



## NORTH COUNTY FAITH PARTNERSHIP COUNCIL MEETING

Thursday, December 14th, 2023 | 11:00am-12:30pm

King of Kings Lutheran Church (2993 Macdonald Street, Oceanside, CA 92054)

**Members in attendance:** Josh Roberts, Martha Garzon, Angel Vargas, K.J. Webb, Perla Arroyo-Morales, Joyce Bruggeman, Maria Halbert, Mary Ferro

Non-members in attendance: Victoria Waufle, Margaret Paton, Maria Morgan, Rosario Reyes, Cole McGlynn, Amanda McGlynn, Jenell Coker, Jason Coker, Wendy Baez, Darren Cowdrey, Veronica Kang, Nichole Phonharath

| Agenda Item   | Summary  | Action  |
|---|--|---|
| <ol> <li>Welcome and Introductions<br/>(Angel Vargas)</li> <li>minutes</li> </ol> |  |   |
| 2. Prayer (Council Member) 5 minutes  |  |   |
| 3. Approval of February 2024 Agenda and October 2023 Minutes (ALL) 5 minutes      |  | Send out October minutes in meeting follow up. October minutes approved 1/5/2024. |
| 4. Update on Council Members<br>Outreach Subcommittee<br>(ALL)                    | <ul> <li>Martha Garzon, ICS</li> <li>160 students at How Social Media Effects Mental Health.</li> <li>Joyce Bruggeman</li> <li>30 people attended presentation on how to start mental health ministry as result of attending FBA.</li> </ul>   |   |
| 5. Presentation – Compassion<br>Satisfaction<br>(Mitchell Snow)                   | <ul> <li>Compassion fatigue: Reduced capacity or interest in bearing the suffering of others. Also known as secondary trauma or burnout.</li> <li>Faith leaders are helping professionals.</li> <li>Professional Quality of Life Scale (PROQOL): Assesses compassion satisfaction, compassion fatigue, and burnout.</li> </ul> | Send presentation slides in follow up email.                                      |
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|  | <ul> <li>Recognizing context of signs; similarity to life adjustments (e.g., newborn).</li> <li>63% of faith leaders surveyed did not use MH/BH services.</li> <li>40% of ministry leaders surveyed in 2022 seriously considered stepping down from their position.</li> <li>Self care is a priority and a necessity; identify self care that works for you.</li> <li>Identify an accountability partner.</li> </ul> |   |
|--|--|---|
| 5. County Updates<br>(Perla Arroyo-Morales, Maria<br>Morgan) | Reviewed impacts of state initiative to transform behavioral health funding (BHS Modernization, SB 326). Reprocurement of FBA contracts will not be expanded.  | Identify membership and representation. Bylaws has list of representatives, suggest vote to make official Ability to decide on priorities and make recommendations to leadership.  Angel to send out bylaws. Council members in at subsequent meeting.  Send out funding availability shared at previous meeting. |
| 7. Announcements<br>(ALL)                                    | <ul> <li>Josh Roberts</li> <li>Peer Council, digital training on Neurodiversity.</li> <li>Rosario Reyes, SCRC</li> <li>Caregiver support &amp; resources at Southern Caregiver Resource Center.</li> <li>Pastor Amanda McGlynn, King of Kings Lutheran Church</li> <li>Next Friday, Christmas Services at King of Kings (grief and support focused).</li> </ul>  | Identify location for next meeting.   |
| 3. Adjourn   |  |   |





## NEXT NCFP COUNCIL MEETING IS SCHEDULED FOR FEBRUARY 8, 2023 11:00am – 12:00pm