# **Behavioral Health Services Combined Councils Bi-Annual Meeting**





### October 16, 2023 | 9-10:30 a.m.

#### Zoom meeting link for registration sent via Outlook meeting invitation:

https://us06web.zoom.us/meeting/register/tZlofuytpigsGNDV9sm GskByXU6NuT 6wso#/registration

CYF Council Co-Chairs	TAY Council Co-chairs	Adult Council Co-Chairs	Older Adult Council	Housing Council	Peer Council
Stephanie Escobar Celica Garcia- Plascencia	Ann Lacy Victor Esquivel	Jeffrey Najarian Marisa Varond	Velia Gitari Donovan Ackley	Lisa Huff	Mary Joe O'Brien Robert Forte

ITEM	SUMMARY AND ACTION ITEMS		
Welcome and Introductions, (Yael Koenig)     Expanded participation for the Combined Councils	Yael Koenig welcomed meeting participants and announced the Combined Councils meeting expanded Councils' participation to include Older Adult, Housing, and Peer Councils		
Business Items (Yael Koenig)  Public Input  Review of April 10, 2023, Combined Councils Meeting Summary - Handout - Pages 2-6  Councils' written Updates - Handouts - Pages 7-15	Public input:		

- Children, Youth and Families Council
- Transitional Age Youth Council 0
- Adult Council 0
- Older Adult Council
- Housing Council
- Peer Council

- Disorder (SUD) related services have not seen a decrease. Additionally, there is a concern of vulnerable youth that may become victims of the "drug cartels"
- o Mary Jo O'Brien, Peer Council Co-Chair shared the excitement of the "Peer voice" through this Council
- Please submit edits to the April 10, 2023 Combined Councils meeting to Aprille.Pena@sdcounty.ca.gov by the end of today
- Yael Koenig informed meeting participants that Councils' updates were included in the meeting packet

#### Community Assistance, Recovery and Empowerment (CARE) Act Program Update

(Cecily Thornton-Stearns and Charity White-Voth)

Handouts - Pages 16-17

CARE Act Program (sandiegocounty.gov)

County and Court Officials Preview Start of New CARE Act Program -YouTube

Charity White-Voth and Cecily Thornton-Stearns provided an overview of the CARE Act program. Meeting attendees utilized the Chat function and also unmute themselves to ask questions and to provide input.

Action Item: To make the PowerPoint presentation available. **Update:** Presentation was sent to the Councils distribution lists and also made available at: PowerPoint Presentation (sandiegocounty.gov)

#### Hot Topic: Housing and Homeless Panel (Piedad Garcia Ed. D., LCSW) Presentation handout: Pages 19-37

- Piedad Garcia
- Brenda Sarabia, DSW, LCSW

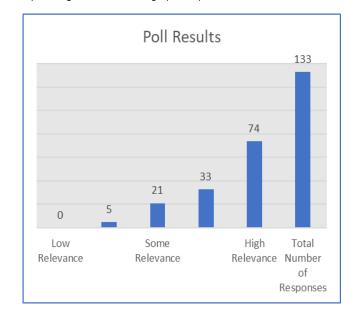
# Simonne Ruff, Corporation for Supportive Housing (CSH)

#### Dialogue (Questions/Answers)

Piedad Garcia facilitated the presentation with Simonne Ruff, Yael Koenig, and Brenda Sarabia that included a historic overview of the BHS housing initiative, current efforts, and challenges. There was an active participation from meeting attendees.

#### Closing Remarks and Announcements (Cara Evans Murray)

- Poll Question Overall relevance of today's meeting
- Stakeholder Announcements unmute or add information to the chat
- Upcoming Councils Meetings (Virtual)



Cara Evans-Muray provided the closing remarks and covered the following items:

- Poll results are included on the left column
- Stakeholder announcements shared via Chat and by unmuting:
  - Anyone interested in discussing the Child
    Welfare System through the lens of families and children 0-5, please
    attend the Early Childhood Mental
    Health Committee. Meeting today at 10:45 a.m. E-mail
    Committee co-chair, Stephanie Gioia-Beckman for a calendar
    invitation at: <a href="mailto:Stephasgioiabeckman@rchsd.org">Stephasgioiabeckman@rchsd.org</a>
  - The Recovery Residences Association has some homes that welcome women and children, and men and children, and expecting more in the coming months. More information at: Directory – Recovery Residence Association (rrasd.org)
  - The 2023 Regional Task on Homelessness is scheduled for December 5-6, 2023 at the Hilton San Diego Bay Front. More information at: https://www.rtfhsd.org/
- Upcoming Councils Meetings (Virtual)
  - CYF: Monday, November 13, 2023 from 9 to 10:30 a.m.
  - TAY Council: Wednesday, January 24, 2024 from 3 to 4:30 p.m.
  - Adult: Monday, November 13, 2023 from 11 a.m. to 12:30 p.m.
  - Older Adult: November 15, 2023 (Rescheduled from November 22, 2023) from 10 a.m. to noon
  - O Housing: Thursday, November 2, 2023 from 11 a.m. to noon
  - o Peer: Tuesday, November 21, 2023 at 2 p.m.
- Next Combined Councils meeting is tentatively scheduled for April 8, 2024

#### Councils Members Attendance Housing Council

Member	Status	Member	Status
Nicole Aguilar	0	Jeffrey Najarian	+
Tina Cobarrubias	0	Precyous Newton	+
Vianey Del Real Ochoa	+	Angela Rowe	+
Lisa Huff	+	Jon Walters	0
		Whitney Wilson	+

#### **Peer Council**

Mental Health	Status	Substance Use Disorder (SUD)	Status
Mary Jo O'Brien (Co-chair)	+	Robert Forte (Co-chair)	+
Linda Puebla	0	Josh Roberts	0
Haley Jurbala	0	Devin Eshelman	0
Leticia Zuno	0		
Jo Barrett	+		
Isaac Lara	0		

# CYF Council e O= Absent

+= Member in Attendance

E= Excused

	Constituency	Member	Status	Alternate	Status
		PUBLIC SECTOR	ı		
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	0	Joel San Juan	0
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	0	Dr. Patricia Cardenas- Wallenfelt	0
3	Public Safety Group/ Probation	Tabatha Wilburn	0	Delona King	0
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	+	Norma Rincon	0
5	Homeless Solutions and Equitable Communities	Rosa Gracian	0	Liki Porotesano	0
6	Public Health	Dr. Thomas R. Coleman	0	Rhonda Freeman	0
7	Medical Care Services	Dr. Kelly Motadel	+	Heather Summers	0
8	Juvenile Court	H. Judge Ana España	0	Beth Brown	+
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	0	Stephanie Escobar	+
		EDUCATION SECTOR	ı	1	1
10	Special Education Local Plan Area (SELPA)	Russell Coronado	0	Jaime Tate-Symons	0
11	Regular Education Pupil Personnel Services	Heather Nemour	0	Mara Madrigal-Weiss	0
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	0
		PRIVATE SECTOR	1		
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	0	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	0
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	0
17	Mental Health Contractors Association (MHCA)	Julie McPherson	+	Vanessa Arteaga	+
18	MHCA	Laura Beadles	0	Golby Rahimi	0
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	0	Marcelo A. Podesta	0
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	0
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
	FAI	MILY AND YOUTH SECTOR			1
22	Consumer Advocacy/Family Education Services	Khalif Kelly	0	Sten Walker	+
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn "Kari" Perry	+
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	0	Vacant	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	0		
	COMMITTEES (Non-vo	ting members unless a memb	er of the Cour	ncil)	
-	Executive	Stephanie Escobar/Celica Garcia-Plascencia	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	Е		
-	CYF CADRE	Julie McPherson/Marisa Varond	+/+		
-	Early Childhood	Stephanie Gioia- Beckman/Jennifer Kennedy	+/O		
-	Education	Heather Nemour	0		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O/+		
-	Training	Edith Mohler Jennifer Rusit	+/O		

## TAY Council

+= Member in Attendance	O= Absent	E= Excused

Membership Seat	Member	Status
Child Welfare Services (CFWB)	Steven Wells	+
Client Advocacy	Paul Herrmann	+
Commercial Sexual Exploitation of Children	OPEN	
Education	Marian Edelbrock	0
Employment Services	Pam Meza	+
Foster Youth (current or former Extended Foster Care TAY)	Gabriela Garcia	+
Homeless Services/Outreach/Co-Chair	Anne Lacy	+
Hospital Partner	OPEN	
Housing	Jennica Valdez	0
Law Enforcement	OPEN	
LGBTQ	Khalif Kelly	0
Mental Health Prevention and Early Intervention	Katie Blevitt	0
Peer Support Specialist in TAY Program	Eliza King	+
Pregnant or Parenting Youth Provider	Laura Tancredi-Baese	+
Primary Health Care	OPEN	
Public Safety Liaison/Juvenile Probation	Rafael Ortiz Gomez	+
Refugee and Immigrant Populations	Jesse Emerson	0
San Diego Regional Center for the Developmentally Disabled	Rebecca Hamada	0
Substance Use Disorder Services/Co-Occurring	OPEN	
Transitional Age Youth (1)	Nicole McDonald	0
Transitional Age Youth (2)	Simone Hidds Monroe	0
TAY Social Support/Activities	Tanya Zepeda	+
Underserved Communities/CCRT	Eycleisha Eriksen	+
Open Seat (1)	Ahni Rocha-Redmond	0
Open Seat (2) /Co-Chair	Victor Esquivel	+

# Adult Council += Member in Attendance O= Absent

E= Excused

Constituency	Member	Status	Alternates	STATUS
(Alcohol & Drug Services) Vista Hill	Rowe, Angela	+		
(Behavioral Health Advisory Board)	San Juan, Joel	0		
(TAY) Pathways LLC.	Baraceros Mary	+	Emory, Christopher	
(Co-occurring Disorder/CADRE) McAlister Institute for Treatment & Education	Varond, Marisa	+	Jackson, Shannon	+
(Employment Services) San Diego Workforce Partnership	Ta, Kim	0		
(Employment Services) MHS Inc Employment Solutions	Del Real Ochoa, Vianey	+	Downing, Amanda	+
Community College District	Easton, Leslie	+	Kamp, Julia	0
(Community College District) San Diego Mesa College	Woodruff, Monica	0		
Cultural Competence Resource Team	Glezer, Natanya	+	Riley, Claire	+
Health Plan	Lang, Kathleen	+	Fritz, Kimberly	0
HHSA - Central Region	Reinhardt, Jayne	0		
(Homeless Services Provider) Catholic Charities	Fallon, Antoinette	+		
(Hospital Partners)	Sumek, Caryn	+		
(Advocacy) NAMI San Diego	Fischer, Anita	0	Hebert, Valerie	0
(Advocacy) Jewish Family Services	Hall, Melissa	+		
(Advocacy) Mental Health America	Watson, Daphyne	0	Patterson, Judy	
(Mental Health Contractor's Association) CRF Behavioral Healthcare	Rogers, Diego	0		
(Mental Health Coalition) Exodus Recovery	Stark, Tamara	0		
Persons Served 1	Williams, Kyle	0	Fischer, Laurel	0
Persons Served 2	Tompson, Stacy	0	Jayna Lee	0
Persons Served 3	Waters, Scott	0	Caro, Karla	0
Prevention and Early Intervention Constituency	Imam, Syed	0	Hempstead, Karen	0
(Primary Health Care/Clinical Director's Office) Behavioral Health Services	Ramos, Nilanie	0		
(Regional Center for the Developmentally Disabled) San Diego Regional Center	Webb, Peggie	0	David, Therese	0
Long Term Care	Jajou, Gwen	+	Baker, Carrie	0
UCSD Psychiatry	Kistler, Janelle	0		
(Advocacy) League of Women Voters	Kruidenier, Liz	0		
(Fee For Service) San Diego Psychological Association	Miller, Don	0	Tess, Steve	0
(Housing Council) Wakeland Housing & Development Corporation	Najarian, Jeffrey	+	Dalila Valencia	0
(Advocacy) Consumer Center For Health Education & Advocacy	O'Brien, Mary Jo	+		
(Veterans Services) Office of Military & Veterans Affairs	Quintong, Wil	0	Relieve, Adonis	0

Devine, Alisha

0

Patel, Trisha

(Underserved Communities) Deaf Community Services

0

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Agency	Member	Status	Alternates	Status
San Diego State University Research Foundation	Ackley (III), Donovan	0	N/A	
Council of Community Clinics	Adelman, Marty	0	Pending	
Sharp Mesa Vista Hospital	Atterton, Caroline	0	Pending	
VA/UCSD	Ayers, Catherine	0	Pending	
Neighborhood House Association Project ENABLE	Estrada, Elizabeth	0	Pending	
CRF - Senior Impact	French, Lauren	0	Natalia Barsotti	0
Older Adult Community Member	Garcia, Lisa	+	N/A	
UPAC EMASS Program Manager	Gitari, Velia	+	Maria Ayala	0
San Diego State University	Harris, Olita	0	Pending	
Jewish Family Service Patient Advocacy Program	Little, Tammy	+	Caitlin Woodruff	0
County of San Diego Behavioral Health Advisory Board	Matthews, Mike	0	Pending	
Telecare: AgeWise	RaeEllen Keeney	0	Alexis George	0
Consumer Center for Health Education & Advocacy (CCHEA)	Neidenberg, Carol	0	Pending	
Older Adult Community Member	O'Brien, Mary Jo	+	N/A	
RI International	Opsal, Sandy	0	Pending	
UPAC - Counseling and Treatment Center	Parada, Evelyn	+	Pending	
Aging & Independence Services	Pearce, Kimberly	+	Madelyn Ochoa-Wingate	0
OptumHealth	Richards, Serena	0	Gwen Jajou	+
Serving Seniors	Sinnott, Jennifer	0	Pamela Alvarado	0
MHS, Inc North Inland Mental Health Center	Thurston, Lisa	+	Rita Moufarrege	0
Mental Health America of San Diego County	Watson, Daphyne	0	Pending	

	Total Attendee	s: 179	
Alexis Anderson	Dawn Hull	Karen Marie	Pedro Estrada Jr.
Alexis Cabarga	Debbie Ladisernia	Kari Perry	Perla Vega
Amanda Downing	Debra Schade	Katherin Torres	Pradeep Gidwani
Amir Vahabinejad	Delia Machado	Kathleen Derby	Precyous Newton
Anapaola Corona Paez	Delrena Swaggerty	Kathleen Lang	Rachel Lehnert
Angel Vargas	Diana Snyder	Katie Wood	Rafael Ortiz-Gomez
Angela Rowe	Dina Ali	Kelly Bordman	Reigel Javinal
Anne Lacy	Divya Kakaiya	Kelly Motadel	Rhonda Crowder
Antoinette Fallon	Dominique Holton	Kenia Urrutia	Robert Forte
Aprille Peña	Edith Mohler	Kimberly Pearce	Roberto Suarez
Armando Shola	Eileen Quinn-O'Malley	Kimberly Russell-Shaw	Sade Carswell
Asheka Huey	Eliza King	Kristin Garrett	Samantha Volk
Ashley Rambeau	Eliza Reis	Laura Tancredi	Shane Morey
Barbara Ryan	Elizabeth Dauz	Leslie Easton	Shannon Jackson
Bernie Miles	Emily Gaines	Leslie Manriquez	Shaun Goff
Beth Brown	Eric G.	Lisa Garcia	Simonne Ruff
Betsy Knight	Erick Mora	Lisa Huff	Sonya Yu-
Betty Lemos-Arellano	Erika Hernandez	Lisa Thurston	Stacey Musso
Brenda Estrada	Erin Murphy	Liz Miles	Sten Walker
Brenda Sarabia	Evan Hodges	Lorena Locano	Stephanie Escobar
Brianna Ferreira	Evelyn Parada	Lori Sorenson	Stephanie Gioia-Beckmar
Carmen Lucci	Eycleisha Eriksen	Mareeh Marquez	Steven Wells
Carmen Pat	Fabiola Bellinger	Margarita Hernandez	Susan Bower
Carolina Reyna	Faeth Jackson	Maria Morgan	Susana Antonio
Carrie McClellan	Gabriela Garcia Presa	Maria Ventura	Tammy Little
Caryl Montillano	Gina Herbert	Maria Whitehead-Griffin	Tanissha Harrell
Caryn Sumek	Grisel Ortega-Vaca	Maribel Gunner	Tanya Mercado
Cassie Padilla	Gwen Jajou	Marisa Varond	Tanya Zepeda
Cara Evans Murray	Hannah Zimmerman	Martin Dare	Taylor Valdivia
Cecily Thornton Stearns	Hope Graven	Mary Ellen Baraceros	Terri Kang
Celeste Hunter	Jamie Pellegrino	Mary Jo O'Brien	Linda Puebla
Celica Garcia Plascencia	Janette Magsanoc	Mayra Gonzalez-Munoz	Tim Nou
Chana Kelly	Jazmin Oregon	Megan Perez	Valerie Ramirez
Charity White-Voth	Jean McDonald	Melanie Collaco	Vanessa Arteaga
Chris Khabbaz	Jeffrey Najarian	Melanie Morones	Velia Gitari
Christine Davies	Jennifer Busico	Melissa Hall	Vianey Del Real Ochoa
Christine Maggio	Jerry Hall	Melissa Linda	Victor Esquivel
Christopher Emory	Jo Barrett	Melissa Penaflor	Wassam Auef
CJ Valasek (Chad Valasek)	Joseph Henson	Michael Miller	Wendy Maramba
Claire Riley	Judi Holder	Michelle Raby	Whitney Wilson
Connie German-Marquez	Julie McPherson	Natanya Glezer	Yael Koenig
Cynthia Robles	Kacie Rodvill	Pamela Meza	Yuka Sakamoto
Danielle Eguiza	Kameka Smith	Patricia Bauer	Zayra Rios
Danyte Mockus-Valenzuela	Kamyar Moghbeli	Paul Herrmann	4 Unknown callers