



## ADULT COUNCIL SUMMARY NOTES

February 13, 2023 | 11:00 am – 12:30 pm | Virtual

**Members in Attendance:** Mary Ellen Baraceros (Pathways), Leslie Easton (CCD), Antoinette Fallon (CC), Melissa Hall (JFS), Gwen Jajou (Optum), Jeffrey Najarian (WH), Angela Rowe (VH), Stacy Thompson (EC&A), Marisa Varond (CADRE), Mary Woods (Telecare).

**Non-Members in Attendance:** Alexander Ball (NAMI), Lisa Bertelle (UPAC), Janet Cacho (BHS-HCO), Marty Dare (), Andrea Duron (BHS-AOA), Cara Evans-Murray (BHS-AOA), Debbie Fountain (CSH), Natanya Glezer (BHS-AOA), Marcela Guerra-Cordova (BHS), Jessica Kattan (BHS), Betsy Knight (BHS-AOA), Danyte Mockus-Valenzuela (), Yeraldin Montiel (), Maria Morgan (BHS-AOA), Melissa Penaflor (NAMI), Linda Puebla (CHIP), Brenda Preston (BHS-AOA), Loretta Ramirez (BHS-AOA), Kat Romine (), Katherin Torres (UPAC), Angel Vargas (BHS), Sten Walker (NAMI), Katie Wood (FHCS), Joshua Zang (UPAC).

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Meeting called to order at 11:00 AM by Jeffrey Najarian.</li> </ul>	
<b>II. Review January 2023 Summary Notes</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Council members reviewed summary notes. No changes noted.</li> </ul>	
<b>III. Public Input</b>	<ul style="list-style-type: none"> <li>No public Input.</li> </ul>	
<b>IV. Director’s Update</b> (Maria Morgan)	<ul style="list-style-type: none"> <li>February 2023 Behavioral Health Services (BHS) Director’s Report emailed to Council on 2/13.</li> </ul>	
<b>V. “Strategies to Mitigate Fentanyl Deaths” Presentation</b> (Dr. Jessica Kattan)	<p><b>County of San Diego Response to Fentanyl as a Public Health Crisis Presentation</b></p> <ul style="list-style-type: none"> <li>See PowerPoint attached.</li> </ul>	Dr. Kattan will provide follow-up responses to questions raised.
<b>VI. FY 22/23 Goal Setting</b> (Co-chairs) <ul style="list-style-type: none"> <li>Action Items</li> </ul>	<ul style="list-style-type: none"> <li>Co-chairs reviewed FY 22/23 goals, noted completed action items, and provided updates.</li> <li>Opened for discussion for comments/questions. Members highlighted the importance of elevating and incorporating diverse peer voices.</li> </ul>	



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<p><b>VII. Informational Items</b></p> <ul style="list-style-type: none"> <li>• Adult Council Committees <ul style="list-style-type: none"> <li>○ Consumer (Sten Walker)</li> <li>○ Work Well (Betsy Knight)</li> <li>○ Cultural Competence Resource Team (Natanya Glezer)</li> </ul> </li> <li>• MHSA Update (Danyte Mockus-Valenzuela)</li> </ul>	<p><b>Consumer update</b></p> <ul style="list-style-type: none"> <li>• No update.</li> </ul> <p><b>Work Well update</b></p> <ul style="list-style-type: none"> <li>• Work Well Committee meetings are virtual via Teams on the first Tuesday of the month from 9:00-10:30 AM (Flyer attached).</li> </ul> <p><b>Cultural Competence Resource Team update</b></p> <ul style="list-style-type: none"> <li>• The CCRT Workgroup has been meeting.</li> <li>• Dr. Garcia has been participating in three Statewide Interdisciplinary Collaboration and Cultural Transformation Models (ICCTM), focused on CLAS Standards.</li> <li>• Elizabeth Bustos, Office of strategy and Innovation, did a presentation on Language Equity in Practice: The Translation, Language, Culture Connection Story.</li> </ul> <p><b>MHSA Update</b></p> <ul style="list-style-type: none"> <li>• MHSA continue to work on the 3-year Plan and will be published once completed.</li> <li>• Mental Health Matters month approaching in May.</li> <li>• Encourages Council to visit the <i>Take Action</i> website to increase awareness.</li> </ul>	
<p><b>VIII. Announcements</b></p>	<ul style="list-style-type: none"> <li>• No announcements made.</li> </ul>	

**FY 22/23 Goals**

1. Goal 1: Address access to health care disparity.
  1. Action items:
    1. Request UCSD presentation on EQRO findings and recommendations specific to access to care and Latino population (December Meeting - completed)
    2. Request presentation on PIP and compare with general access to care issues systemwide (January meeting – completed)
    3. Request Health Equity Index Update (TBD)
2. Goal 2: Better understand and make recommendations regarding recent increases in overdose deaths.
  1. Action items:
    1. Dr. T or Dr. E presentation related to strategies to mitigate overdose deaths (Feb meeting) (February - Dr. Kattan confirmed)
    2. Discuss strategies such as Narcan vending machines, Access to testing strips in housing developments. (Feb meeting) (February - Dr. Kattan confirmed)
3. Peer Council - Goal will be the inclusion of Peer Council member(s) at the Adult Council for report outs and vice versa. (Presentation by Peer Council - May/June 2023)