### County of San Diego Behavioral Health Services

HEALTH AND HUMAN SERVICES AGENCY

# BHS Special Populations Report FY 2022-23

- Special Populations Report Children and Youth
- Special Populations Report AOA
- Special Populations Report DMC





**Network Quality and Planning** 

**Population Health** 

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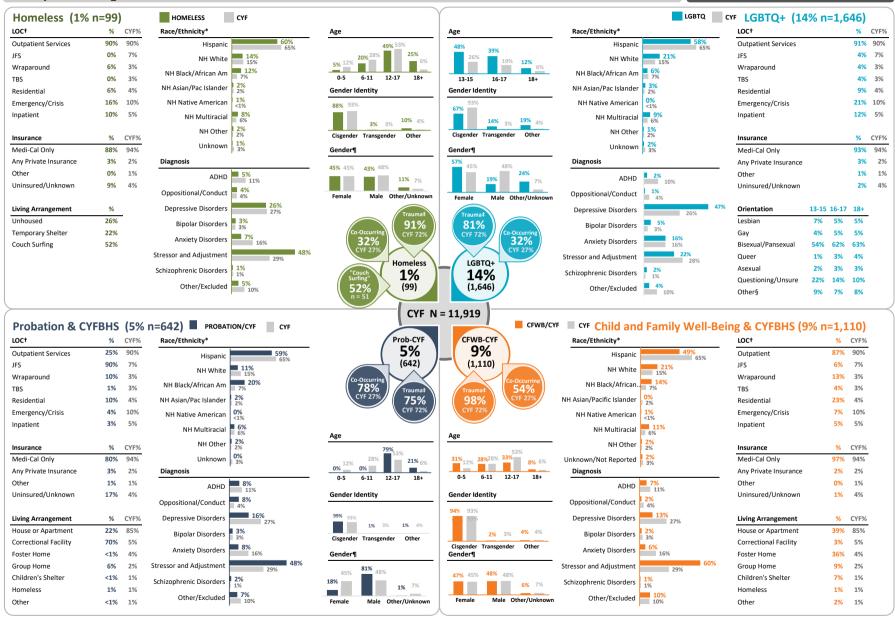
### Special Populations Report - CYF





#### County of San Diego Behavioral Health Services

#### Children, Youth & Families



\*NH refers to Non-Hispanic/Latino.

†Level of Care designations were updated in FY 2020-21 and may not be directly comparable to previous years.

‡Excludes clients for whom history of trauma was unknown.

§Other sexuality includes heterosexual.

¶Gender is how clients currently identify, not sex assigned at birth.

Please note: Data may be impacted starting March 2020 due to COVID-19. This report is limited to Mental Health Services clients.

Report Date: 6/6/2024

CASRC (AEC, CB)
Data Source: CCBH, CFWB, Probation 10/2023

### **Special Populations Report - CYF**





### County of San Diego Behavioral Health Services

### **Key Findings**

#### Homeless (1% n=99)

- Only 9 youth experiencing homelessness were served in the CYFBHS system in FY 2022-23. These data should be interpreted with caution due to the very small number.
- Youth experiencing homelessness were more likely than the CYFBHS systemwide averages to be over the age of 18, and have a stressor/adjustment disorder diagnosis.
- Ninety-one percent of youth experiencing homelessness were reported to have a history of trauma, as compared to 72% systemwide.
- Youth experiencing homelessness were more likely to receive emergency/crisis services.
- Thirty-two percent of youth ages 12+ experiencing homelessness were identified as having a co-occurring substance use issue, as compared to 27% systemwide.

#### Probation & CYFBHS (5% n=642)

- Youth open to both the Probation and CYFBHS sectors were more likely than the CYFBHS sytemwide averages to be older, male, and Black/African American.
- These youth were twice as likely to be diagnosed with an oppositional/conduct disorder as compared to the CYFBHS systemwide average. The rate of stressor/adjustment disorder diagnosis among these youth has increased from 38% in FY 2020-21 to 49% in FY 2022-23.
- Youth open to both the Probation and CYFBHS sectors were the primary utilizers of outpatient Juvenile Forensic Services.
- Seventy-eight percent of youth ages 12+ open to both the Probation and CYFBHS sectors were identified as having a co-occurring substance use issue, as compared to 27% systemwide.

LGBTQ+ (14% n=1,646)

- Sexual orientation and gender identity are currently evaluated only for youth ages 13 and up.
- LGBTQ+ youth were more likely to identify as female (fiftyseven percent) and other gender (twenty-four percent) than the CYFBHS systemwide average.
- LGBTQ+ youth were more than twice as likely to receive services in both emergency/crisis and inpatient levels of care.
- Forty-seven percent of LGBTQ+ youth were diagnosed with a depressive disorder, as compared to 26% in the CYFBHS systemwide average.
- Thirty-two percent of LGBTQ+ youth ages 13+ were identified as having a co-occurring substance use issue, as compared to 27% systemwide.

CYF N = 11,919

#### Child and Family Well-Being & CYFBHS (9% n=1,110)

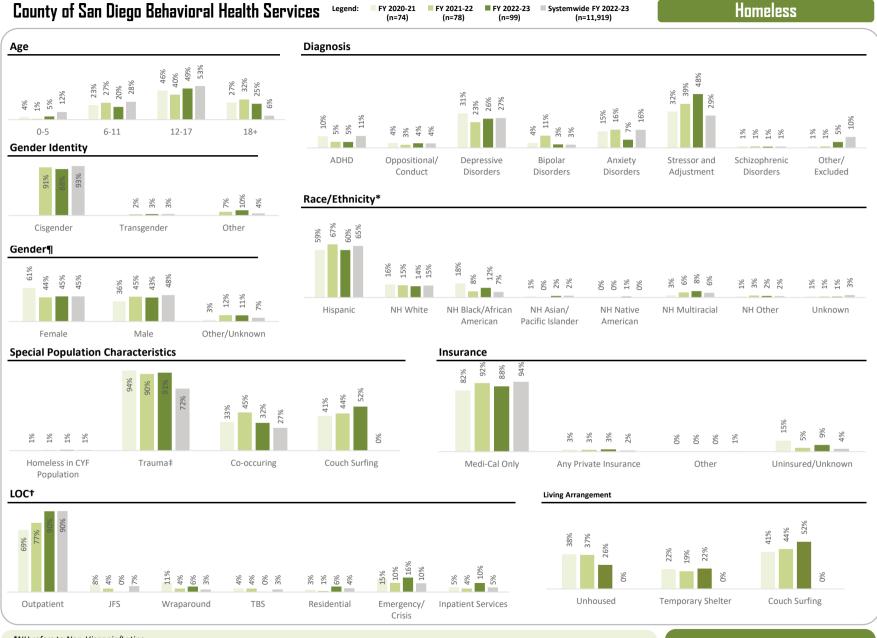
- Youth open to both the Child Welfare and CYFBHS sectors were more likely to be younger and less likely to be Hispanic, as compared to CYFBHS systemwide averages.
- These youth were most likely to have a diagnosis of stressor/adjustment disorder.
- Youth open to both the Child Welfare and CYFBHS sectors were more likely to receive residential services than any other CYF Special Population.
- These youth were more likely than any other CYF Special Population to have experienced trauma.
- Fifty-four percent of youth ages 12+ open to both the Child Welfare and CYFBHS sectors were identified as having a cooccurring substance use issue, as compared to 27% systemwide.

CYF Special Populations Report | CASRC (AEC, CB, SCV) | Data Sources: CCBH 10/2023, Child and Family Well-Being 10/2023, Probation 10/2023 Please note: Data may be impacted starting March 2020 due to COVID-19. This report is limited to Mental Health Services clients.

Report Date: 06/06/2024







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Report Date: 6/6/2024

CASRC (AEC, CB) Data Source: CCBH 10/2023

FY 2021-22

FY 2022-23

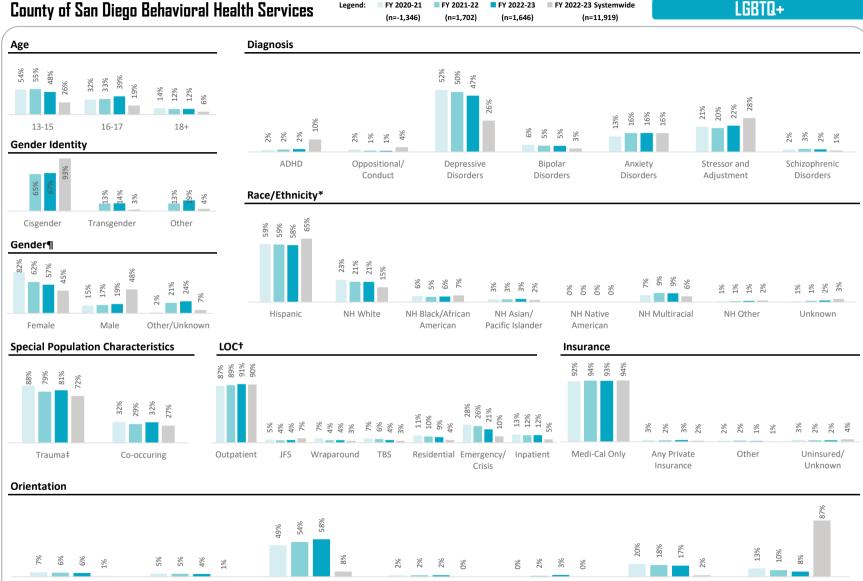
FY 2022-23 Systemwide

FY 2020-21





#### County of San Diego Behavioral Health Services



Queer

Asexual

Lesbian

Gay

Please note: Data may be impacted starting March 2020 due to COVID-19. This report is limited to Mental Health Services clients.

Bisexual/Pansexual

Report Date: 6/6/2024

Other§

Questioning/Unsure

CASRC (AEC, CB) Data Source: CCBH 10/2023

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<sup>‡</sup>Excludes clients for whom history of trauma was unknown.

<sup>§</sup>Other sexuality includes heterosexual.

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### County of San Diego Behavioral Health Services



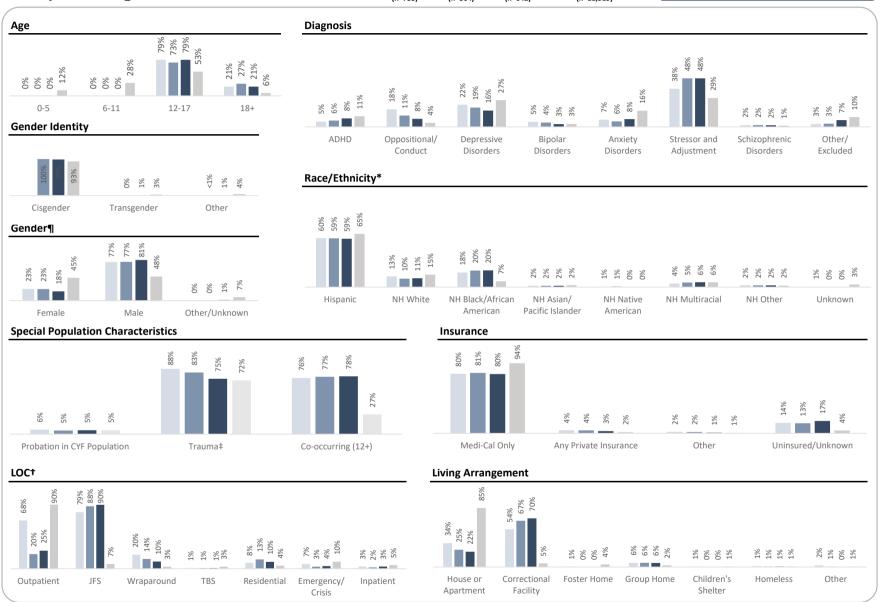
Legend: FY 2020-21 (n=735)

FY 2021-22 (n=564)

(n=642)

FY 2022-23 FY 2022-23 Systemwide (n=11.919)

**Probation** 



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Report Date: 6/6/2024

CASRC (AEC, CB) Data Source: CCBH, Probation 10/2023

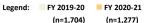
<sup>†</sup>Level of Care designations were updated in FY 2020-21 and may not be directly comparable to previous years.

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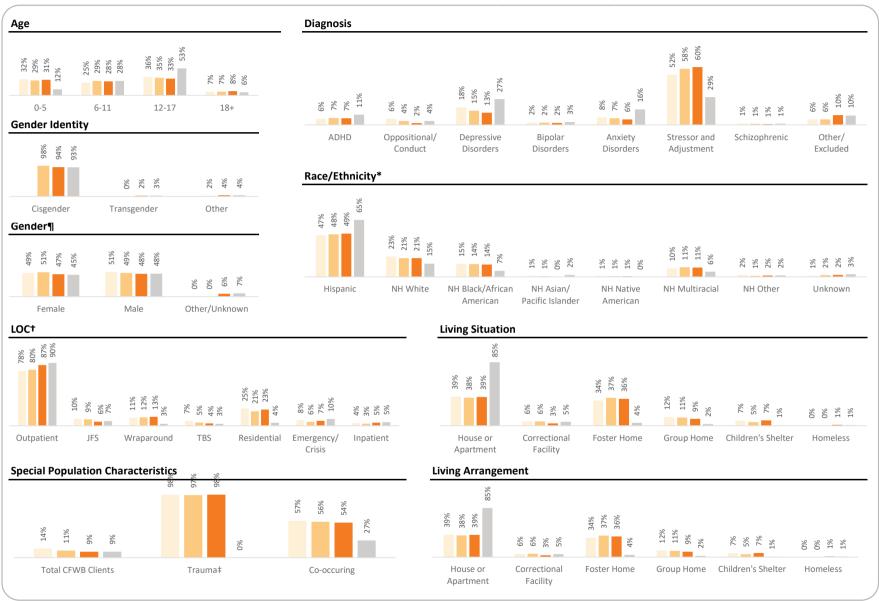


(n=1.277)

FY 2021-22 (n=1.110)

FY 2022-23 Systemwide (n=11.919)

Child and Family Well-Being



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Report Date: 6/6/2024

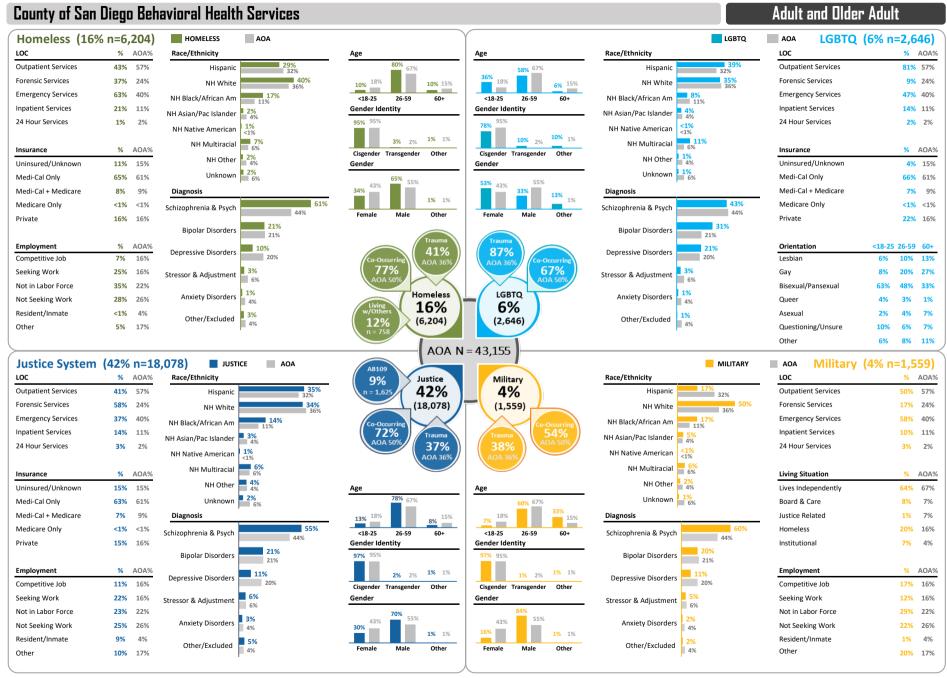
CASRC (AEC, CB) Data Source: CCBH, CFWB 10/2023

<sup>†</sup>Level of Care designations were updated in FY 2020-21 and may not be directly comparable to previous years. ‡Excludes clients for whom history of trauma was unknown.

### Special Populations Report - ADA







Special Populations Report | Source: HSRC & CASRC | Data Source: CCBH 9/2023 Note: This report is limited to Mental Health Services clients.

Report Date: 2/8/2024

### **Special Populations Report - AOA**





### County of San Diego Behavioral Health Services

### **Key Findings**

#### Homeless (16% n=6,204)

- Homeless adults were far more likely to receive emergency services when compared to the AOABHS systemwide average.
- Homeless adults were more likely than the AOABHS systemwide averages to be male, non-Hispanic White, and to be diagnosed with Schizophrenia and Other Psychotic Disorder.
- Seventy-seven percent of homeless adults were reported to have a cooccurring disorder, as compared to 50% in the AOABHS systemwide average.
- Over the past three years, the percentage of non-Hispanic White adults who are homeless decreased, and the percentage of Hispanic adults who are homeless have increased.

#### LGBTQ (6% n=2,646)

- LGBTQ adults were more likely to be female, between the ages of less than 18 and 25 years old, and be diagnosed with Bipolar Disorder than the AOABHS systemwide average.
- Two-thirds of LGBTQ adults are on Medi-cal only insurance. When compared to FY 2021-22, LGBTQ adults with only Medi-cal insurance decreased by six percentage points and LGBTQ adults with private insurance have increased by six percetnage points in FY 2022-23.
- Eighty-seven percent of LGBTQ adults were reported to have a history of trauma, as compared to 36% in the AOABHS systemwide average.
- Over the past three years, endorsement of the sexual orientation response option "bisexual/pansexual" has been the highest endorsed by LGBTQ adults.

#### Justice System (42% n=18,078)

- Adults who have been involved with the justice system were more likely to be male, Hispanic or non-Hispanic Black/African American, and between the ages of 26 and 59 years old as compared to the AOABHS systemwide averages.
- These adults were more likely to be diagnosed with Schizophrenia and Other Psychotic Disorder than the AOABHS systemwide average.
- Seventy-two percent of adults who have been involved with the justice system were reported to have a co-occurring disorder, as compared to 50% in the AOABHS systemwide average.
- Over the past three years, the percentage of Hispanic adults who have been involved with the justice system increased, and the percentage of non-Hispanic White adults decreased.

AOA N = 43,155

Military (4% n=1,559)

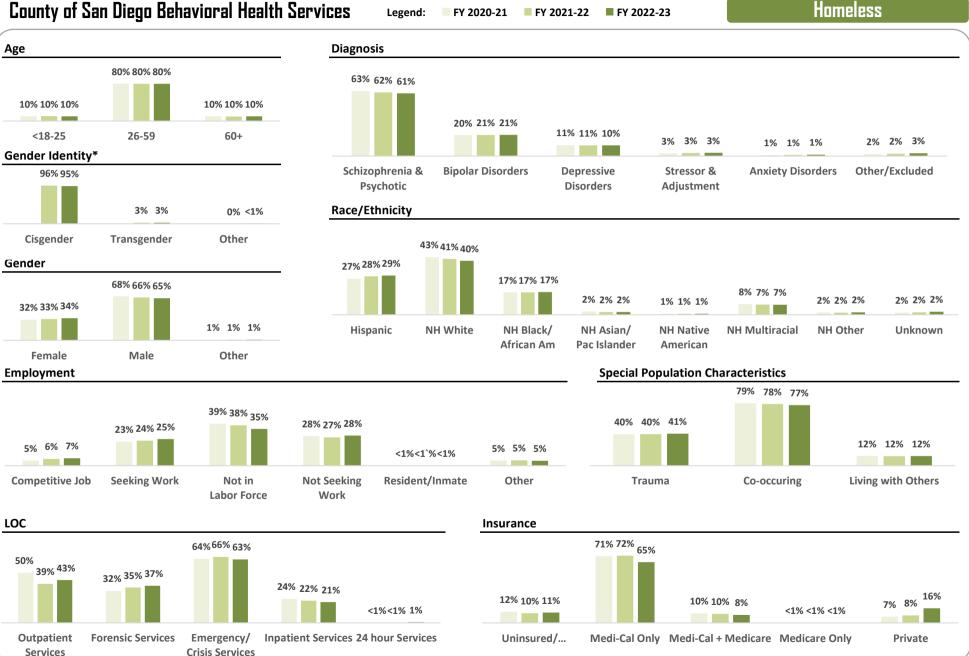
- Adults who reported that they had served in the military were more likely to be a non-Hispanic male, between the ages of 26 and 59, and be diagnosed with Schizophrenia and Other Psychotic Disorder.
- Adults who reported that they had served in the military were more likely to be homeless when compared to the AOABHS systemwide averages.
- These adults were more likely to report a history of trauma than the AOABHS systemwide average. Additionally, the percentage of adults who have reported that they had served in the military and have a history of trauma has increased over the past three years.
- Over the past three years, the percentage of these adults reported to have a co-occuring disorder has decreased slightly.

Report Date: 2/8/2024





### County of San Diego Behavioral Health Services







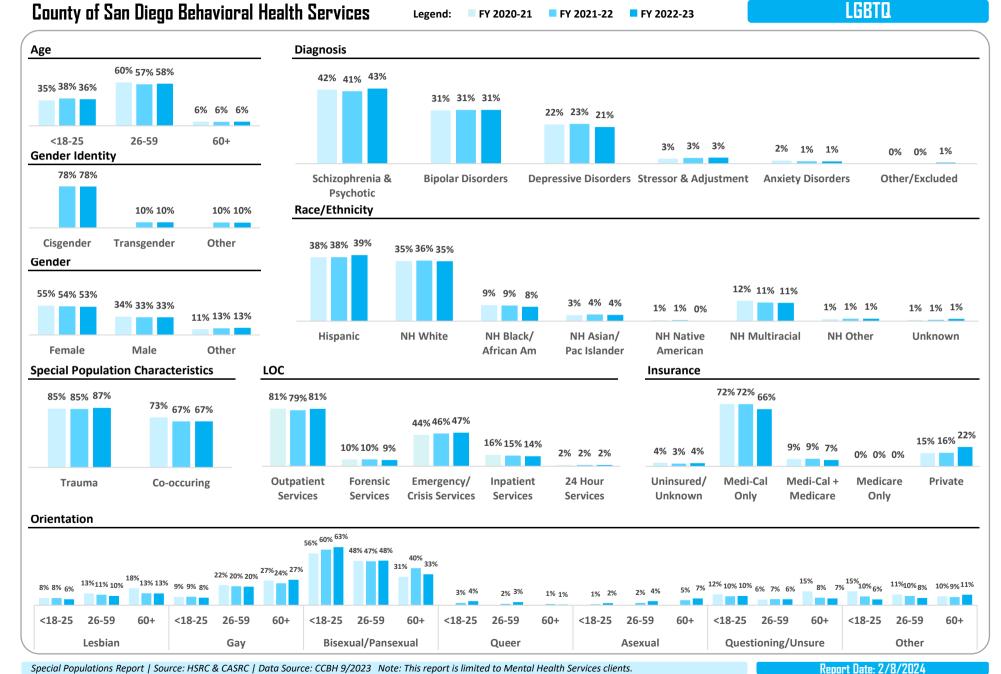
### County of San Diego Behavioral Health Services



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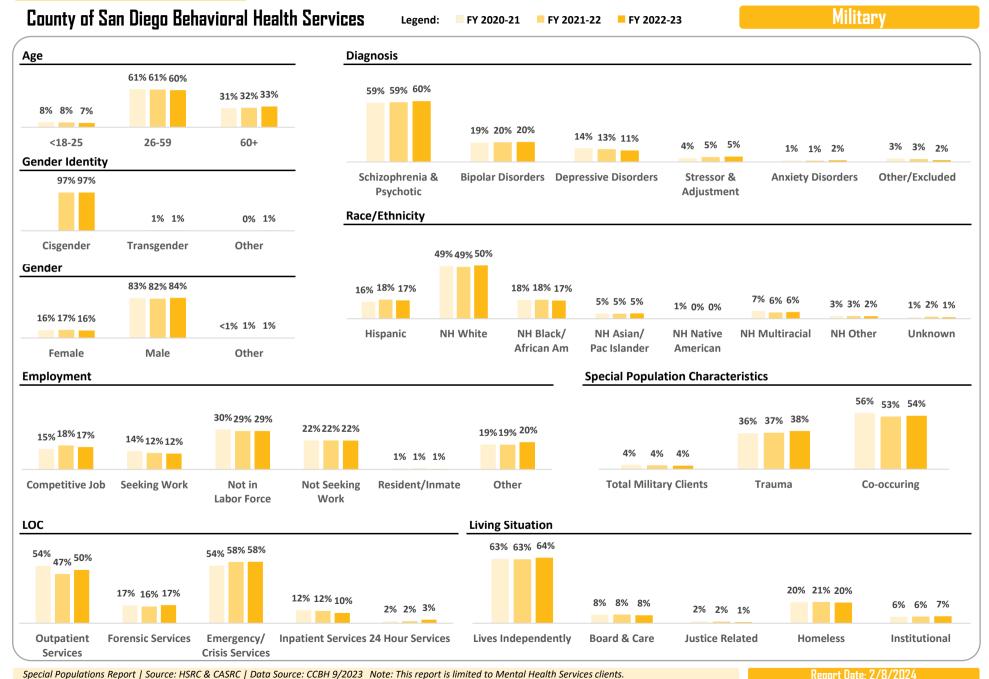


## 3-Year Trend

### **Special Populations Report - ADA**







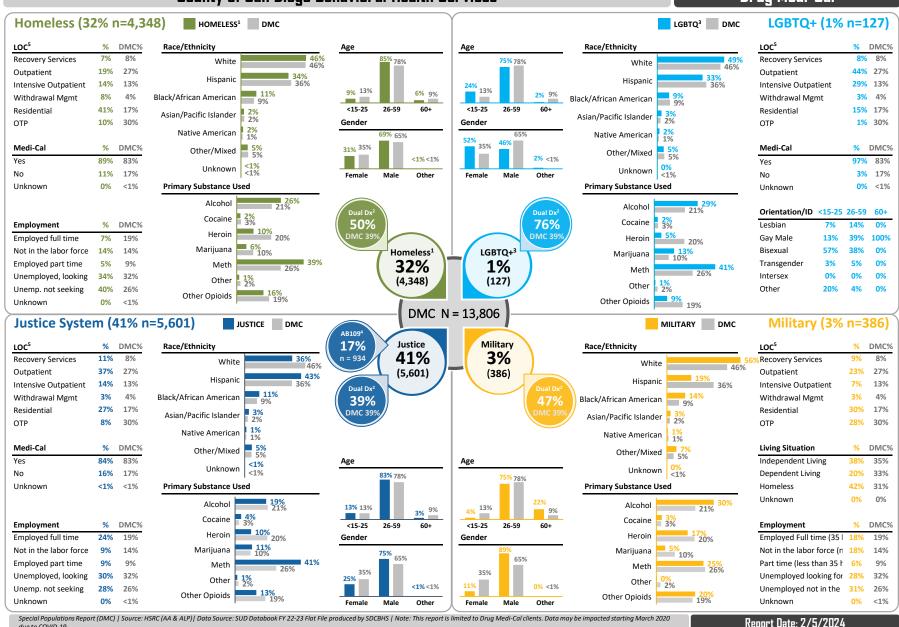
## FY 2022-23 Special Populations Report - DMC





### County of San Diego Behavioral Health Services

#### Drug Medi-Cal



<sup>&</sup>lt;sup>1</sup>Percentage excludes 38 DMC clients with an unknown living status. "Homeless" is used to describe clients who experience homelessness. <sup>2</sup>Percentage excludes clients with unknown mental illness diagnosis information.

<sup>3</sup>Sexual orientation and gender identity are optional fields in SanWITS, thus this data may not be reflective of the total number of persons served. Proportions presented here should be interpreted with caution.

<sup>&</sup>lt;sup>4</sup>Percentage reported includes AB109 client and clients on probation from any federal, state, or local jurisdiction.

<sup>&</sup>lt;sup>5</sup>Level of Care (LOC) is based on most recent treatment episode

### Special Populations Report - DMC





### County of San Diego Behavioral Health Services

### Drug Medi-Cal

#### Homeless (32% n=4,348)

- Of the 13,806 clients served during FY 2022-23 in the DMC-ODS, 32% were experiencing homelessness, compared to 29% served during FY 2021-22.
- Since last fiscal year, the proportion of clients served by the DMC-ODS who were experiencing homelessness and were diagnosed with a mental health disorder has decreased slightly from 51% in FY 2021-22 to 50% in FY 2022-23.
- In FY 2022-23, 50% of clients experiencing homelessness were diagnosed with a mental health disorder and a substance use disorder, compared to 32% in the overall DMC-ODS.
- Clients experiencing homelessness who were served by the DMC-ODS during FY 2022-23 were more than twice as likely (41%) to receive services from a residential program compared to all clients (17%) served by the DMC-ODS during the fiscal year.
- Clients experiencing homelessness who were served by the DMC-ODS during FY 2022-23 were more likely to report a primary substance used of methamphetamine (39%) and alcohol (26%), compared to all clients served by the DMC-ODS (26% and 21%, respectively).
- Compared to the last two fiscal years, during FY 2022-23, DMC-ODS clients who were experiencing homelessness were more likely to report a primary substance used of other opioids (FY 2020-21: 5%; FY 2021-22: 13%; FY 2022-23: 16%).

DMC N = 13,806

#### Justice System (41% n=5,601)

- Of the 5,601 justice system clients served by the DMC-ODS during FY 2022-23, 17% are AB109 clients.
- The proportion of justice system clients served by the DMC-ODS has increased from 40% in FY 2021-22 to 41% in FY 2022-23.
- Of the justice system clients served by the DMC-ODS during FY 2022-23, 39% were diagnosed with a mental health disorder in addition to a substance use disorder, the same as in the overall DMC-ODS (39%).
- Justice system clients were more likely to receive services from outpatient (37%) and residential (27%) programs, and less likely to utilize OTP (8%) programs compared to all clients served by the DMC-ODS (27%, 17%, and 30%, respectively).
- Forty-one percent of justice system clients served by the DMC-ODS during FY 2022-23 reported a primary substance used of methamphetamine at admission, compared to 26% in the overall DMC-ODS.
- Compared to the last two fiscal years, during FY 2022-23, justice system clients were more likely to report a primary substance used of other opioids (FY 2020-21: 4%; FY 2021-22: 9%; FY 2022-23: 13%).

#### LGBTQ+\* (1% n=127)

- During FY 2022-23, 76% of LGBTQ+ clients were diagnosed with a mental health disorder in addition to a substance use disorder, compared to 39% in the overall DMC-ODS.
- Around one third (41%) of LGBTQ+ clients served by the DMC-ODS during FY 2022-23 reported a primary substance used of methamphetamine at admission, compared to 26% in the overall DMC-ODS. Alcohol was the second most common primary substance used among LQBTQ+ clients served (29%).
- LGBTQ+ clients served by the DMC-ODS during FY 2022-23 were more likely to receive services from outpatient (44%) or intensive outpatient (29%) programs compared to all clients served by the DMC-ODS (27% and 13% respectively).
- LGBTQ+ clients served seemed to be in lower levels of care (outpatient, 44% and intensive outpatient, 29%) more so than higher levels of care (residential, 15% and withdrawal management, 3%).
- Compared to the last two fiscal years, during FY 2022-23, clients who identified as LGBTQ+ were somewhat less likely to report a primary substance used of other opioids (FY 2020-21: 6%; FY 2021-22: 13%; FY 2022-23: 9%).
- \*Sexual orientation and gender identity are optional fields in SanWITS, thus these data may not be reflective of all persons served. Findings presented here should be interpreted with caution.

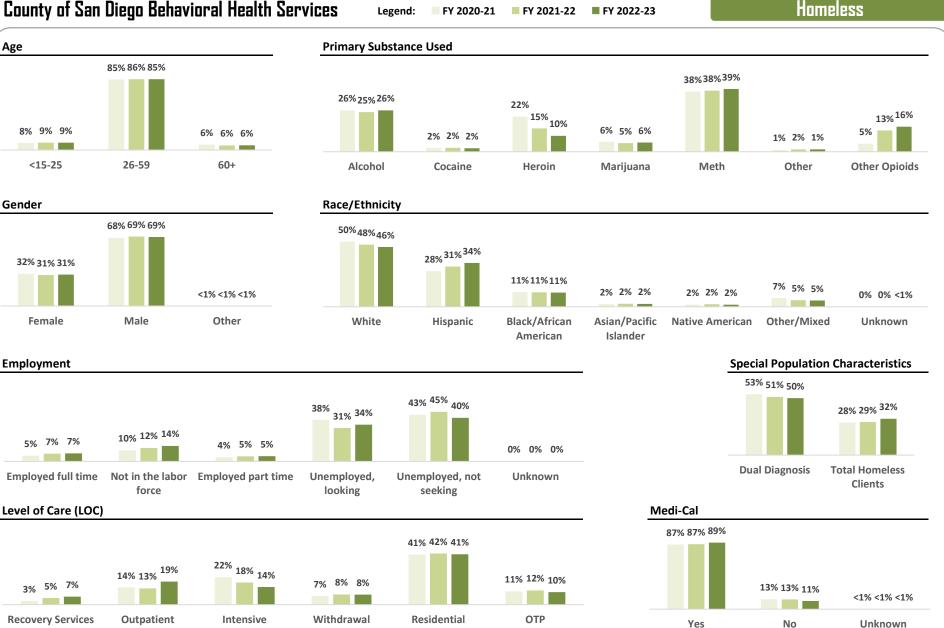
#### Military (3% n=386)

- Military clients served by the DMC-ODS during FY 2022-23 most commonly reported alcohol as their primary substance used (30%), compared to the most commonly reported primary substance used from all clients served by the DMC-ODS (methamphetamine; 26%).
- Compared to FY 2021-22, military clients served by the DMC-ODS who reported living arrangements in dependent living has decreased overall (FY 2021-21: 23%; FY 2022-23: 20%) and clients experiencing homelessness has, in general, increased (FY 2021-22: 41%; FY 2022-23: 42%).
- During FY 2022-23, military clients served by the DMC-ODS were more likely to receive services from residential (30%) programs compared to all clients served by the DMC-ODS during the fiscal year (17%).
- Of the military clients served by the DMC-ODS during FY 2022-23, 47% were diagnosed with a mental health disorder in addition to a substance use disorder, compared to 39% in the overall DMC-ODS.
- Compared to the last two fiscal years, during FY 2022-23, military clients were more likely to report a primary substance used of other opioids (FY 2020-21: 8%; FY 2021-22: 14%; FY 2022-23: 20%).





### County of San Diego Behavioral Health Services



Special Populations Report | Source: HSRC (AA & ALP)| Data Source: SUD Databook FY 20-21, 21-22, 22-23 Production and Flat Files produced by SDCBHS Note: This report is limited to Drug Medi-Cal clients. Please note: Data may be impacted starting March 2020 due to COVID-19.

Management

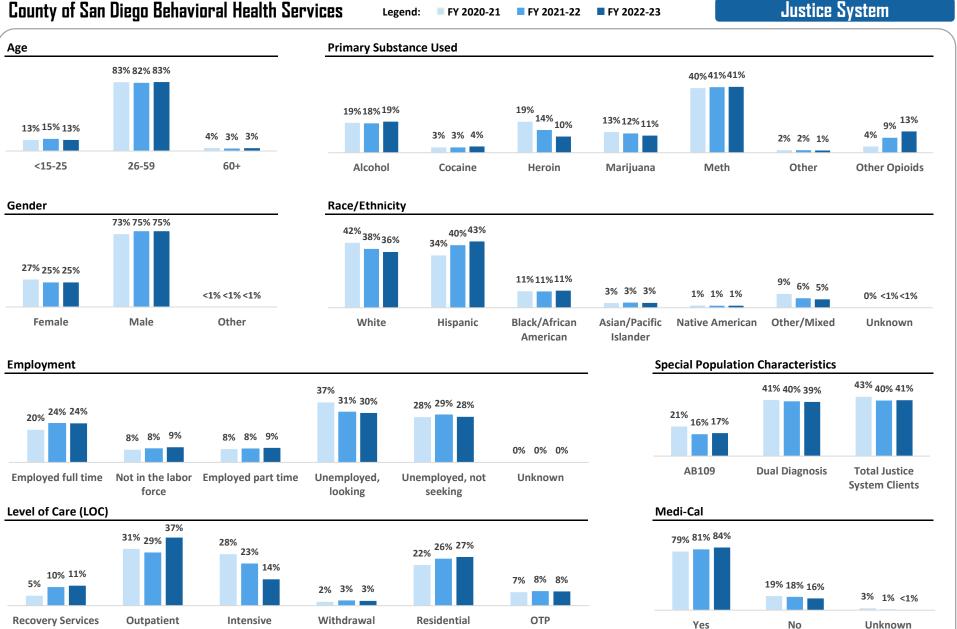
Outpatient

Report Date: 2/5/2024





### County of San Diego Behavioral Health Services



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Management

Outpatient

Report Date: 2/5/2024

Age

15% 22% 24%

<15-25

49% 52% 52%

Female

69% 69% 76%

**Dual Diagnosis** 

Level of Care (LOC)

7% 10% 8%

**Recovery Services** 

13%16% <sub>14%</sub> 25%

26-59

Lesbian

Orientation/ID

11%14% 7%

<18-25

Gender

## 3-Year Trend Special Populations Report - DMC







3% 3% 2%

60+

2% 1% 2%

Other

82% 75% 75%

26-59

49% 47% 46%

Male

1% 1% 1%

Total LGBTQ Clients

37% 37%

Outpatient

0% 0%

60+

0% 13%

26-59

**Gay Male** 

<18-25

**Special Population Characteristics** 



Transgender

Special Populations Report | Source: HSRC (AA & ALP)| Data Source: SUD Databook FY 20-21, 21-22, 22-23 Production and Flat Files produced by SDCBHS Note: This report is limited to Drug Medi-Cal clients. Please note: Data may be impacted starting March 2020 due to COVID-19.

**Bisexual** 

Report Date: 2/5/2024

Intersex

Other

76% 78% 75%

26-59

87% 83% 89%

Male

16% 14% 18%

force

17% 20% 23%

Outpatient

Age

4% 3% 4%

<15-25

12% 16% 11%

Female

13% 16% 18%

Employed full time

Level of Care (LOC)

**Recovery Services** 

**Employment** 

Gender

## 3-Year Trend Special Populations Report - DMC





County of San Diego Behavioral Health Services

20% 20% 22%

60+

<1% <1% 0%

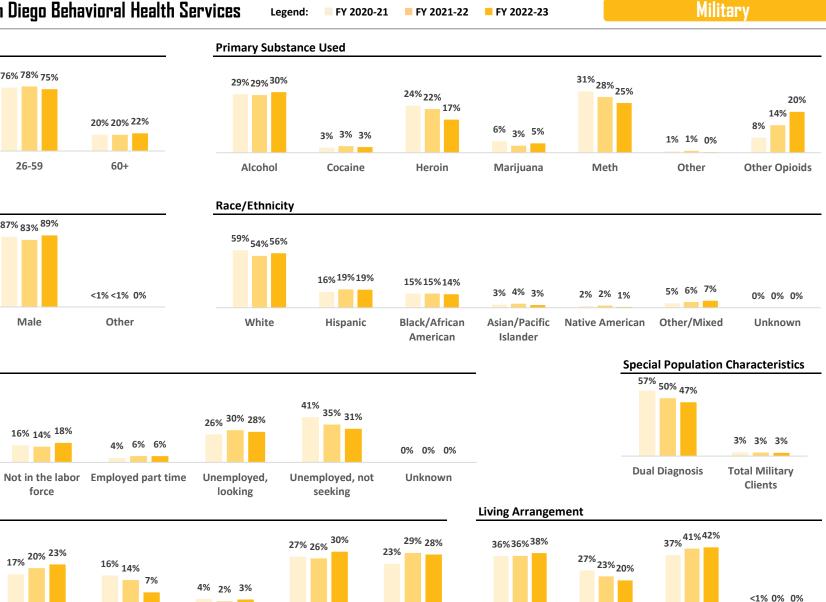
Other

4% 6% 6%

16% 14%

Intensive

Outpatient



Independent Dependent Living

Special Populations Report | Source: HSRC (AA & ALP)| Data Source: SUD Databook FY 20-21, 21-22, 22-23 Production and Flat Files produced by SDCBHS Note: This report is limited to Drug Medi-Cal clients. Please note: Data may be impacted starting March 2020 due to COVID-19.

Residential

**OTP** 

Withdrawal

Management

Report Date: 2/5/2024

Unknown

Homeless