



ADULT COUNCIL MINUTES

January 13, 2020 | 11:00 am – 12:30 pm | Scottish Rite Center – Shell Room

Members in Attendance: Serena Richards (Optum), Vianey Del Real Ochoa (MHS), Shane Drosi (RIHS), Liz Kruidenier (LWV), Steve Tess (SDPA), Jeffrey Najarian (WH), Marisa Varond (MHCA), Diego Rogers (MHCA), Angela Rowe (VH), Alicia Walsh (DCS), Therese Davis (SDRC)

Non-members in Attendance: Luisa Dones (BHS-AOA), Piedad Garcia (BHS-AOA), Kimberly Pettiford (BHS-PPU), Amy Vance (SDWP), Danyte Mockus-Valenzuela (BHS-MHSA), Liz Miles (BHS-QI), Erik Rinear (BHS-AOA), Rosario Salangsang (BHS-AOA), Heeyoung Kim (UPAC), Nestor Kensinger (BHS-AOA), Kimberly Pettiford (BHS-PPU), Miraka Johnson (Pathways), Adam Renteria (RIHS), Antoinette Fallon (ADSPA), Betsy Knight (BHS-AOA), Phuong Quach (BHS-AOA), MaryJo O’Brien (CCHEA), Joshua Zhang (UPAC), Lauren Gagnon (MHS)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions (Diego Rogers and Marisa Varond representing Co-Chairs David Armstrong and Jeff Najarian)	<ul style="list-style-type: none"> Meeting was called to order at 11:01 am 	
II. Approval of December 2019 minutes	<ul style="list-style-type: none"> Motion to approve June minutes was moved with stated corrections <p>Ayes: 10 Nays: 0 Abstentions: 1</p>	
III. Public Input	<ul style="list-style-type: none"> None 	
IV. Membership/Bylaws discussion	<ul style="list-style-type: none"> Diego Rogers motioned to table discussion of bylaws and member attendance for February meeting <p>Ayes: All Nays: 0 Abstention: 0</p> <ul style="list-style-type: none"> Law Enforcement was removed as a category and replaced with Justice Involved Systems Health Plans was added as a category Behavioral Health Board was changed to Behavioral Health Advisory Board Mental Health Coalition was changed to Preventative/Early Intervention Homeless Services was a recommended addition Piedad Garcia and Phuong Quach met with San Diego Mesa College to discuss having Community College representation in the Adult Council Diego Rogers motioned to create a 28th category entitled System Workforce Development to the bylaws <p>Ayes: All Nays: 0 Abstention: 0</p>	<p>Action Item: Review bylaws with tracked changes for discussion at February meeting</p> <p>Review Attendance Data for discussion at February meeting</p>
V. Innovation Funding	<ul style="list-style-type: none"> Piedad Garcia discussed availability of innovation funding and invited new ideas for potential programs Innovation ideas can be sent to Piedad Garcia via email Examples of innovation ideas: 	



	<ul style="list-style-type: none"> ✓ CCRT provided input for clients coming out of jail that are just-in-time – provide short-term stay, case management, CTI over 90 days, and low-level employment ✓ Dr. Krelstein and the Chair of Housing Council provided input regarding creating a residential, short-term case management for those with serious mental illness coming out of State Hospitals or jail • Marisa Varond suggested a mobile component to support individuals on psychotropic medication who also need medication- assisted treatment 	
<p>VI. Director’s Update (Dr. Luke Bergmann/ Piedad Garcia)</p>	<ul style="list-style-type: none"> • Piedad Garcia provided update: Adult Council and Ad Hoc Program Managers Workgroup hosted their kickoff meeting today • The workgroup is made up of the following subcommittees: Clinical, Care Coordination, and Administration • The Ad Hoc Program Managers meeting will be used as the home base due to many workgroup members already attending this meeting • Subcommittees will be meet more frequently outside of the Ad Hoc meeting in order to work on action items • Adult Council members who are interested in joining the workgroup are encouraged to attend the Ad Hoc Program Managers meetings • Sign-up sheet is available for Adult Council members to join • Workgroup will be time limited, 3-6 months • Continuum of Care development continues to move forward, refer to December minutes as it is still in this status 	
<p>VII. Adult Council Committees</p> <ul style="list-style-type: none"> ❖ Consumer ❖ Work Well (Amy Vance) ❖ Cultural Competence Resource Team (Piedad Garcia) 	<p>Consumer</p> <ul style="list-style-type: none"> • None <p>Work Well</p> <ul style="list-style-type: none"> • Amy Vance provided update: Strategic plan for the next five years is still in progress • Working closely with Betsy Knight regarding career pathways for clients and peers in the system • In the planning stages of the next Employer Social scheduled to occur March • Betsy Knight provided Peer Support update: Senate Bill 805 has come out for the new peer certification • BHS will be shifting the current peer support certification training to Intentional Peer Support model over the next year, which will encompass both the Mental Health and Substance Use System of Care 	



	<ul style="list-style-type: none"> • Once individuals are trained in Intentional Peer Support, they will move to Supportive Employment in order to find a job within the System of Care • The Philadelphia Toolkit model will assist employers to recruit, retain, and support their peer positions • Consumer Advocacy Contract: A training module, Speak Up! San Diego, is being developed in order to provide training in consumer advocacy • The Consumer Peer Council will begin planning July 2021 • Augmented Services Program: Ensuring a consumer voice is given to individuals who may be the most disconnected within the outpatient level of services <p>Cultural Competence Resource Team</p> <ul style="list-style-type: none"> • Piedad provided update: CCRT FY 18-19 Accomplishments and FY 19-20 Goals has been submitted to the executive team • CCRT reviews data in order to inform system development • Data demonstrates disproportionality of behavioral health services within certain populations: <ul style="list-style-type: none"> ✓ Persons getting services for the first time in jail are predominantly African American and Latino ✓ 20% of the homeless population in San Diego County are African American, while 23% are Latino • CCRT will evaluate programs to ensure adherence to CLAS Standards and review cultural competence plans in order to identify areas for further development 	
<p>VIII. MHSA Update (Danyte Mockus-Valenzuela)</p>	<ul style="list-style-type: none"> • Danyte Mockus-Valenzuela provided an update: Behavioral Health Community Engagement Forums have begun • Forums will focus on prevention, innovations, and engagement • Seven forums and several focus groups are being conducted to gain input from the community • About 60 attendees at the North Coastal Forum, with more than 90% being high school students • Central Forum will be rescheduled, new date to be announced • January 29, 2020 from 3:30-5:00pm – North Inland Forum at the Escondido Live Well Center • Focus group comprised of high school students from four different schools will discuss substance use prevention topics • BHS will be meeting with members of the Behavioral Health Advisory Board on January 14th to plan remaining focus groups 	



	<ul style="list-style-type: none"> • Innovation Proposal: <ul style="list-style-type: none"> ✓ Outdoor Recreation Therapy as an adjunct to therapy with BHS Systems of Care ✓ Emotional Health curriculum within elementary and middle schools, including before/after-school staff and non-educational staff ✓ Providing support for parents to keep them connected to what apps and sources of media/communication are available to their kids • All are encouraged to send additional innovation ideas to the MHSA Mailbox 	
IX. Announcements	<ul style="list-style-type: none"> • Liz Miles provided a handout regarding Urgent Access Times 	Action Item: Add to February agenda for Liz to discuss Urgent Access Times handout
X. Adjourn	<ul style="list-style-type: none"> • Meeting was adjourned at 12:26 pm 	

Hot Topics:

- Refugees & Immigrants***
- Ten Year Road Map***
- Services for Deaf/Hard of Hearing***
- Public Safety Group***
- Justice Involved System***

Presentations:

- **Care Coordination – TBD (Dr. Nicole Esposito)**
- **Independent Living Association/Homes and boarding cares – TBD**
 - **Homeless Emergency Aid Program (HEAP) – TBD (Jennifer Yost)**
 - **Peer Support Specialist – TBD**
- **Wakeland Housing & Development Corporation Overview – TBD (Jeff Najarian)**
 - **CalAIM – TBD (Dr. Nicole Esposito)**