



LIVE WELL
SAN DIEGO

LIVE WELL ADVANCE CONFERENCE & SCHOOL SUMMIT

San Diego Convention Center - November 21, 2024
111 W Harbor Drive San Diego, CA 92101

11:00 AM SESSIONS

BEHAVIORAL HEALTH SESSIONS

Breaking the Perfection Trap: Embracing Authenticity and Mental Health in Immigrant Communities

Sanjana Mody - Minding Your Mind

Community Action for Community Impact: Freeing the Anxious Generation

Vice Chair Terra Lawson-Remer - San Diego County Board of Supervisors District 3
Denise Villezcas - San Ysidro School District
Marlon Morgan - Wellness Together, Inc.
Anna Arancibia - Jackie Robinson Family YMCA
Raul Contreras - Parks After Dark

Thriving Minds – How Peer-Led Clubs are Improving School Mental Health

Divya Bhatia - Bring Change to Mind

1:45 PM SESSIONS

Enhancing Community Readiness to Support Youth Suicide Intervention Efforts Part 1

Facing the Fentanyl Challenge: Progress through Partnerships

Cindy Cipriani - Department of Justice, Office of US Attorney: Substance Use & Overdose Prevention Taskforce
William Perno - SAY San Diego
Marla Kingkade - Center for Community Research
Shastity Urias - Drug Enforcement Administration, San Diego Field Division

Nurturing Brilliance in At-Risk Youth Through Effective Mentorship

Armand King - Walk With Me Impact

3:00 PM SESSIONS

Empowering Youth: How to Get Them Talking About Mental Health

Sarah North - Rescue Agency
Anna Trout - Rescue Agency

Enhancing Community Readiness to Support Youth Suicide Intervention Efforts Part 2

Uniting for Change: Community-Driven Approaches to Criminal Justice Reform

Andrea Dauber-Griffin - Public Safety Group
Sayone Thihalolipavan - County of San Diego, Health & Human Services Agency - Medical Care Services
Katharina Hammler - County of San Diego Office of Evaluation, Performance, and Analytics