

*Behavioral Health Advisory Board*

**BHS Budget Development Update  
&  
October 22, 2024 Board Item: Authorize Competitive  
Solicitations, Single Source Contracts, and  
Amendments to Extend Existing Contracts**

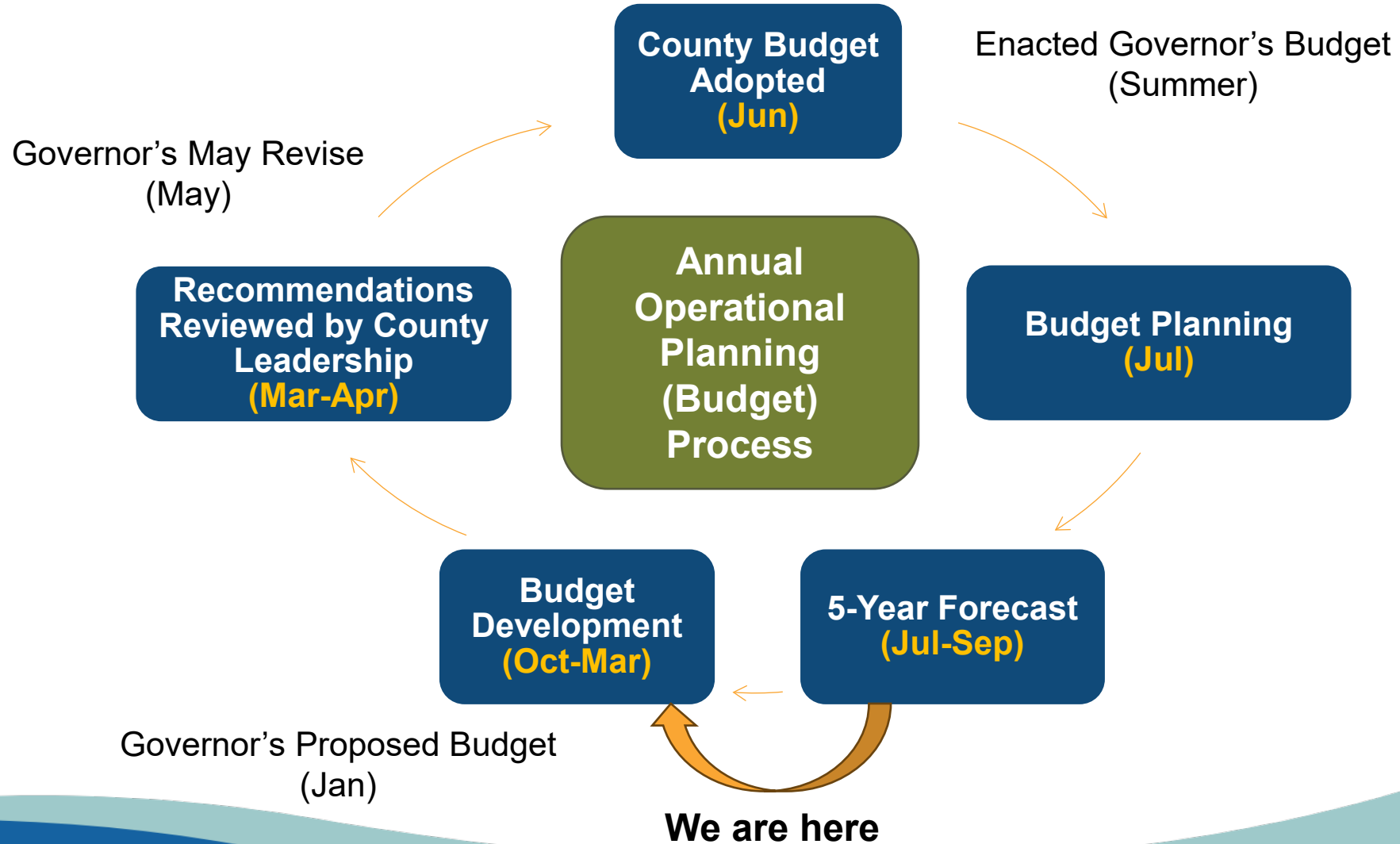
October 3, 2024

*Erendy Fong, Chief, Agency Operations, Behavioral Health Services*

*Cecily, Thornton-Stearns, Assistant Director, Chief Program Officer, Behavioral Health Services*



# BHS Budget Cycle



# BHS Budget Development



# Five-Year Forecast Items



---

Behavioral Health Payment Reform

---

SB 326 Behavioral Health Services Act (BHSA)

---

Children's Crisis Residential Program,  
Substance Use Residential & Treatment Services

---

East County Crisis Stabilization Unit

---

Behavioral Health Bridge Housing Funds

---

SmartCare Electronic Health Record

---

SB 43 Involuntary Behavioral Health Treatment

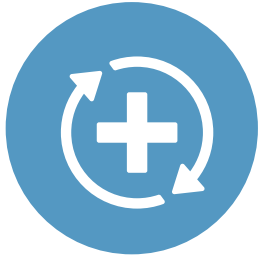
---



# BHS Budget Priorities

- Ensuring continuity of care for members
- Maintaining network adequacy
- Continuing the system transformation
- Investing in essential infrastructure and workforce
- Optimizing revenue to reinvest back into our network

# Authorize Competitive Solicitations



## **24-hour Mental Health Rehabilitation Center Services**

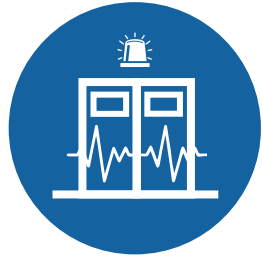
- Long-term care programs for adults with serious mental illness
- Psychiatry, clinical psychology, psychiatric nursing, social work, rehabilitation, drug administration, and appropriate food services



## **Locum Tenens Services**

- Include psychiatrists, medical doctors, internal medicine specialists, family practitioners, and advanced care professionals
- Services ensure coverage in various service areas throughout the County

# Authorize Competitive Solicitations



## Children and Youth Crisis Stabilization Unit

- 24/7 outpatient and diagnostic treatment services for children and youth under the age of 18
- Psychiatric evaluations, mental health assessments, crisis intervention and stabilization, counseling, case management, and medication management



## Training and Technical Assistance for Community-Based Organizations (CBOs)

- Provide operational support and technical assistance to CBOs to support Medi-Cal Certification
- Equip small, minority owned CBOs to deliver mild-to-moderate mental health and substance use care to broaden the diversity of providers in the region

# Authorize Single Source Contracts



## Adult Substance Use Outpatient Program for Alcohol Use

- Outpatient substance use treatment, recovery, and ancillary services for adults with a primary alcohol use condition
- Focus on individuals who are justice-involved or experiencing homelessness



## School-Based Outpatient Behavioral Health Services

- Individual, group, and family therapy, case management, rehabilitative services, crisis intervention and medication management
- Provided to school-aged youth at school, home, community offices/clinics, and via telehealth



# Extend Existing Contracts



## **Substance Use Teen Residential Treatment Program**

- Treatment, recovery, and ancillary services for youth ages 12-17
- Case management, community linkage, individual and group counseling, coordination with Child and Family Well-Being Department and Justice Partners



## **Behavioral Health Collaborative Court**

- 18-month behavioral health treatment program for justice-involved adults with serious mental illness to reduce recidivism
- Case management, mental health services, substance-induced psychiatric disorder treatment



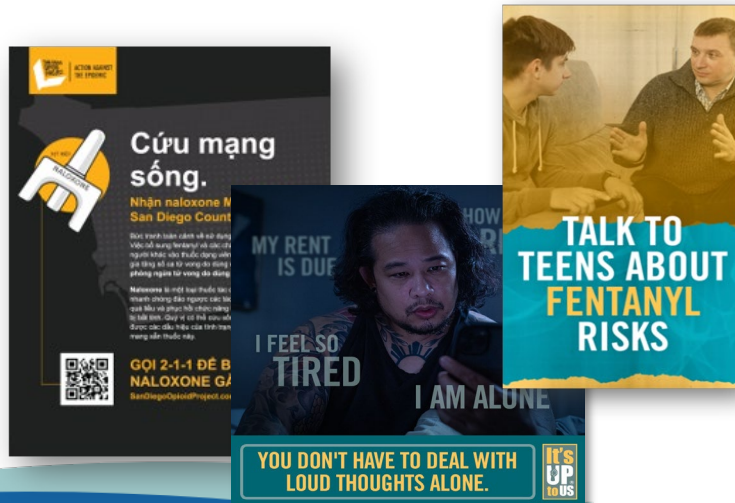
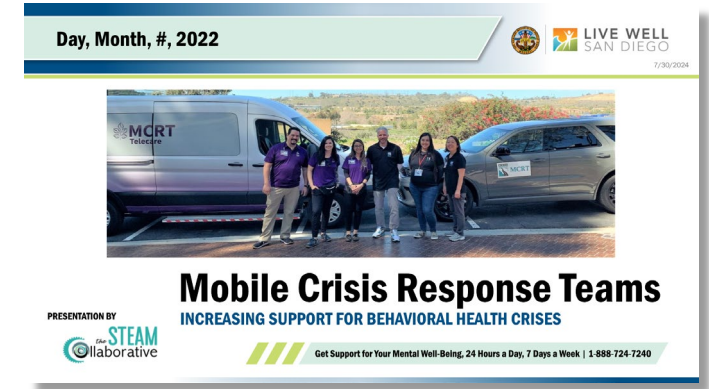
## **Web Infrastructure for Treatment Services**

- Clinical database that supports Medi-Cal billing and data collection for program and services, demographic, and outcome information from clients

# Extend Existing Contracts

## Breaking Down Barriers

- Provides outreach, education, and engagement to underserved populations
- Facilitates educational conversations about mental health
- *Recent Activity*
  - Mobile Crisis Response Teams (MCRT) outreach & education
  - Afghan community messaging



## It's Up to Us Multi-Media Campaign

- Provides county-wide public messaging across a variety of behavioral health priorities including suicide prevention, substance use prevent, and stigma reduction
- *Recent Activity*
  - San Diego Opioid Project
  - Youth & Parent Fentanyl Campaign
  - Suicide Prevention Month of Action

# Questions?



LIVE WELL  
SAN DIEGO