



TRANSITIONAL AGE YOUTH BEHAVIORAL HEALTH SERVICES COUNCIL (TAYBHSC) MEETING MINUTES

Wednesday, September 28th, 2022

AGENDA ITEM	SUMMARY	NOTES
Welcome and Introductions Approval of January Minutes (Co-Chairs)	 Welcome and Introductions WebEx Housekeeping Rules Review and Approval of August 2022 Minutes 	Agenda was reviewed by general body and approved by: Paul Herrmann (1st) Anne Lacey (2nd)
Announcements (Co-Chairs)	 3 Primary Area of Focus TAYBHSC Announcements Vacant TAY Council member seats. 	Each representation gave update on 3 Primary focus group. Liz Winchell TAY Resource guide – Added a section for prosocial activities - free resources dance, music all kinds of activities. Focus group needs additional members. Katie Blevitt - Health and Wellness group Identified barriers to services: Wait times for walk-in clinics or making appointments, transportation, TAY lack motivation or awareness for accessing services, lack of self-esteem Focus on maintenance of wellbeing as opposed to only in crisis situation, early intervention Irving Chavez - Education / Employment Services Formulating ideas and actions that help system Access, Sustainability in education and employment Lack of information about education. TAY council seats are available.
MHSA Updates (Danyte Mockus-Valenzuela)	General MHSA Updates	The 30-Day Public Comment Period for the MHSA Fiscal Year 2022-23 Annual Update is now open. We invite you to review and offer feedback on the report posted here: Mental Health Services Act (MHSA) (sandiegocounty.gov) There are three ways to provide feedback: through the Public Comment Form Link https://app.smartsheet.com/b/form/e7dd63043f054e8ebc07fdabc8cd7246, through the MHSA email address MHSProp63.HHSA@sdcounty.ca.gov or through our phone line at 619-548-5063 or 888-977-6763. star 1 Mental Health Services Act (MHSA) The Annual Update can be downloaded here: https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/NOC/MHSA/MHSA%20Final%204.pdf





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BHS Update/ Announcements (Claire Riley and Michael Miller)	General BHS Updates Board of Supervisors (BOS) Board Letters related to TAY	 Claire Riley Request for Information for DMC Residential Services on the 1st, RFP should be posted soon on Buy Net RFP currently posted on Buy Net include: Enhanced Strengths based, ACT, hybrid outpatient and recovery and bridge center (formerly known as sobering services) New program coordinators have joined the team PH updates - you can call or text to receive updates on Monkey Pox, County is also hosting Monkey Pox Vaccine event SDC County is currently hiring for BH Program Coordinators requires license in bx field with state of CA and a min of 5 years, primarily telework with regular in person meetings. Visit San Diego County website for more information, more than one available • Michael Miller Board of Supervisors Meetings, most recent was 09/27 Items were approved that are relevant to





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Presentation: (Dr. Laura Rossi)	Presentation: OPIOID Treatment (SOAP MAT)	(5) 09272022 BL Item (3) 09272022 BL Item 22 Increasing Workf 12 Housing Summit. (9) Sep 27 and Oct (7) Attachment A 11 2022 BL item 24 HBehavioral Health Se (1) Sep 27 2022 BL (2) Sep 27 2022 BL Item 07 BL Carreer Pa Item 08 CWS F5SD C (4) 09272022 BL (6) BL BHS COC Item 21 Homelessne 20220927.pdf Please note for a full review of the County of San Diego Board of Supervisors meeting agendas please access the website here: Board of Supervisors Meeting Agendas (sandiegocounty.gov) Provide methadone with education and clinically manage and time with patients Naltrexone - patient has to have zero receptor activity prior to admin (no use for a min of 14 days) M. Gonzalo Opiate Treatment Programs (OTP) based out of harm reduction Can help those experiencing co-occurring disorder Patient / client can determine how long methadone treatment will last (Methadone Maintenance Model) Higher retention levels with OTP lead to higher success rates Highly regulated at fed, state and local levels Document hx of opioid use and dependency (prev. tx episode or other OTP tx) Soap Mat serves age 12+ *need to de-stigmatize SUD population
Public Discussion/ Comments	 Eliza - TAY Housing Complex (in San Marcos) Villa Serena has opened their waitlist Tay Council will go DARK (no meeting) Nov & Dec. Next TAY Council Meeting is Jan 25, 2023 at 3-4:30pm. Workgroup meetings will continue during this period 	