



## NORTH COUNTY FAITH PARTNERSHIP COUNCIL MEETING

Thursday, February 8th, 2024 | 11:00am-12:00pm

Oceanside Sanctuary Church (204 South Freeman Street, Oceanside, CA 92054)

**Members in attendance:** Angel Vargas, Joshua Roberts, Martha Garzon, Dr. Kadri Webb, Perla Arroyo-Morales, Maria Halbert, Mary Ferro, Mitchell Snow

**Non-members in attendance**: Wendy Baez, Laurie Dusa, Peti Martin, Anne Flynn, Suzi Westmoreland, Jennifer Kurz, Jenell Coker, Nohemi Suarez, Lizeth Sanchez, Veronica Gil-Garcia, Nichole Phonharath, Ana Garcia

Agenda Item	Summary	Action
<ol> <li>Welcome and Introductions         Dr. Webb: Co-Chair         Angel Vargas: Co-Chair         5 minutes     </li> </ol>		
2. Non-Members: Request to be placed on the Agenda		
3. Prayer (Council Member) 5 minutes		
4. Approval of April 2024 Agenda and December 2023 Minutes (ALL) 5 minutes		Approved December 2023 minutes
5. Presentation – Mental Health Ministry 101 Wendy Baez and Laurie Dusa	<ul> <li>Diocese of San Diego</li> <li>Mental Health Ministry Network (MHM)</li> <li>MHM established 2015</li> <li>Present day – 17 active parish Mental Health Ministries</li> <li>Elements: Spiritual Companionship, Practical Support, Education</li> <li>Promote awareness through MH and Suicide Awareness Months mass</li> <li>Annual Suicide and Prayer mass</li> <li>Mental Health Ministry website (https://sdcatholic.org/mental-healthministry)</li> <li>Diocesan therapist referral network</li> <li>Upcoming workshop: How to Build a Mental Health Ministry (Mid May)</li> </ul>	Martha, Ana – Share PPT slides
	Our Lady of Mount Carmel	2 40 102 0 241

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Faith-Based Mental Health Ministry 101		
	<ul> <li>5 masses each weekend</li> <li>3500 Families</li> <li>16 MH Team</li> <li>6 Principles when considering Faith Based Mental Health Ministry (Association of Catholic Mental Health Ministers, "Start a Mental Health Ministry", https://catholicmhm.org/)</li> <li>MH Ministry vs MH Treatment</li> <li>How to Start: Implementation (gather a team – members and auxiliary members, develop volunteer application, identify scope/regulations – liability; not counseling), training, monthly gatherings, build awareness through mass, set SMART goals for year 1, congregation survey, collaborate with partners/community agencies</li> <li>Conduct surveys at mass, 250 received. Help create awareness</li> </ul>	
6. Non-Member Agenda	Wendy Baez: Advocacy training for faith/leaders/volunteers outside NC Region Pastor Jennell Coker: Concerns regarding homelessness, solutions	
7. County Updates (Perla Arroyo-Morales)	<ul> <li>COSD here to listen to feedback of community (needs, observations, barriers)</li> <li>Goal for council is to draft formal recommendations to leadership to advocate for resources</li> <li>SD County Updates         Emphasis on addressing workforce shortage         Payment reform (BH Connect, BHSA Modernization Act)         Current efforts focused on outreach, messaging and education – crisis prevention     </li> <li>Central San Diego – Center for Children, intensive outpatient services</li> </ul>	
8. Announcements (ALL)		
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## 9. Adjourn

## NEXT NCFP COUNCIL MEETING IS SCHEDULED FOR APRIL 11, 2024 11:00am – 12:00pm

**TOPIC: Partnership with Crisis Response Teams by Telecare and Exodus MCRT**