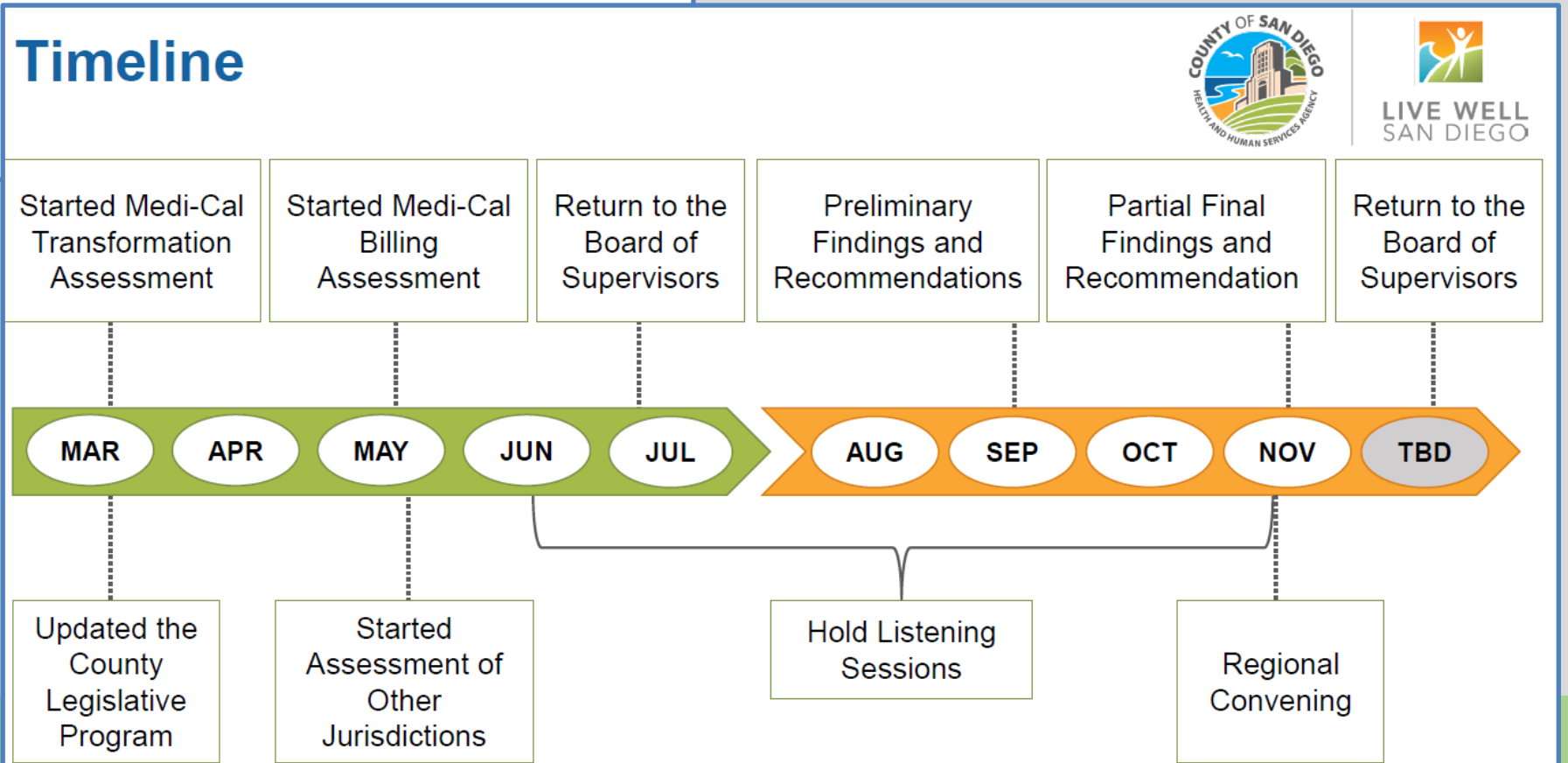
Return to the Board no later than April 30, 2025 with progress report, findings, and recommendations

Board Letter & Presentation in meeting packet

Item #15: Receive and Accept the Preliminary Report Increasing Medi-Cal Reimbursement Rates to Improve Healthcare for Nearly 1 Million San Diegans

Caroline Smith, Interim Deputy Chief Administrative Officer, Health and Human Services Agency
Jennifer M. Tuteur, MD, FAAFP, Interim Chief Medical Officer, Medical Care Services

July 16, 2024



Affirmative Litigation Against Social Media Companies for Their Role in the Youth Mental Health Crisis



TERRA LAWSON-REMER

SUPERVISOR, THIRD DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: July 16, 2024

16

TO: Board of Supervisors

SUBJECT

AFFIRMATIVE LITIGATION AGAINST SOCIAL MEDIA COMPANIES FOR THEIR ROLE IN THE YOUTH MENTAL HEALTH CRISIS (DISTRICTS: ALL)

OVERVIEW

In May 2023, the U.S. Surgeon General issued an [advisory](#) warning that social media is contributing to our nation's youth mental health crisis. The American Psychological Association (APA) has since also issued a [health advisory](#) examining the connections between social media use and reduced well-being and rising mood disorders, chiefly depression, and anxiety among youth ages 10 to 25 years old.

Directs County Legal Counsel to explore legal actions that would hold social media companies accountable for failure to protect vulnerable youth

Motion failed due to a tie vote. Pursuant to rule 2(g) of the Board's Rules of Procedure, this item will be placed on the agenda for the next regular meeting)

Board Letter in meeting packet

Receive Update on Behavioral Health Capital Facility Projects Recommended for Proposition 1 Infrastructure Bond Funding and Authorize Grant Submissions, and Authorize a Formal Process to Issue Letters of Support



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

MONICA MONTGOMERY STEPPE
Fourth District

JIM DESMOND
Fifth District

DATE: July 16, 2024

22

TO: Board of Supervisors

SUBJECT

RECEIVE UPDATE ON BEHAVIORAL HEALTH CAPITAL FACILITY PROJECTS RECOMMENDED FOR PROPOSITION 1 INFRASTRUCTURE BOND FUNDING AND AUTHORIZE GRANT SUBMISSIONS, AND AUTHORIZE A FORMAL PROCESS TO ISSUE LETTERS OF SUPPORT (DISTRICTS: ALL)

OVERVIEW

In California, counties are responsible for administering specialty mental health and substance use services for residents eligible for Medi-Cal. In this capacity within San Diego County, the County of San Diego (County) Health and Human Services Agency, Behavioral Health Services (BHS) serves as the specialty mental health plan for Medi-Cal eligible residents with serious mental illness, and the service delivery system for Medi-Cal eligible residents with substance use disorder care needs. To ensure access to quality care that meets the needs of Medi-Cal beneficiaries in San Diego County, BHS is required to maintain a local network of behavioral health services and providers.

Requests BOS to receive update on priority behavioral health capital facility projects and grant bond applications for essential infrastructure projects to support Prop 1

Board Letter in meeting packet

Strategic Planning Item
Service & Funding Priorities

Behavioral Health Infrastructure Bond Act



\$6.38 billion in general obligation bonds

\$4.4 billion

Behavioral health treatment and residential settings, including \$30M for tribal entities

\$1.065 billion

Permanent Supportive Housing for veterans at risk or experiencing homelessness with behavioral health needs

\$922 million

Permanent Supportive Housing for people at risk of or experiencing homelessness with behavioral health needs

Bond Behavioral Health Continuum Infrastructure (BHCIP): Recommended Capital Projects



#1: Substance Use Residential & Treatment Services (SURTS)

- Meets all of State and County criteria
- County-owned facility located in South Region
- Establishes new substance use treatment capacity
- Adds 72 - 96 new treatment beds, depending on most optimal design
- Project Status: Phase 1: Planning and Pre-Development
- Estimated Cost: **\$26.8 million**

Bond Behavioral Health Continuum Infrastructure (BHCIP): Recommended Capital Projects



#2: Children's Crisis Residential Care Facility

- Meets all of State and County criteria
- County-owned facility located in North Central Region
- Establishes new crisis services for children and youth
- Adds approximately 16 new treatment beds
- Project Status: Phase 1: Planning and Pre-Development
- Estimated Cost: **\$6-10 million**



Bond Behavioral Health Continuum Infrastructure (BHCIP): Recommended Capital Projects



- Licensed board and cares not eligible
- County efforts are underway to advocate for inclusion

If State Guidance Expands Eligibility

#3: Central Region Community-Based Care (CBC)

- County-owned property located in Central Region
- Establishes new board and care capacity for adults with serious mental illness
- Adds approximately 148 new licensed board and care beds
- Project Status: Phase 2: Design Development
- Estimated Development and Construction Cost: **\$55-65 million**

Letters of Support for Bond Behavioral Health Continuum Infrastructure (BHCIP) Grants



- Applications require letters of support from County Behavioral Health Director
- Requesting authority to establish formal process for entities seeking letters of support
 - Must meet all State criteria
 - Must align with State and County priorities
- Ensures all projects support and advance local Continuum of Care



Behavioral Health Services



I WANT TO FIND ▾

ADULT SERVICES ▾

CHILDREN'S SERVICES ▾

PROVIDE

Prop 1 Bond Behavioral Health Continuum Infrastructure Program Round 1 (Launch Ready) Letter of Support Process



NOTE: This webpage only applies to entities who are submitting an application for Prop 1: Launch Ready grant funds for capital projects.

The Behavioral Health Infrastructure Bond Act of 2023 (BHIBA) was one of the two bills included in [Proposition 1](#), which passed in March 2024. BHIBA provides \$6.38 billion to expand more behavioral health treatment, residential care settings, and supportive housing for people experiencing mental health and substance use conditions.

Of the total \$6.38 billion, the California Department of Health Care Services will distribute up to \$4.4 billion in competitive grant funds for qualified applicants who have capital projects that align with the goals of BHIBA described above. This competitive grant program is known as the [Behavioral Health Continuum Infrastructure Program \(BHCIP\)](#) with opportunities released in the following two rounds:

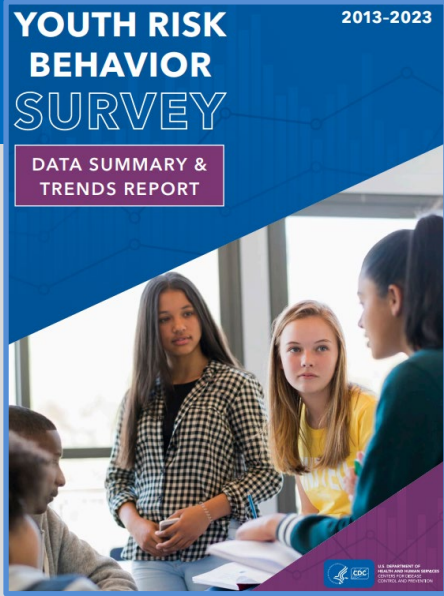
- BHCIP Round 1: "Launch Ready" Projects (2024)
- BHCIP Round 2: "Unmet Needs" Projects (2025)

Letters of Support for Bond BHCIP Round 1

As required by the State, entities applying for the [Bond BHCIP Program Round 1: Launch Ready grant](#) must obtain and submit a Letter of Support from their local County Behavioral Health Agency with their application.

In addition to meeting [State criteria and priorities](#), the County of San Diego has [developed local priorities](#) to guide which projects will receive a Letter of Support. These priorities are included within the Request Form linked below.














Receipt of a Letter of Support from the San Diego County Behavioral Health Agency does not guarantee that the State will award grant funding for a project.













Click on image
for full
document

CDC Youth Risk Behavior Survey

 In wrong direction
 No change
 In right direction

The Percentage of High School Students Who: ^a	2013 Total	2015 Total	2017 Total	2019 Total	2021 Total	2023 Total	Trend (All Years Available)	2-Year Change (2021-2023)
Ever had sex	47	41	40	38	30	32		
Had four or more lifetime sexual partners	15	11	10	9	6	6		
Were currently sexually active	34	30	29	27	21	21		
Used a condom during last sexual intercourse ^b	59	57	54	54	52	52		
Used effective hormonal birth control ^c	-	-	-	-	33	33	-	
Were ever tested for HIV	13	10	9	9	6	7		
Were tested for STDs during the past year ^d	-	-	-	9	5	6		

The Percentage of High School Students Who: ^a	2013 Total	2015 Total	2017 Total	2019 Total	2021 Total	2023 Total	Trend (All Years Available)	2-Year Change (2021-2023)
Currently drank alcohol	35	33	30	29	23	22		
Currently used marijuana	23	22	20	22	16	17		
Ever used select illicit drugs	16	13	13	13	13	10		
Ever misused prescription opioids ^b	-	-	14	14	12	12		
Currently misused prescription opioids ^c	-	-	-	7	6	4		

PROGRESS AT A GLANCE FOR
SUBSTANCE USE

PROGRESS AT A GLANCE FOR
SEXUAL BEHAVIOR

CDC Youth Risk Behavior Survey



PROGRESS AT A GLANCE FOR EXPERIENCING VIOLENCE

The Percentage of High School Students Who: [*]	2013 Total	2015 Total	2017 Total	2019 Total	2021 Total	2023 Total	Trend (All Years Available)	2-Year Change (2021-2023)
Were threatened or injured with a weapon at school	7	6	6	7	7	9		
Did not go to school because of safety concerns	7	6	7	9	9	13		
Were electronically bullied	15	16	15	16	16	16		
Were bullied at school	20	20	19	20	15	19		
Were ever forced to have sex	7	7	7	7	8	9		
Experienced sexual violence by anyone [†]	-	-	10	11	11	11		

The Percentage of High School Students Who: [*]	2013 Total	2015 Total	2017 Total	2019 Total	2021 Total	2023 Total	Trend (All Years Available)	2-Year Change (2021-2023)
Experienced persistent feelings of sadness or hopelessness	30	30	31	37	42	40		
Experienced poor mental health [†]	-	-	-	-	29	29	-	
Seriously considered attempting suicide	17	18	17	19	22	20		
Made a suicide plan	14	15	14	16	18	16		
Attempted suicide	8	9	7	9	10	9		
Were injured in a suicide attempt that had to be treated by a doctor or nurse	3	3	2	3	3	2		

PROGRESS AT A GLANCE FOR MENTAL HEALTH AND SUICIDAL THOUGHTS AND BEHAVIORS

KEY FINDINGS FOR

NEW AND EMERGING NATIONAL DATA

IN 2023

More than
half

of high school students **felt close to people** at school.

Female and LGBTQ+ students were **less likely** than their peers to **feel close to people** at school.

More than **three-quarters** of students **used social media** several times a day.

Female students were **more likely** than male students to **use social media** several times a day.

Almost **one-third** of students reported that they had ever **experienced racism** in school.

Asian students were **more likely** than students from most other racial and ethnic groups to report ever **experiencing racism** in school.

Almost **2 in 10** students reported being **unfairly disciplined** at school.



Male students were **more likely** than female students to **report being unfairly disciplined** at school.

FOCUS AREA NEW AND EMERGING NATIONAL DATA

Key Findings for New and Emerging National Data	69
Parental Monitoring	70
School Connectedness	71
Unstable Housing	72
Racism in School	73
Unfair Discipline at School	74
Social Media Use	75

[Governor Newsom orders state agencies to address encampments in their communities with urgency and dignity | Governor of California](#)

What you need to know: Governor Newsom today issued an executive order directing state agencies to urgently address homeless encampments while respecting the dignity and safety of Californians experiencing homelessness. The Governor's order, which follows the Supreme Court's decision in Grants Pass, also urges local governments to use substantial funding provided by the state to take similar action.



[Click on Image to view full article](#)

Gov. Gavin Newsom urges counties to expand conservatorship laws to combat homelessness, other crises



OFFICE OF THE GOVERNOR

July 28, 2024

Dear County Board of Supervisors Chair:

The behavioral health crisis in our state affects us all, and the people who need the most help have been too often overlooked – but together, California has been undertaking a major overhaul of our behavioral health care system. That's why last October, I signed into law Senate Bill 43 (Eggman, D-Stockton) to modernize the state's conservatorship laws for the first time in over 50 years. The law updated the definition of "gravely disabled" for those eligible for a conservatorship to include people who are unable to provide for their personal safety or necessary medical care, in addition to food, clothing, or shelter, due to either severe substance use disorder or mental health illnesses.



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Santa Clara County

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CEO

Graham Knaus

July 29, 2024

To: CSAC Board of Directors
County Board of Supervisors Chairpersons

From: Graham Knaus, CSAC Chief Executive Officer
Jacqueline Wong-Hernandez, CSAC Chief Policy Officer

SUBJECT: Letter from the Governor on County Implementation of SB 43

Yesterday, Governor Newsom sent a letter addressed to the Chairs of County Boards of Supervisors, urging counties to expedite the implementation of Senate Bill (SB) 43 (Eggman, 2023) sooner than the January 1, 2026, date authorized under existing law.

We are extremely disappointed with the Governor's mischaracterization in the letter that counties, "...are still waiting to implement this element of the work to improve our conservatorship system until the absolute deadline...The months continue to tick by, but the majority of your jurisdictions have not met this moment of crisis with action."



Nora Vargas

CHAIRWOMAN

San Diego County Board of Supervisors

July 29, 2024

The Honorable Gavin Newsom
Governor
State of California
1021 O Street, Suite 9000
Sacramento, CA 95814

Dear Governor Newsom,

San Diego County has been your proud partner in implementing our shared vision to overhaul our behavioral health care system and address the systemic mental and behavioral health care crisis facing our communities across the state. As you know, San Diego was one of the first counties to implement the CARE Act, which created a new pathway to deliver mental health and substance use disorder services to the most severely impaired, including unhoused Californians. We will also be among the first wave of counties implementing SB 43 on January 1, 2025.

OFFICIAL STATEMENT



07/28/24

We must continue taking swift and aggressive action on the crises of mental illness, addiction, and homelessness on our streets. I stood firmly with the Governor against delaying the implementation of Senate Bill 43 last December when this came to the Board for a vote, and I was the lone vote against canceling the 150-cabin project in Spring Valley that lost us \$10M in state funding.

Time and time again over the last three years this Board has met the urgency of this crisis — going from zero to nearly 900 County-supported sheltering slots — but our work to overcome the decades of inaction by failed former regional leaders must not slow down. Since my vote to not delay, I've insisted on measurable and significant progress towards implementing Senate Bill 43.

I stand with those calling for the County to do more, and I will continue this fight for the residents of my district who demand clean sidewalks and humane living conditions for all San Diegans.

Terra Lawson-Remer
Supervisor, District 3
Vice Chair, Board of Supervisors
County of San Diego



July 2024

Strategic Planning Item
Service & Funding Priorities
#8 EBP & Outcomes
#9 Workforce Development

This month, the CYBHI unveiled three new web pages designed to help partners, stakeholders, and the public easily access impact data, useful information, and resources to help support the mental health needs of California youth and families.

- **CYBHI for Schools:** Visit our schools page to learn about CYBHI resources and opportunities to support TK-12 administrators, educators, school staff, students, and families.
- **Free Digital Resources:** Visit this page to access a variety of CYBHI-funded digital resources to support youth mental health.
- **CYBHI Impact:** Learn about CYBHI's impact in local communities through stories and an easy-to-navigate, searchable database of grantees across the state.

- **Funding Opportunity | Certified Wellness Coach Scholarship**

- A scholarship for students seeking to become a Certified Wellness Coach who will be enrolled in an associate or bachelor's-level program in the fields of social work, addiction studies, or human services at a California college or university starting in the 2024-25 academic year.
- **Application due:** August 16, 2024, at 3:00 p.m.

View Here: [CYBHI July 2024 Newsletter](#)

- **Webinar | CYBHI Quarterly Webinar**

- Join us for our third quarterly webinar of the year to get an update on the progress CYBHI is making in transforming how California meets the behavioral health needs of our children, youth, and families.
- **When:** September 12, 2024, from 3:00 p.m. — 5:00 p.m. PT

The Department of Health Care Access and Information (HCAI) announced 64 awards through the **Certified Wellness Coach (CWC) Employer Support Grant Program**, which will help education and school-based/school-linked health and behavioral health-related organizations hire and supervise professionals to support young people's well-being.

Whether you are a student, educator, parent, or caregiver, we have compiled resources to help you manage back-to-school stress and anxiety and get ready for the upcoming year. Our **Back to School toolkit** features new posters for the classroom, social media copy, graphics, and video tips to help your school, organization or community prepare.

CYBHI

August 2024

Strategic Planning Item
Service & Funding Priorities
#8 EBP & Outcomes
#9 Workforce Development



OFFICE OF THE
**CALIFORNIA
SURGEON GENERAL**



Dear County and District Superintendents, Charter School Administrators, School Principals, and Classified School Employees:

Safe Spaces: Trauma-Informed Training for Educators and School Personnel

California State Superintendent of Public Instruction Tony Thurmond and California Surgeon General Dr. Ramos recently co-authored a **letter** uplifting the Office of the California Surgeon General's trauma-informed training. *Safe Spaces: Foundations of Trauma-Informed Practice for Educational and Care Settings* is a free, self-paced, online 2-hour training designed to help individuals working with children and youth recognize and respond to trauma and stress.

- **Event | The Live Beyond Campaign: Raising Awareness to Help Californians Heal from ACEs**

- Join current and former California Surgeons General, Dr. Diana Ramos and Dr. Nadine Burke Harris, along with *Live Beyond Campaign* youth advisors and ACEs experts, to learn more about how you can get involved to support this statewide effort and help Californians heal from ACEs and toxic stress. Eligible healthcare providers can earn 1.25 credits.
- **When:** August 13, 2024, from 12:00 — 1:15 p.m. PT

View Here: [CYBHI August 2024 Newsletter](#)



FEE SCHEDULE COHORT 2

Local Educational Agencies

The Department of Health Care Services (DHCS) identified the second cohort of ninety-one (91) Local Education Agencies (LEAs) approved to participate in the Children and Youth Behavioral Health Initiative (CYBHI) statewide multi-payer school-linked fee schedule (Fee Schedule) and statewide provider network. The Welfare and Institutions Code §5961.4(b) authorizes DHCS to “develop and maintain a school-linked statewide provider network of school-site behavioral health counselors.” To develop the CYBHI Fee Schedule provider network, DHCS implemented an operational readiness review process for all interested County Offices of Education (COE) and LEAs. In determining LEA readiness for this cohort, DHCS considered a variety of factors, including, but not limited to: Medi-Cal enrollment, service delivery infrastructure and capacity building, data collection and documentation, and billing infrastructure.

These 91 LEAs were determined by DHCS to meet the readiness review requirements and will comprise the second cohort of the CYBHI fee schedule and will participate in a learning collaborative to inform state level policy and operational guidance for the CYBHI fee schedule program.

San Diego County

- 56. Feaster Charter
- 57. Lakeside Union School District
- 58. Lemon Grove School District
- 59. Alpine Union School District
- 60. South Bay Union School District
- 61. Vista Unified School District
- 62. Bonsall Unified School District
- 63. Julian Union School District
- 64. La Mesa Spring Valley School District

COHORT 1

San Diego County

- 31. San Diego Unified
- 32. Santee

Strategic Planning Item
Prevention & Early Intervention

Strategic Planning Item
Service & Funding Priorities
#10 Services w/o MC

Click [HERE](#) to view full document



Click above Image for webpage

Strategic Planning Item
Prevention & Early Intervention
#7 Caregiver Skill Development

Early childhood (birth through age 5) *



Common causes:

Early childhood is so important to a child's social and emotional development, as 90% of a child's brain develops within the first five years of their life. This time is critical for them to develop and hardwire brain connections through everyday experiences, positive and rewarding interactions with family and caregivers, and learning how to manage emotions.

Traumatic experiences, such as witnessing violence, experiencing abuse or neglect, loss of a caregiver or parental separation, or surviving a natural disaster or accident

Other big changes, like moving homes or changing early care providers

Not receiving regular, positive interactions with safe, stable, and nurturing family and caregivers

Children (Ages 6-12) *



Common causes:

Moving to a new house, changing schools, bullying, family changes (like a new sibling, grandma moves in, or divorce)

Signs

- Physical complaints like stomach aches or headaches
- Acting timid or unsure of themselves
- Behavior changes like clinginess or irritability



Teens (Ages 13-17) *

Common causes:

Ongoing conflicts with parents/caregivers, divorce, bullying, lack of close friends, being single when friends have partners, social anxiety

Signs

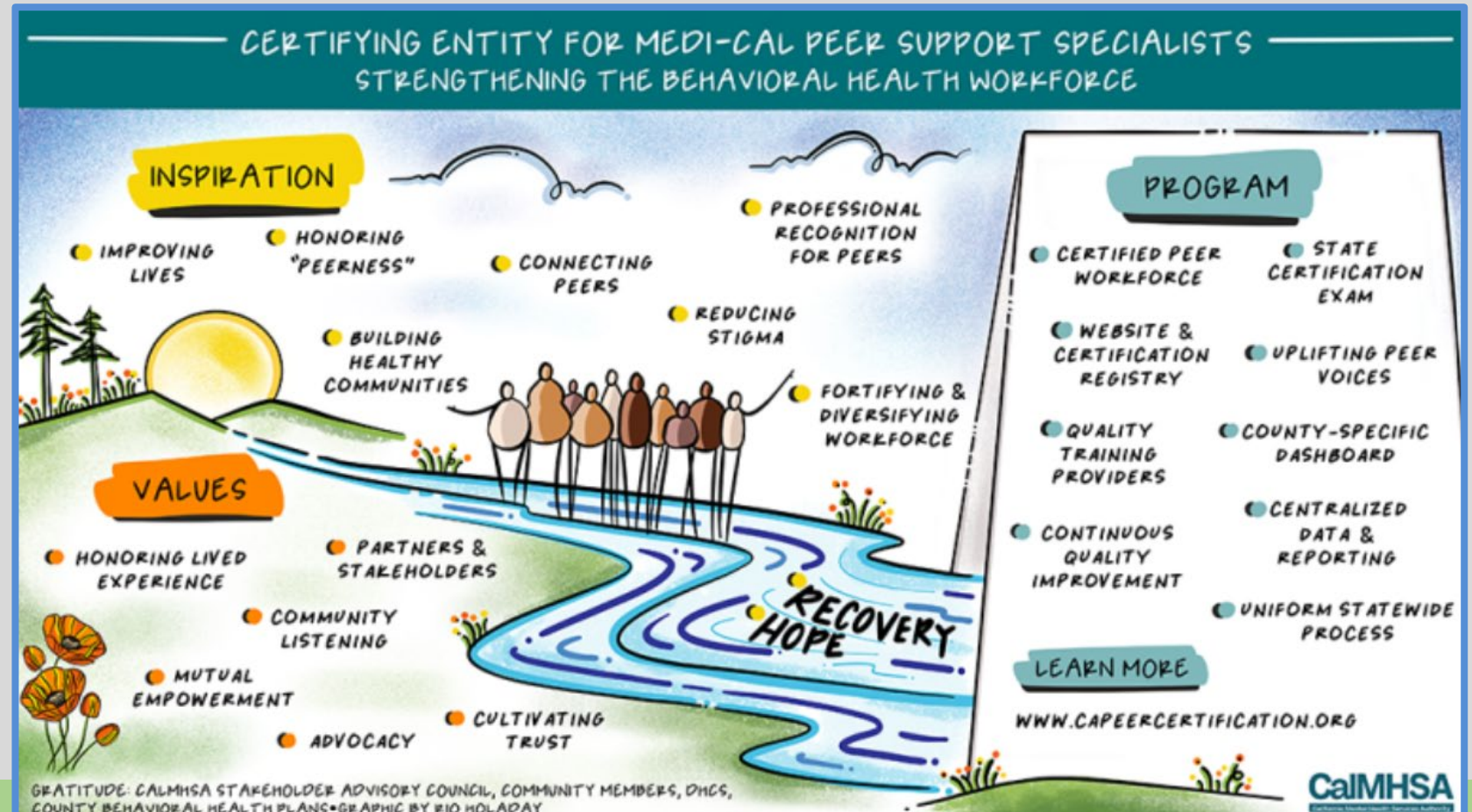
Remember: "alone time" can sometimes be helpful, because many teens need a balance of social time and solitude. If your teen is an introvert, that alone time is their opportunity to recharge

- New or sudden changes in behavior
- Often seeming sad or depressed, if it goes beyond just needing some alone time
- Not having friends to get together with outside of school
- Not spending time with friends they used to hang out with
- Becoming withdrawn or staying in their rooms for long periods of time
- Talking negatively about themselves

Medi-Cal Peer Support Specialist Certification

[Home - California Peer Certification \(capeercertification.org\)](http://capeercertification.org)

Strategic Planning Item
Services & Funding Priorities
#9 Workforce Development



HHS Department of Homeless Solutions and Equitable Communities Office of Immigrant and Refugee Affairs – New Refugee Welcome Center in Escondido



Click on flier for more information

County of San Diego, Health and Human Services Agency
Department of Homeless Solutions and Equitable Communities
Office of Immigrant and Refugee Affairs

LAUNCHING NEW IMMIGRANT AND REFUGEE WELCOME CENTER IN ESCONDIDO!



GET CONNECTED TO:



- ✓ Services for Older Adults and Persons Living with Disabilities
- ✓ Health Screenings and Medical Services
- ✓ Child and Family Support Resources and Services
- ✓ CalFresh, Medi-Cal, and CalWORKS
- ✓ And More!



VISIT US!

**Immigrant and Refugee
Welcome Center
at National City**

401 Mile of Cars Way, 2nd floor
National City, CA 91950

Monday-Friday
8am-5pm

**Immigrant and Refugee
Welcome Center
at Escondido *New!***

649 W Mission Ave,
Escondido, CA 92025



LIVE WELL
SAN DIEGO

 (619) 731-3371



OIRA.HHSA@sdcounty.ca.gov

Overdose Surveillance and Response Program



Drug Overdose Quarterly Report Quarter 2: April–June 2024

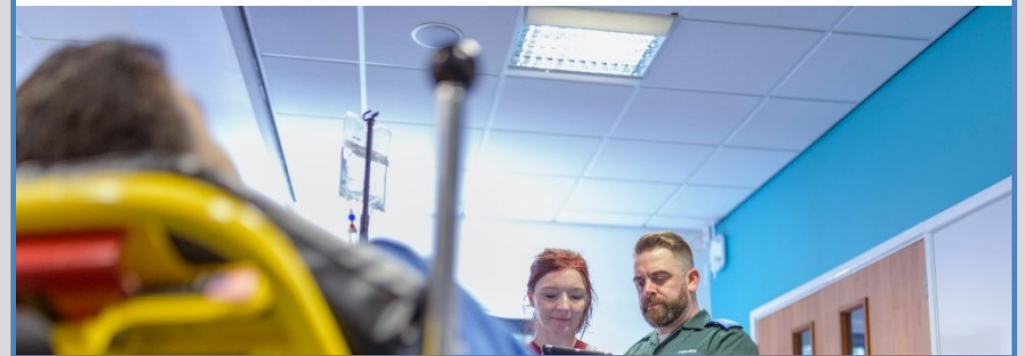


County of San Diego Health and Human Services Agency
Public Health Services
Epidemiology and Immunization Services Branch

www.sdepi.org

August 2024

Overdose Surveillance Quarterly Report



Click [HERE](#) for this and
other *HHS*A Data Reports

Child and Family Well-Being Mandated Reporters Information Online Non-Urgent Reporting



Health & Human Services Agency

MENU ▾ PROGRAMS ALL SERVICES A-Z FACILITIES ADVISORY BOARDS CON

Child Welfare Services

Report Child Abuse or Neglect

Report suspected child abuse or neglect at 858-560-2191 24 hours a day, seven days a week.
Within the State of California, call toll free 1(800) 344-6000.

MANDATED REPORTERS: You can now self-register and submit *non-urgent* child abuse reports through our [online Mandated Reporter Application](#). For technical help, please access our [MRA Training Video](#) or contact our Child Abuse Hotline at the number listed above.

When we get a report, a social worker evaluates the report to determine if the child is at risk. The risk factors you report help us decide if we investigate and if so, how soon we investigate. The investigation could be within 24 hours, 10 days, or simply a referral to a community agency without an investigation.

If you:

- are concerned about a child's safety,
- are a parent afraid you may harm your child,
- are a child or youth who believes you are being abused, call the Hotline. We can provide resources for additional help.

If you are a Mandated Reporter (as identified by law), you must contact authorities if you suspect or are told about child abuse. Click this link to see the [Mandated Reporter Training](#).

Click [HERE](#) to view main CFWB Webpage



COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY



LIVE WELL
SAN DIEGO

Report Suspected Child Abuse in San Diego County

Online Reports:

Mandated reporters are now able to submit non-urgent reports online without needing to call the Child Abuse Hotline or submit a follow-up written report. You must complete a safety questionnaire to determine if your report is non-urgent.

To begin, you must have an account through our Mandated Reporter Application (MRA)

Behavioral Health Director's Report – AUGUST 2024



County of San Diego

CAROLINE SMITH
INTERIM DEPUTY CHIEF ADMINISTRATIVE OFFICER

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

July 25, 2024

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – August 2024

- BHS Data Science updates
- BHS Population Health Unit updates
- BHS Special Events and Announcements

Complete document in packet or click [HERE](#)

National Recovery Month – Community Update

This year, BHS embarks on an exciting new direction for National Recovery Month, utilizing our online platforms to offer information, resources, and spotlights on the recovery journey. This new approach is in lieu of the one-day National Recovery Month celebration, held last year at the Waterfront Park. Instead, BHS hopes by leveraging these platforms we can expand opportunities throughout the month for the recovery community to come together in celebration.

Ebony Shelton Serves as New Chief Administrative Officer (CAO)

Appointed by unanimous vote by the County Board of Supervisors, Ebony Shelton serves as the new Chief Administrative Officer (CAO) as of June 14, 2024. Shelton is the first Afro-Latina in County history to serve in the role.

Caroline Smith Serves as New Interim Deputy Chief Administrative Officer of the Health and Human Services Agency

Caroline Smith has been appointed as the Interim Deputy Chief Administrative Officer of the Health and Human Services Agency (HHS). Succeeding Dr. Eric McDonald upon his July 2024 retirement.

Agency Leadership Announcement: Director of Policy and External Affairs

Aurora Kiviat, BHS' Assistant Director and Chief Operations Officer, will transition to a temporary role with the HHS Executive Office, as Director of Policy and External Affairs. In this capacity, she will

11th Annual Mental Health Knowledge Forum 2024-25
August 7, 2024

Annual QA MH Knowledge Forum FY 2024-25

County of San Diego Health and Human Services Agency

Behavioral Health Services
Health Plan Operations Unit
Mental Health Plan – Quality Assurance Unit

Forum occurred on August 7, 2024.
Recording of the forum and presentation will be available at the references tab of:
[MHP Provider Documents \(optumsandiego.com\)](https://optumsandiego.com)



FY 24-25 QA MH Annual Knowledge Forum Agenda

- State of the State – *State and County level updates*
- HPO Unit Organization Chart – QA Unit introductions
- DHCS BHIN's in Review – *FY 23-24 Key Updates*
- Quality Assurance Performance Review – *The Medical Record Review process revised and rebranded*
- *10min Break (approximately 10:30 – 10:40)*
- Understanding Beneficiary Rights - *Grievances & Appeals and NOABDs*
- MHP/MCP MOU Annual Training
- The ABC's of Serious Incident Reporting

**COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY
REQUEST FOR INFORMATION (RFI) #1033
CHILDREN'S CRISIS RESIDENTIAL MENTAL HEALTH PROGRAM
(CCRMHP)**

The County of San Diego HHS, Behavioral Health Services (BHS) is interested in developing a new treatment program within our **Children's System of Care** and is seeking input from all stakeholders who might have the skills and knowledge base to help execute this new project. BHS will be hosting a **Request for Information (RFI)** and hopes to hear from vested participants as we build out this new treatment model.

The **Children's Crisis Residential Mental Health Program (CCRMHP)**, will be Department of Health Care Services (DHCS) Medi-Cal certified and licensed by the California Department of Social Services (CDSS). The program will operate 7 days a week, twenty-four (24) hours a day and will serve clients ages 12-18 years old who have Medi-Cal or are uninsured, that are experiencing an acute mental health crisis, and would benefit from crisis services as an alternative to psychiatric hospitalization, re-hospitalization, or a step-down from acute inpatient care. This program will include strong collaborations with the Department of Child and Family Well-Being (CFWB) as well as partnerships with San Diego County Probation and San Diego Regional Centers.

Format of the RFI presentation will include:

- **Background information**
- **Program Overview** detailing some of the key goals and objectives of the CCRMHP
- **Facilitated Questions and discussion** to identify additional opportunities and challenges

Date: August 21, 2024

Time: 9:00 AM-11AM

Location: Virtual Microsoft Teams Meeting

[Join the meeting now](#)

Call In (audio only) **[+1 619-343-2539](tel:+16193432539)**, Phone Conference ID: **[630413872#](tel:630413872)**

Please share this information with any contacts who may be interested.

For the latest information regarding this RFI please register with BuyNet
[Welcome to BuyNet](#)

For more information, please contact

John Wilkie, Behavioral Health Program Coordinator, at JohnE.Wilkie@sdcounty.ca.gov

Children's Crisis Residential

For any questions, please email

John.Wilkie@sdcounty.ca.gov

Strategic Planning Item
Community Engagement
#4 Input Opportunity

Strategic Planning Item
Service & Funding Priorities

County of San Diego Health and Human Services Agency



Behavioral Health Services for Children & Youth Systemwide Annual Report, FY 2022-23

Strategic Planning Item
Service & Funding Priorities
#8 EBP & Outcomes

Click [HERE](#) to view full document

CYF Council Electronic Distribution List REFRESH



- An Email will be sent to Council attendees with a Yes/No voting feature
- Please indicate “Yes” if you would like to continue being included in the distribution list
- Please indicate “No” if you would like to opt out
- Council members and alternates will remain on the distribution list unless they opt out with a “No” response
- Council participants will remain on the distribution list only when confirming interest with a “Yes” vote



Children Youth and Families Services Directory

Hot Topic Facilitator: Amanda Lance-Sexton

Strategic Planning Item
Knowledge Exchange
#1 Directory Input

Children, Youth, and Families
SERVICES DIRECTORY

COUNTY OF SAN DIEGO

LIVE WELL
SAN DIEGO

BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CA 92108 | 619-563-2700
[Health & Human Services Agency \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/health-human-services) [Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/behavioral-health-services)

Updated March 2024

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Children, Youth and Families Services Directory

Feedback: Resources

Pages 5-10



Children, Youth and Families Services Directory Feedback: Service Levels & Categories

Acute Care

Outpatient - Perinatal Programs

Residential-Mental Health

Juvenile Justice - Specialty Programs

Residential - Substance Use Disorder (SUD)

Prevention and Early Intervention (PEI)

Day School Services

County Operated Programs

Outpatient Clinical Services - Inclusive of SchoolLink

Child and Family Well-Being - Specialty Programs

Outpatient - Teen Recovery Centers (TRC)

Early Childhood Programs (0-5 years)

Outpatient - Specialty Programs

Fee for Service (FFS) Network



Children, Youth and Families Services Directory

Feedback: Program Information

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region(s) Served
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Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
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Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
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- What is missing?
- Streamlined for audience?
- Additional feedback?
- Feedback after meeting? Email Edith Mohler at Edith.Mohler@sdcounty.ca.gov



Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Council meeting? (Single Choice)

- 1 - Low Relevance
- 2 -
- 3 – Some Relevance
- 4 -
- 5 - High Relevance





SDC
SAN DIEGO
COLLABORATIVE

Brunch Networking Event

THURSDAY, AUGUST 15, 2024
10:30AM-12PM

Don't miss out on this scrumptious event!
Mix, Mingle, and Make Connections - Free Brunch Included!
Bring plenty of business cards!

RSVP

CLICK HERE



OR



Click on image
or scan QR
code for more
information!



Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

Click on image
or scan QR code
to register!

COMMUNITY ADVOCACY TRAINING: **REIMAGINING CRISIS RESPONSE**

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

Upcoming Training:
Friday, August 16
1:30 PM - 3:00 PM



8/16/24



Community
Advocacy
Program

NAMI SAN DIEGO & IMPERIAL COUNTIES

Strategic Planning Item
Prevention & Early Intervention
#7 Caregiver Skill Development

RSVP by clicking on a date or scanning the QR code

Family Sector Meeting



BECOME A SEAT MEMBER

Inviting all youth ages (16-26) and caregivers of youth who are part of the mental health and substance use community to join our Family Sector as a seat member.

Strategic Planning Item
Community Engagement
#4 Input Opportunity
#5 youth Voice on Service Spaces



Click on flier for information!

MOBILIZE RECOVERY DAY OF SERVICE

COMMUNITY. COLLABORATION. CONNECTION.

The Mobilize Recovery Day of Service is a constellation of connected public service events taking place nationally during the months of September and October, harnessing the power of people in recovery and their allies for positive change in their communities.

WHY CREATE A DAY OF SERVICE?

Many people in our communities need help more than ever before. The Day of Service is a perfect way to give back to a community that may have helped you at one time or another.

WHO CAN CREATE A DAY OF SERVICE?

Anyone! The recovery community includes people in substance use and/or mental health recovery, family, friends, service providers, community leaders, etc.

WHAT EXACTLY IS A DAY OF SERVICE?

Any event affects positive change in your community! A food donation drive, community clean up, pet food donations for an animal shelter, clothing drive - think outside of the box!

HOW DO I TELL PEOPLE ABOUT MY EVENT?

You can start by creating your own event page on the Day of Service website! Then share the link for your event out on your social media. Check out our Toolkit tab for additional resources!

If you or your organization are coordinating a large Day of Service event, we would love to highlight it on our social media!

Email Jaclyn at jaclyn@mobilizerecovery.org & let her know of the good work you are doing in your community!

Scan the QR code for the Day of Service website or check out: recoverydayofservice.org

#MRDOS2024
#MobilizeRecovery



Click on flier or scan QR code for more information!



15th Annual Early Childhood Mental Health Conference – We Can't Wait

September 26-27, 2024

We Don't Wait – Nurturing and Healing in Action

Hybrid Event – Attend Live or via Zoom
Sheraton San Diego Hotel and Marina

Keynote Sessions

- **Family Engagement in Early Mental Health Services**
Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry and Behavioral Services at Albert Einstein College of Medicine
- **Systems Perspectives in Early Childhood Mental Health Services**
Richard Knecht, MS, Managing Partner at the Integrated Human Services Group, LLC, providing leadership, strategic planning and training to public and private healthcare and human service systems nationwide
- **Where We Were and Where We Are Now: A 15-Year Perspective.**
Jeff Rowe, MD, Child and Adolescent Psychiatrist and Pradeep Gidwani, MD, MPH, FAAP, Pediatrician and Community Health Leader
- **Building Relationships Within and Between Systems – Panel Discussion**
Lily Valmidiano, MPH, CHES, Amy Zeitz, LCSW, Miriah de Matos, MA, MPH, and Ariane Porras, SEP

Exhibit Opportunities Available

**CME / CE Up to 16 Contact Hours
At No Extra Charge**
Thanks to SD County Behavioral Health!

Target Audience: Professionals involved in providing assessment, treatment, education, support, and advocacy for children and families. Attendees will include psychiatrists, pediatricians, marriage family therapists, social workers, psychologists, mental health workers, substance abuse and addiction professionals, counselors and case managers, nurses, OT/PT, teachers, educators, child welfare workers, early childhood education providers, childcare specialists, mental health administrators and other healthcare and educational providers.

Join us!

*Click on flier for
Registration Information!*

Strategic Planning Item
Preventionon & Early Intervention
#6 Zero to Five Focus



Register Today! Visit: www.earlychildhoodmentalhealth-sandiego.com



Simone Hidds-Monroe
Collaborative Coordinator &
Trainer with YMCA Partners in
Prevention.



Sal Terrones,
San Diego Workforce
Partnership

Network & Presentations on:

- TRANSITIONAL AGED YOUTH
- LIVED EXPERT ACTION PARTNERS
- SAN DIEGO WORKFORCE PROGRAMS
- FOSTER YOUTH VOICE MONTH CAMPAIGN

**Brunch
Provided**

RSVP

CLICK HERE



OR



SAVE THE DATE

OCT. 3RD

10AM-1PM

San Diego Workforce Partnership
Headquarters 9246 Lightwave Ave
#210, San Diego, CA 92123

**Click on flier or scan QR
code to RSVP!**

Strategic Planning Item
Knowledge Exchange
#2 Workforce Updates





LIVE WELL
SAN DIEGO

LIVE WELL ADVANCE CONFERENCE & SCHOOL SUMMIT

Creating Healthy, Safe, and Thriving Communities Together

Ripples of Change: The Power of Partnerships

CALL FOR SESSIONS
Opens May 13th!



SAVE THE DATE!

Thursday, November 21, 2024
San Diego Convention Center
8:00 am - 5:00 pm

Enjoy a meaningful day connecting with thousands of partners and colleagues who are creating ripples of change in our region. We invite you to join us this year as a speaker, exhibitor, sponsor, or attendee!

Call for Sessions Opens May 13

Participant Registration and Exhibitor Application Open Fall 2024

Sponsorship opportunities are available.
Please contact sponsorship coordinator: Gabriel.Gutierrez@sdcounty.ca.gov

LiveWellSD.org/Advance

Stay up-to-date, sign-up for our monthly newsletter: LiveWellSD.org/news

For more Information:
**[Live Well Advance
Conference & Schools
Summit | Live Well San
Diego \(livewellsd.org\)](https://LiveWellSD.org/Advance)**

THANK YOU

Next CYF Council Meeting
September 9, 2024 | 9 -10:30 a.m.



LIVE WELL
SAN DIEGO