# COUNTY OF SAN DIEGO ADULT AND OLDER ADULT BEHAVIORAL HEALTH SERVICES

# LIVE WELL SAN DIEGO AREAS OF INFLUENCE: Q4 FY 2022-23

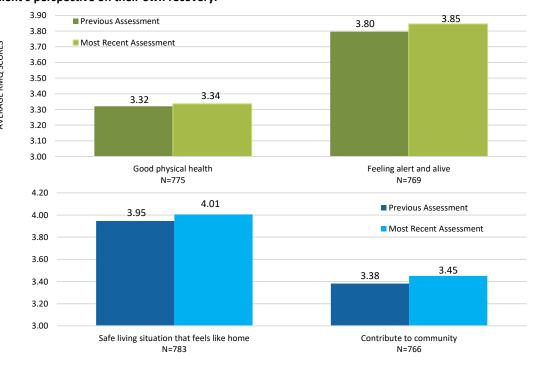
Social determinants of health are conditions within environments where people live, learn, work, and play that affect a range of health outcomes and risks. Live Well San Diego (LWSD) is the vision of the County to work towards improving the social determinants of health for San Diego County residents. The 5 Areas of Influence are the ways the County's vision of health, safe, and thriving residents are measured across a person's lifespan.

Progress on the LWSD Areas of Influence was measured for adults who received a follow-up assessment during Q4 and an intake or previous assessment completed within the prior four to eight months. The <u>Recovery Markers Questionnaire (RMQ)</u> assessment was chosen to represent San Diego's Areas of Influence because it measures a client's perspective on their own recovery.



### **HEALTH**

Enjoying good health and expecting to live a full life





# COMMUNITY

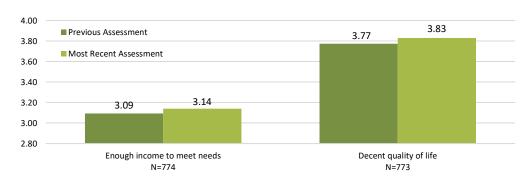
Living in a clean and safe neighborhood

**AVERAGE RMQ SCORES** 



# STANDARD OF LIVING

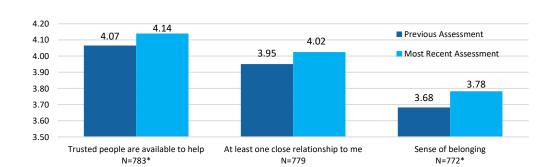
Having enough resources for a quality life

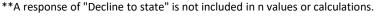




## SOCIAL

Helping each other to live well





\*Indicates statistical significance (p < .05).









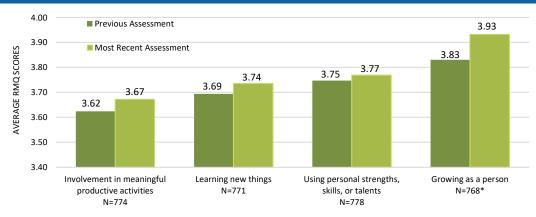
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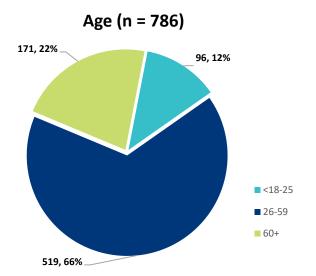


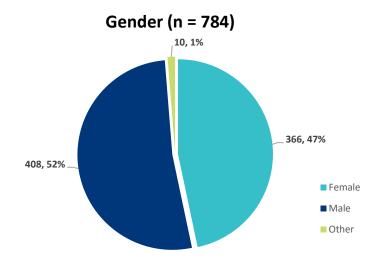
# KNOWLEDGE

Learning through the lifespan



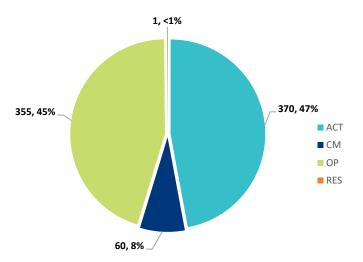
# **Demographics**:





# Race/Ethnicity (n= 786) 4, <1% 277, 35% Hispanic NH Asian/Pacific Islander NH Multiracial NH Native American NH Other NH White 1,<1% 73, 9% 92, 12%





<sup>\*\*</sup>A response of "Decline to state" is not included in n values or calculations.







