

# Is your child struggling with the impacts of COVID-19 on their life? Is your child sad, withdrawn or acting out?

This is a very hard time for many children and families, and SchooLink services are available to help.

#### ABOUT

SchooLink is a partnership between the County of San Diego (County) and local school districts to provide County-funded behavioral health services to students.

- Services are provided at no or low cost to the family
- No one is turned away due to inability to pay
- During distance learning, services can be provided via phone, video or in a community setting following COVID safety precautions, based on the student's and family's preference.

#### SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and can include:

- Mental health & substance use treatment
- Individual, family and group therapy
- Medication support
- Case management
- Rehabilitative services

#### ELIGIBILITY

SchooLink providers can provide a free screening to determine eligibility. In general, the student must meet medical necessity criteria for specialty mental health services or Drug Medi-Cal. In addition, the student must be:

- Medi-Cal enrolled; or
- Low income and uninsured; or
- Low income and underinsured



## HOW DO I ACCESS SCHOOLINK?

Families can call the SchooLink provider and request an assessment.

School staff can refer students with parent/guardian consent to their SchooLink provider via phone.

### WHAT IF I AM NOT SURE IF SCHOOLINK SERVICES ARE RIGHT FOR MY STUDENT?

SchooLink staff are available for informal phone, video or in person meetings with students and their families to share information and answer questions prior to making a referral. To arrange an informal meeting, contact the SchooLink provider.



**SCHOOL** 

SCHOOLINK PROVIDER

T:

W:

Additional information and SchooLink referrals are also available through the San Diego County Access & Crisis Line

