

Opioid Treatment Programs



Opioid Use and Addiction

Opioid addiction, also known as an Opioid Use Disorder, is a serious medical condition affecting millions of people across the country. Opioids include heroin, fentanyl, and strong painkillers that medical providers might prescribe to relieve pain for a health condition or injury. However, opioids are highly addictive and can come with serious risks, such as overdose and death.

The toll it takes on physical and mental health can be devastating, but recovery is possible. Treatment can help. To learn about treatment options, call the San Diego Access & Crisis Line at 1-888-724-7240.

Treatment for Opioid Use Disorder

Before you begin treatment, your provider will talk to you about your options, which may include:

**Medication for
Addiction Treatment**

**Counseling or
Behavioral Therapies**

**Residential or
Hospital-Based Treatment**



Scan the QR code or visit
bit.ly/sudoutpatient
for more information on other
Substance Use Outpatient
programs

Opioid Treatment Programs (OTPs)

are also known as Narcotic Treatment Programs and provide Medication for Addiction Treatment on an outpatient basis for people with Opioid Use Disorder. This type of treatment offers a *whole patient* approach to treatment by combining behavioral therapy with medication, which has been shown to increase your chance of a successful recovery.

OTPs also offer care coordination, which can link you to mental health, medical, and other services to support you in meeting your needs and reaching your goals.

For eligible clients experiencing homelessness or an extreme housing need, OTPs can also assist in providing housing in a *recovery residence*.

Recovery residences are privately-owned homes or complexes that provide temporary housing for adults with a substance use disorder or co-occurring disorder.

1/16/25

Connect to Resources

Call 1-888-724-7240 to connect to the **San Diego Access and Crisis Line** for free and confidential support and help navigating services, available 24/7 in over 200 languages.

Call 9-8-8 to connect to the national **Suicide & Crisis Lifeline** network of crisis call centers.

Opioid Treatment Programs



Getting Treatment at a County of San Diego OTP

You may receive treatment for an Opioid Use Disorder at a County of San Diego Opioid Treatment Program (OTP) if:

- You have an Opioid Use Disorder, and
- You are Medi-Cal eligible, uninsured, or very low income.

County of San Diego OTPs

Services can be received by walking into any location no matter where you live in the county. All programs listed serve youth, adults, and pregnant clients, unless otherwise noted. Pregnant clients and intravenous drug users have priority admission. Call the program for more information.

Programs noted with 🏠 offer recovery residence placements for their clients.

North Inland Region

Escondido Comprehensive Treatment Center 🏠
161 N. Date St.
Escondido, CA 92025 Ph: (760) 745-7786

Capalina Comprehensive Treatment Center 🏠
1560 Capalina Rd.
San Marcos, CA 92069 Ph: (760) 744-2104

Central Region

El Dorado Community Service Center 🏠
1733 Euclid Ave.
San Diego, CA 92105 Ph: (619) 263-0433

SOAP MAT, LLC 🏠
6425 University Ave.
San Diego, CA 92115 Ph: (760) 305-7528

North Coastal Region

Oceanside Comprehensive Treatment Center 🏠
1906 Apple St., Suite 3
Oceanside, CA 92054 Ph: (760) 547-1280

SOAP MAT, LLC 🏠
1939 W. Vista Way
Vista, CA 92083 Ph: (760) 305-7528

North Central Region

San Diego Comprehensive Treatment Center 🏠
8898 Clairemont Mesa Blvd., Suite H
San Diego, CA 92123 Ph: (858) 715-1211

Fashion Valley Comprehensive Treatment Center 🏠
7545 Metropolitan Dr.
San Diego, CA 92108 Ph: (619) 718-9890

South Region

Chula Vista Comprehensive Treatment Center 🏠
1155 Third Ave.
Chula Vista, CA 91911 Ph: (619) 498-8260

East Region

El Cajon Comprehensive Treatment Center 🏠
234 North Magnolia Ave.
El Cajon, CA 92020 Ph: (619) 579-8373

Revive Pathway
An Indian Health Care Provider and Tribal 638 Provider
1240 Broadway
El Cajon, CA 92021 Ph: (619) 841-1310
Only serves adults 18+

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