



**ADULT COUNCIL SUMMARY NOTES**  
*January 10, 2022 | 11:00 am – 12:30 pm | Zoom*

**Members in Attendance:** Mary Ellen Baraceros (Pathways), Vianey Del Real Ochoa (MHS), Leslie Easton (SDCC), Antoinette Fallon (CC), Laurel Fisher (RII), Syed Imam (UPAC), Gwen Jajou (Optum), Julia Kamp (SDMC), Liz Kruidenier (LWV), Jeffrey Najarian (WH), Angela Rowe (ADSPA), Stacy Thompson (RIHS), Marisa Varond (CADRE), Caitlin Woodruff (JFS), Mary Woods (TCMR).

**Non-Members in Attendance:** Dee Dorsey (WP), Andrea Duron (BHS-AOA), Dennis Ewing (CSU), Terra Jennings (RII), Bernie Miles (CSH), Elizabeth Miles (BHS-QI), Kimberly Pettiford (BHS-PCE), Claire Riley (BHS-AOA), George Scolari (CHG), Gwendolyn Smith (BHS-AOA).

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Meeting called to order at 11:01 AM by Jeffrey Najarian.</li> </ul>	
<b>II. Review November 2021 Summary Notes and approve</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Council members reviewed summary notes. No changes noted.</li> </ul>	
<b>III. Public Input</b>	<ul style="list-style-type: none"> <li>Public input provided by Terra Jennings.</li> </ul>	
<b>IV. Director’s Update</b> (Jeffrey Najarian on behalf of Dr. Piedad Garcia)	<p><b>Crisis Stabilization Units</b></p> <ul style="list-style-type: none"> <li>The North Inland Hospital-Based CSU at the Palomar Hospital campus in Escondido was expanded from 8 to 16 recliners. All 16 recliners were available beginning January 2021.</li> <li>The South Region Hospital-Based CSU located at Paradise Valley Hospital became operational with 12 recliners in April 2021.</li> <li>The North Coastal Community-Based CSU in Vista became operational with 12 recliners in October 2021.</li> <li>The North Coastal Live Well Center Community-Based CSU in Oceanside is estimated to open in early 2022. When operational, this facility will have 12 recliners available.</li> </ul> <p><b>Launch of Mobile Crisis Response Teams (MCRTs)</b></p> <ul style="list-style-type: none"> <li>MCRTs provide a non-law enforcement, community-based crisis response designed to engage individuals in behavioral health services and reduce law enforcement interventions when clinically appropriate.</li> <li>MCRTs are comprised of clinicians, case managers, and peer support specialists to provide a clinician-only crisis intervention, triage for level of care need, link to appropriate behavioral health services, and if clinically indicated, transport to a crisis stabilization unit or walk-in assessment center as appropriate.</li> <li>MCRT began as a pilot program in January 2021 serving the North Coastal Region and as of today, MCRT is operational in</li> </ul>	



	<p>East, North Central, South, Central Regions, and North Inland Region.</p> <p><b>Comprehensive County Substance Use Harm Reduction Strategy (Harm Reduction Strategy)</b></p> <ul style="list-style-type: none"> <li>The Harm Reduction Strategy is divided into four strategic domains: <ul style="list-style-type: none"> <li>✓ Cross-sectoral convening</li> <li>✓ Healthcare integration and access</li> <li>✓ Housing</li> <li>✓ Workforce</li> </ul> </li> <li>There is work being done across all four domains, including the implementation of housing strategies that are supportive of the County’s Framework for Ending Homelessness.</li> </ul>	
<p><b>V. Vista CSU Presentation</b> (Dennis Ewing)</p>	<p><b>Mental Health Crisis Stabilization Services: An Alternative to Emergency Department</b></p> <ul style="list-style-type: none"> <li>PowerPoint pending authorization to be distributed.</li> </ul>	
<p><b>VI. Membership motions follow up</b> (Co-Chairs)</p> <ul style="list-style-type: none"> <li>Letter to BHS Director (IT needs)</li> </ul>	<ul style="list-style-type: none"> <li>Letter has been elevated to BHS leadership.</li> </ul>	
<p><b>VII. Informational Items</b></p> <ul style="list-style-type: none"> <li>Adult Council Committees <ul style="list-style-type: none"> <li>○ Consumer (Terra Jennings)</li> <li>○ Work Well (Kim Ta)</li> <li>○ Cultural Competence Resource Team (Claire Riley)</li> </ul> </li> <li>MHSA Update (Danyte Mockus-Valenzuela)</li> </ul>	<p><b>Consumer Update</b></p> <ul style="list-style-type: none"> <li>Countywide meetings – Last Tuesday of every month.</li> </ul> <p><b>Work Well Update</b></p> <ul style="list-style-type: none"> <li>Data collection was presented to employment specialist and IPS Advisory Committee on December 10, 2021.</li> <li>Monthly meeting is scheduled for Tuesday, January 11<sup>th</sup>.</li> <li>Work Well will begin discussing training opportunities.</li> </ul> <p><b>Cultural Competence Resource Team Update</b></p> <ul style="list-style-type: none"> <li>BHS and Agency continue to address Healthcare disparities.</li> </ul> <p><b>MHSA Update</b></p> <ul style="list-style-type: none"> <li>Process of planning for Mental Health Month.</li> <li>Finalizing UCSD as vendor for Community Engagement Contract.</li> </ul>	
<p><b>VIII. Announcements</b></p> <ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>No announcements made.</li> </ul>	



**Finalized Goals**

- Collaborate with CCRT to examine and address health care disparities and social determinants of health in communities of color, particularly around access to care and workforce goals.
- Work with the County, system partners, and the Housing Council to address social determinants of health, to include technology needs.
- Continue to receive updates on Continuum of Care reforms, providing recommendations to the BHS Director from the Adult Council’s cross-disciplinary membership.
- Better understand and make recommendations regarding recent increases in overdose deaths.
- Work with system partners to respond to decreases in access to care and to explore new opportunities for collaboration.

**\* Bold goals are FY 20/21 priorities**

**Hot Topics:**

***Refugees & Immigrants  
Services for Deaf/Hard of Hearing  
California’s Advancing and Innovating Medi-Cal (CalAIM)  
Housing and Board and Cares***

**Presentations:**

***Assisted Outpatient Treatment (July 2021)  
IT Needs for Clients in Housing Developments (Jun 2021 – Jeffrey Najarian)  
Mobile Crisis Response Teams (Oct/Nov 2021)  
CalAIM (Sept/Oct 2021)  
Crisis Stabilization Units (Jan 2022)***