



## ADULT COUNCIL SUMMARY NOTES

November 8, 2021 | 11:00 am – 12:30 pm | Zoom

**Members in Attendance:** Mary Ellen Baraceros (Pathways), Vianey Del Real Ochoa (MHS), Antoinette Fallon (CC), Laurel Fisher (RII), Piedad Garcia (BHS-AOA), Melissa Hall (JFS), Gwen Jajou (Optum), Jeffrey Najarian (WH), James Diego Rogers (MHCA), Angela Rowe (ADSPA), Stacy Thompson (RIHS), Marisa Varond (CADRE), Mary Woods (TCMR).

**Non-Members in Attendance:** Donovan Ackley III (RIHS), Monique Arellano (BHS-AOA), Janet Cacho (BHS-CDO), Dee Dorsey (WP), Amanda Downing (MHS), Andrea Duron (BHS-AOA), Terra Jennings (RII), Betsy Knight (BHS-AOA), Elizabeth Miles (BHS-QI), Danyte Mockus-Valenzuela (BHS-PCE), Maria Molina-Melendez (BHS-AOA), Phuong Quach (BHS-AOA), Loretta Ramirez (BHS-AOA), Jayne Reinhardt (), James Rucker (RII).

AGENDA ITEM	SUMMARY	ACTION
I. <b>Welcome and Introductions</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Meeting called to order at 11:01 AM by Marisa Varond.</li> </ul>	
II. <b>Review Sept 2021 Summary Notes and approve</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Council members reviewed summary notes. No changes noted.</li> </ul>	
III. <b>Public Input</b>	<ul style="list-style-type: none"> <li>Input provided by Angela Rowe regarding staffing shortages.</li> </ul>	
IV. <b>Director's Updates</b> (Dr. Piedad Garcia)	<p><b>Continuum of Care (COC)</b></p> <ul style="list-style-type: none"> <li>MCRT Pilot in the North Coastal Region continues to receive referrals from the ACL (Access Crisis Line). MCRT is now implemented in the South and Central North Central, and Eastern regions.</li> <li>On final stages of media campaign (social media and billboards) for all regions, to communicate to the community on how to access the MCRT.</li> <li>As an entity, if you would like the MCRT to do a presentation, please connect with Dr. Piedad Garcia or Alisha Eftekhari, who is the core program monitor.</li> </ul> <p><b>Director's Update</b></p> <ul style="list-style-type: none"> <li>The C-HRT clinical team is in process of being implemented, which is a team that will focus on outreach and engagement of homeless individuals in the City of San Diego.</li> <li>The focus of the C-HRT program is for individuals who are homeless with chronic substance use, that are difficult to engage in services, as well as connecting just-intime to bridge housing and permanent housing. Family Health Centers of San Diego is the contractor that will be providing the clinical care coordination team, which will be composed of licensed mental health clinicians, case managers, and peers, to outreach and engage this population.</li> <li>A dedicated bridge shelter has been identified in the Midway area for this cohort.</li> </ul>	



	<ul style="list-style-type: none"> <li>Currently in process of looking for a building to open a dedicated Safe Haven, which will include 20-25 beds. These cohort of CHRT clients will require more of intensive support services.</li> </ul>	
<p><b>V. Membership motions (Co-Chairs)</b></p> <ul style="list-style-type: none"> <li>Review and Approve Letter to BHS Director (IT needs)</li> <li>Review and Approve Revisions to Bylaws</li> </ul>	<p><b>Letter to BHS Director (IT needs)</b></p> <ul style="list-style-type: none"> <li>Motion for BHS to stipulate those developers include Wi-Fi in future PSH projects and for BHS to identify potential funding streams for computer hardware and software products to assist clients in PSH units to access care. <ul style="list-style-type: none"> <li>➤ James Diego Rogers first motion</li> <li>➤ Stacy Thompson second motion</li> <li>➤ Laurel Fisher third motion</li> </ul> </li> </ul> <p><b>Ayes: 10 Nays: 0 Abstentions: 0</b></p> <p><b>Revisions to Bylaws</b></p> <ul style="list-style-type: none"> <li>Motion by Antoinette Fallon, second motion by James Diego Roger.</li> </ul> <p><b>Ayes: 9 Nays: 0 Abstentions: 0</b></p>	<p><b>Action item:</b> Update last three paragraphs of IT Recommendations.</p>
<p><b>VI. Discussion Items</b></p> <ul style="list-style-type: none"> <li>Goals 1 and 2</li> <li>Behavioral Health Workforce Crisis</li> </ul>	<ul style="list-style-type: none"> <li>Motion for BHS to formally declare a BH workforce crisis across the safety net system of care. To create a subcommittee to make specific recommendations to BHS Leadership that would result in an Executive Order for swift implementation. <ul style="list-style-type: none"> <li>➤ Jeffrey Najarian first motion</li> </ul> </li> </ul> <p><b>Ayes: 11 Nays: 0 Abstentions: 0</b></p> <p><b>Next Steps</b></p> <ul style="list-style-type: none"> <li>Establish a subcommittee on Workforce Crisis, establish a timeline, on pager of the purpose, and establish one pager to make recommendations to the executive team for action at a system wide level.</li> <li>James Diego Roger volunteered to co-chair ad hoc committee, with assistance of Stacy Thompson, Angela Rowe, and Terra Jennings.</li> <li>Marisa Varond and Phuong Quach attending as members.</li> </ul>	



<p><b>VII. Informational Items</b></p> <ul style="list-style-type: none"> <li>• Adult Council Committees <ul style="list-style-type: none"> <li>○ Consumer (Terra Jennings)</li> <li>○ Work Well (Betsy Knight)</li> <li>○ Cultural Competence Resource Team (Ann Vilmenay)</li> </ul> </li> <li>• MHSA Update (Danyte Mockus-Valenzuela)</li> </ul>	<p><b>Consumer Update</b></p> <ul style="list-style-type: none"> <li>• The Countywide Consumer meeting is scheduled for November 30<sup>th</sup> at 1:00pm. Cara Chesney, Program Director of NAMI's new Casa Del Centro Clubhouse, will be presenting on how the new Clubhouse Certification will serve the BH Members. Also, a presenter from MCRT.</li> </ul> <p><b>Work Well Update</b></p> <ul style="list-style-type: none"> <li>• Kim Ta, new contact with Work Well, will be facilitating The Work Well meetings.</li> <li>• Process of shifting data tracking process for better workflow and the IPS.</li> </ul> <p><b>Cultural Competence Resource Team Update</b></p> <ul style="list-style-type: none"> <li>• Ann Vilmenay has been promoted.</li> <li>• RIHS presented an overview of their training curriculum and the integration on healthcare disparities and health equity and racism.</li> </ul> <p><b>MHSA Update</b></p> <ul style="list-style-type: none"> <li>• No updates.</li> </ul>	
<p><b>VIII. Announcements</b></p>	<ul style="list-style-type: none"> <li>• No announcements made.</li> </ul>	

**Finalized Goals**

- **Collaborate with CCRT to examine and address health care disparities and social determinants of health in communities of color, particularly around access to care and workforce goals.**
- **Work with the County, system partners, and the Housing Council to address social determinants of health, to include technology needs.**
- Continue to receive updates on Continuum of Care reforms, providing recommendations to the BHS Director from the Adult Council's cross-disciplinary membership.
- Better understand and make recommendations regarding recent increases in overdose deaths.
- Work with system partners to respond to decreases in access to care and to explore new opportunities for collaboration.

**\* Bold goals are FY 20/21 priorities**

**Hot Topics:**

***Refugees & Immigrants  
Services for Deaf/Hard of Hearing  
California's Advancing and Innovating Medi-Cal (CalAIM)  
Housing and Board and Cares***



LIVE WELL  
SAN DIEGO



**Presentations:**

**Assisted Outpatient Treatment (July 2021)**

***IT Needs for Clients in Housing Developments (Jun 2021 – Jeffrey Najarian)***

***Mobile Crisis Response Teams (Oct/Nov 2021)***

***Crisis Stabilization Units (Dec 2021)***

***CalAIM (Sept/Oct 2021)***