

CHILD & FAMILY PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY
 BEHAVIORAL HEALTH SERVICES
 PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2017—2018 ANNUAL REPORT



The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. The County of San Diego has funded contractors to provide PEI programs for youth and their families. The focus of these programs varies widely, from teaching caregivers how to cope with behavior problems in young children to preventing youth suicide. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided for both active and outreach participants. Active participants include people who are enrolled in a PEI program and/or are receiving services at a PEI program. Outreach participants include people who are touched by a PEI program via outreach efforts, including but not limited to: presentations, community events, and fairs.

DATA: Child and Adolescent PEI Programs

REPORT PERIOD: 7/1/2017-6/30/2018

NUMBER OF PARTICIPANTS WITH DATA IN FY 2017-18: 24,797 (Unduplicated)**

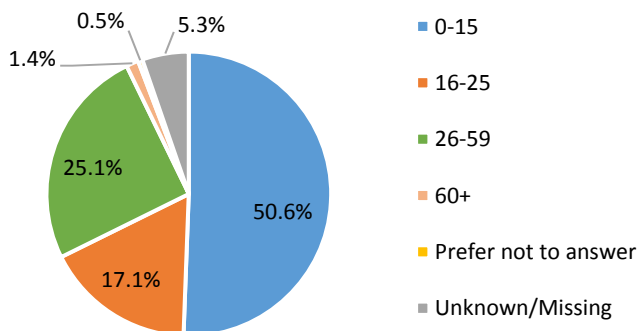
**Data for all students participating in the HERE Now Suicide Prevention program (SA02) were calculated from a representative sample of students who provided demographic and satisfaction information. Some parts in the report do not have SA02 data.*

***All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.*



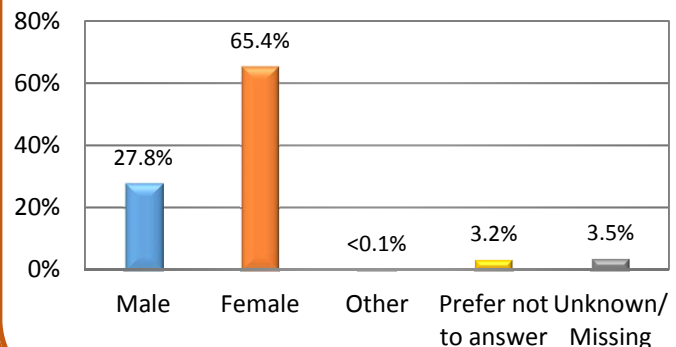
PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

AGE (N=24,797)



The majority (51%) of participants who received services were ages 0-15. Some participants were older than 18 because several children's PEI programs include caregivers.

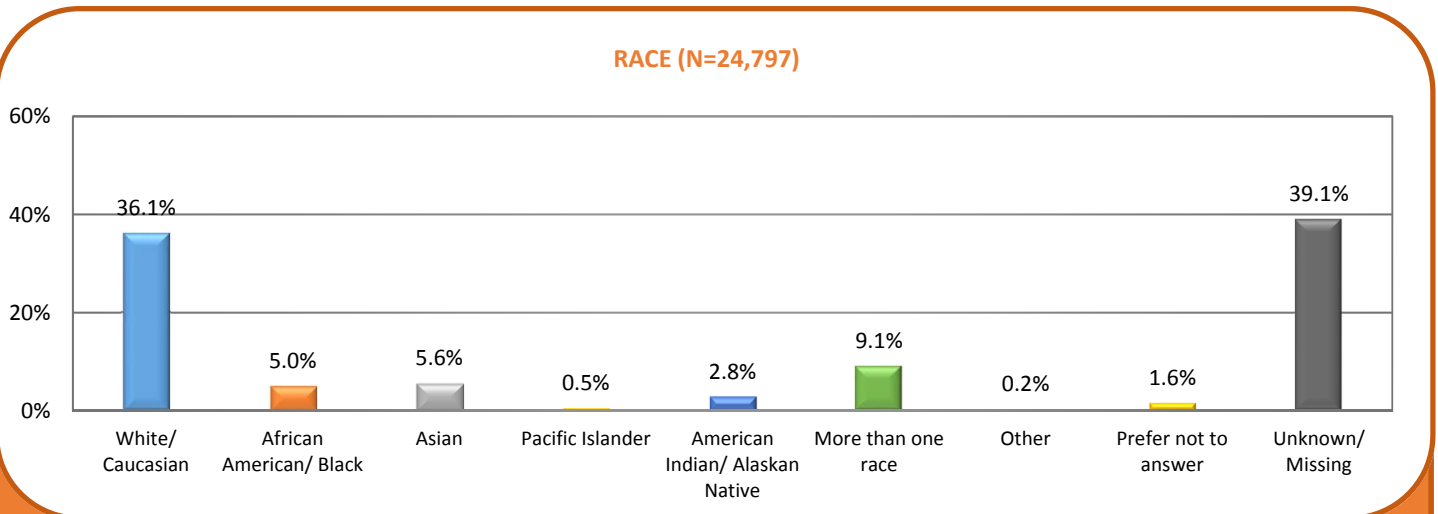
SEX AT BIRTH (N=8,897)



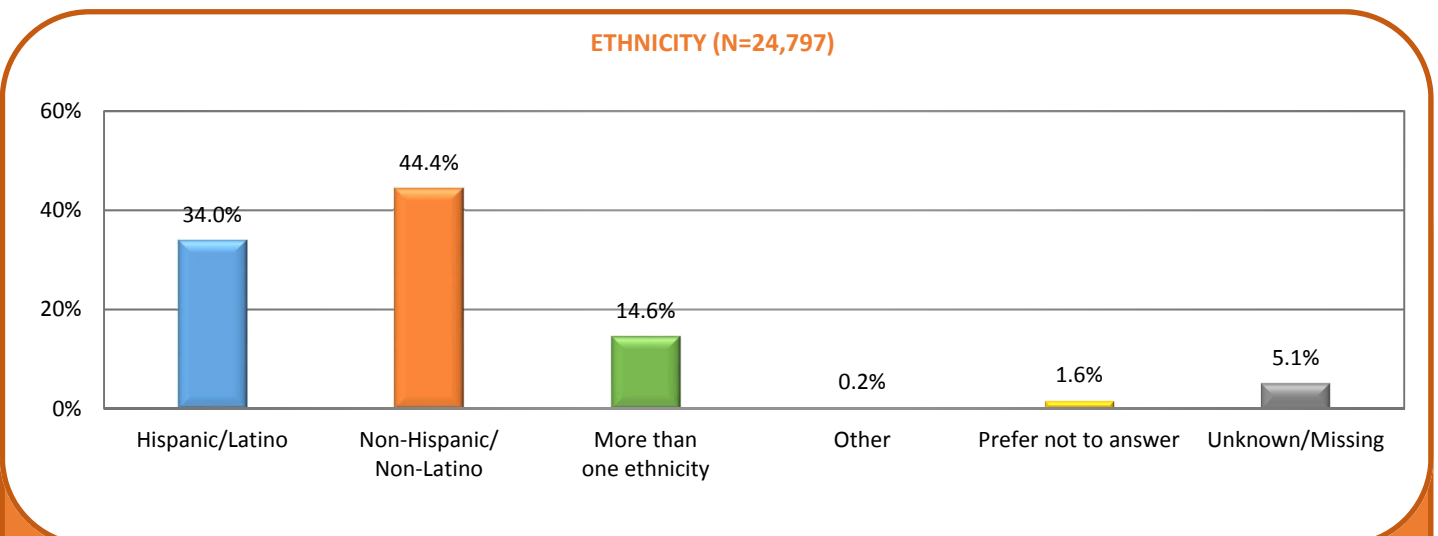
Sixty-five percent of participants who received services identified their sex at birth as female.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT RACE AND ETHNICITY



Thirty-six percent of participants who received services identified their racial background as White. Nine percent of participants identified as having more than one racial background. The percentage of unknown/missing includes clients who only endorsed being Hispanic/Latino and did not indicate a racial category.



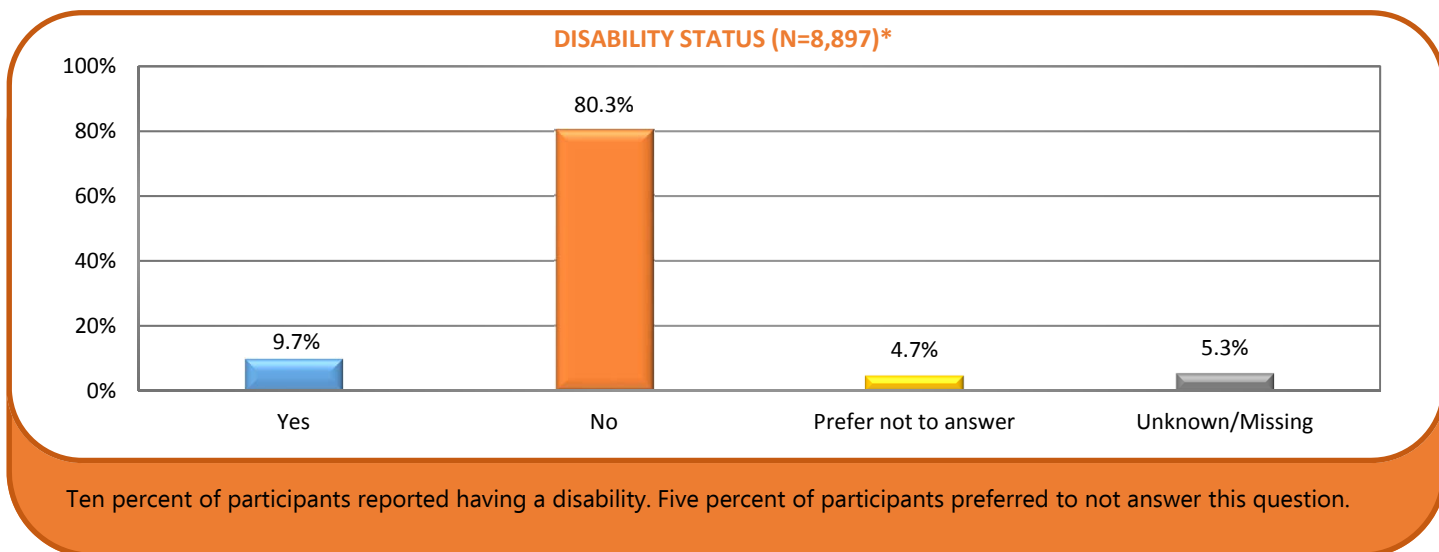
Forty-four percent of participants identified their ethnic background as non-Hispanic/non-Latino. Thirty-four percent of participants who received services identified their ethnic background as Hispanic/Latino. See Appendix A for supplemental data.

MILITARY SERVICE

Veteran status and military status of participants was not reported for this fiscal year.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT DISABILITY STATUS



*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=8,897)**	N	%
No disability	7,141	80.3
Difficulty seeing	272	3.1
Difficulty hearing or having speech understood	97	1.1
Other communication disability	49	0.6
Learning disability	159	1.8
Developmental disability	47	0.5
Dementia	25	0.3
Other mental disability not related to mental illness	91	1.0
Physical/mobility disability	119	1.3
Chronic health condition/chronic pain	137	1.5
Other	147	1.7
Prefer not to answer	419	4.7
Unknown/Missing	16,372	5.3

The percentages calculated are based on total participants. Among the disability responses, 7,141 (80.3%) indicated no disability. Three percent of the participants indicated having difficulty seeing while nearly two percent indicated having a learning disability.

**Participants can report having more than one disability so percentages may add up to more than 100%.

*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

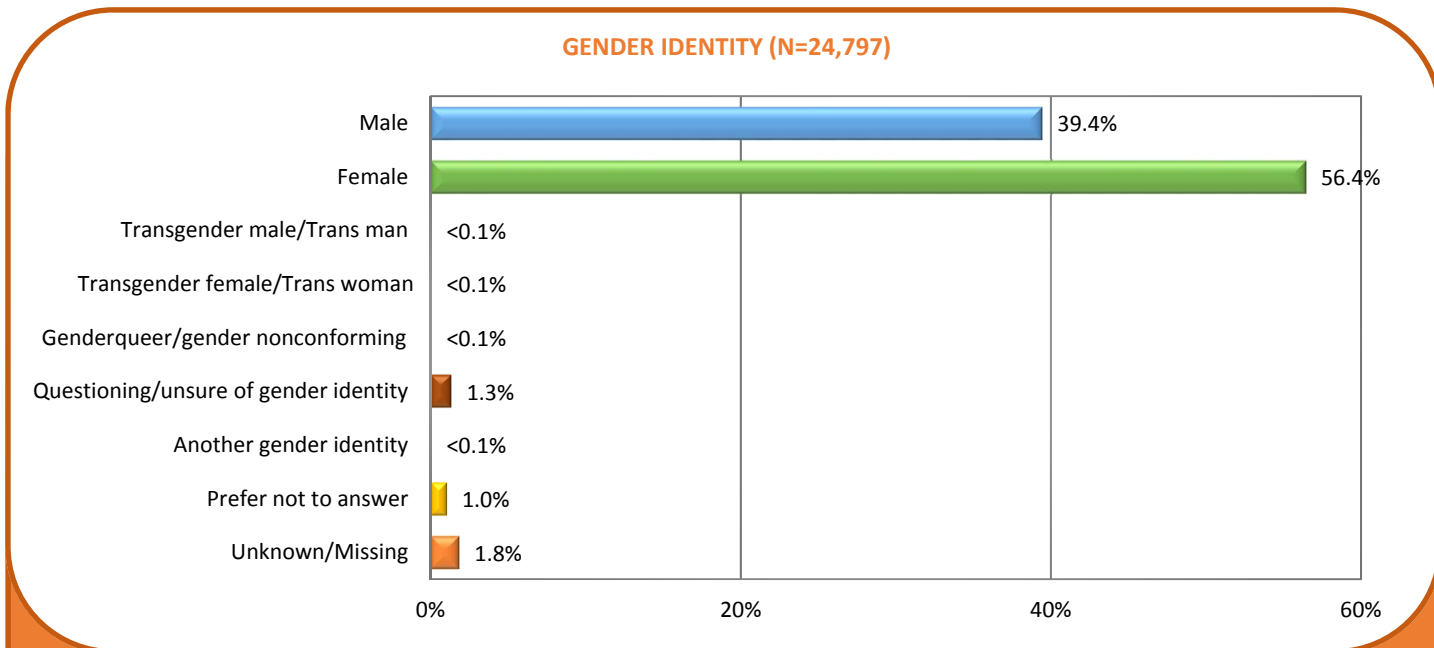
PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=8,897)	N	%
English	3,459	38.9
Spanish	4,245	47.7
Armenian	25	0.3
Cantonese	4	0.0
Farsi	28	0.3
Khmer	4	0.0
Korean	2	0.0
Mandarin	11	0.1
Russian	8	0.1
Samoan	4	0.0
Tongan	0	0.0
Other	207	2.3
Prefer not to answer	338	3.8
Unknown/Missing	562	6.3

Forty-eight percent of the participants who received services identified their primary language as Spanish. Thirty-nine percent of the participants who received services identified their primary language as English.

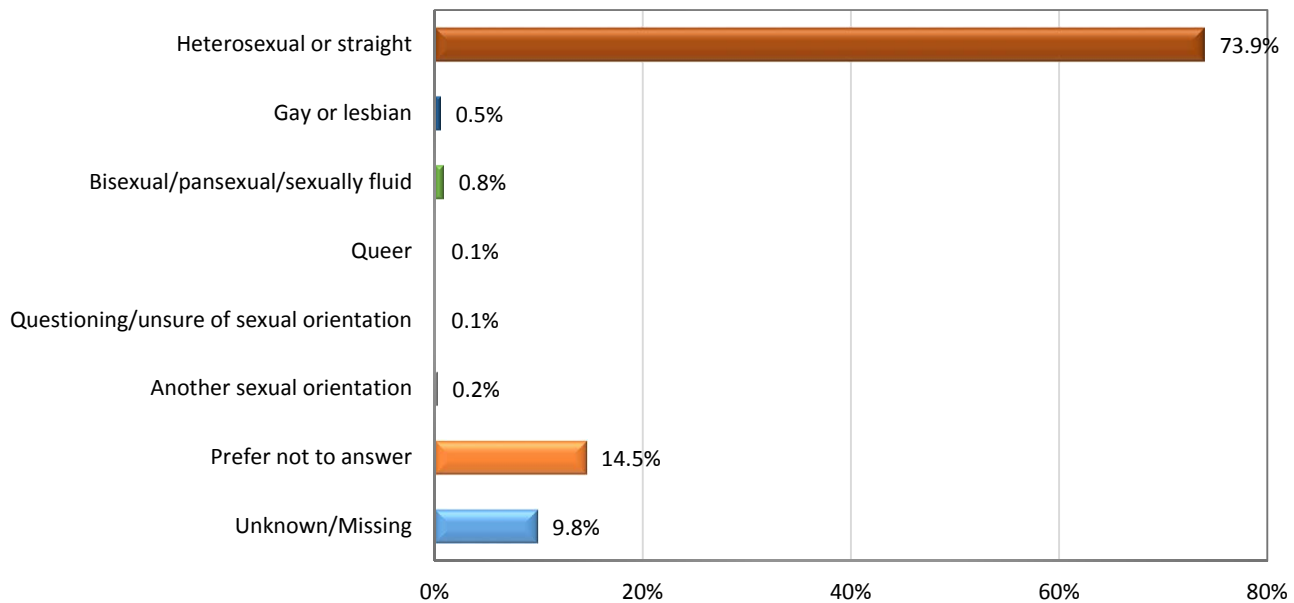
GENDER IDENTITY AND SEXUALITY



Fifty-six percent of participants who received services identified as female. Thirty-nine percent of the participants who received services identified as male.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

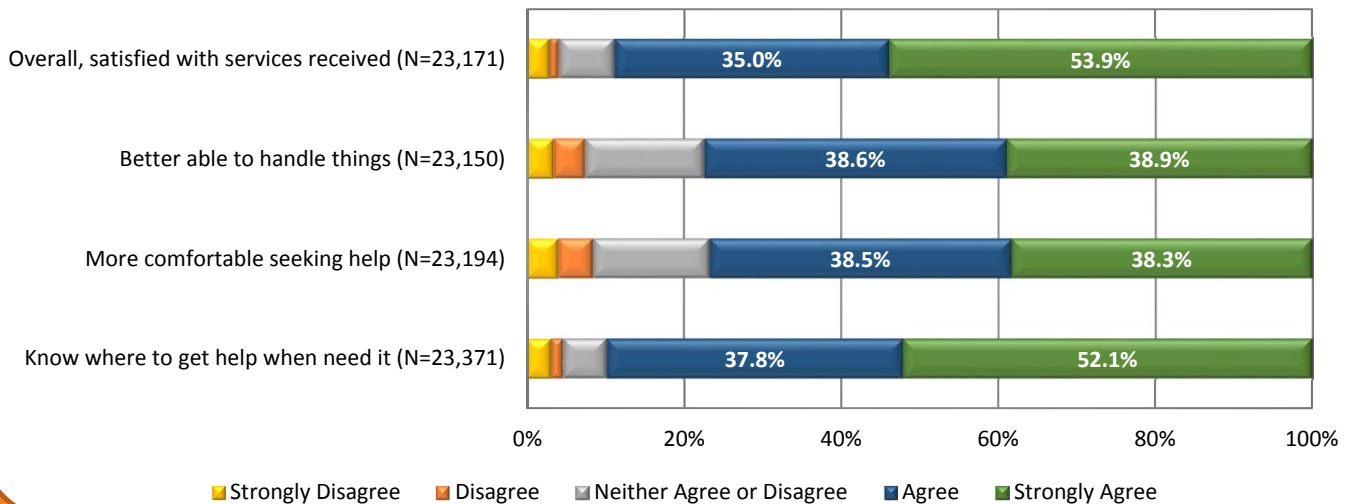
SEXUAL ORIENTATION (N=8,897)



Seventy-four percent of the participants who received services identified their sexual orientation as heterosexual/straight. Fifteen percent of participants preferred not to answer this question.

PARTICIPANT SYSTEMWIDE - PROGRAM SATISFACTION

PROGRAM SATISFACTION*



For each satisfaction question, responses were obtained from approximately 93.6% of the participants. Of these participants, ninety percent agreed and strongly agreed that they knew where to get help when they needed it. Seventy-eight percent of the participants agreed and strongly agreed that they were better able to handle things and solve problems as a result of the program, and 77% of them agreed and strongly agreed that they were comfortable seeking help now. Overall, 89% of the participants who responded agreed and strongly agreed that they were satisfied with the services they received.

*Satisfaction data not available for all participants.

PARTICIPANT SYSTEMWIDE REFERRAL TRACKING SUMMARY*

In FY 2017-18, County of San Diego Behavioral Health Services implemented a referral tracking procedure in order to collect data on referrals to mental health or substance use services and successful links to those services.

A total of 903 participants received a mental health referral, and 745 of these participants successfully received a mental health service as a result of the referral (Linkage Rate = 82.5%).

The numbers of participants who received a substance use referral, and successfully received a substance use service as a result of the referral, were not reported for this fiscal year.

The average time between referral and linkage to services was nine days.

**Referral tracking data not available for all programs.*

The Child and Adolescent Services Research Center (CASRC) is a consortium of over 100 investigators and staff from multiple research organizations in San Diego County and Southern California, including: Rady Children's Hospital, University of California at San Diego, San Diego State University, University of San Diego and University of Southern California. The mission of CASRC is to improve publicly-funded mental health service delivery and quality of treatment for children and adolescents who have or are at high risk for the development of mental health problems or disorders.



APPENDIX A

PARTICIPANT ETHNICITY*		
	N	%
Hispanic or Latino	8,442	34.0
Caribbean	14	0.1
Central American	70	0.3
Cuban	135	0.5
Dominican	0	0.0
Mexican/ Mexican-American/Chicano	8,771	35.4
Puerto Rican	163	0.7
Salvadoran	285	1.1
South American	36	0.1
Other Hispanic/ Latino	1,122	4.5
Other Hispanic Unspecified	1,590	6.4
Non-Hispanic or Non-Latino	11,015	44.4
African American	78	0.3
African	101	0.4
Other African/Black	180	0.7
Asian Indian/ South Asian	107	0.4
Cambodian	112	0.5
Chinese	381	1.5
Filipino	1,108	4.5
Hmong	19	0.1
Japanese	289	1.2
Korean	91	0.4
Laotian	182	0.7
Mien	9	<0.1
Vietnamese	226	0.9
Other Asian	291	1.2
Native Hawaiian	181	0.7
Samoan	94	0.4
Other Pacific Islander	273	1.1
Other American Indian	261	1.1
Chaldean	537	2.2
Eastern European	38	0.2
European	140	0.6
Iraqi	990	4.0
Middle Eastern	166	0.7
Other White	976	3.9
Non-Hispanic Non-Latino Other	4,213	17.0
More than one ethnicity	3,620	14.6
Prefer not to answer	55	0.2
Other	400	1.6
Missing	1,265	5.1
Total	24,797	100.0

*The County of San Diego does not require participants to choose only one ethnicity. Therefore, the number of responses may be greater than the number of participants. The percentages are based on a denominator of total participants.