

Assertive Community Treatment (ACT)

Countywide Services

[Community Research Foundation Senior IMPACT](#)
(619) 977-3716

Serves: adults ages 60 and older

[TURN Behavioral Health Services Center Star](#)
(619) 521-1743

Serves: adults ages 25-59 yrs.

[Pathways Catalyst ACT](#)
(858) 300-0460

Serves: transition age youth ages 16-25 yrs.

[Telecare La Luz ACT](#)
(619) 320-2404

Serves: adults ages 18-59 yrs.

[Telecare Vida ACT](#)
(619) 332-5830

Serves: adults 18 and older

[Telecare Assisted Outpatient Treatment \(AOT\)](#)

(619) 481-3840

Serves: adults 18 and older

[Telecare Gateway to Recovery](#)

(619) 683-3100

Serves: adults 18 and older

[Telecare Pathways to Recovery](#)

(619) 683-3100

Serves: adults ages 18-59 yrs.

[Telecare Tesoro ACT](#)

(619) 320-2404

Serves: adults ages 18-59 yrs.

[Telecare Behavioral Health Court](#)

(619) 276-1176

Serves: adults 18 and older

BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South
San Diego, CA 92108
(619) 563-2700

<https://sdcountrybhs.com/ProviderDirectory>

ACCESS & CRISIS LINE
1-888-724-7240
SUICIDE & CRISIS LIFELINE
9-8-8



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SAN DIEGO

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LIVE WELL
SAN DIEGO

Assertive Community Treatment



Programs & Services

County of San Diego
Behavioral Health Services

Assertive

Services

Assertive Community Treatment (ACT) services are provided in a multi-disciplinary team-based model of service that uses a comprehensive team approach and provides treatment 24 hours a day, 7 days a week, 365- days a year. The services are targeted for **persons experiencing homelessness** with a serious mental illness who may have a co-occurring condition, are not connected to outpatient services, have multiple major areas of impairment, have more than one long term care episode, and/or multiple ER and acute care hospitalizations and/or justice related episodes.

ACT programs provide services in person at a minimum of four (4) times per week or more if clinically indicated. The staff- to-client ratio is approximately 1:10.

Services include, but are not limited to:

- Rehabilitation and recovery services
- Psychiatry
- Nursing
- Case Management
- Co-occurring services
- Supportive Housing
- Supportive Employment
- Peer Support Services
- Payee Services
- Transportation

Community

Eligibility Criteria

Participants who are experiencing a significant impairment in life functioning to include distress or dysfunction in social, occupational, or other important activities and the individual qualifies for a diagnosed mental health disorder, or a suspected mental disorder not yet diagnosed.

Client must meet one or more of the criteria listed below:

- Has current LPS Conservatorship (may be a designated County Conservator or family member/Private Conservator).
- Minimum one hospitalization in the past year, OR multiple ER utilizations, PERT interventions, mental health services while incarcerated and/or long-term care hospitalization.
- Needs connection or reconnection to psychiatry services.
- Has a substantial need for supportive services (including care coordination and outreach mental health services) to maintain current level of functioning in the community, as evidenced by missed appointments, medication non-adherence, or inability to coordinate services from multiple agencies.
- Does not have a case manager from another program who is able to address mental health needs.

AND

- Client must be homeless or at risk of homelessness.
- Client needs the maximum number of services (multiple visits per week) to maintain community stability.

Treatment

Central

[Community Research Foundation](#)
[Downtown IMPACT](#)
(619) 398-2156

Serves: adults 18+

[Community Research Foundation](#)
[IMPACT](#)
(619) 398-0355

Serves: adults 25-59

North Coastal

[TURN Behavioral Health Services](#)
[North Coastal ACT](#)
(760) 290-8170

Serves: adults 18+

South

[Community Research Foundation](#)
[South Bay Impact](#)
(619) 934-5770

Serves: adults 18 and older

[TURN Behavioral Health Services](#)
[ACTION Central](#) *

(619) 287-8225

Serves: adults 18+

[TURN Behavioral Health Services](#)
[City Star ACT](#)
(858) 690-8742

Serves: adults 18+

North Inland

[TURN Behavioral Health Services](#)
[North Star ACT](#)
(760) 432-9884

Serves: adults 25-59

East

[TURN Behavioral Health Services](#)
[ACTION East](#) *

(619) 383-6868
Serves: adults 18 and older

** Also has a substance use component for individuals who have a co-occurring substance use disorder (SUD) and are homeless*