



## Older Adult Council Meeting Minutes

Wednesday, April 24, 2019 | 10:00 am – 12:00 pm

Document Processing Center – Conference Rooms A&B

4490 Viewridge Avenue

San Diego, CA 92123

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b> <b>(Caroline Atterton, Chair) - 10:00 am</b>	The Chair called the meeting to order and those present introduced themselves	
<b>II. Public Comment</b>	No public comments were provided.	
<b>III. Approval of March 27, 2019 Minutes</b>	The March 27, 2019 meeting minutes were approved as submitted.	
<b>IV. Chair's Report</b> <b>(Caroline Atterton)</b>	<p>The Chair reminded the OAC about the upcoming retreat scheduled for May 22<sup>nd</sup> at 211. The purpose of the retreat is to focus on the issue of social isolation among seniors and develop ideas for an OAC proposal that will address related unmet needs. Speakers will be presenting information on Jewish Family Service programs and the Tierra Santa Village Model.</p> <p>The Chair also asked OAC members which speakers they would like to hear from and the following ideas were proposed:</p> <ul style="list-style-type: none"> <li>• Inter-generational Programs from AIS or the Literacy Council</li> <li>• Workforce Partnerships for Seniors</li> <li>• Be There San Diego</li> </ul>	
<b>V. UPAC PEARLS Program</b> <b>(Nhat Ngo, UPAC Mental Health Clinician)</b>	Nhat Ngo, UPAC Mental Health Clinician, presented information on the PEARLS Positive Solutions program targeted for homebound seniors that addresses social isolation and provides quality of life supportive services.	
<b>VI. Behavioral Health Director's Report Updates</b> <b>(Dr. Luke Bergmann)</b>	Dr. Luke Bergmann, the new Director of Behavioral Health Services, introduced himself to the OAC and shared some of the proposed changes to BHS that might take place moving forward. Council members asked questions & provided input during the discussion. Dr. Bergmann will provide regular updates at future meetings.	



<b>VII. QI Update (David Post)</b>	No QI report was given.	
<b>VIII. MHSA Update (Martin Dare)</b>	Martin Dare shared information on the upcoming MHSA planning process for next year. Organizers are asking for new ideas on how to expand outreach planning activities in addition to the regular community engagement forums, focus groups and something new called intercept interviews. Please e-mail your thoughts to martin.dare@sdcounty.ca.gov	
<b>IX. Discussion, May Retreat Planning 11:30 am</b>	The Chair reminded everyone that the May Retreat is on May 22 <sup>nd</sup> from 9:00 am to 12:00 noon at 911.	
<b>X. Announcements/Public Comments 11: 50 am</b>	La Shaunda Gaines, AIS Program Manager, shared information on the Aging in America Conference held in April in New Orleans. La Shaunda was a speaker at the conference presenting on AIS programs in addition to attending several breakout sessions. She commented that the OAC is on the cutting edge of national trends that are focusing on Housing and Social Isolation as primary aging issues.	