



Older Adult Council – Annual Retreat Agenda

Wednesday, September 28, 2022 | 10:00 am – 12:30 pm

Virtual Platform – Zoom – **Summary Notes**

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions Evelyn Parada – Chair 10:00 am – 10:05 am	<ul style="list-style-type: none"> Welcomed new guests 	
II. Public Comment 10:05 am – 10:10 am	<ul style="list-style-type: none"> Rexie introduced herself from Recovery International, Texas 	
III. Approval of August 24, 2022 Summary Notes 10:10 am – 10:15 am	<ul style="list-style-type: none"> Approved – no corrections needed 	
IV. Behavioral Health Services Director’s Update and BHS Older Adult System of Care (SOC) Update (Dr. Piedad Garcia, Deputy Director) <ol style="list-style-type: none"> Highlights of OAC FY 21-22 Overview of OA Employment Data (Elizabeth “Betsy” Knight, BHPC) 10:15 am – 10:35 am	<ul style="list-style-type: none"> Disproportionate number of OAs homeless FHC – Community Harm Reduction update OAs want to work FY13/14 4% Competitive Employment and FY 20/21 remains at 4% 	
V. Chair and Chair-Elect (Velia Gitari) Summary of Today’s Retreat and Purpose - <i>Volunteerism & Employment Opportunities for Older Adults</i> 10:35 am – 10:40 am		
VI. Retreat: Recovery Journey to Employment (Lisa Garcia, Project Manager, Recovery International) 10:40 am – 10:55 am Break 10:55 am – 11:05 am Recovery Journey to Employment (Mary Jo O’Brien) 11:05 am – 11:20 am	<ul style="list-style-type: none"> Shared her recovery journey which included employment “it takes courage...it is ongoing” Shared her recovery journey. 	



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<p>Aging and Independence Service (AIS) – Age Well San Diego: Promoting Social Connection Thru Collective Action – (Pam Plimpton, LTC and Residential Facilities Sector Support - Intergenerational Coordinator) 11:20 am – 11:35 am</p> <p>Recovery Journey as a Peer Support Specialist (Bruce Ray – Volunteer at Sharp Mesa Vista) 11:35 am – 11:50 am</p> <p>Grossmont College – Career Services (Renee Nasori, Career Services Supervisor) 11:50 am – 12:05 pm</p> <p>Q&A 12:05 pm – 12:15 pm</p>	<ul style="list-style-type: none"> • Importance of employment in her journey. • “What would you tell your younger self?” • “OAs working need to be mentors” to others. • Age Well San Diego (858) 495-5769 • Social Participation Theme Team (SPTT) • “Silver Economy” • Shared his recovery journey. • “I’m here as a resource” • “Recovery is nothing like you thought...it is much better”. • Adult Re-Entry program 	
<p>VII. Where do we go from here? Next Steps (Evelyn and Velia) 12:15 pm – 12:25 pm</p>	<ul style="list-style-type: none"> • Share Positions? • No benefits for OAs as they have coverage – use funds for salary increases? Incentivize? Make positions more attractive? 	
<p>VIII. Announcements/Public Comments:</p> <p>a. Thank You OAC members and guests! 12:25 pm – 12:30 pm</p>	<ul style="list-style-type: none"> • Healthy Aging In A Changing World: San Diego County Council on Aging @ St. Paul Conference Center (In Person) on 9/30/222 (9:00 am – 1:00 pm) • Senior Health and Wellness Fair: Golden Age Garden Community Event: Central SD, 9/30/2022 (12:30 pm – 3:00 pm) 	



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	<ul style="list-style-type: none"> • 2020 Profile of Older Americans (from U.S. Census) – link to be sent out • Sharp Healthcare Aging Conference, 10/05/2022 (9:00 am – 1:00 pm) at Point Loma Community Presbyterian Church • Check Your Mood on 10/6/2022 – flyer to be sent out • Journey to Better Health: Aware for All San Diego on 10/6/2022 (5 pm – 8 pm) at Scottish Rite Event Center • NAMI: Peer & Family Support Specialist Training – Classes begin 10/13/2022 @ 5:30 pm 	

NEXT MEETING – October 26, 2022

Virtual Platform