



**TRANSITION AGE YOUTH (TAY) BEHAVIORAL HEALTH SERVICES COUNCIL  
MEETING Minutes**

Wednesday August 26, 2020 | 3:00 pm – 4:15 pm

Location: WebEx

TIME (subject to change)	AGENDA ITEM	SUMMARY
3:00 PM	<b>Welcome, Introductions, WebEx Housekeeping Rules, &amp; Approval of Meeting Mins (Co-Chairs)</b>	<ul style="list-style-type: none"> <li>• New Co-Chair Vanessa Arteaga. 😊</li> <li>• All new Council Members welcomed.</li> <li>• Vacant / Open seats were listed for consideration; please consider volunteering.</li> <li>• Shared minutes from FY 20-21 Strategic Planning Meeting; 3 topics for subcommittees are:               <ul style="list-style-type: none"> <li>○ Social Justice</li> <li>○ Orientation Manual</li> <li>○ Optimal Service Access</li> </ul> </li> <li>• Flora Barron moved to approve the minutes; Steven Wells seconded the motion; minutes are approved with the following correction: change SD Youth Connection Board to SD Youth Action Board.</li> </ul>
3:05 PM	<b>MHSA Updates-</b> (Danyte Mockus-Valenzuela)	<ul style="list-style-type: none"> <li>• MHSA Updates               <ul style="list-style-type: none"> <li>○ BHS continues to closely monitor MHSA funding impacts due to COVID.</li> <li>○ Next 3-yr plan will be out for public comment; will be on BHS public-facing site; can give input through drop box and BHAB (October 1<sup>st</sup> at 2:30 in a virtual format) which will close out the public input.</li> </ul> </li> <li>• Community Engagement               <ul style="list-style-type: none"> <li>○ SDSURF contract extended for engagement; will be entirely virtual.</li> <li>○ 6 forums – can gather in virtual meeting rooms by region.</li> <li>○ 1-2 forums for BHS providers.</li> <li>○ Goal = reaching 500 individuals.</li> <li>○ Last year’s forums focused on prevention.</li> <li>○ This year will include prevention but will focus on COVID impacts and social justice.</li> </ul> </li> </ul>
3:10PM	<b>BHS Update/Announcements</b> (Alisha Eftekhari)	<ul style="list-style-type: none"> <li>• BHS Director Updates               <ul style="list-style-type: none"> <li>○ Increase in stress, anxiety and depression has increased 200% over previous year.</li> <li>○ Downward trend in suicides.</li> <li>○ Drug overdose has increased.</li> <li>○ Shift from face to face has resulted in less engagement with clients.</li> <li>○ SU programs - DMC and OTP are using telehealth services.</li> </ul> </li> </ul>



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		<ul style="list-style-type: none"> <li>○ Please visit BuyNet for new procurements.</li> <li>○ MCRT RFP due date = 9/2/2020.</li> <li>○ Regional MCRT \$10M has been approved by BOS.</li> <li>○ Vista CSU, Paradise Valley CSU are moving forward; Palomar CSU is ready.</li> <li>● Public Health <ul style="list-style-type: none"> <li>○ 1,200 individuals are being served on site at SD Convention Center.</li> <li>○ Equis (ResCare) has been selected for hotel services rather than having the County directly rent hotel space.</li> <li>○ BHS is working closely with all departments.</li> </ul> </li> <li>● RIHS is putting out all new e-learning trainings.</li> <li>● Sent save the date for <a href="#">Meeting of the Minds</a>; free and pre-recorded. Conference begins 10/19 at 9am.</li> </ul>
3:15 PM	<b>Roundtable Program Updates</b> (All)	<ul style="list-style-type: none"> <li>● Kickstart (Joe Edwards) – has found that a lot of TAY prefer phone but encourage on-camera face-to-face with professionals to have a better experience.</li> <li>● SDYS (Vanessa) – increase in some telehealth; TAY is good with technology; youth emergency shelters are up and running and taking in youth; 5-7 youth are always in shelter; has a team at Convention Center and connecting youth with housing but approx.. 30 have been housed at the center; all programs have continued intakes.</li> <li>● Just Be You/STBH (Matt Wood) – has up to 50 TAY in residence at any time; weekly ongoing video sessions with youth in lieu of biofeedback; video creates more of a connection.</li> <li>● MHS (Liz Winchell) – began in-person groups at local parks; great response because TAY wants to get out; they don't like to turn on their cameras due to self-consciousness and concern about confidentiality; have given these clients a lot of reassurance.</li> </ul>
3:25PM	<b>COVID 19 Presentation</b> (Andrew Gonzalez)	<ul style="list-style-type: none"> <li>● Community Wellness Manager for Champions for Health.</li> <li>● Presentation can be provided in any language; just contact Andrew (see presentation for contact info); works with certified translators so can even provide materials in languages other than the 6 or 7 core County languages.</li> <li>● COVID has been our life for six full months; details given for infection and prevention.</li> <li>● Looking for sites to set up for free flu shots; can be done at local parks</li> <li>● Race and ethnicity during COVID.</li> <li>● Question asked re: COVID infections for TAY-age; these numbers will be examined very closely now that schools will be opening;</li> </ul>



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		youth-trained ages 16-24 are being trained to present COVID info to TAY.
3:45 PM	<b>FY 20-21 Subcommittees</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>• Orientation Manual: updated manual and newly designed website.</li> <li>• Social Justice (Vanessa and Victor): this will be the focus for the first half of the fiscal year; need SMEs who can be committee members or members of the community; first order of business will to be to narrow down each topic; all can reach out to Eula but please be specific about which subcommittee you are interested in.</li> <li>• Optimal Service Access: focus for second half of the year.</li> <li>• Steve and Stephen did an excellent job of presenting the LGBTQ subcommittee recommendations on behalf of TAY Council at Older Adult Council and will also present at all the other BHS councils; Steve highly recommends getting involved in a subcommittee.</li> </ul>
4:05PM	<b>Public Input/Questions</b> (All)	<ul style="list-style-type: none"> <li>• Please type in questions/comments in the WebEx chat box 😊.</li> </ul>
4:10 PM	<b>Announcements</b> (All)	<ul style="list-style-type: none"> <li>• Eula will send updated outlook invite each month rather than a recurring invite due to changes resulting from COVID.</li> <li>• Kacie from RI International: virtual classes; peer liaison meetings; flyers will be forwarded to Eula for distribution.</li> <li>• Joe Edwards: Aug 4 initiative to BOS = Youth Engagement and Services to ID youth delegates who will join TAY Council at our next meeting.</li> </ul>

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**CCRT:** Meets the 1st Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.

**CSOC Academy:** Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

**CYF CADRE:** Meets quarterly-2nd Wednesday of the month-La Vista Room from 12:00 to 2:00 P.M.

**Upcoming Presentations:**

- San Diego Metropolitan Transit System-TBD
- Opioid Treatment Provider (OTP)-TBD
- NAMI-TBD
- Center for Community Solutions-TBD
- Host Homes-September 2020
- YMCA-TBD
- Just in Time-TBD
- Youth Assistance Coalition-TBD
- San Diego Youth Services-TBD
- United Women of East Africa-TBD
- TeleCare-TBD