

## Instructions Speed Network Activity: Get to know BHAB Welcome to the BHAB Speed Networking Activity!

Welcome to the BHAB Speed Networking Activity! Please follow the instructions below:

- 1. In front of you, you will find a Get to know BHAB handout.
- 2. Let's go around the room, introduce yourself and see if you can identify the BHAB member that corresponds with each box.
- 3. We will later have time for a report out on what you learned about your fellow BHAB members. Please incorporate how BHAB can continue to build these relationships and how can BHS help support.

This activity is a great way to get to know your fellow BHAB members, build connections, and exchange ideas. Have fun!





## get to Know BHAB

Find the BHAB member that best fits each behavioral health interests or occupational background. Write their name in the corresponding spaces.

Cultural Modalities in Therapy and Safety Net 35 Years as an Licensed Clinical Social Worker

Holistic
Health
Practitioner &
Nutrionist

Policy Reform at Local, State, and Federal Levels

Clinical Director

Psychiatrist at San Ysidro Health

B.S. in Nursing with Public Health Focus

Experience as a Policy Advisor for District 3

High School Educator

Program
Manager at
Interfaith
Community
Services

**Psychologist** 

Business Development Manager at Hilbers, Inc.

CEO of
Operation
Samahan
Community
Health Center

Self-Employed Management Consultant