



ADULT COUNCIL SUMMARY NOTES

March 13, 2023 | 11:00 am – 12:30 pm | Virtual

Members in Attendance: Mary Ellen Baraceros (Pathways), Antoinette Fallon (CC), Melissa Hall (JFS), Gwen Jajou (Optum), Julia Kamp (MC), Jeffrey Najarian (WH), Diego Rogers (MHCA), Angela Rowe (VH), Stacy Thompson (EC&A), Marisa Varond (CADRE), Mary Woods (Telecare).

Non-Members in Attendance: Lisa Bertelle (UPAC), Janet Cacho (BHS-HCO), Andrea Duron (BHS-AOA), Cara Evans-Murray (BHS-AOA), Kim Fritz (HSD), Natanya Glezer (BHS-AOA), Marcela Guerra-Cordova (BHS), Jason Hespenshide (ACT), Betsy Knight (BHS-AOA), Bernie Miles (CSH), Danyte Mockus-Valenzuela (), Yeraldin Montiel (VCC), Maria Morgan (BHS-AOA), Melissa Penafior (NAMI), Brenda Preston (BHS-AOA), Loretta Ramirez (BHS-AOA), Valerie Ramirez (BHS-AOA), Kat Romine (BHS-AOA), Nadia Sayeh (CC), Gwendolyn Smith (BHS-AOA), Katherin Torres (UPAC), Angel Vargas (BHS-AOA), Sten Walker (NAMI), Katie Wood (FHCSO).

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions (Co-Chairs)	<ul style="list-style-type: none"> Meeting called to order at 11:00 AM by Jeffrey Najarian. 	
II. Review February 2023 Summary Notes (Co-Chairs)	<ul style="list-style-type: none"> Council members reviewed summary notes. No changes noted. 	
III. Public Input	<ul style="list-style-type: none"> No public Input. 	
IV. Director’s Update (Maria Morgan)	<p>DMC Updates</p> <ul style="list-style-type: none"> Freedom Ranch has added Residential WM beds. AOA Programs with Residential VM services, including: <ul style="list-style-type: none"> ✓ Interfaith ✓ Fellowship ✓ McAlister’s East Detox ✓ Freedom Ranch <p>Essential Program Updates</p> <ul style="list-style-type: none"> Hybrid Outpatient Services have transitioned from UPACH New Leaf Center to Neighborhood House Association Healing Oaks Clinic. Exodus telepsychiatry services will be closing March 31, 2023. For more information about the termination of Exodus telepsychiatry please reach out to Alisha. Eftekhari@sdcounty.ca.gov <p>BHS/AOA Updates</p> <ul style="list-style-type: none"> There is new staffing in AOA at BHPC level and continue to go through the re-organization. <p>Public Health Updates</p> <ul style="list-style-type: none"> People are encouraged to complete vaccination series and get bivalent boosters if they haven’t already. 	



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	<ul style="list-style-type: none"> HHS A hosted two discussions in February about new services for Medi-Cal Members with complex needs. Live Well Partners provided blood pressure screenings, flu vaccines, Narcan distribution and other resources throughout the month of February. Give Kids A Smile 2023 will take place on two Saturdays: February 25th and March 4th. Dentists at community clinics will perform visual screenings and apply fluoride varnish and dental sealants to kids under the age of 18 – at no cost to families! For more information - 619-692-8858 or Give Kids A Smile - SDCDS <p>Additional Announcements</p> <ul style="list-style-type: none"> The Academy for Professional Excellence has been providing Behavioral Health Services (BHS) Trainings with the County of San Diego for many years. Unfortunately, RIHS will no longer be providing BHS trainings after March 31, 2023. Cultural Competency Academy (CCA) contract ends on June 30, 2023. See their website for additional information and upcoming trainings RIHS - Academy for Professional Excellence (sdsu.edu) Ensure all staff within the SOC log in to the RIHS LMS program to download and save their training certificates and transcripts before March 31, 2023, at which time there will no longer be access. 	
<p>V. San Diego Community College District Mental Health Counseling Services Presentation (Julia Kamp and Nadia Sayeh)</p>	<p>San Diego Community College District Mental Health Counseling Services Presentation</p> <ul style="list-style-type: none"> See PowerPoint attached. 	<p>Presentation sent to council on 3/16.</p>
<p>VI. FY 22/23 Goal Setting (Co-chairs)</p> <ul style="list-style-type: none"> Action Items 	<ul style="list-style-type: none"> Operationalize for the remainder of presentations for this year. UCSD and Liz Miles presented on EQRO and PIPs for access to care. Dr. Kattan presented on Harm Reduction initiative that are underway – Marisa is excited to share that McAllister has officially live with the first Narcan vending at their South Bay Regional Recovery Center. Opened the conversation to ideas for upcoming presentations for our FY 22-23. 	



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<p>VII. Informational Items</p> <ul style="list-style-type: none"> • Adult Council Committees <ul style="list-style-type: none"> ○ Consumer (Sten Walker) ○ Work Well (Kim Ta) ○ Cultural Competence Resource Team (Natanya Glezer) • MHSa Update (Danyte Mockus-Valenzuela) 	<p>Consumer update</p> <ul style="list-style-type: none"> • Second meeting occurred last month – Discussion about peer support certification. • Peer Council is going through applications for seats for council. • Peer Council will have a conversation this month on CARE Court. <p>Work Well update</p> <ul style="list-style-type: none"> • Continue to complete their Fidelity Review for Behavioral Health Services sites. <ul style="list-style-type: none"> ➤ Registration Link to the Work Well Employer Social: https://www.eventbrite.com/e/work-well-employer-social-tickets-568331905027 <p>Cultural Competence Resource Team update</p> <ul style="list-style-type: none"> • Continue to meet monthly. • Dr. Garcia continues to participate in the Interdisciplinary Collaboration and Cultural Transformation Model (ICCTM) - recent session focused on Loss and Traumatic grief. • Dr. Garcia is the Ethics Services Manager for the county and also participates in southern region meetings that come together to discuss various issues. <p>MHSA Update</p> <ul style="list-style-type: none"> • MHSA will open the 30-Day Public comment on April 4th. • BHAB meeting is being heard virtual and in-person. • Encouraging participants to provide feedback via their telephone line, email or via survey scan code. • March 23rd – Mental Health Services Oversight and Accountability Commission will be in San Diego holding their public meeting. 	
<p>VIII. Announcements</p>	<ul style="list-style-type: none"> • April meeting will be DARK: Combined Council scheduled for April 10th. • Melisa provided an announcement. 	

FY 22/23 Goals

1. Goal 1: Address access to health care disparity
 1. Action items:
 1. Request UCSD presentation on EQRO findings and recommendations specific to access to care and Latino population (December Meeting - completed)
 2. Request presentation on PIP and compare with general access to care issues systemwide (January meeting – completed)
 3. Request Health Equity Index Update (TBD)
2. Goal 2: Better understand and make recommendations regarding recent increases in overdose deaths
 1. Action items:



LIVE WELL
SAN DIEGO



1. Dr. T or Dr. E presentation related to strategies to mitigate overdose deaths (Feb meeting) **(February - Dr. Kattan completed)**
2. Discuss strategies such as Narcan vending machines, Access to testing strips in housing developments. (Feb meeting) **(February - Dr. Kattan completed)**
3. Peer Council - Goal will be the inclusion of Peer Council member(s) at the Adult Council for report outs and vice versa. **Presentation by Peer Council - May/June 2023**