Older Adult Council





Annual Retreat Agenda – Summary Notes

Wednesday, September 27, 2023 | 9:00 am - 12:00 pm (8:30 am-9:00 am Networking)
In-Person meeting at: 5570 Overland Ave, 1st Fl. Room #1047, San Diego, CA 92123

	AGENDA ITEM	SUMMARY	ACTION
I.	Networking (8:30 am - 9:00 am)		
II.	Welcome and Introductions Velia Gitari – Chair 9:00 am – 9:10 am		
III.	Behavioral Health Services – OA Data (Homelessness & Dementia/Alzheimer's) Dave Post, Admin. Analyst III (BHS – Data Science) 9:10 am – 9:25 am	 OA Data – Power B.I. presentation by Dave Post, Admin. Analyst III (BHS – Data Science) 	
IV.	1st Speaker – Assisting OAs Living with Dementia and Experiencing Homelessness - Kristen Smith, MPH, Chief, Agency Operations (Aging and Independence Services) and Luz Cordero, MA, APS Supervisor (Aging and Independence Services) + Q&A 9:25 am – 9:50 am	Assisting OAs Living with Dementia and Experiencing Homelessness presentation by Kristen Smith, MPH, Chief, Agency Operations (AIS) and Luz Cordero, MA APS Supervisor (AIS)	AIS presentation shared with OAC members on 11/14/23
V.	2 nd Speaker – In Home Outreach Team – Grace Taylor, LMFT, Program Administrator (Telecare IHOT) 9:50 am – 10:10 am 3 rd Speaker – Mobile Crisis Response Team – Samantha Sabol, LPCC Licensed Team	 IHOT presentation by <i>Grace Taylor</i>, LMFT, Program Administrator (Telecare IHOT) MCRT presentation by <i>Samantha Sabol</i>, LPCC, Licensed Team Lead (Telecare 	IHOT presentation shared with OAC members on 11/14/23
	Lead (Telecare MCRT) 10:10 – 10:30 am	MCRT)	
VI.	Guided Imagery: The Beach (Stretch/Meditation Activity) – Lauren		• Thank you, Lauren!

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	French, LCSW, Program Director (CRF – Sr. IMPACT) 10:30 am – 10:40 am		
VII.	Break 10:40 am – 10:50 am		
VIII.	4 th Speaker – Alzheimer's & Related Dementias & the Homeless Population – Lena Huang, MA, CNP, Community Engagement Manager (Alzheimer's Association – San Diego/Imperial Chapter) 10:50 am – 11:10 am	Alzheimer's, Related Dementias & the Homeless Population presentation by Lena Huang, MA, CNP, Community Engagement Manager (Alz. Assoc. – SD)	Presentation shared with OAC members on 11/14/23
IX.	Q&A Panel 11:10 am – 11:30am		
X.	Resources and Networking 11:30 am – 11:50 am		
XI.	Wrap-up/Closing 11:50 am – 12:00 pm		

NEXT MEETING – October 16, 2023, Combined Councils, 9:00 am – 10:30 am

Virtual Platform (Zoom)

(October 25, 2023 meeting cancelled and replaced with Combined Councils Meeting)

November OAC meeting: November 15, 2023