




CULTURAL COMPETENCE RESOURCE TEAM SUMMARY NOTES

December 6, 2024 | 10:00 AM – 11:30 AM | Virtual




In Attendance: Natalia Barsotti (CRF-SI), Bahar Berens (BHS-P&S), Juan Camarena (SDSU), Andrea Duron (BHS-P&S), Augusto Eduvala (BHS-P&S), Natanya Glezer (BHS), Spshelle Faith Gordon (BDB-JFS), Rick Heller (HSRC), Judi Holder (NAMI), Celeste Hunter (CASRC), Michelle Kamau (CRS), Zoe Kornweibel (SDPC), Pamela Meza (BHS- P&S), Edith Mohler (BHS-P&S), Erick Mora (), Kacie Rodvill (NAMI), Jennifer Rusit (BHS-HCO), Jasmine Tavarez (CHIP), Sten Walker (NAMI), Charity White-Voth (BHS).

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions	<ul style="list-style-type: none"> Meeting called to order at 10:00 AM by Charity White-Voth. 	
II. Review of November 2024 Summary Notes	<ul style="list-style-type: none"> No edits made. 	
III. Public Input	<ul style="list-style-type: none"> No public input. 	
IV. Presentations FY 24/25 - Follow Up <ul style="list-style-type: none"> Children/Youth & Family Trauma Social Determinants of Health Growing Older Adult population Justice Involved in detention – David Mullen Behavioral Health Services Directory of Resources (December) – Piedad Garcia 	<p><u>Behavioral Health Services (sandiegocounty.gov)</u></p> <ul style="list-style-type: none"> Natanya demonstrated how to navigate the Behavioral Health Services website. David Mullen is confirmed to present at the January meeting. 	



<p>V. Chair’s Report (Charity White-Voth)</p> <ul style="list-style-type: none"> • BHS Updates <ul style="list-style-type: none"> - BHAB Director’s Report 	<p>BHAB Director’s Report</p> <ul style="list-style-type: none"> • The Director’s Report is submitted to BHAB and there was a meeting yesterday afternoon. • During December’s BHAB meeting, representatives from various BHS contracted clubhouses provided a presentation to include how the clubhouses are currently operating, specifically using the work order day, and how the clubhouse services have shifted as they have adopted the International Standards for Clubhouses. • Members of the public who are users of the clubhouses were present to discuss the benefits. • During December’s BHAB meeting, BHS also had a discussion around the current councils and how the Peer Council is facilitated by NAMI. • BHS is taking a look at community engagement efforts, of which now there is a dedicated community engagement team led by Kat Briggs. This team is doing a lot of work to directly engage with the community. • As part of this change, the Community Engagement team is looking at how we may potentially restructure our collaboratives and councils going forward. This would not impact the CCRT. <p>SB 43</p> <ul style="list-style-type: none"> • SB 43 will go into effect in January. • BHS has been actively preparing for this to be implemented, ensuring there is sufficient treatment slots in our outpatient and Opioid treatment programs, etc. • SB 43 has been rolled out in other counties and has not resulted in a flood of people needing residential treatment or inpatient treatment. This has been an indication that we do not expect there to be a significant increase in those needing services, but we are prepared in case the need arises. <p>Board of Supervisors meeting</p> <ul style="list-style-type: none"> • A Board Letter has been docketed, requesting board action, from Supervisor Monica Montgomery Steppe’s Office. • The board letter talks about the need for focus on behavioral health services and how BHS is positioned as a health plan. 	<div style="text-align: center;">  <p>December 2024 Directors Report.pdf</p> </div>
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	<ul style="list-style-type: none"> • There are expectations around spending, budget cuts and what that looks like. • Behavioral Health Services is responsible for ensuring that every single dollar is accounted for, and what is being spent is where it is supposed to be spent to address behavioral health services for the community. • The memo is available on the Board of Supervisors webpage. 	
<p>VI. NAMI California Multicultural Symposium (Judi Holder) – 11:00 AM</p>	<ul style="list-style-type: none"> • NAMI of San Diego is working with NAMI California to host a multicultural symposium here in San Diego and NAMI of San Diego is looking for feedback and input for planning this event. • For feedback and input, please connect with Judi Holder at judiholder@namisd.org. • Tentative date Tuesday, March 25th at Marina Village and anticipate attendance of about 150 people. 	
<p>VII. Action Items</p>	<ul style="list-style-type: none"> • No actions items. 	
<p>VIII. Informational Items</p> <ul style="list-style-type: none"> • CCRT Committees: <ul style="list-style-type: none"> ✓ Education & Training/Update on Annual Goals (Natanya Glezer) ✓ Children’s Update (Edith Mohler) • Cultural Responsive Academy – Behavioral Health Services (CRA-BHS) - Academy for Professional Excellence (Michelle Kamau) 	<p>Education & Training/Update on Annual Goals Update</p> <ul style="list-style-type: none"> • The workgroup has been revising the CC Plan guideline/template. • The template is what is provided to different legal entities to develop their own cultural competence plan. • The goal is to rollout by the end of this fiscal year to be used next FY. <p>Children’s Update</p> <ul style="list-style-type: none"> • Birth of Brilliance A Legacy of Healing virtual conference scheduled for February 27, 2025, and Cultural Fair scheduled for February 28, 2025 (see flyer attached). <ul style="list-style-type: none"> ➢ Registration opens 12/1 • A Child is a Child California Children’s Health 2024 Snapshot (see flyer attached). <p>Cultural Responsive Academy – Behavioral Health Services (CRA-BHS) - Academy for Professional Excellence Update</p> <ul style="list-style-type: none"> • The November class took place and had a total of 30 learners. <ul style="list-style-type: none"> ➢ Titled: Using Culturally Responsive Practice to Align Interventions and Behavioral Health Services. 	<div style="text-align: center;">  Birth of Brilliance Registration OPEN.pd </div> <div style="text-align: center;">  Birth of Brilliance-keynotes.pd </div> <div style="text-align: center;">  A ChildsaChild_AINA_C </div>



	<ul style="list-style-type: none"> • Next class is scheduled for December 10th and titled Direct Practice Tools for Igniting Cultural Responsive Work Environment and Behavioral Health. • Upcoming series coming up in January, to discuss and cover topics of courageous conversations, strategies on how to engage in a culturally responsive manner, as well as communication. • On the fourth class, they will have a simulation day. 	
<p>IX. Announcements</p>	<ul style="list-style-type: none"> • Announcements made by Kacie Rodvill: <ul style="list-style-type: none"> ➤ CAT All About Policymaking Thursday, December 12, 2024, 2:00 to 4:00 PM Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZlSd-2rqjktHtG4svn4INCDxYTIsXdGoSU8 ➤ For additional questions, please email CommunityAdvocacy@namisd.org. 	
<p>NEXT MEETING: January 3, 2024 10:00 AM – 11:30 AM Virtual</p>		

2024-2025 Presentations

- Community Engagement - Katherine Briggs/UCSD (March) – Completed**
- Workforce Development for University students - Nilanie Ramos (June) – Completed**
- Reimagining Crisis Response Presentation - Melissa Penaflor and Faeth Jackson – Completed**
- Suicide Prevention – Linda Puebla (November) – Completed**
- Behavioral Health Services Directory of Resources – Natanya Glezer (December) – Completed**
- System of Care on Prison cultural/Jail System – David Mullen (January)**
- Social Determinants of Health – TBD (February)**
- Children/Youth & Family Trauma - TBD**
- Growing Older Adult population - TBD**
- Behavioral Health Act and SB 43 Reform - TBD**

CCRT Goals and Areas of Focus: 2024

There are 6 CCRT meetings in FY 23-24, the Education and Training (E&T) Subcommittee meets 10 times during the FY.

1. Cultural Competence (CC) Plan Review

- a. Review of 3 SU LE’s practices in implementing CLAS Standards in their programs
 - o Request CC plans from representative sample of SU LE including different size LE



- E&T workgroup to complete reviews of CC plans and provide overall feedback to CCRT
- BHS to make recommendations for LE
- Approximate Timeline:
 - Request CC plans in January 2024, review February/March 2024, and present findings in April/May 2024;
- Provide input and feedback to BHS, including COR and QA, as well as Summary of Findings to Executive team (one pager) following each administration/review

2. Health Care Disparities

- a. Community Experience Partnership
 - CCRT participation in community engagement focus groups
 - Outreach to Prevention and Community Engagement regarding participation
 - Participants: 1-2 members from E&T Workgroup to participate and provide updates to CCRT meeting as needed/available
- b. Behavioral Health Equity Index (Liz Miles – TBD)
 - In partnership with the Data Science team, E&T workgroup will review selected dashboard metrics (including one MH and SU) to inform membership of regional and system disparities
 - Include dashboard to address intersection between law enforcement and mental health
 - Include dashboard to address data gathered from implementation of CARE Court.
 - E&T to provide findings, including high level analysis of both strengths and areas for further development to CCRT
 - June 2024
 - Participants: E&T subcommittee
 - Input and Feedback provided to BHS

3. Coordinated Efforts/Enhanced Cross Threading

- a. Expanding membership of CCRT
 - Initial outreach efforts to increase representation on CCRT
 - SU
 - CYF (AMSA)
 - Consider other groups to outreach to as representatives on CCRT such as CBO's
- b. Groups to Present to CCRT to increase cross threading across the SOC
- c. Efforts to be ongoing throughout 2024