



TRANSITION AGE YOUTH (TAY) BEHAVIORAL HEALTH SERVICES COUNCIL STRATEGIC PLANNING MEETING Minutes

July 22, 2020 | 3-5 pm | WebEx

AGENDA ITEM	SUMMARY	ACTION
<p>I. Welcome and Introductions</p>	<ul style="list-style-type: none"> • Liz Winchell welcomed all and reinforced Dr. Bergman’s encouragement for collaboration. • Michael Garrett covered the WebEx housekeeping. • Liz: <ul style="list-style-type: none"> ○ Bylaws will be sent out by Eula rather than discussing in detail today. ○ Motion made to approve the minutes, seconded by Simone Clements. 	
<p>II. Discussion of Bylaws, Last Year’s Strategic Planning Minutes, and Membership Roles and Responsibilities</p>	<ul style="list-style-type: none"> • CYF and Adult Council <ul style="list-style-type: none"> ○ Please attend to see how other council meetings operate. Please contact Darwin (CYF) if you’ve never attended CYF Council, it is very beneficial to see how a council with more experience operates. • Membership Roles and Responsibilities <ul style="list-style-type: none"> ○ You represent the SME of your sector in this Council, your participation is critical; please be prepared to represent and advocate for the sector you are representing. • Subcommittee process <ul style="list-style-type: none"> ○ Should function to follow-up on focus areas. ○ Council member who represents the focus area should take the lead, identify an alternate lead, and identify supportive Council members and subject matter experts (not necessarily Council members). ○ Identify minimum parameters to establish subcommittee (3 members, SME’s, and County support staff). 	
<p>III. Review of FY 19-20 goals</p> <ul style="list-style-type: none"> • Social Connectedness • Care Coordination in SU Treatment with Co-Occurring Disorders • LGBTQI TAY: Recommendations submitted 	<ul style="list-style-type: none"> • Social Connectedness and Care Coordination were put somewhat on hold during COVID. • LGBTQI Subcommittee: <ul style="list-style-type: none"> ○ Steven Wells spoke to lessons learned re: subcommittees – need to be more focused with defined period, setting clearly defined goals and priorities; tangible, actionable steps; used research to come up with recommendations; improved upon format of previous subcommittee; welcomes the opportunity to present the recommendations to CYF Council on which he is also a member; says that you can actively participate even if you are a newer 	



	<p>member. Having the video option for the subcommittee meetings helps with the time commitment; makes participation achievable when driving to a meeting is not a requirement.</p> <ul style="list-style-type: none"> ○ Simone Clements said it was a very positive experience, well-organized with realistic goals. ○ Liz solicited questions from attendees, esp. newest members; noted that this particular subcommittee is a good. <ul style="list-style-type: none"> ▪ Flora requested specific descriptions and wants to define social connectedness. ▪ Victor works with Steve C and felt like action items and follow-up helped keep everyone engaged. ▪ Michael G.: wants to know what the steps looks like once the recommendation is taken to the BHS Director; would like to see a visual of what has gone forward in the past. ▪ Alisha: the purpose of today’s meeting is to come up with goals and priorities that result in subcommittees that make the recommendations that, when approved, will have a positive impact for TAY in our system of care; recommendations should be very concise, clear and be specific; encourage cross-threading with other councils. ▪ Mike Miller: the recommendations were well thought out, included stakeholder input, low cost impact; TAY Council is relatively new, so this is an opportunity to share Tay Council’s accomplishments. ▪ Serena: open to be an active subcommittee member. ▪ Vanessa: subcommittees really help create purpose, helps you know what you’re working towards; time constraint and commitment can be a barrier so staggering the subcommittees would be helpful. ○ Liz – suggestions: three subcommittees is realistic for FY goals. 	
<p>IV. Establish Priority Focus Areas for FY 20-21 Goals</p>	<ul style="list-style-type: none"> ● Liz suggested three subcommittees is a realistic FY goal. <ul style="list-style-type: none"> ○ Website and Orientation Manual Subcommittees. <ul style="list-style-type: none"> ▪ Michael: gave an overview of Orientation Manual that Joe has been working on and has a great start. ○ Support from attendees for Social Justice and Service Access. ○ General discussion on these potential goals. <ul style="list-style-type: none"> ▪ Question from Flora: Would there be an issue with my organization paying the TAY to 	



participate? Stipends? We're serving extremely low-income youth and financial opportunity costs to volunteering.

- Mike Miller mentioned that some programs have flex funds but pointed out that resources are very limited.
- Laura: Youth input is extremely important; how to do this for mothers with income and time constraints.
- Kat: Would like to check the interest of the TAY who are already on the TC to find out their ability to participate on subcommittees.
- Michael: How would we connect Social Justice to mental health and the TAY youth? TAY want to be able to speak to someone they can relate to and connect with – this is a big challenge with the Social Justice topic; PERT needs to be in the discussion.
- Vanessa: Requested data from County as to how many TAY are in the system; where are the gaps, where is the missing MH piece; very supportive of Social Justice goal.
- Liz asked if the MH focus of Social Justice is specific enough of a focus.
- Steven suggested taking the approach the LGBTQ subcommittee took: The LGBTQ subcommittee focused on disparities in accessing MH services for LGBTQ folks which included barriers to accessing services (environment, comfort, cultural responsiveness, etc.). Suggested researching similar bodies of literature/research related to disparities in MH related to people of color.
- Round table for the record on these three.
 - Liz – yes to all three
 - Laura – yes to all three
 - Michael – yes to all three
 - Kat – yes to all three, especially Service Access and Social Justice (SA and SJ)
 - Vanessa – yes to all three; top two = SA and SJ
 - Steven – yes to all three with SA and SJ priority; would be willing to work on the manual with Joe so that the other two can receive focus.
 - Serena – yes to all three would like to see TAY on each committee
 - Flora – yes to all three; these are big topics especially SJ so would like to focus on making this clear



	<ul style="list-style-type: none"> ▪ Victor – yes to all three; may need to prioritize black TAY on the SJ topic ▪ Matt – yes to all three, equally important ○ Identify the lead (or co-lead) for each subcommittee. <ul style="list-style-type: none"> ▪ Social Justice – Victor and Vanessa can co-lead, Flora and Laura can participate. ▪ Orientation Manual – Michael and Steven will help Joe. ▪ Service Access – Liz will participate and reach out to community SMEs; no lead identified; will elicit participation through email; Vanessa recommended San Diego Youth Connection Board. 	
<p>V. Review of Vacant Seats</p> <ul style="list-style-type: none"> • Announce NEW Co-Chair • Review Membership Roster 	<ul style="list-style-type: none"> • Liz recommended that open seats be announced at other councils. • Vanessa welcomed as new co-chair. • Thank you to Liz for her service and contributions as co-chair over the past year. 	
<p>VI. Next Steps</p>	<ul style="list-style-type: none"> • Eula will send out the draft of the manual, roster, and open seats. • Eula will also send Liz’s interest form for her seat. 	<ul style="list-style-type: none"> • Eula emailed out Liz’s interest form and packet to TAY Council Members on 7/23/2020.
<p>VII. Questions/Adjourn</p>	<ul style="list-style-type: none"> • Meeting adjourned at 4:50pm. 	