



### ADULT COUNCIL MINUTES

February 10, 2020 | 11:00 am – 12:30 pm | Scottish Rite Center – Shell Room

**Members in Attendance:** Shane Drosi (RIHS), Serena Richards (Optum), Melissa Hall (JFS), Liz Kruidenier (LWV), Mary Jo O’Brien (CCHEA), Diego Rogers (CRF), Steve Tess (SDPA), Janet Cacho (BHS-CDO), Angela Rowe (VH), Antoinette Fallon (VH), Marisa Varond (CADRE), Ann Vilmenay (BHS-AOA), Alicia Walsh (DCS), Jeffrey Najarian (WHDC)

**Non-members in Attendance:** Piedad Garcia (BHS-AOA), Luisa Dones (BHS-AOA), Cynthia Robles (BHS-AOA), Shadi Haddad (SYH), Nicole Le Fol (BHS-AOA), Lauren Gagnon (MHS), Robert Cook (HH), Danyte Mockus-Valenzuela (BHS-QI), Liz Miles (BHS-QI), Joshua Zhang (UPAC), Anna Washington (BHA-AOA), Melanie Hitchcock (WF), Phuong Quach (BHS-AOA)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions	<ul style="list-style-type: none"> <li>Meeting called to order at 11:02 am</li> </ul>	
II. Approval of January 2020 minutes	<ul style="list-style-type: none"> <li>Motion to approve January minutes was moved with stated corrections</li> </ul> <p><b>Ayes:</b> All     <b>Nays:</b> 0     <b>Abstentions:</b> 0</p>	
III. Public Input	<ul style="list-style-type: none"> <li>Marisa Varond expressed concerns regarding the loss of 120 beds for Substance Abuse Residential Treatment <ul style="list-style-type: none"> <li>✓ Piedad Garcia provided a response: BHS is reviewing all options.</li> <li>✓ According to data input, there is system capacity to absorb additional clients</li> <li>✓ The integrity of the data is dependent on accuracy of provider input</li> <li>✓ Due to limited capacity of withdrawal management beds, providers are encouraged to log clients who are requesting W/M . Providers are to link client to ED’s if clinically indicated.</li> </ul> </li> </ul>	
IV. Bylaws discussion	<ul style="list-style-type: none"> <li>Diego Rogers led discussion of Adult Council Bylaws <ul style="list-style-type: none"> <li>✓ Piedad Garcia provided input regarding having the Justice System membership cited as requested, utilizing BHS staff for questions or input</li> <li>✓ Diego Rogers recommended citing Justice System membership as needed with David Mullen as conduit</li> <li>✓ Melissa Hall to reach out to a clinician with the Downtown men’s jail regarding Justice System membership</li> <li>✓ Justice System membership will remain a pending item</li> </ul> </li> </ul>	<p><b>Action Item:</b> David Mullen will be invited to June meeting to present on Justice Systems and answer questions</p>



	<ul style="list-style-type: none"> <li>MaryJo O'Brien motioned to approve bylaws with redlined changes, with Justice System membership still pending.</li> </ul> <p><b>Ayes:</b> All    <b>Nays:</b> 0    <b>Abstentions:</b> 0</p>	
<p><b>V. Membership discussion</b></p>	<ul style="list-style-type: none"> <li>Advocacy 5: BHS to contact Mental Health America regarding continued participation</li> <li>Behavioral Health Advisory Board: Piedad Garcia will follow up with the executive team for alternate representation</li> <li>BHS Housing Council: Jeff Najarian to follow up for alternate</li> <li>Case Coordination/Case Management: BHS to contact Mary Woods regarding continued participation</li> <li>Persons Served 1: BHS to contact RI International for representation</li> <li>Employment: BHS to contact San Diego Workforce Partnership for representation</li> <li>Hospital Partner: BHS to contact Caryn Sumek for representation</li> <li>Prevention and Early Intervention: Danyte Mockus-Valenzuela will pursue a provider for representation</li> <li>Primary Health Care: <ul style="list-style-type: none"> <li>✓ Diego Rogers will pursue Healthcare Partners of Southern California, with Marty as main representative</li> </ul> </li> <li>Transition Age Youth: BHS to contact Mary Braceros regarding continued participation</li> <li>Diego Rogers motions to elect Antoinette Fallon to represent the Homeless Services Provider seat in the Adult Council</li> </ul> <p><b>Ayes:</b> All    <b>Nays:</b> 0    <b>Abstentions:</b> 0</p> <ul style="list-style-type: none"> <li>Health Plan: BHS to contact George Scolari for representation</li> </ul>	<p><b>Action Item:</b> Updated membership list to be emailed to the Council</p>
<p><b>VI. Director's Update</b> (Dr. Luke Bergmann/ Piedad Garcia)</p>	<ul style="list-style-type: none"> <li>Time did not permit an update.</li> </ul>	
<p><b>VII. Urgent Access Times</b> (Liz Miles)</p>	<ul style="list-style-type: none"> <li>Liz Miles provided update regarding Mental Health Urgent Access Times</li> <li>Data does not include SUD system</li> <li>Mental Health Urgent Times: <ul style="list-style-type: none"> <li>✓ Children's system experienced urgent access times above 48 hours</li> <li>✓ QI found there are often clients at Rady's who are willing to wait, causing skew in data</li> <li>✓ Adult system remains at or below 48 hours across the board</li> </ul> </li> <li>Psych Urgent Times:</li> </ul>	<p><b>Action Item:</b> Add access measurement discussion to March agenda</p>



	<ul style="list-style-type: none"> <li>✓ Data is not tracked in the children’s system</li> <li>✓ Adult system had a spike in December with a time of 6.6 days, QI followed up with CORs</li> </ul>	
<b>VIII. Adult Council Committees</b> ❖ Consumer  ❖ Work Well  ❖ Cultural Competence Resource Team Update (Ann Vilmenay)	<b>Consumer</b> <ul style="list-style-type: none"> <li>• None</li> </ul> <b>Work Well</b> <ul style="list-style-type: none"> <li>• Phuong Quach provided update regarding vacancy in a technical assistance position, interim contact is Melanie Hitchcock</li> <li>• Revised 5-Year Strategic Plan for Supportive Employment is being reviewed by BHS and will be posted for public comment in the near future</li> <li>• Revised statement of work language to be effective FY 2021 has been shared at the recent IPS Advisory and Employment Specialist meetings</li> <li>• Next Work Well meeting will be on February 11<sup>th</sup></li> </ul> <b>Cultural Competence Resource Team</b> <ul style="list-style-type: none"> <li>• Ann Vilmenay provided update: CCRT FY 18-19 Accomplishments and FY 19-20 Goals have been shared with the BHS executive team</li> <li>• CCRT will utilize the SMARTIE model, in order to take a more data-driven approach to goals</li> </ul>	
<b>IX. MHSA Update</b>	<ul style="list-style-type: none"> <li>• Did not discuss</li> </ul>	
<b>X. Announcements</b>	<ul style="list-style-type: none"> <li>• Melissa Hall gave an announcement: Mental Health 101 course will take place on March 19<sup>th</sup>, 2020 at Serra Mesa Library from 10:00-12:00 pm</li> <li>• Liz Kruidenier gave an announcement: Piedad Garcia will address NAMI North Coastal on February 20<sup>th</sup>, 2020 from 7:00-8:30pm</li> </ul>	
<b>XI. Adjourn</b>	<ul style="list-style-type: none"> <li>• Meeting was adjourned at 12:26pm</li> </ul>	



LIVE WELL  
SAN DIEGO



**Hot Topics:**

***Refugees & Immigrants***  
***Services for Deaf/Hard of Hearing***  
***Public Safety Group***  
***Justice Involved System***  
***Medi-Cal Healthier California for All (CalAIM)***  
***Housing and Board and Cares***

**Presentations:**

**Care Coordination – TBD (Dr. Nicole Esposito)**  
**Independent Living Association/Recovery Residences Association – March 2020 (CHIP)**  
**Homeless Emergency Aid Program (HEAP) – TBD (Jennifer Yost)**  
**Peer Support Specialist – TBD**  
**Wakeland Housing & Development Corporation Overview – May 2020 (Jeff Najarian)**  
**Justice System Overview – TBD (David Mullen)**