

CHILD & FAMILY PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2016 – 17 ANNUAL REPORT



The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. The County of San Diego has funded contractors to provide PEI programs for youth and their families. The focus of these programs varies widely, from teaching caregivers how to cope with behavior problems in young children to preventing youth suicide. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided for both active and outreach participants. **Active participants** include people who are enrolled in a PEI program and/or are receiving services at a PEI program. **Outreach participants** include people who are touched by a PEI program via outreach efforts, including but not limited to: presentations, community events, and fairs.

DATA: Child and Adolescent PEI Programs

REPORT PERIOD: 7/1/2016-6/30/2017

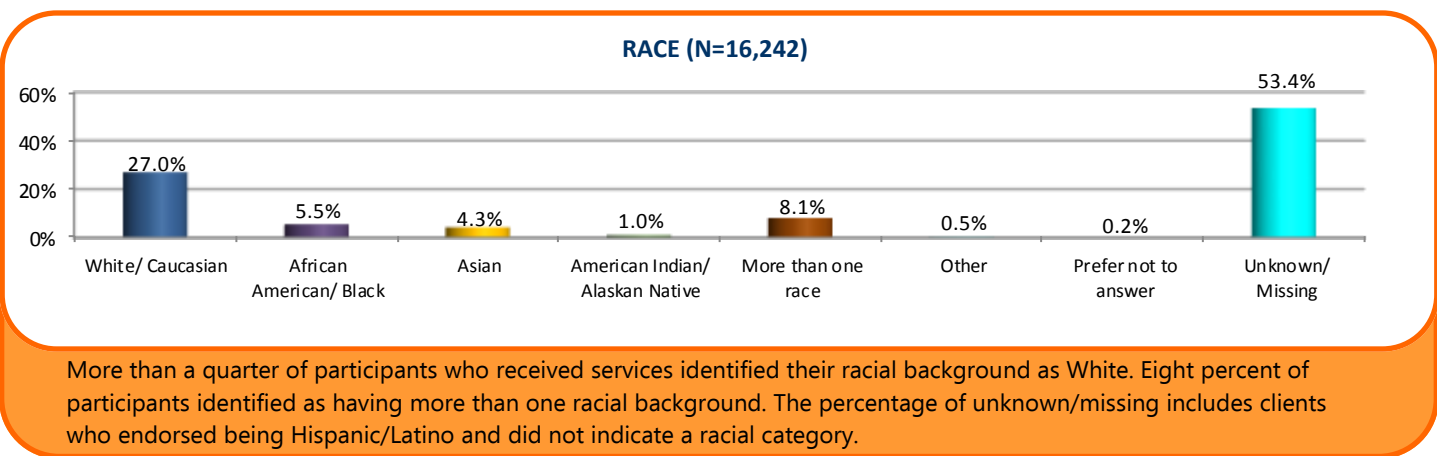
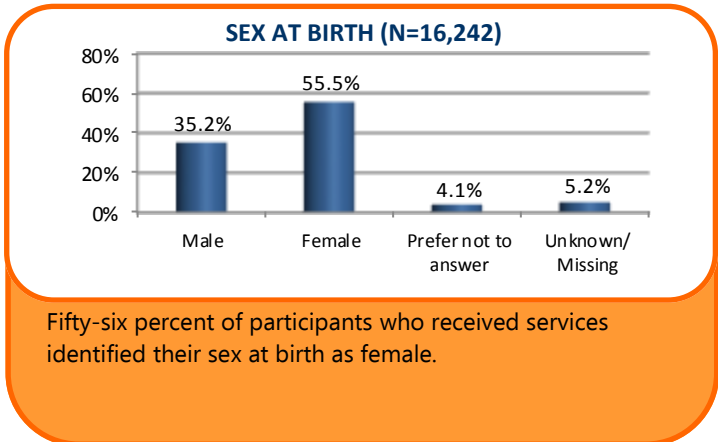
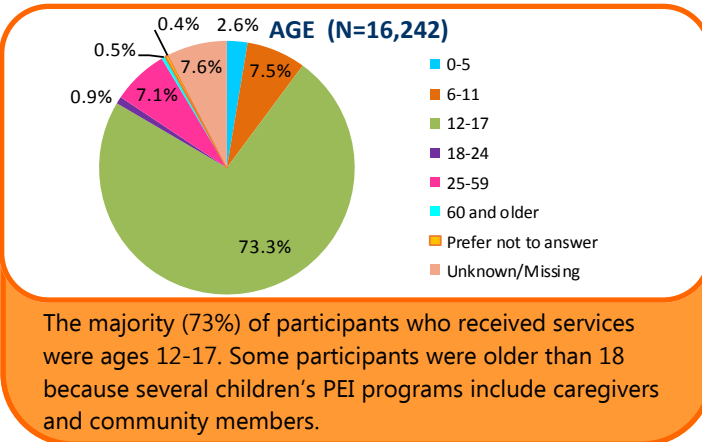
NUMBER OF ACTIVE PARTICIPANTS WITH DATA IN FY 2016-17: 16,242 (Unduplicated)*†‡

NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 5,295 (Unduplicated)*†‡

*Data for all students participating in the HERE Now Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.
†All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.
‡ Total number of PEI participants lower than past fiscal year due to restructuring of school-based programs.

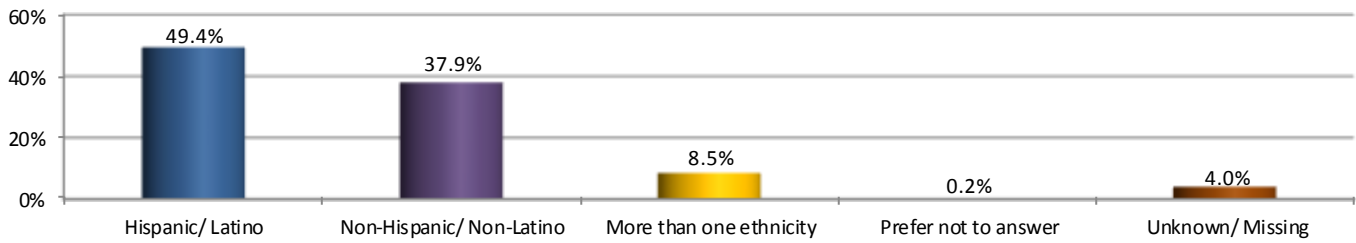


ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS



ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

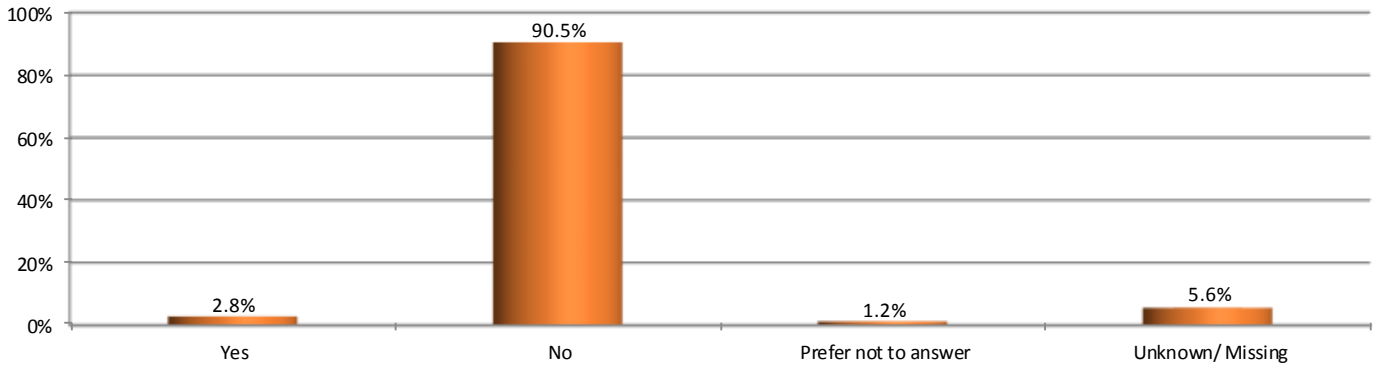
ETHNICITY (N=16,242)



Nearly half of participants who received services identified their ethnic background as Hispanic/Latino. One third of participants identified their ethnic background as non-Hispanic/ non-Latino. See Appendix A for supplemental data on participant ethnicity.

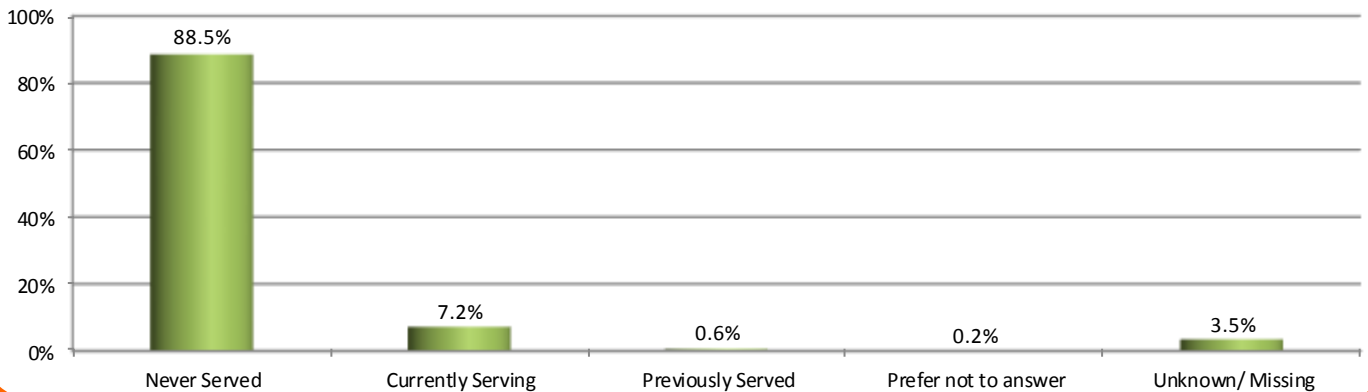
MILITARY SERVICE

VETERAN STATUS (N=3,322)



Information on veteran status indicated that 2.8% of participants had served in the military.

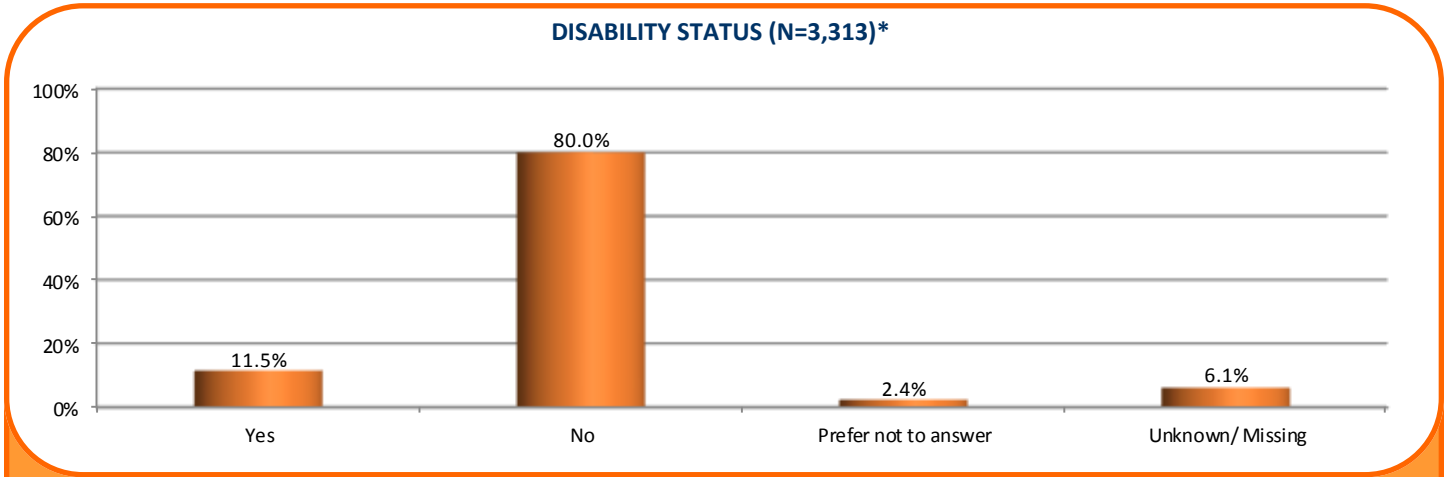
MILITARY STATUS (N=16,242)



Information on military status indicated that 89% of participants had never served in the military while 7.2% of participants indicated that they are currently serving in the military.

ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

PARTICIPANT DISABILITY STATUS



Twelve percent of participants reported having a disability. Two percent of participants preferred to not answer this question.

*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=3,313)*†	Count	%
Difficulty seeing	75	2.3
Difficulty hearing or having speech understood	49	1.5
Learning disability	44	1.3
Developmental disability	17	0.5
Physical/ mobility disability	23	0.7
Chronic health condition/ chronic pain	33	1.0
Dementia	11	0.3
Other communication disability	20	0.6
Other mental disability not related to mental illness	14	0.4
Other disability	77	2.3
No disability	2,763	83.4
Prefer not to answer	77	2.3
Unknown/ Missing	203	6.1

The percentages calculated are based on total participants. Among the disability responses, 2,763 (83.4%) indicated no disability. Two percent of the participants indicated having difficulty seeing while 2% of the participants indicated having a disability that was not listed.

*Participants could report having more than one disability so percentages may add up to more than 100%.

†A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

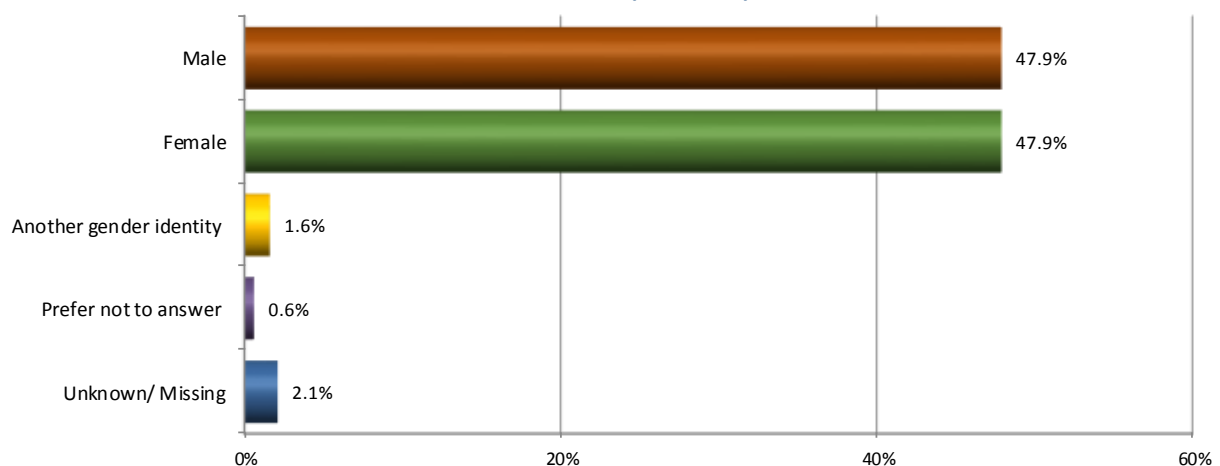
ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=3,313)	N	%
English	1,299	39.2
Spanish	1,590	48.0
Armenian	3	0.1
Arabic	81	2.4
Farsi	7	0.2
Khmer	1	0.0
Mandarin	2	0.1
Russian	1	0.0
American Sign Language	4	0.1
French	5	0.2
Hmong	1	0.0
Ilocano	3	0.1
Japanese	1	0.0
Tagalog	7	0.2
Lao	2	0.1
Polish	1	0.0
Vietnamese	11	0.3
Portuguese	1	0.0
Turkish	1	0.0
Other	94	2.8
Prefer not to answer	25	0.8
Unknown/Missing	173	5.2

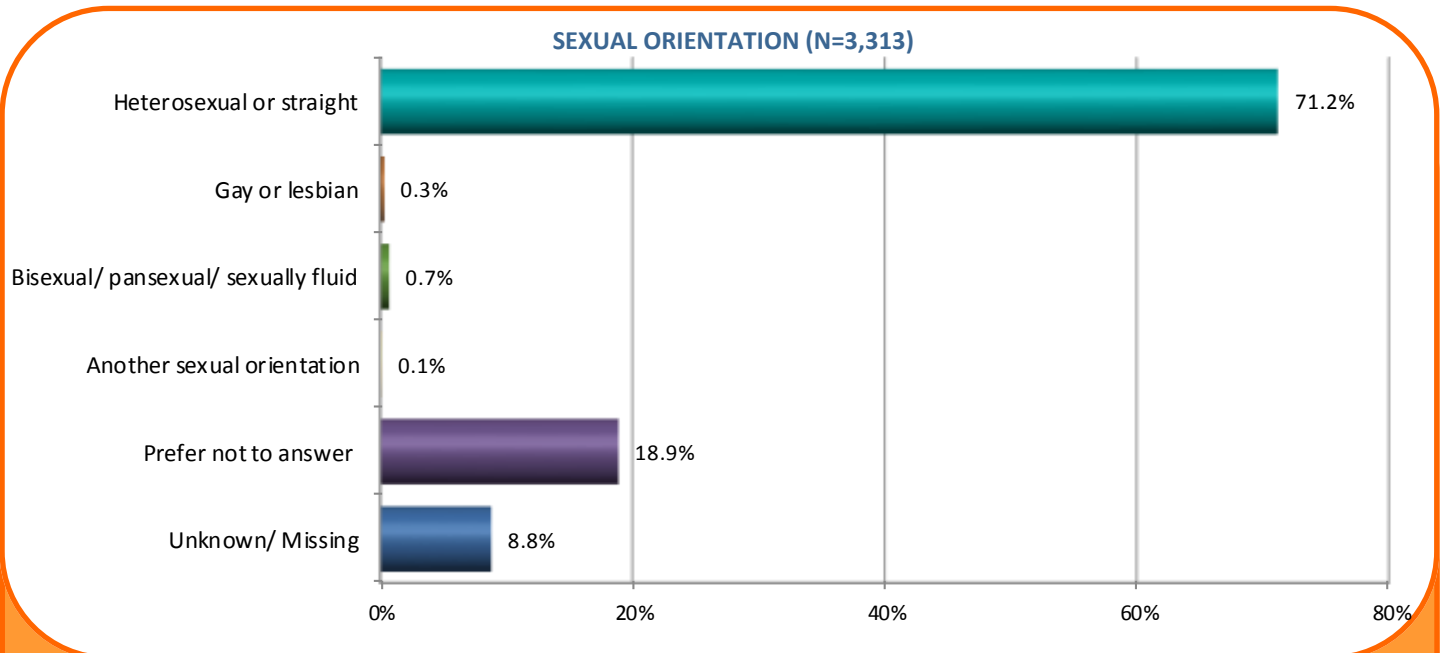
Forty-eight percent of the participants who received services identified their primary language as Spanish. Thirty-nine percent of participants who received services identified their primary language as English.

GENDER IDENTITY (N=16,242)



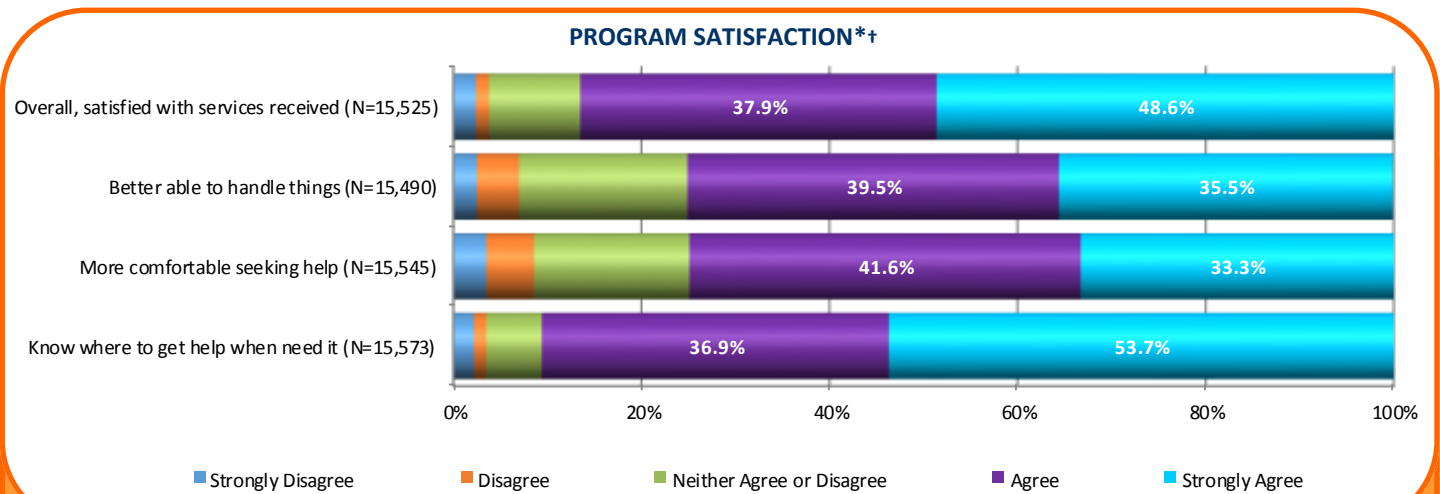
Nearly half of the participants who received services identified as male. Similarly, nearly half of participants who received services identified as female.

ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED



Seventy-one percent of the participants who received services identified their sexual orientation as heterosexual/straight. One percent of participants who received services identified their sexual orientation as bisexual/pansexual/sexually fluid. Nineteen percent of participants preferred not to answer this question.

ACTIVE PARTICIPANT SYSTEMWIDE PROGRAM SATISFACTION



For each satisfaction question, responses were obtained from approximately 96% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 87% of the participants who responded were satisfied with the services they received.

*Satisfaction data not available for all participants.

†Satisfaction data includes duplicate participants.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

DATA: Child and Adolescent PEI Programs

REPORT PERIOD: 7/1/2016-6/30/2017

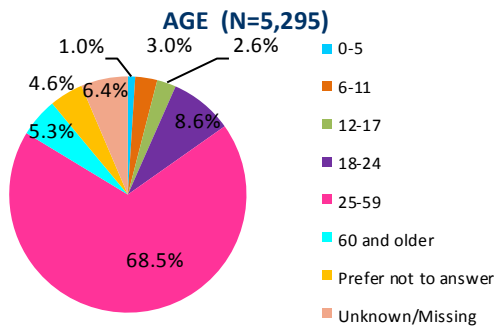
NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 5,295 (Unduplicated)†**

*Data for all students participating in the HERE Now Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.

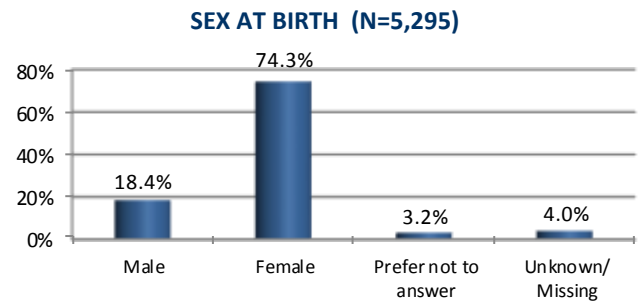
†All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.



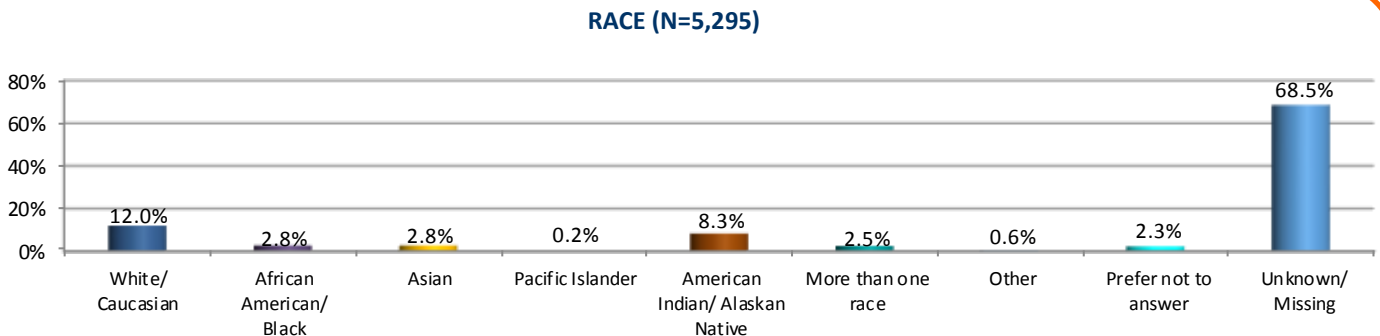
While **active participants** include people who are enrolled in a PEI program and/or are receiving services at a PEI program, **outreach participants** include people who are touched by the program via outreach efforts, including but not limited to: presentations, community events, and fairs. The following section reports on a systemwide summary of demographics and satisfaction with services provided for outreach participants.



Many of the participants (69%) were ages 25-59. Overall, 7% were reported to be ages 0-17. The majority of participants were older than 18 because several children's PEI programs include caregivers and community members.



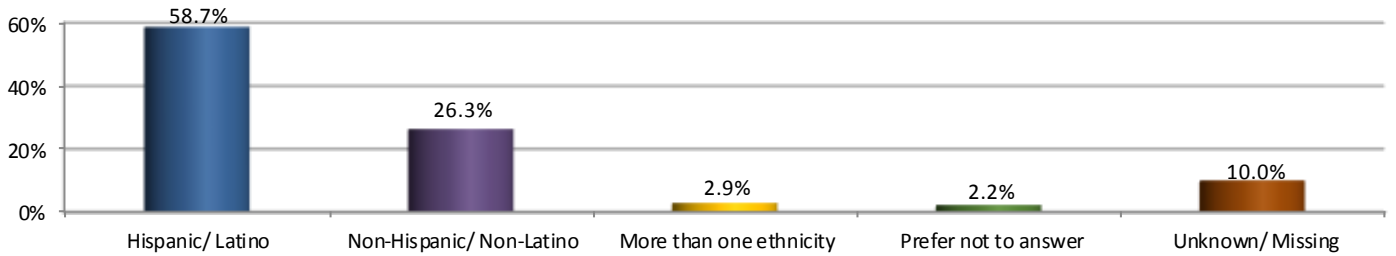
Seventy-four percent of participants who received services identified their sex at birth as female.



Twelve percent of participants who received services identified their racial background as White/Caucasian. Eight percent of participants identified their racial background as American Indian/Alaskan Native. The percentage of unknown/missing includes clients who endorsed being Hispanic/Latino and did not indicate a racial category.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

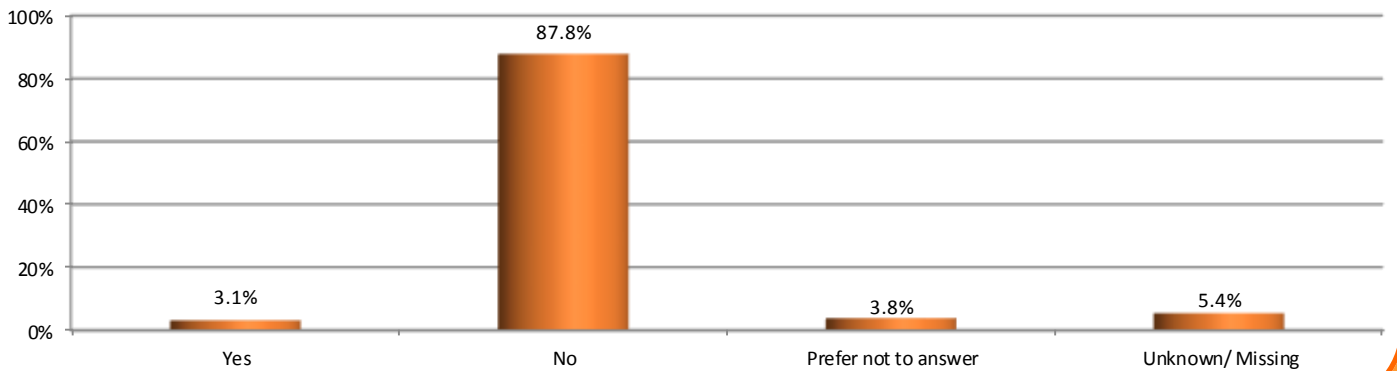
ETHNICITY (N=5,295)



Fifty-nine percent of participants who received services identified their ethnic background as Hispanic/Latino. Twenty-six percent of participants identified their ethnic background as non-Hispanic/ non-Latino. See Appendix B for supplemental data on participant ethnicity.

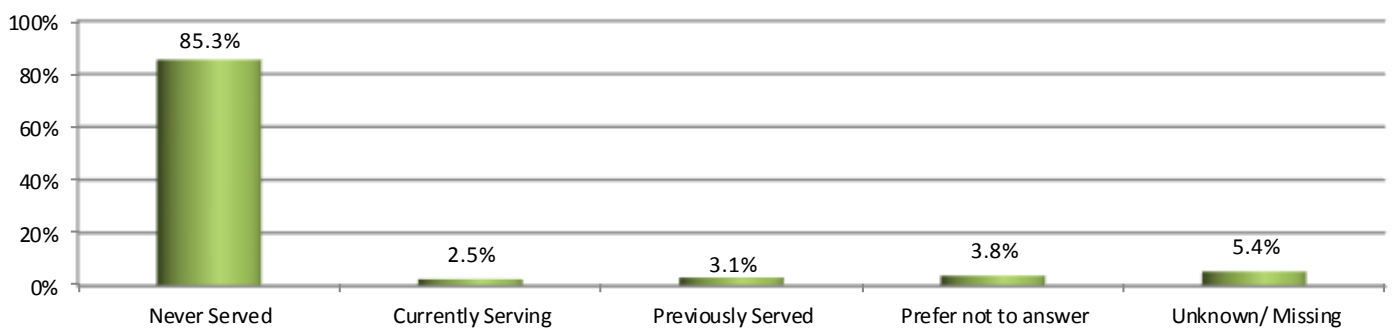
MILITARY SERVICE

VETERAN STATUS (N=5,295)



Information on veteran status indicated that 3.1% of participants had served in the military.

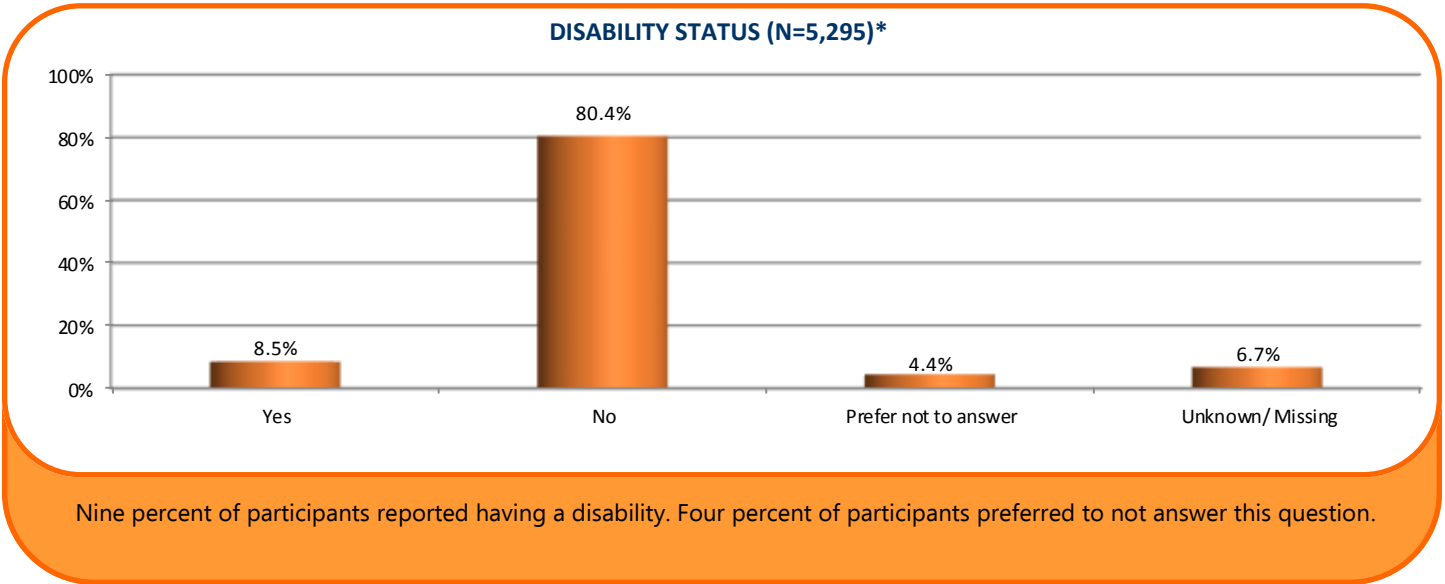
MILITARY STATUS (N=5,295)



Eighty-five percent of participants had never served in the military while 3% of participants indicated that they are currently serving in the military. An additional 3% of participants indicated that they had previously served in the military.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

PARTICIPANT DISABILITY STATUS



*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=5,295)**	Count	%
Difficulty seeing	159	3.0
Difficulty hearing or having speech understood	68	1.3
Learning disability	62	1.2
Developmental disability	10	0.2
Physical/ mobility disability	92	1.7
Chronic health condition/ chronic pain	91	1.7
Dementia	7	0.1
Other communication disability	19	0.4
Other mental disability not related to mental illness	39	0.7
Other disability	83	1.6
No disability	4,294	81.1
Prefer not to answer	241	4.6
Unknown/ Missing	352	6.6

The percentages calculated are based on total participants. Among the disability responses, 4,294 (81.1%) indicated no disability. Three percent of the participants indicated having difficulty seeing while 2% of participants indicated having a physical/mobility disability.

**Participants could report having more than one disability so percentages may add up to more than 100%.

*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED

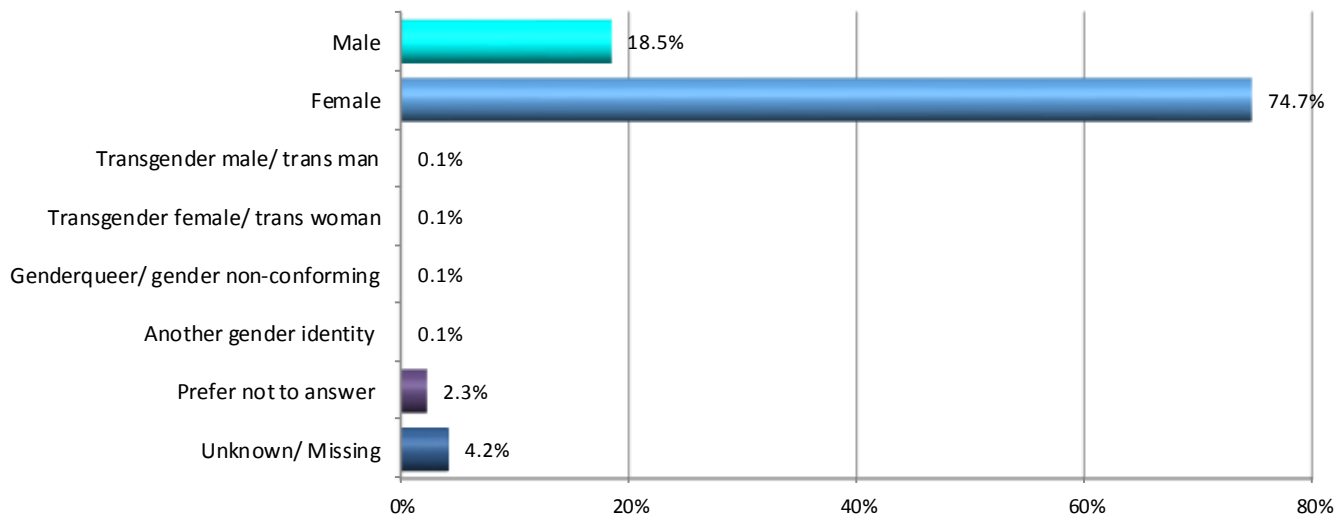
PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=5,295)	N	%	PRIMARY LANGUAGE (N=5,295)	N	%
English	2,131	40.2	Hebrew	2	0.0
Spanish	2,665	50.3	Italian	5	0.1
Armenian	8	0.2	Ilocano	1	0.0
Arabic	52	1.0	Thai	1	0.0
Farsi	4	0.1	Tagalog	14	0.3
Khmer	1	0.0	Lao	2	0.0
Cantonese	2	0.0	Polish	2	0.0
Korean	1	0.0	Vietnamese	27	0.5
Mandarin	1	0.0	Turkish	2	0.0
Samoan	4	0.1	Other Non-English	1	0.0
Russian	3	0.1	Other	58	1.1
American Sign Language	13	0.2	Prefer not to answer	96	1.8
French	1	0.0	Unknown/Missing	198	3.7

Fifty percent of the participants who received services identified their primary language as Spanish. Forty percent of participants who received services identified their primary language as English.

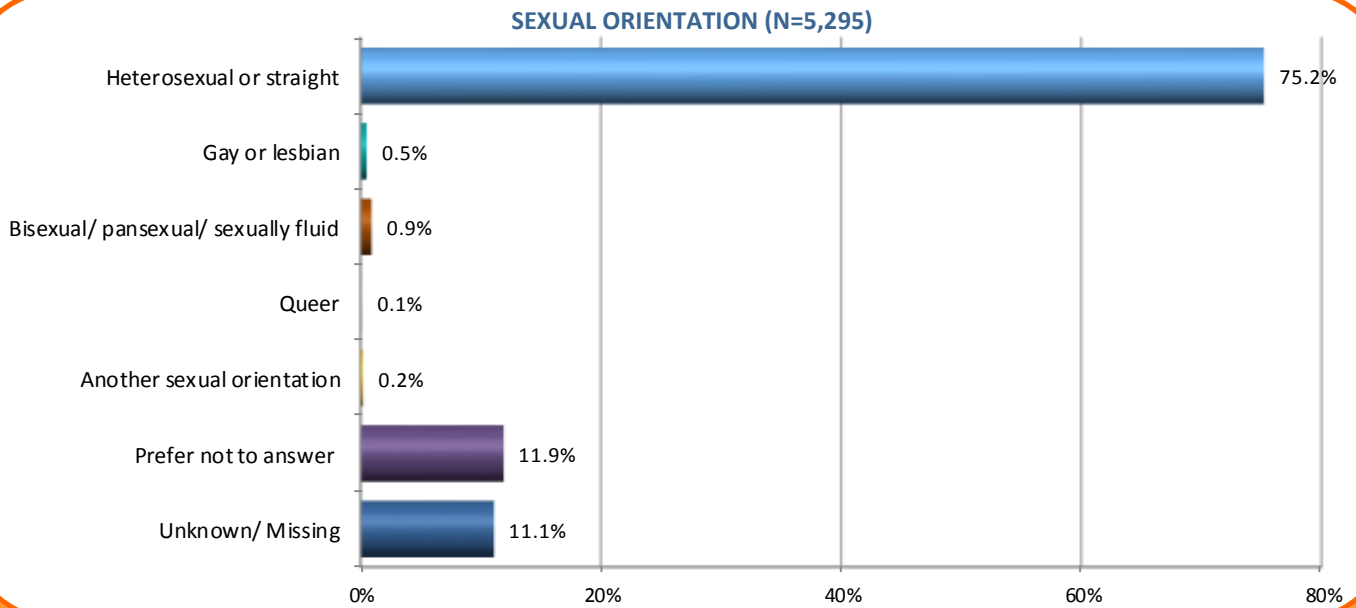
GENDER IDENTITY AND SEXUALITY

GENDER IDENTITY (N=5,295)



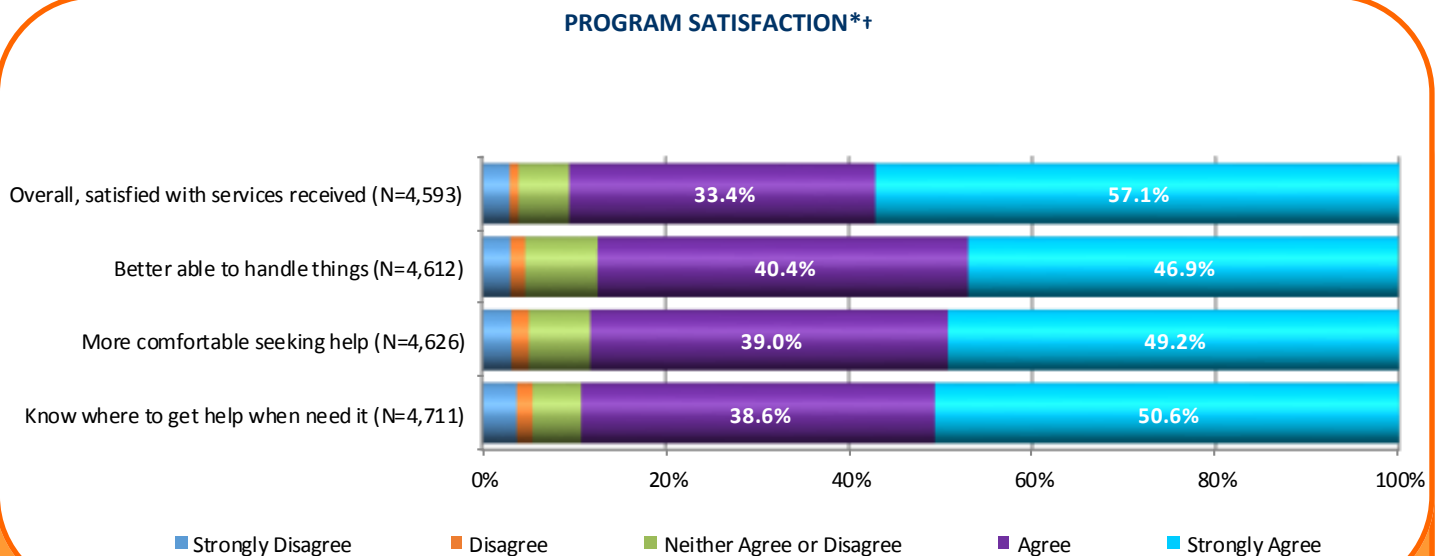
Seventy-five percent of the participants who received services identified as female. Nineteen percent of participants who received services identified their as male.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS– CONTINUED



Seventy-five percent of the participants who received services identified their sexual orientation as heterosexual/straight. One percent of participants who received services identified their sexual orientation as bisexual/pansexual/sexually fluid. Twelve percent of participants preferred not to answer this question.

OUTREACH PARTICIPANT SYSTEMWIDE PROGRAM SATISFACTION



For each satisfaction question, responses were obtained from approximately 88% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 91% of the participants who responded were satisfied with the services they received.

*Satisfaction data not available for all participants.

†Satisfaction data includes duplicate participants.

CHILD AND ADOLESCENT PARTICIPANT SYSTEMWIDE REFERRAL TRACKING SUMMARY*

In FY 2016-17, County of San Diego Behavioral Health Services (BHS) implemented a referral tracking procedure in order to collect data on referrals made by PEI programs and successful links to services.

Referral tracking data were collected for 3,828 active participants. A total of 238 active participants received a mental health referral and 132 active participants were linked to services as a result of those referrals (Linkage Rate = 55.5%). Data on time between referral and linkage was available for only one program; average time between referral and linkage to services amounted to 6.5 days.

Referral tracking data were provided for 1,348 outreach participants. A total of 408 outreach participants received a mental health referral and 281 outreach participants were linked to services as a result of those referrals (Linkage rate = 68.9%). Data on time between referral and linkage were not available for outreach participants.

**Referral tracking data not available for all programs.*

The Child and Adolescent Services Research Center (CASRC) is a consortium of over 100 investigators and staff from multiple research organizations in San Diego County and Southern California, including: Rady Children's Hospital, University of California at San Diego, San Diego State University, University of San Diego and University of Southern California. The mission of CASRC is to improve publicly-funded mental health service delivery and quality of treatment for children and adolescents who have or are at high risk for the development of mental health problems or disorders.



APPENDIX A

ACTIVE PARTICIPANT ETHNICITY		
	N	Percent
Hispanic or Latino	8,025	49.4%
Caribbean	4	0.0%
Central American	16	0.1%
Cuban	71	0.4%
Dominican	52	0.3%
Mexican/ Mexican-American/Chicano	6,127	37.7%
Puerto Rican	257	1.6%
Salvadoran	79	0.5%
South American	14	0.1%
Other Hispanic/ Latino	737	4.5%
Non-Hispanic	6,155	37.9%
African	23	0.1%
Other African American/Black	23	0.1%
Asian Indian/ South Asian	2	0.0%
Cambodian	7	0.0%
Chinese	6	0.0%
Filipino	40	0.2%
Hmong	1	0.0%
Japanese	5	0.0%
Korean	2	0.0%
Laotian	7	0.0%
Mien	0	0.0%
Vietnamese	16	0.1%
Other Asian	21	0.1%
Native Hawaiian	1	0.0%
Samoan	4	0.0%
Other Pacific Islander	1	0.0%
Other American Indian	19	0.1%
Chaldean	36	0.2%
European	20	0.1%
Iraqi	90	0.6%
Middle Eastern	20	0.1%
Other White	30	0.2%
Non Hispanic Non Latino Other	40	0.2%
More than one ethnicity	1,372	8.4%
Prefer not to answer	36	0.2%
Missing	654	4.0%
Total	16,242	100.0%

APPENDIX B

OUTREACH PARTICIPANT ETHNICITY		
	N	Percent
Hispanic or Latino	3,106	58.7%
Caribbean	10	0.2%
Central American	22	0.4%
Cuban	3	0.1%
Dominican	1	0.0%
Mexican/ Mexican-American/Chicano	1,828	34.5%
Puerto Rican	11	0.2%
Salvadoran	16	0.3%
South American	20	0.4%
Other Hispanic/ Latino	142	2.7%
Non-Hispanic	1,394	26.3%
African	25	0.5%
Other African/Black	44	0.8%
Asian Indian/ South Asian	18	0.3%
Cambodian	3	0.1%
Chinese	25	0.5%
Filipino	56	1.1%
Japanese	5	0.1%
Korean	6	0.1%
Laotian	9	0.2%
Vietnamese	36	0.7%
Other Asian	12	0.2%
Native Hawaiian	10	0.2%
Samoan	5	0.1%
Other Pacific Islander	7	0.1%
Other American Indian	63	1.2%
Chaldean	30	0.6%
European	25	0.5%
Eastern European	88	1.7%
Iraqi	31	0.6%
Middle Eastern	33	0.6%
Other White	72	1.4%
Non Hispanic Non Latino Other	29	0.5%
More than one ethnicity	151	2.9%
Prefer not to answer	115	2.2%
Missing	529	10.0%
Total	5,295	100.0%