

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **North Inland Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current
Regional School Directories

https://bit.ly/cyf_directories



SCAN HERE



REGIONAL SERVICES DIRECTORY

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



Behavioral Health Services (BHS)

North Inland Region

District 2 Supervisor: Joel Anderson
 District 3 Supervisor: Terra Lawson-Remer
 District 5 Supervisor: Jim Desmond

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

Access & Crisis Line: (888) 724-7240 [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

9-8-8 Suicide & Crisis Lifeline: Dial “9-8-8”

County of San Diego Behavioral Health Services:

[Behavioral Health Services \(sandiegocounty.gov\)](http://sandiegocounty.gov)

County of San Diego Behavioral Health Provider Directory:

[Provider Directory \(sdcountybhs.com\)](http://sdcountybhs.com)

Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:

[Service Directories](#)

2-1-1 San Diego (List of services and referrals for health and social service programs): Dial “2-1-1”

General school related information can be found at:

[School-based Services/SchoolLink](#)

County BHS Primary Contacts in the North Inland Region

Autumn Gabin, Behavioral Health Program Coordinator

Autumn.Gabin@sdcounty.ca.gov or (619) 228-4911

Yael Koenig, Deputy Director

Yael.Koenig@sdcounty.ca.gov or (619) 563-2773

Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Emergency Screening Unit (ESU)	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Borrego Springs Unified	Borrego Springs Elementary	Vista Hill Foundation	Learning Assistance Center - North Inland	398 D Street Ramona, CA 92065	(760) 788-9724
	Borrego Springs High				
	Borrego Springs Middle				
Escondido Union	Bear Valley Middle	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
	Bear Valley Middle	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Bernardo Elementary				
	Central Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido School Based Incredible Years (IY) - N.Inland	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Conway Academy of Learning	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Screening to Care		
	Del Dios Academy of Arts & Sciences	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Learning Assistance Center - Escondido		

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union	Farr Elementary	Palomar Family Counseling Services	ChildNET/Incredible Years FSP	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Felicita Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Glen View Elementary	Palomar Family Counseling Services	ChildNET/Incredible Years FSP	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Glen View Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
			School Based Incredible Years (IY) - N.Inland		
	Hidden Valley Middle	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Learning Assistance Center - Escondido		
	Juniper Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1028 N Broadway Escondido, CA 92026	(760) 489-4126
			School Based Incredible Years (IY) - N.Inland		
L.R. Green Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126	

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union	Limitless Learning Academy	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
	Lincoln Acres Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
			School Based Incredible Years (IY) - N.Inland		
	Miller Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Mission Middle	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Learning Assistance Center - Escondido		(760) 489-4126
	North Broadway Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Oak Hill Elementary	Palomar Family Counseling Services	ChildNET/Incredible Years FSP	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Oak Hill Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
			School Based Incredible Years (IY) - N.Inland		
Orange Glen Elementary	Palomar Family Counseling Services	ChildNET/Incredible Years FSP	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	
	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126	

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union	Pioneer Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
			School Based Incredible Years (IY) - N.Inland		
	Quantum Academy	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Learning Assistance Center - Escondido		(760) 489-4126
	Reidy Creek Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Rincon Middle	Vista Hill Foundation	Screening to Care	1029 N Broadway Escondido, CA 92026	(760) 214-5207
			Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
	Rock Springs Elementary	Vista Hill Foundation	Learning Assistance Center - Escondido	1028 N Broadway Escondido, CA 92026	(760) 489-4125
	Rose Elementary	Palomar Family Counseling Services	ChildNET/Incredible Years FSP	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Learning Assistance Center - Escondido	1029 N Broadway Escondido, CA 92026	(760) 489-4126
		School Based Incredible Years (IY) - N.Inland			

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union High	Del Lago Academy	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Escondido High				
	Orange Glen High				
	San Pasqual High				
	Valley High	Mental Health Systems Inc.	North Inland Teen Recovery Center	340 Rancheros Dr., Ste. 166 San Marcos, CA 92069	(760) 744-3672
		Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
Fallbrook Union Elementary	Fallbrook STEM Academy	Palomar Family Counseling Services	Fallbrook Full Service Partnership	120 West Hawthorne Street Fallbrook, CA, 92028	(760) 741-2660
	La Paloma School				
	Live Oak Elementary				
	Maie Ellis Elementary				
	Potter Junior High				
	William Frazier Elementary				
Fallbrook Union High	Fallbrook High	Mental Health Systems Inc.	North Inland Teen Recovery Center	340 Rancheros Dr., Ste. 166 San Marcos, CA 92069	(760) 744-3672
		Palomar Family Counseling Services	Fallbrook Full Service Partnership	120 West Hawthorne Street Fallbrook, CA, 92028	(760) 741-2660

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Julian Union	Julian Elementary	Vista Hill Foundation	Learning Assistance Center - North Inland	398 D Street Ramona, CA 92065	(760) 788-9724
	Julian Junior High				
	Julian High				
Poway Unified	Rancho Bernardo High	Mental Health Systems Inc.	North Inland Teen Recovery Center	340 Rancheros Dr., Ste. 166 San Marcos, CA 92069	(760) 744-3672
Ramona Unified	Barnett Elementary	Vista Hill Foundation	Learning Assistance Center - North Inland	1029 N Broadway Escondido, CA 92026	(760) 214-5207
	Hanson Elementary				
	James Dukes Elementary				
	Montecito High		Screening to Care		
	Mt. Woodson Elementary				
	Olive Peirce Middle		Learning Assistance Center - North Inland		
	Ramona Community/Mt. Valley School				
	Ramona Elementary				
	Ramona High		Mental Health Systems Inc.		
Ramona High					

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Marcos Unified	Foothills High	New Alternatives Inc.	North County Outpatient School Based Services	1529 Grand Ave., Ste. A San Marcos, CA 92078	(760) 798-0299
	La Mirada Academy K-8				
	Mission Hills High				
	San Marcos Elementary	Rady Children's Hospital San Diego	North Inland Outpatient Psychiatry	2125 Citracado Parkway Suite 200 Escondido, CA 92025	(760) 294-9270
	San Marcos High	New Alternatives Inc.	North County Outpatient School Based Services	1529 Grand Ave., Ste. A San Marcos, CA 92078	(760) 798-0299
	San Marcos Middle	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Twin Oaks High	New Alternatives Inc.	North County Outpatient School Based Services	1529 Grand Ave., Ste. A San Marcos, CA 92078	(760) 798-0299
	Woodland Park Middle	Rady Children's Hospital San Diego	North Inland Outpatient Psychiatry	2125 Citracado Parkway Suite 200 Escondido, CA 92025	(760) 294-9270
SDCOE JCC Schools	Escondido Blended Community	Community Research Foundation	Mobile Adolescent Service Team	1260 Morena Blvd., Ste. 200 San Diego, CA 92110	(619) 398-3261
	North County Technology and Science Academy				
	San Pasqual Academy				
Spencer Valley	Spencer Valley Elementary School	Vista Hill Foundation	Learning Assistance Center - North Inland	398 D Street Ramona, CA 92065	(760) 788-9724

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Valley Center-Pauma Unified	Lilac Elementary	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Oak Glen High				
	Pauma Elementary				
	Valley Center Elementary				
	Valley Center High				
	Valley Center Middle				
	Valley Center Prep K-12				
Warner Unified	Warner Springs Elementary	Vista Hill Foundation	Learning Assistance Center - North Inland	398 D Street, Ramona, CA 92065	(760) 788-9724
	Warner Springs High				
	Warner Springs Junior High				

NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES OUTPATIENT CLINIC SITES



Outpatient Clinical Services

The following outpatient clinics are located in the North Inland Region. Many of these programs can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Services Directories](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
New Alternatives Inc. (NAI)	North County Outpatient School Based Services (NCOSBS)	Outpatient Mental Health Treatment	1529 Grand Avenue Suite A San Marcos, CA 92078	(760) 798-0299
Palomar Family Counseling Services Inc. (PFCS)	North Inland & Fallbrook School Based Services	Outpatient Mental Health Treatment	1002 East Grand Avenue Escondido, CA 92025 120 W. Hawthorne Street Fallbrook, CA 92028	(760) 741-2660
Rady Children's Hospital of San Diego (Rady)	North Inland Outpatient Psychiatry (NIOP) School Based Services	Outpatient Mental Health Treatment	2125 Citracado Parkway Suite 200 Escondido, CA 92029	(760) 294-9270
Vista Hill Foundation (VHF)	Learning Assistance Center (LAC) Escondido & North Inland School Based Services	Outpatient Mental Health Treatment	1029 N Broadway Escondido, CA 92026 1012 Main Street, Suite 101 Ramona, CA 92065	(760) 489-4126 (760) 788-9724
Mental Health Systems Inc. (MHS)	Teen Recovery Center (TRC) - North Inland School Based Services	Outpatient Substance Use Treatment	221 W. Crest St., Suite 100 Escondido, CA 92025	(760) 744-3672

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc. (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svc	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Rd., Ste. 500 San Diego, CA 92123	(858) 576-1700
				2204 El Camino Real, Ste.102 Oceanside, CA 92054	(760) 967-7082
				333 H Street, Suite 3010 Chula Vista, CA 91910	(619) 420-5611
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Palomar Family Counseling Services Inc. (PFCS)	ChildNET Incredible Years North Coastal & North Inland	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
				945 Vale Terrace Drive Vista, CA 92084	
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8765 Aero Drive Ste 310A San Diego, CA 92123 730 Medical Center Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92064	(619) 207-0396
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123 200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078 8324 Allison Ave. La Mesa, CA 91942	(760) 842-6202
Outpatient Mental Health Treatment	Justice Involved Youth	North County Lifeline Inc. (NCL)	BridgeWays	3890 Murphy Canyon Rd., Ste. 250 San Diego, CA 92123	(760) 509-3444

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Ave., Ste. 100 San Diego, CA 92123 311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025 637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 3845 Spring Dr., Rm 13 Spring Valley, CA 91977 150 La Terraza Blvd. Escondido, CA 92025 215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	2655 Camino del Rio N Suite 450 San Diego, CA 92108	(858) 633-4115
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
SUD Teen Residential 2 Homes/6 Beds Each	Residential - Substance Use Disorder (SUD)	McAlister Institute for Treatment and Education (MITE)	Teen Group Homes	Confidential Group Homes	(619) 672-3902 East (619) 337-3830 South
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive, Ste. 300 San Diego, CA 92123 504 W. Mission Ave., Ste. 106 Escondido, CA 92023 3845 Spring Drive Springe Valley, CA 91977 637 3rd Avenue, Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111	(858) 277-9550
				235 W. 5th Ave., Ste 130 Escondido, CA 92025	
				3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	



The County Behavioral Health Services Department is interested in your input on how the directory can be improved. Are there any features and elements that would make it easier to use?

Please provide input to Janette.Magsanoc@sdcounty.ca.gov