



## CULTURAL COMPETENCE RESOURCE TEAM SUMMARY NOTES

December 3, 2021 | 10:00 AM – 11:30 AM | WebEx

**In Attendance:** Mahvash Alami Rad (SOT), Mina Arthman (NAMI), Juan Camarena (LPCC), Robert Cook (HH), Andrea Duron (BHS-AOA), Danielle Eguiza (BHS-AOA), Piedad Garcia (BHS-AOA), Rick Heller (UCSD), Celeste Hunter (CASRC), Shiva Jaimes (RIHS), Jeff Jimenez (BHS-CDO), Rosa Ana Lozada (CFYC), Nathaly Martinez (NAMI), Jessica Mendelsohn (BHS-AOA), Liz Miles (BHS-QI), Edith Mohler (CYF), Erick Mora (CASRC), Fardosa Osman (UWEAST), Shane Padamada (), Carmen Pat (UPAC), Ezra Ramirez (BHS-QI), Claire Riley (BHS-AOA), Nancy Rodriguez (), James Rucker (RII), Jennifer Rusit (BHS-CDO), Angela Solom (BHS-QI), Stacy Thompson (RIHS), Charity White-Voth (BHS-AOA).

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b>	<ul style="list-style-type: none"> <li>Meeting called to order at 10:00 AM by Charity White-Voth.</li> </ul>	
<b>II. Review of November 2021 Summary Notes</b>	<ul style="list-style-type: none"> <li>No edits made.</li> </ul>	
<b>III. Public Input</b>	<ul style="list-style-type: none"> <li>No public input.</li> </ul>	
<b>IV. Chair’s Report</b> (Piedad Garcia)	<ul style="list-style-type: none"> <li>The report for BHAB is available. All BHAB agendas and minutes can be accessed on the BHS website.</li> <li>New procurements available on BuyNet; Tenant Housing Support, Hybrid Mental Health and Substance Use, Independent Living, and Crisis Residential Treatment programs are upcoming.</li> <li>BHS continues to expand and recently added two new Behavioral Health Program Coordinators who will be attending future CCRT meetings.</li> <li>C-HRT is the new harm reduction team program in partnership with the City of San Diego. <ul style="list-style-type: none"> <li>✓ Focused on harm reduction, which is aligned with the harm reduction strategy that the County has implemented, focusing on supporting behavioral health, mental health, and substance use and housing.</li> <li>✓ The City of San Diego continues to look for additional housing space.</li> <li>✓ Soft opening on December 6<sup>th</sup>.</li> <li>✓ The intent is to expand countywide beyond just the City of San Diego.</li> <li>✓ Seeking to establish Safe Havens housing for those clients that need reduced barriers to permanent housing.</li> </ul> </li> <li>The mobile crisis response team (MCRT) is operational. <ul style="list-style-type: none"> <li>✓ Currently operated by Telecare.</li> <li>✓ Future plan is to rollout to school districts, colleges, universities, and Native American reservations.</li> <li>✓ MCRT is accessed through the Access and Crisis Line.</li> </ul> </li> </ul>	



	<ul style="list-style-type: none"> <li>✓ Finalizing the rollout in North Inland next week and will have a meeting with Dr. Bergmann and County Supervisor from District 3.</li> <li>✓ By the end of December, all regions will have MCRT teams.</li> <li>✓ Phase 2 will address colleges and universities.</li> <li>✓ Part of the internal planning to develop the best model on how to address/respond to school districts.</li> <li>✓ Plan to do a meet and great in January/February with designated points of contact from the universities and colleges.</li> <li>• The Crisis Stabilization Unit in Vista is open 24-hour/7 days per week. <ul style="list-style-type: none"> <li>✓ Law enforcement is making a lot of use of the CSU in Vista.</li> <li>✓ There is Palomar in North, Paradise Valley in the South, and Vista in Oceanside.</li> </ul> </li> <li>• In the first quarter 2022, BHS will have a MCRT steering committee/coordinating council where jurisdictions and consumers will be invited to monthly meetings to inform the community on MCRT deployment.</li> </ul>	
<p><b>V. Action Items</b></p> <ul style="list-style-type: none"> <li>• Healthcare Disparities Discussion Update (Piedad Garcia)</li> </ul>	<ul style="list-style-type: none"> <li>• BHS and the Agency continue to move forward with addressing not only healthcare disparities, but inequities in the system as it relates to discrimination in policies that need to be reevaluated since the events of 2020.</li> <li>• BHS staff is required to attend Racial Equity trainings.</li> <li>• Continue to work with Dr. Esposito, who is the lead population health expert, in addition to her work with harm reduction.</li> <li>• Beginning to work with the Sheriff’s Department to introduce medication assisted treatment in the jail system.</li> </ul>	



<p><b>VI. Informational Items</b></p> <ul style="list-style-type: none"> <li>• MHSA Updates (Danyte Mockus-Valenzuela)</li> <li>• QI Updates (Liz Miles)</li> <li>• CCRT Committees <ul style="list-style-type: none"> <li>✓ Education &amp; Training (Charity White-Voth)</li> <li>✓ Children’s Update (Edith Mohler)</li> <li>✓ RIHS Cultural Competency Academy (CCA) (Shiva James)</li> </ul> </li> </ul>	<p><b>MHSA Update</b></p> <ul style="list-style-type: none"> <li>• No update.</li> </ul> <p><b>QI Update</b></p> <ul style="list-style-type: none"> <li>• Discussed Live Well indicators report for Q1 FY 2021-22 and requesting feedback.</li> </ul> <p><b>Education &amp; Training Update</b></p> <ul style="list-style-type: none"> <li>• No update.</li> </ul> <p><b>Children’s Update</b></p> <ul style="list-style-type: none"> <li>• Children, Youth and Families (CYF) Council December meeting going DARK. The next meeting will be on January 10, 2022.</li> <li>• On behalf of NAMI San Diego, Career Pathways 2.0 Peer and Family Support Specialist Training will be available for FREE online behavioral health training program with career planning assistance. Training starts on January 6, 2022. Register at: <a href="mailto:CAREERPATHWAYS@NAMISD.ORG">CAREERPATHWAYS@NAMISD.ORG</a></li> <li>• On behalf of Aisha Pope, co-chair of the CYF Council Early Childhood Sub-Committee: <ul style="list-style-type: none"> <li>✓ The second annual Birth of Brilliance virtual conference is scheduled for February 24, 2022. The goal of the conference is to challenge participants to create racial equity in early childhood</li> <li>✓ More information at: Birth of Brilliance Conference   San Diego Youth Services (<a href="http://sdyouthservices.org">sdyouthservices.org</a>)</li> </ul> </li> <li>• Live Well San Diego Youth Sector in collaboration with CYF hosted: <ul style="list-style-type: none"> <li>✓ Amplifying Voices: <b>WHAT YOU(TH) WANT MENTAL HEALTH PROFESSIONALS TO KNOW</b>, virtual Town Hall on December 1, 2021. Board of Supervisors Chair, Nathan Fletcher and BHS Director, Dr. Luke Bergmann, provided the welcome and context for the event. Youth and other attendees provided input to improve youth behavioral health services. There were over 50 attendees.</li> </ul> </li> </ul> <p><b>RIHS Cultural Competency Academy Update</b></p> <ul style="list-style-type: none"> <li>• Next Executive series is scheduled for January 28<sup>th</sup>.</li> <li>• The original CCA foundational training series is currently underway.</li> <li>• Currently underway with updating the CAA African American e-learning.</li> </ul>	<p><b>QI Action Item:</b></p> <p>Requesting to add a sentence around social determinants.</p> <p>Separate race, ethnicity, gender, and age.</p>
<p><b>VII. Announcements</b></p>	<ul style="list-style-type: none"> <li>• No announcements.</li> </ul>	

**NEXT MEETING: JANUARY 7, 2021 | 10:00 AM - 11:30 AM | WebEx**

*Presentations*



**FY 2020-2021 Goals**

**Areas of Focus for Fiscal Year 2021-22:**

- BHS Priorities
- Equity and Social Justice
- Health Care Disparities
- Annual Strategic Planning with Consultant
- Cultural Competence Academy Trainings
- Diversity Workforce Development
- CCRT Membership Engagement/CCRT Membership Roles
- Outreach to Diverse Populations (i.e. Transgender/Indigenous/Hearing Impaired communities, etc.)
- Showcase LE on their methods for implementing CC in their systems/programs
- Alignment with Office of Racial Equity

**List ways in which the CCRT aligns with the CYF System of Care Vision, Mission, Principles and Framework:**

- The CCRT serves as an advisory body to the BHS Director, the CYF Council serves in an advisory capacity to the BHS Director.
- Some CCRT members are active participants of other groups of the CYF system of care, including the CYF Council; cultural competence is embedded in every aspect of the CYF system of care.
- Both System of Care Vision, Mission, Principles and Framework include “Culturally Competent” language.

**List ways in which the CCRT complements other Council Sub-Committees efforts:**

- The CCRT provides framework to CYF Council sub-committees to facilitate that their activities align with the CYF System of Care/Council principles, specifically, Principle 8: Culturally competent. Each of the subcommittees/ groups below seek cultural competency.
  - ✓ Public Sector
  - ✓ Private Sector
  - ✓ Family/Youth Sector
  - ✓ Education Sector
  - ✓ CCRT
  - ✓ Early Childhood
  - ✓ Fee-For-Service
  - ✓ Health Plans
  - ✓ Outcomes
  - ✓ Transition Age Youth (TAY) Council
  - ✓ Training (CYF System of Care Training Academy)
  - ✓ Change Agents Developing Recovery Excellence (CADRE)

**\*\* = Recommendations from Strategic Planning/Focus Group**