






OLDER ADULT COUNCIL AGENDA

April 26, 2023 | 10:00 am – 12:00 pm | ZOOM – Summary Notes

TIME	AGENDA ITEM	SUMMARY	ACTION
10:00 AM	I. Welcome, Introductions, Public Comment		
10:05 AM	II. Chair Report, Velia Gitari, MA – Program Manager at UPAC–EMASS <ul style="list-style-type: none"> Mission Statement Summary Notes from March 2023 Introduction of New Voting Members OA and Depression (PEARLS, SAMHSA Treatment of Depression of OA EBP Kit) Medi-Cal Renewals to restart this month OA Council will now be participating in the Combined Councils Biannual Meeting (April and October) 30-day Public Comment on MHS 3-year Program and Expenditure Plan and Public BH Workforce Development and Retention Innovation Program Recommended Reading: Evicted by Matthew Desmond, 2017 and Poverty & Profit in America, 2023 Updated Positive Solutions brochure 	<ul style="list-style-type: none"> New Voting members: Lisa Garcia (absent) and Mary Jo O’Brien were introduced. 	<ul style="list-style-type: none"> Link to SAMHSA Treatment of Depression in OA EBP Kit shared in chat by Dr. Ackley  <p>Positive Solutions Brochure 2023 (Englis</p> <ul style="list-style-type: none"> <i>Positive Solutions</i> brochure shared with OAC on 5/22/2023.
10:15 AM	III. Director’s Update – Dr. Piedad Garcia, Deputy Director	<ul style="list-style-type: none"> CARE Court <ul style="list-style-type: none"> San Diego County is one of the first cohorts (effective 10/1/23) Combined Council meeting <ul style="list-style-type: none"> OAC to start participating in Biannual Combined Council meetings – next one is scheduled for October 2023 Seeking OA representation in CCRT 	



TIME	AGENDA ITEM	SUMMARY	ACTION
10:25 AM	IV. Presentation <ul style="list-style-type: none"> Dr. Jessica Kattan, Deputy Chief Population Health Officer on Harm Reduction in Older Adults and Betsy Knight, BHPC on C-HRT and Older Adults 	<ul style="list-style-type: none"> <i>Harm Reduction</i>: PowerPoint presentation by Dr. Kattan, Deputy Chief Population Health Officer (BHS) <i>Community Harm Reduction Team (C-HRT) and Older Adults</i>: presentation by Betsy Knight, MFT, Behavioral Health Program Coordinator (BHS) 	 Older Adult Council_presentation_ <ul style="list-style-type: none"> <i>Harm Reduction</i> presentation PP sent to OAC on 5/22/2023.  Older Adult Council C-HRT Older Adult Tr: <ul style="list-style-type: none"> <i>C-HRT</i> presentation sent to OAC on 5/23/2023
11:00AM	V. Action Items <ul style="list-style-type: none"> Breakout Rooms (Session #2) <ol style="list-style-type: none"> Dementia – where does it overlap, misdiagnosis. Homelessness – increased number in OAs, factors Employment/Volunteerism - opportunities to volunteer, training, resources. 	<ul style="list-style-type: none"> Each workgroup reported on their discussions. 	<ul style="list-style-type: none"> Workgroups to continue.
11:20AM	<ul style="list-style-type: none"> Summaries 		
11:35 AM	VI. Information Updates <ul style="list-style-type: none"> AIS Resources/ongoing updates for OA’s (Kimberly Pearce) Health Disparities/Diversity & Inclusion (ongoing discussion) MHSA Update (Dr. Danyte Mockus-Valenzuela) Other: Hot Topics, etc. 	<ul style="list-style-type: none"> AIS: CalFresh limit has increased Health Disparities: no updates MHSA: no updates 	
11:50 AM	VII. Public Input/Announcements	<ul style="list-style-type: none"> NAMI SD (Kacie R.) <ul style="list-style-type: none"> CYF MH & Well-being celebration: 5/13, 1pm – 5pm Peer Council meets every 3rd Tuesday of the month at 2 pm AIS (Rachel L.) <ul style="list-style-type: none"> Vital Aging Event on June 22, 2023 	

NEXT MEETING: May 24, 2023 | 10:00 AM – 12:00 PM | ZOOM Virtual Platform



Hot Topics:

Upcoming 2023 Presentations:

January	On The Go Transportation – Tina Nguyen
February	n/a
March	Dr. Yourman – Chief Geriatric Officer
April	Dr. Kattan and Betsy Knight – Harm Reduction and C- HRT
May	Simonne (CSH) / Homelessness (OA Shallow Subsidy) (Tentative)
June	
July	
August	
September	Retreat 9/27/23? (In person, COC?)
October	
November	
December	DARK

Tentative:

***Clubhouses, Hospitals – ER “Senior Friendly”, UCSD (Geriatric ER)**

***OA Shallow Housing Subsidy – Deme Hill**

***Social Participation Theme team**

***NAMI Consumer Advocacy – Sten Walker**

*** St. Paul’s PACE**

*** CalAIM**



Completed 2023 Presentations:

January	On The Go Transportation – Tina Nguyen
February	n/a
March	Dr. Yourman – Chief Geriatric Officer
April	Dr. Kattan and Betsy Knight – Harm Reduction and C-HRT
May	
June	
July	
August	
September	RETREAT
October	
November	
December	DARK

Attendees:

1. Velia Gitari UPAC EMASS
2. Betsy Knight, BHPC, BHS
3. Brenda Preston, BHS-AOA
4. Dr. Jessica Kattan, BHS
5. Linda Puebla, Community Health Improvement Partners (CHIP), Suicide Prevention Program Manager
6. Connie German-Marquez, BHS/AOA
7. Maria Ayala, UPAC EMASS
8. Kimberly Pearce, County of San Diego Adult Protective Services
9. Valerie Ramirez, BHS-AOA
10. Tim Nou, BHS-HCO on behalf of Janet Cacho
11. Lena Huang, The Alzheimer's Association, San Diego / Imperial Chapter
12. Debbie Iadisernia, LMFT, CRF Geriatric Specialist
13. Pamela Alvarado, Serving Seniors
14. David Fallon, BHS AOA
15. Dr. Danyte Mockus-Valenzuela, County of San Diego HHSA BHS - Prevention and Support Services
16. Donovan Ackley III, PhD, CADC, Improving Health Outcomes Through Technology at San Diego State University Research Foundation
17. Kacie Rodvill, NAMI San Diego
18. Tammy Little, Jewish Family Service, Patient Advocate
19. Evelyn Parada, LCSW, Geriatric Specialist with UPAC (Central Region)
20. Brian Kendrick Geriatric Outreach Specialist South Bay Guidance Center/Maria Sardinias Center
21. Lisa Thurston, Turn BHS
22. Serena Richards, Optum
23. Alex Reif, The Foundation for Senior Care (Fallbrook)
24. Melissa Penaflor, NAMI San Diego
25. Rachel Lehnert, AIS
26. Claire Riley, BHS
27. Hukya Eker, Turn BHS
28. Francisco Evangelista, BHS-AOA



LIVE WELL
SAN DIEGO



29. Jennifer Sinnott, Serving Seniors
30. Dr. Piedad Garcia, BHS-AOA
31. Beth Brainerd Hallock, Interfaith
32. Carol N., CCHEA
33. Francisca Martinez, BHS
34. Lana Barakat, Telecare AgeWise