Q3
Mental Health Performance Dashboard - AOA
COUNTY OF SAN DIEGO HHSA — HEALTH AND HUMAN SERVICES AGENCY | LIVE WELL SAN DIEGO

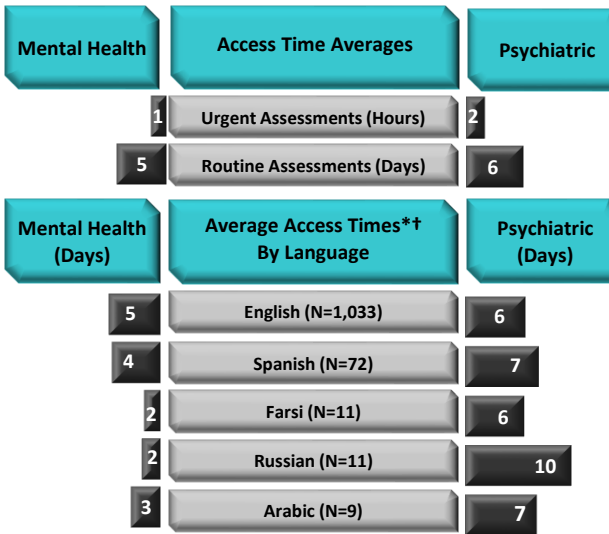| FY 2022-23 | County of San Diego Behavioral Health Services | Adult and Older Adult |

Client Counts

Clients Served

Q3	Q4	Q1	Q2	Q3
21,268	21,313	22,795	22,866	22,625

-----FY21-22------   ---------FY22-23-------------
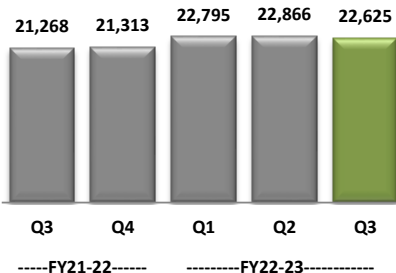
| 22,625 | Clients Served in Q3 (-1.1%)* |
| 811 | Veterans Served in Q3 |

*% Change from previous quarter.

Access

Mental Health	Access Time Averages	Psychiatric
1	Urgent Assessments (Hours)	2
5	Routine Assessments (Days)	6

Mental Health (Days)	Average Access Times*† By Language	Psychiatric (Days)
5	English (N=1,033)	6
4	Spanish (N=72)	7
2	Farsi (N=11)	6
2	Russian (N=11)	10
3	Arabic (N=9)	7

*Routine appointments.
†Access times prioritized by number of inquiries.
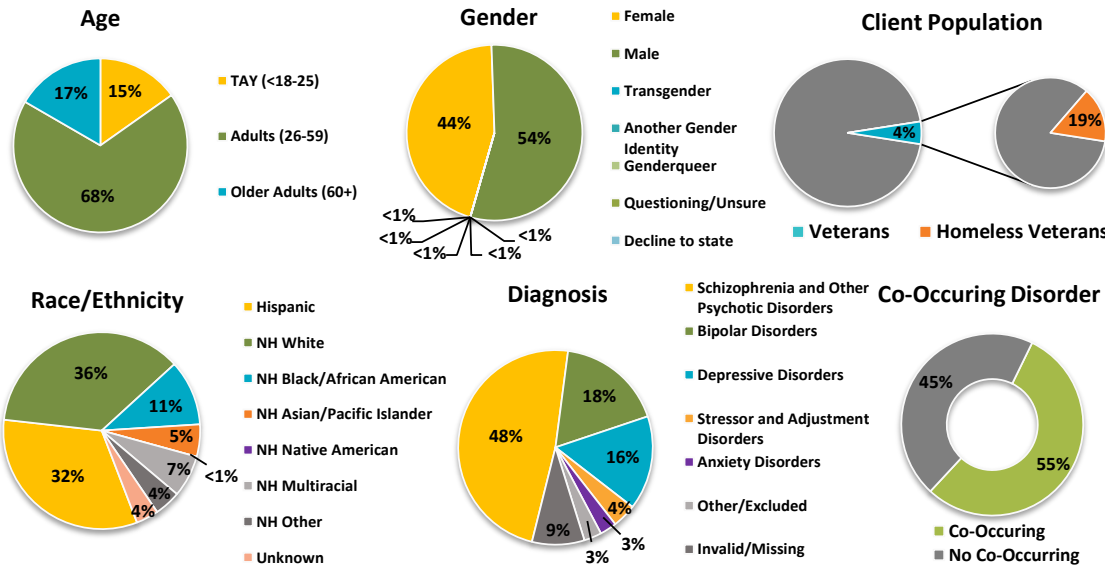Note: Access Time calculation methodology was modified in Q4 FY 18-19.

Utilization by Program Type*

Mental Health Services	N	%	Δ
Outpatient Services	15,074	67%	<1%
Forensic Services	4,357	19%	<-1%
Emergency Services	5,331	24%	<1%
24 hour Services	615	3%	<1%
Inpatient Services	1,588	7%	<1%

Inpatient Discharges (≥18 years, N=1,691)	N	%	Δ
Without Readmission	1,341	79%	<-1%
30 Day Readmission	350	21%	<1%
7 Day Connection to Services	557	33%	<1%
30 Day Connection to Services	771	46%	1%

Δ = Change in percentage points from previous quarter.
Note: Changes in percentage points may reflect differences due to rounding.
*Clients may have been seen in more than one program in the quarter.

Demographics

Age

- TAY (<18-25): 15%
- Adults (26-59): 68%
- Older Adults (60+): 17%

Gender

- Female: 44%
- Male: 54%
- Transgender
- Another Gender Identity
- Genderqueer
- Questioning/Unsure
- Decline to state
<1%, <1%, <1%, <1%

Client Population

- Veterans: 4%
- Homeless Veterans: 19%

Race/Ethnicity

- Hispanic: 32%
- NH White: 36%
- NH Black/African American: 11%
- NH Asian/Pacific Islander: 5%
- NH Native American: <1%
- NH Multiracial: 4%
- NH Other: 7%
- Unknown: 4%

Diagnosis

- Schizophrenia and Other Psychotic Disorders: 18%
- Bipolar Disorders
- Depressive Disorders: 16%
- Stressor and Adjustment Disorders: 4%
- Anxiety Disorders: 3%
- Other/Excluded: 9%
- Invalid/Missing: 3%
(48%)

Co-Occuring Disorder

- Co-Occuring: 55%
- No Co-Occurring: 45%

Quality of Life

Quality of Life Indicators*	Δ
12% of Clients Are Employed	<1%
90% of Clients Have Medi-Cal Coverage	1%
86% of Clients Are Housed	<-1%
72% of Clients Have a Primary Care Physician	<1%
52% Reported Improvement in their Personal Recovery (Client Self-Report)	<1%
45% Reported Improvement in the Ability to Manage their Mental Health Symptoms (Clinician Report)	-6%

Δ = Change in percentage points from previous quarter.
*Percentages are based on unique clients served.

Report Date: 5/30/2023