

SOUTH REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **South Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current
Regional School Directories

https://bit.ly/cyf_directories



SCAN HERE



REGIONAL SERVICES DIRECTORY

SOUTH REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



Behavioral Health Services (BHS)

South Region

District 1 Supervisor: Nora Vargas

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

Access & Crisis Line: (888) 724-7240 [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

9-8-8 Suicide & Crisis Lifeline: Dial “9-8-8”

County of San Diego Behavioral Health Services:

[Behavioral Health Services \(sandiegocounty.gov\)](http://sandiegocounty.gov)

County of San Diego Behavioral Health Provider Directory:

[Provider Directory \(sdcountybhs.com\)](http://sdcountybhs.com)

Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:

[Service Directories](#)

2-1-1 San Diego (List of services and referrals for health and social service programs): Dial “2-1-1”

General school related information can be found at:

[School-based Services/SchoolLink](#)

County BHS Primary Contacts in the South Region

Emily Gaines, Behavioral Health Program Coordinator

Emily.Gaines@sdcounty.ca.gov or (619) 806-5320

Yael Koenig, Deputy Director

Yael.Koenig@sdcounty.ca.gov or (619) 563-2773

Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Emergency Screening Unit (ESU)	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Chula Vista Elementary	Arroyo Vista Charter K-8	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	Bayfront Charter K-12				
	Castle Park Elementary	SBCS Corporation	South Region	430 F Street Chula Vista, CA 91910	(619) 420-3620
			School Based Incredible Years (IY) - South		
	Feaster Charter Elementary	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	Finney Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	430 F Street Chula Vista, CA 91910	(619) 420-3620
	Harborside Elementary	SBCS Corporation	South Region		
	Lauderbach Elementary				
	Loma Verde Elementary				
	Mi Escuelita				
	Montgomery Elementary				
	Mueller Charter	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	Otay Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	430 F Street Chula Vista, CA 91910	(619) 420-3620
			South Region		
	Rice Elementary		South Region		
Rohr Elementary	School Based Incredible Years (IY) - South				
Rosebank					

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Chula Vista Elementary	Silver Wing	SBCS Corporation	South Region	430 F Street Chula Vista, CA 91910	(619) 420-3620
	Vista Square Elementary				
National School District	Central Elementary	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	El Toyon Elementary				
	Ira Harbison Elementary				
	John Otis Elementary				
	Kimball Elementary				
	Las Palmas Elementary				
	Lincoln Acres Elementary				
	Olivewood Elementary				
	Palmer Way Elementary				
	Rancho De La Nacion Elementary				
	Las Palmas Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	430 F Street Chula Vista, CA 91910	(619) 420-3620

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Ysidro	San Ysidro Middle	SBCS Corporation	Screening to Care	430 F Street Chula Vista, CA 91910	(619) 420-3620
	La Mirada Elementary				
	Ocean View Elementary				
	Smythe Elementary				
	Sunset Elementary				
	Willow Elementary				
	La Mirada Elementary		School Based Incredible Years (IY) - South		
	Smythe Elementary		School Based Incredible Years (IY) - South		
	Vista Del Mar Middle		Screening to Care		
	Willow Elementary		School Based Incredible Years (IY) - South		

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
SDCOE JCC Schools	Second Chance Blended Community	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Ste. 200 San Diego, CA 92110	(619) 398-3261
	South County Blended Community				
South Bay Union	Bayside Elementary	SBCS Corporation	South Region	430 F Street Chula Vista, CA 91910	(619) 420-3620
	Berry Elementary				
	Central Elementary				
	Emory Elementary				
	George Nicoloff Elementary				
	Howard Pence Elementary				
	Imperial Beach Elementary				
	Nestor Elementary				
	Oneonta Elementary				
	Sunnyslope Elementary				
Teofilo Mendoza Elementary					

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Sweetwater Union High	Bonita Vista High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Bonita Vista Middle				
	Castle Park High				
	Castle Park Middle				
	Chula Vista High				
	Chula Vista Middle				
	Eastlake High				
	Eastlake Middle				
	Granger Junior				
	Hilltop High				
	Hilltop Middle				
	Mar Vista Academy (Community Resource Center)				
	Mar Vista High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Montgomery High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
Montgomery Middle (Community Resource Center)					

SOUTH REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Sweetwater Union High	National City Middle	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Olympian High				
	Options Secondary				
	Otay Ranch High				
	Palomar High				
	Rancho Del Rey Middle				
	San Ysidro High (feeds into FRC)	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Southwest High	McAlister Institute	South Region Teen Recovery Center	371 E Street Chula Vista, CA 91910	(619) 691-1045
		Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Southwest Middle	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
Sweetwater High	McAlister Institute	South Region Teen Recovery Center	371 E Street Chula Vista, CA 91910	(619) 691-1045	
	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372	

SOUTH REGION BEHAVIORAL HEALTH SERVICES OUTPATIENT CLINIC SITES



Outpatient Clinical Services

The following outpatient clinics are located in the South Region. Many of these program can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Service Directories](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
Community Research Foundation (CRF)	Nueva Vista Youth & Family Services School Based Services	Outpatient Mental Health Treatment Substance Use Disorder (SUD) Counselor	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
SBCS Corporation	South Region School Based Services	Outpatient Mental Health Treatment	430 F Street Chula Vista, CA 91910	(619) 420-3620
Sweetwater Union High School District (SUHSD)	Mental Health Resource Center School Based Services	Outpatient Mental Health Treatment	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
McAlister Institute for Treatment and Education (MITE)	Teen Recovery Center (TRC) - South School Based Services	Outpatient Substance Use Treatment	371 E. St. Chula Vista, CA 91910	(619) 691-1045

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc. (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svc	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123	(858) 576-1700
				2204 El Camino Real, Suite 102 Oceanside, CA 92054	(760) 967-7082
				333 H Street, Suite 3010 Chula Vista, CA 91910	(619) 420-5611
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Palomar Family Counseling Services Inc. (PFCS)	ChildNET Incredible Years North Coastal & North Inland	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
				945 Vale Terrace Drive Vista, CA 92084	
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905

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Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8765 Aero Drive Ste 310A San Diego, CA 92123	(619) 207-0396
				730 Medical Center Ct. Chula Vista, CA 91911	
				1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92064	
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123	(760) 842-6202
				200 Michigan Avenue Vista CA 92084	
				707 Oceanside Blvd. Oceanside, CA 92054	
				334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078	
Outpatient Mental Health Treatment	Justice Involved Youth	North County Lifeline Inc. (NCL)	BridgeWays	8324 Allison Ave. La Mesa, CA 91942	(760) 509-3444
				3890 Murphy Canyon Rd., Ste. 250 San Diego, CA 92123	
Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Avenue, Suite 100 San Diego, CA 92123 311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025 637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 3845 Spring Dr., Rm 13 Spring Valley, CA 91977 150 La Terraza Blvd. Escondido, CA 92025 215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647
Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	2655 Camino del Rio N, Suite 450 San Diego, CA 92108	(858) 633-4115
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
SUD Teen Residential 2 Homes/6 Beds Each	Residential - Substance Use Disorder (SUD)	McAlister Institute for Treatment and Education (MITE)	Teen Group Homes	Confidential Group Homes	(619) 672-3902 East (619) 337-3830 South
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive, Suite 300 San Diego, CA 92123 504 W. Mission Avenue, Ste. 106 Escondido, CA 92023 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue, Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075

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Service	Special Population	Agency	Program Name	Address	Phone Number
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111	(858) 277-9550
				235 W. 5th Ave., Ste 130 Escondido, CA 92025	
				3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	



The County Behavioral Health Services Department is interested in your input on how the directory can be improved. Are there any features and elements that would make it easier to use?

Please provide input to Janette.Magsanoc@sdcounty.ca.gov